

## GLUTEN-FREE PRODUCTS SHOPPING LIST

The items on this shopping list, to the best of our knowledge, are made without gluten or any ingredients derived from gluten-containing grains, such as wheat, barley, rye, spelt or kamut.

It is possible that products labeled gluten-free may come into contact with gluten during manufacturing. However, with the current FDA guidelines, any product labeled gluten-free should have less than 20 parts per million (ppm), which is considered a safe amount for most individuals following a gluten-free diet.

People who have celiac disease and individuals who are exquisitely sensitive may still have a reaction to foods with measurable, although tiny, amounts of gluten. In this case, it is helpful to find companies that produce products in a dedicated gluten-free facility or that are part of a certification program.



Products with this symbol are certified by the Gluten-Free Certification Organization, and tested for less than 10 ppm. For more information visit their webpage at [www.gfco.org](http://www.gfco.org).

This list also indicates whether the gluten-free foods listed contain dairy, soy or egg in the ingredients. If soy lecithin is the source of soy in the product, (SL) will appear after the product description.

Visit our website at [www.newseasonsmarket.com](http://www.newseasonsmarket.com) for a list of our regularly scheduled complimentary gluten-free products store tours. Please direct questions and comments regarding this list to [glutenfree@newseasonsmarket.com](mailto:glutenfree@newseasonsmarket.com).

*Disclaimer: This is merely a guide and we are unable to be responsible for individual reactions to any product. Please read each label carefully to determine whether a food is appropriate for you. The information provided is not to be taken as medical advice. Consult your health care practitioner for all medical advice.*

**THIS SHOPPING LIST IS A GUIDE- ALWAYS CHECK LABELS AS INGREDIENTS ARE SUBJECT TO CHANGE.**

D = Dedicated Gluten Free Facility    C = Certified Gluten Free    DF= Dairy/Casein Free    SF= Soy Free    EF= Egg Free    (SL)= Contains soy lecithin

Description		D	C	DF	SF	EF	(SL)
<b>Baby Food</b>							
Earth's Best	GF Chicken Nuggets			✓	✓	✓	
Earth's Best	GF French Toast Sticks			✓		✓	
Earth's Best	GF Wholesome Hot Cereal		✓	✓	✓	✓	
Happy Family Brands	Cookies - Choc Pump/Honey Bk			✓	✓	✓	
Happy Family Brands	OG Brown Rice Cereal			✓	✓	✓	
Hot Kid	Baby Mum-Mum - All Flavors				✓	✓	
Little Duck Organics	Dried Fruit and Veggies			✓	✓	✓	
Nature's One	Pedia Smart						✓
<b>Baking Supplies - Biscuit Mix</b>							
Bisquick	GF Bisquick						✓
Bob's Red Mill	WF / GF Biscuit Mix	✓		✓	✓	✓	
<b>Baking Supplies - Bread Mix</b>							
Bob's Red Mill	GF Bread Mix (SL)	✓		✓		✓	
Bob's Red Mill	GF Cinnamon Raisin Bread Mix	✓		✓	✓	✓	
Bob's Red Mill	GF Cornbread Mix	✓		✓	✓	✓	
Bob's Red Mill	GF Hearty Whole Grain Bread Mix	✓		✓		✓	
Kember's Gluten Free	Donut Mix			✓	✓	✓	
Kember's Gluten Free	Pumpkin Bread Mix			✓	✓	✓	
King Arthur	GF Bread & Pizza Crust Mix	✓	✓	✓	✓	✓	
Pamela's Products	Bread Mix - All Varieties	✓	✓	✓	✓	✓	
Simple Mills	Artisan Bread Mix	✓	✓	✓	✓	✓	
The Cravings Place	Quick Bread / Muffin Mix	✓		✓	✓	✓	
<b>Baking Supplies - Breadcrumbs</b>							
Glutino	Bread Crumbs	✓		✓	✓	✓	
Ian's Natural Foods	GF Panko Breadcrumbs			✓	✓	✓	
Jeff Nathan Creations	Panko Breadcrumbs		✓	✓	✓		
<b>Baking Supplies - Brownie Mix</b>							
Arrowhead Mills	GF Brownie Mix (SL)			✓		✓	
Betty Crocker	GF Brownie Mix			✓		✓	
Bob's Red Mill	GF Brownie Mix	✓		✓	✓	✓	
Cup 4 Cup	GF Chocolate Brownies						
Glutino	Double Choc Brownie Mix (SL)	✓		✓		✓	
Julie's Original	GF Fudge Brownie Mix		✓	✓	✓	✓	
Kember's Gluten Free	Brownie Mix			✓	✓	✓	
King Arthur	GF Brownie Mix	✓	✓	✓	✓	✓	
Namaste	Chocolate Brownie Mix	✓	✓	✓	✓	✓	
Pamela's Products	Brownie Mix (SL)	✓	✓			✓	

