# Build Your Own Wok

**Protein** 9.99  
**Veggie** 8.99

## Pick a Protein
- Chicken Thighs *(GF)* 120cal  
- Beef Brisket 230cal  
- Pork Belly *(GF)* 240cal  
- Tofu *(V, GF)* 80cal

## Add Some Veggies 5-10cal each
Choose up to 7 of your favorite seasonal veggies.

## Bulk It Up
- Yakisoba Noodle *(V)* 230cal  
- Udon Noodles *(V)* 340cal  
- Rice Noodle *(V, GF)* 140cal  
- Organic White Rice *(V, GF)* 180cal  
- Organic Brown Rice *(V, GF)* 160cal

## Get Saucy
- Shanghai *(V, GF)*  
  A traditional Chinese sauce seasoned with soy, rice wine vinegar, sherry and sesame oil. *Contains Soy* 100cal  
- Peanut *(V, GF)*  
  A classic rich peanut sauce lightly spiced with ginger, garlic, lime and chile paste. *Contains Soy, Peanut* 230cal  
- Teriyaki *(V, GF)*  
  A lightly sweet soy base with accents of ginger, garlic and green onion. *Contains Soy* 190cal  
- Choco Sauce *(V)*  
  A Korean-style red pepper sauce with a perfect blend of sweet, spicy and tangy. *Contains Wheat, Soy* 60cal  
- Spicy Sweet Thai *(V, GF)*  
  A great stir-fry sauce with ginger, basil, cilantro, mint and a sweet soy base, with just a hint of heat. *Contains Soy* 160cal  
- Kung Pao *(V)*  
  A traditional Szechuan stir-fry sauce made with black bean paste, chile garlic paste, hoisin paste and red wine vinegar. *Contains Wheat, Soy* 140cal  
- Asian Plum *(GF)*  
  Chinese plum sauce with garlic, ginger, basil, mint, cilantro, chiles and a hint of fish sauce. *Contains Anchovy* 320cal  
- Coconut Curry Sauce *(V, GF)*  
  North Indian curry paste is combined with coconut milk, ginger and lime. Lightly spiced, sugar and soy free. *Contains Coconut* 150cal

## Choose Some Toppings:
- Cilantro 0cal  
- Peanuts 80cal  
- Basil 0cal  
- Jalapeno 0cal

## Extras
- Soft Boiled Egg *(+1)* 80cal  
- Choi’s Napa Kimchi *(V)+1* 10cal  
- Protein +2 80-240cal  
- Veg +50ea 5-10cal  
- Rice or Noodles *(+1) 140-340cal*  
- **V - Vegan**  
- **GF - Made with Gluten Free Ingredients**

2,000 calories a day is used for general nutrition advice, but nutrition needs vary. Additional nutrition information available upon request.  
* Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
HOT WOK ORDER FORM

CHOOSE A PROTEIN
☐ VEGGIE
☐ TOFU
☐ PORK BELLY

☐ BEEF BRISKET
☐ CHICKEN THIGHS

CHOOSE A SAUCE
☐ ASIAN PLUM
☐ COCONUT CURRY
☐ PEANUT
☐ SWEET THAI

☐ CHOGO
☐ KUNG PAO
☐ SHANGHAI
☐ TERIYAKI

CHOOSE A NOODLE OR RICE
☐ ORGANIC WHITE RICE
☐ RICE NOODLES
☐ UDON NOODLES
☐ YAKISOBA NOODLES

☐ ORGANIC BROWN RICE

TOPPINGS
☐ PEANUTS
☐ JALAPENO

☐ CILANTRO
☐ BASIL

EXTRAS
☐ SOFT BOILED EGG +1
☐ KIMCHI +1
☐ EXTRA PROTEIN +2
☐ EXTRA VEG +1
☐ EXTRA RICE/NOODLE +1

NOTES: ____________________________
_________________________________________________________________________
_________________________________________________________________________

NAME: ________________________________

☐ HERE  ☐ TO GO