

# SANDWICH

NAME \_\_\_\_\_

HERE    TO GO    TOASTED

## SIGNATURE SANDWICHES

### BLT

Beeler's bacon, tomato, avocado, spinach and chipotle aioli on toasted New Seasons Market sourdough bread. 7.99 590cal

### SMOKED TURKEY BACON HAVARTI

Diestel smoked turkey, Beeler's bacon, pesto aioli, Havarti cheese, roasted red pepper and lettuce on a New Seasons Market Sicilian bread. 8.99 730cal

### TUNA MELT

Oregon albacore tuna salad with Tillamook cheddar and tomatoes on New Seasons Market sourdough bread. 7.99 680cal



### PORKY FRESCO

Juicy pulled pork topped with pickled onions, parsley scallion sauce and queso fresco on a buttered

New Seasons Market ciabatta. 8.99

### VEGAN SMOKY FROAST

Smoked Tomato Field Roast, spinach, pickled onion, Mama Lil's peppers, avocado, vegan Chao slices and vegan chipotle aioli on New Seasons Market ciabatta. 8.99 680cal

### REUBEN

Thinly sliced, non-GMO corned beef, sauerkraut, Swiss cheese and Thousand Island dressing on toasted New Seasons Market rye bread. 8.99 590cal

### DAILY SPECIAL \_\_\_\_\_

## BUILD YOUR OWN SANDWICH

### BREAD:

- Whole Wheat 270cal
- Sourdough 230cal
- Rye 250cal
- Ciabatta Roll 230cal
- Hoagie Roll 250cal
- Gluten-Free Bun 1.00 200cal
- Sicilian 270cal
- No Bread

### SELECT YOUR VEGGIES:

- Leaf Lettuce 0cal
- Spinach 0cal
- Roasted Red Peppers 10cal
- Mama Lil's Peppers 10cal
- Sliced Cucumbers 0cal
- Sliced Tomatoes 10cal
- Red Onion 10cal
- Pickle Spear 5cal
- Pickled Onions 20cal

### SAUCE IT UP:

- Dijon Mustard 30cal
- Herb Hummus 40cal
- Horseradish 15cal
- Just Mayo 90cal
- Mayonnaise 100cal
- Pesto Aioli 100cal
- Red Wine Vinaigrette 90cal
- Yellow Mustard 10cal
- Vegan Chipotle Aioli

### CHEESE:

- Cheddar 110cal
- Goat Cheese 70cal
- Havarti 120cal
- Provolone 100cal
- Swiss 110cal
- Cream Cheese 100cal
- Vegan Chao Slices 120cal

### PROTEIN 7.99

- Ham 120cal
- Roast Beef 120cal
- Non-GMO Herb Roasted Chicken Breast 60cal
- Oven Roasted Diestel Turkey 90cal
- Tuna Salad 210cal
- Chicken Salad 70cal
- Vegan Field Roast 130cal

### ADD ONS:

- Add Bacon +1.00 110cal
- Extra Cheese +.50 70-110cal
- Add Avocado +.50 90cal
- Extra Meat +2.99 90-120cal

### SPECIAL INSTRUCTIONS:

---

---

---

---