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<b>Baking Supplies - Brownie Mix</b>							
The Cravings Place	Chocolate Brownie Mix (SL)	✓		✓		✓	
Zemas Madhouse	Black Bean Brownie Bites	✓	✓	✓	✓	✓	
<b>Baking Supplies - Cake Mix</b>							
Arrowhead Mills	GF Vanilla Cake Mix					✓	✓
Betty Crocker	GF Cake Mix			✓		✓	
Bob's Red Mill	GF Cake Mix- Choc and Vanilla	✓		✓	✓	✓	
Glutino	Yellow Cake Mix	✓		✓		✓	
Julie's Original	GF White Cake Mix		✓	✓	✓	✓	
King Arthur	GF Cake Mix	✓	✓	✓	✓	✓	
Namaste	Spice Cake Mix	✓	✓	✓	✓	✓	
Pamela's Products	Cake Mix - All Varieties	✓	✓	✓	✓	✓	
The Cravings Place	Cinnamon Crumb Cake Mix	✓		✓	✓	✓	
WOW Baking Co.	Cake Mix (Yellow & Chocolate)	✓	✓	✓	✓	✓	
<b>Baking Supplies - Cookie Mix</b>							
Arrowhead Mills	GF Choc Chip Cookie Mix (SL)			✓		✓	
Betty Crocker	GF Cookie Mix (SL)			✓		✓	
Bob's Red Mill	GF Choc Chip Cookie Mix (SL)	✓		✓		✓	
Bob's Red Mill	GF Shortbread Cookie Mix	✓		✓	✓	✓	
Immaculate	Chocolate Chip Cookie Mix		✓	✓		✓	
King Arthur	GF Cookie Mix	✓	✓	✓	✓	✓	
Pamela's Products	Cookie Mix (SL) - All Varieties	✓	✓	✓		✓	
Scratch & Grain	Cookie Kit - Chewy Peanut Butter			✓	✓	✓	
Scratch & Grain	Cookie Kit - Chocolate Truffle					✓	
Scratch & Grain	Cookie Kit - Snickerdoodle			✓	✓	✓	
Simple Mills	Chocolate Chip Cookie Mix	✓	✓	✓	✓	✓	
The Cravings Place	Chocolate Chunk Cookie Mix (SL)	✓		✓		✓	
Zemas Madhouse	Chocolate Chip Cookie Mix	✓	✓	✓	✓	✓	
<b>Baking Supplies - Flour</b>							
Ancient Harvest	Whole Grain Quinoa Flour			✓	✓	✓	
Arrowhead Mills	OG Cornmeal - Blue and Yellow			✓	✓	✓	
Arrowhead Mills	WF / GF All-Purpose Baking Mix		✓	✓	✓	✓	
Bob's Red Mill	Almond Meal / Flour	✓		✓	✓	✓	
Bob's Red Mill	Amaranth Flour	✓		✓	✓	✓	
Bob's Red Mill	Brown Rice Flour	✓		✓	✓	✓	
Bob's Red Mill	Coconut Flour	✓		✓	✓	✓	
Bob's Red Mill	Garbanzo / Fava Flour	✓		✓	✓	✓	
Bob's Red Mill	Garbanzo Bean Flour	✓		✓	✓	✓	

