

WOK & RAMEN

Asian-inspired bowls of noodles or rice, with fresh veggies, tender meats + flavorful sauces and broth.

PROTEIN
8.99

VEGGIE
7.99

BUILD YOUR OWN RAMEN START WITH BROTH

Pork 160cal

Miso 130cal

FILL WITH NOODLES

Ramen Noodles 370cal

Udon Noodles **V** 340ca

Rice Noodle **V, GF** 140cal

ADD A PROTEIN

Chicken Thighs **GF** 120cal

Beef Brisket **GF** 230cal

Pork Belly **GF** 240cal

Tofu **V, GF** 80cal

All ramen bowls include bok choy, bean sprouts, green onion, shiitake mushrooms and soft boiled egg. 100cal

EXTRAS

Soft Boiled Egg +1 80cal

Protein +2 80-240cal

Veg +.50ea 5-10cal



V - Vegan

GF - Made with Gluten Free Ingredients

2,000 calories a day is used for general nutrition advice, but nutrition needs vary. Additional nutrition information available upon request.

M_WR_BLD_5/1/18

WOK & RAMEN

BUILD YOUR OWN WOK

PICK A PROTEIN

Chicken Thighs **GF** 120cal Pork Belly **GF** 240cal
Beef Brisket **GF** 230cal Tofu **V, GF** 80cal

ADD SOME VEGGIES 5-10cal each

Choose up to 7 of your favorite seasonal veggies.

BULK IT UP

Yakisoba Noodle **V** 230cal
Udon Noodles **V** 340cal
Rice Noodle **V, GF** 140cal
Organic White Rice **V, GF** 180cal
Organic Brown Rice **V, GF** 160cal

GET SAUCY

Shanghai **V, GF**

A traditional Chinese sauce seasoned with soy, rice wine vinegar, sherry and sesame oil. *Contains Soy* 100cal

Peanut **V, GF**

A classic rich peanut sauce lightly spiced with ginger, garlic, lime and chile paste. *Contains Soy, Peanut* 230cal

Teriyaki **V, GF**

A lightly sweet soy base with accents of ginger, garlic and green onion. *Contains Soy* 190cal

Chogo Sauce **V**

A Korean style red pepper sauce with a perfect blend of sweet, spicy and tangy. *Contains Wheat, Soy* 60cal

Spicy Sweet Thai **V, GF**

A great stir-fry sauce with ginger, basil, cilantro, mint and a sweet soy base, with just a hint of heat. *Contains Soy* 160cal

Kung Pao **V**

A traditional Szechuan stir-fry sauce made with black bean paste, chile garlic paste, hoisin paste and red wine vinegar. *Contains Wheat, Soy* 140cal

Asian Plum **GF**

Chinese plum sauce with garlic, ginger, basil, mint, cilantro, chiles and a hint of fish sauce. *Contains Anchovy* 320cal

Coconut Curry Sauce **V, GF**

North Indian curry paste is combined with coconut milk, ginger and lime. Lightly spiced, sugar and soy free. *Contains Coconut* 150cal

CHOOSE SOME TOPPINGS:

Cilantro 0cal Nori 0cal
Peanuts 80cal Jalapeno 0cal
Basil 0cal

EXTRAS

Fried Egg +1 90cal
Choi's Napa Kimchi **V** +1 10cal
Protein +2 80-240cal
Veg +.50ea 5-10cal