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<b>Baking Supplies - Flour</b>						
Bob's Red Mill	GF All Purpose Baking Flour	✓		✓	✓	✓
Bob's Red Mill	GF Corn Flour	✓		✓	✓	✓
Bob's Red Mill	GF Cornmeal	✓		✓	✓	✓
Bob's Red Mill	Hazelnut Meal / Flour	✓		✓	✓	✓
Bob's Red Mill	Millet Flour	✓		✓	✓	✓
Bob's Red Mill	OG Brown Rice Flour	✓		✓	✓	✓
Bob's Red Mill	OG Stone Ground White Rice	✓		✓	✓	✓
Bob's Red Mill	OG White Rice Flour	✓		✓	✓	✓
Bob's Red Mill	Potato Flour	✓		✓	✓	✓
Bob's Red Mill	Quinoa Flour	✓		✓	✓	✓
Bob's Red Mill	Sweet Rice Flour	✓		✓	✓	✓
Bob's Red Mill	Sweet White Sorghum Flour	✓		✓	✓	✓
Bob's Red Mill	Tapioca Flour	✓		✓	✓	✓
Bob's Red Mill	White Rice Flour	✓		✓	✓	✓
Bob's Red Mill	Whole Grain GF Oat Flour	✓		✓	✓	✓
Coconut Secret	Raw Coconut Flour		✓	✓	✓	✓
Cup 4 Cup	GF Flour				✓	✓
Edward & Sons	Let's Do Organic - Coconut Flour			✓	✓	✓
Gluten Free Mama	Almond Blend			✓	✓	✓
Gluten Free Mama	Coconut Blend			✓	✓	✓
King Arthur	GF All Purpose Flour	✓	✓	✓	✓	✓
Namaste	Perfect Flour Blend	✓	✓	✓	✓	✓
Natural Directions	GF Flour Blend			✓	✓	✓
One Degree Organic	GF Sprouted Flours			✓	✓	✓
Pamela's Products	Ultimate Baking & Pancake Mix	✓	✓		✓	✓
Premium Gold	Flax & Ancient Grain All-Purpose	✓		✓	✓	✓
The Pure Panty	All Purpose Flour Blend			✓	✓	✓
<b>Baking Supplies - Miscellaneous</b>						
Arrowhead Mills	Pour' N Bake Pumpkin Pie Filling				✓	✓
Bob's Red Mill	Baking Powder	✓		✓	✓	✓
Bob's Red Mill	Cornstarch	✓		✓	✓	✓
Bob's Red Mill	Flaxseed Meal	✓		✓	✓	✓
Bob's Red Mill	Guar Gum	✓		✓	✓	✓
Bob's Red Mill	Potato Starch	✓		✓	✓	✓
Bob's Red Mill	Rice Bran	✓		✓	✓	✓
Bob's Red Mill	Soy Lecithin Granules	✓		✓		✓
Bob's Red Mill	Xanthan Gum	✓		✓	✓	✓

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<b>Baking Supplies - Miscellaneous</b>						
California Farms	Sweetened Condensed Milk				✓	✓
Chatfield's	Semi-Sweet/ Dark Chocolate Chip	✓		✓	✓	✓
Chatfield's	White Chocolate Chips (SL)	✓				✓
Chocolate Dream	Semi-sweet Baking Chips (SL)			✓		✓
Clabber Girl	Clabber Girl Baking Powder			✓	✓	✓
Dagoba	OG Cocoa Powder			✓	✓	✓
Dandies	Vegan Marshmallows			✓		✓
Droste	Boy & Girl Dutch Cocoa			✓	✓	✓
Edward & Sons	Let's Do Organic - Coconut Flake			✓	✓	✓
Edward & Sons	Let's Do Organic - Confetti Sprinkl			✓	✓	✓
Edward & Sons	Let's Do Organic - Cornstarch			✓	✓	✓
Edward & Sons	Let's Do Organic - Tapioca Starch			✓	✓	✓
Ener-G Foods	Bread Crumbs			✓	✓	✓
Ener-G Foods	Egg Replacer			✓	✓	✓
Enjoy Life Foods	Chocolate Chips- All Varieties	✓	✓	✓	✓	✓
Fleischmann's	Dry Yeast			✓	✓	✓
Fleischmann's	Yeast Packets			✓	✓	✓
Ghirardelli	Unsweetened Ground Cocoa			✓	✓	✓
Hain	Featherweight Baking Powder			✓	✓	✓
Lilly's	Dark Chocolate Premium Baking			✓		✓
McCormick	Extracts			✓	✓	✓
Nielsen-Massey	Extracts & Pastes - All Varieties		✓	✓	✓	✓
Organic Valley	OG Non-fat Dry Milk				✓	✓
Pamela's Products	Frosting Mix - All Varieties	✓	✓	✓	✓	✓
Red Star	Yeast Packets			✓	✓	✓
Rumford Company	Baking Powder			✓	✓	✓
Singing Dog	Vanilla Extract		✓	✓	✓	✓
The Frosting Queens	Charmed Chocolate					✓
The Frosting Queens	Crowned Caramel (SL)					✓
The Frosting Queens	Prince's Peppermint (SL)					✓
The Frosting Queens	Striking Strawberry (SL)					✓
The Frosting Queens	Velvety Vanilla (SL)					✓
The Vegg	Egg-Free Baking Mix			✓	✓	✓
The Vegg	Vegan Egg Yolk			✓	✓	✓
Wonderslim	Cocoa Powder Fat / Caffeine-free			✓	✓	✓
<b>Baking Supplies - Muffin Mix</b>						
Glutino	Muffin and Scone Mix	✓		✓		✓

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<b>Baking Supplies - Muffin Mix</b>						
King Arthur	GF Muffin Mix	✓	✓	✓	✓	✓
Miffy's	Mix and Twist GF Muffin Mixes			✓	✓	✓
Simple Mills	Muffin Mix - All Varieties	✓	✓	✓	✓	✓
Zemas Madhouse	Cinnamon Oatmeal Apple-Muffin	✓		✓	✓	✓
<b>Baking Supplies - Pancake Mix</b>						
Arrowhead Mills	GF Pancake Mix			✓	✓	✓
Bisquick	GF Pancake and Baking Mix	✓		✓		✓
Bob's Red Mill	GF Pancake Mix	✓		✓	✓	✓
Cup 4 Cup	GF Pancake and Waffle Mix				✓	✓
Glutino	Pancake Mix	✓			✓	
Kember's Gluten Free	Crepe Mix			✓	✓	✓
Kember's Gluten Free	Waffle Mix			✓	✓	✓
King Arthur	GF Pancake Mix	✓	✓	✓	✓	✓
On The Go Paleo	Pancake Mix			✓	✓	✓
The Cravings Place	Pancake & Waffle Mix	✓		✓	✓	✓
Zemas Madhouse	Multigrain Pancake & Waffle Mix	✓		✓	✓	✓
<b>Baking Supplies - Pie Crust</b>						
Bavaria Mills	Pie Crust	✓		✓	✓	
Bob's Red Mill	GF Pie Crust	✓		✓	✓	✓
Gluten Free Nation	Pie/Quiche Crust				✓	
Glutino	Perfect Pie Crust Mix	✓		✓		✓
Mi-Del	GF Pie Shells					
Wholly Wholesome	GF 9" Pie Crust			✓	✓	✓
<b>Baking Supplies - Sweeteners</b>						
Aunt Patty's	Coconut Sugar			✓	✓	✓
Aunt Patty's	Fructose			✓	✓	✓
Aunt Patty's	GF Brown Rice Syrup			✓	✓	✓
Aunt Patty's	OG Agave Nectar - Light / Dark			✓	✓	✓
Aunt Patty's	OG Maple Sugar			✓	✓	✓
Bee Free Honee	All Varieties			✓	✓	✓
Big Tree Farm	Organic Coconut Sugar			✓	✓	✓
Big Tree Farm	Organic Palm Nectar			✓	✓	✓
C & H	Bakers Ultra Fine Sugar			✓	✓	✓
C & H	Brown Sugar			✓	✓	✓
C & H	Granulated Sugar			✓	✓	✓
Coconut Secret	Raw Coconut Crystals			✓	✓	✓
Coconut Secret	Raw Coconut Nectar			✓	✓	✓

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<b>Baking Supplies - Sweeteners</b>						
Emerald Forest	Erythritol			✓	✓	✓
Emerald Forest	Xyla			✓	✓	✓
Lundberg	Sweet Dream Brown Rice Syrup			✓	✓	✓
Madhava	Agave			✓	✓	✓
Madhava	Better Baking Blend			✓	✓	✓
Madhava	Coconut Palm Sugar			✓	✓	✓
Madhava	Honey			✓	✓	✓
Maple Grove	Vermont Sugar-Free Syrup			✓	✓	✓
Steviva Brands	Fructevia			✓	✓	✓
Steviva Brands	Steviva Blend			✓	✓	✓
Steviva Brands	Steviva Extract Powder			✓	✓	✓
Sweet Tree	Coconut Palm Sugar			✓	✓	✓
Swerve	Confectioners Sugar Replacemen			✓	✓	✓
Swerve	Granulated Sugar Replacement			✓	✓	✓
Wholesome Sweetener	OG Blue Agave - All Varieties			✓	✓	✓
Wisdom of the Ancient	Stevia - Flavored Liquid Extracts			✓	✓	✓
<b>Bars</b>						
22 Days Nutrition	All Varieties			✓	✓	✓
Bakery On Main	Granola Bars - All Varieties	✓	✓	✓		✓
Betty Lou's	Angell Crisp - All Varieties (SL)		✓			✓
Bio International	OG Food Bar - All Varieties			✓	✓	✓
Bites of Bliss	All Varieties			✓	✓	✓
Bobo's Oat Bars	GF Chocolate Almond			✓	✓	✓
Bobo's Oat Bars	GF Lemon Poppyseed			✓	✓	✓
Bobo's Oat Bars	GF Maple Pecan			✓	✓	✓
Bobo's Oat Bars	GF Peach			✓	✓	✓
Bounce	Cacao Mint Powerballs				✓	✓
Bounce	Coconut & Macadamia				✓	✓
Bounce	Peanut Cacao				✓	✓
Bounce	Superberry			✓	✓	✓
Bumble Bar	Amazing Almond	✓		✓	✓	✓
Bumble Bar	Chocolate Crisp (SL)	✓		✓		✓
Bumble Bar	Classic Cashew	✓		✓	✓	✓
Bumble Bar	Lushus Lemon	✓		✓		✓
Bumble Bar	Original Peanut	✓		✓		✓
Clif	KIT's OG Fruit & Nut Bars			✓	✓	✓
Coconut Secret	Almond Coconut		✓	✓	✓	✓

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<b>Bars</b>						
Coconut Secret	Classic Coconut		✓	✓	✓	✓
Coconut Secret	Coconut Macaroon		✓	✓	✓	
Coconut Secret	Mint Coconut		✓	✓	✓	✓
Columbia Gorge	Almond Banana			✓		✓
Columbia Gorge	Double Chocolate (SL)			✓		✓
Columbia Gorge	Hemp Apricot			✓	✓	✓
Columbia Gorge	Peanut Chocolate Chip (SL)			✓		✓
Columbia Gorge	Superberry			✓	✓	✓
Doctor Will Bar	Peanut Butter				✓	✓
Doctor Will Bar	Vegan Peanut Butter			✓	✓	✓
Earthling Organics	All Varieties			✓	✓	✓
Enjoy Life Foods	Bars- All Varieties	✓	✓	✓	✓	✓
Enjoy Life Foods	Boom Choco Boom - All Varieties	✓	✓	✓	✓	✓
Enjoy Life Foods	Sunbutter Crunch	✓	✓	✓	✓	✓
Epic	Beef - Habanero + Cherry		✓	✓	✓	✓
Epic	Bison - Bacon + Cranberry		✓	✓	✓	✓
Epic	Lamb - Currant + Mint		✓	✓	✓	✓
Epic	Turkey - Almond + Cranberry		✓	✓	✓	✓
Glutino	Candy Bar - Choc Peanut Butter	✓				✓
Glutino	Candy Bar - Dark Chocolate	✓		✓		✓
Glutino	GF Breakfast Bars - All Varieties	✓		✓	✓	✓
Glutino	Toaster Pastries - All Varieties	✓		✓	✓	
goMacro	All Varieties			✓	✓	✓
GoRaw	OG Bars - All Varieties	✓	✓	✓	✓	✓
Gorge Delights	Just Fruit - Fruit Bars		✓	✓	✓	✓
Greens+	Chia - Chocolate					✓
Greens+	Chia - Natural					✓
Greens+	Chia Crisp - Blueberry Almond					✓
Greens+	Chia Crisp - Chocolate PB					✓
Greens+	Chia Crisp - Superfood					✓
Greens+	Energy - Chocolate					✓
Greens+	Energy - Natural					✓
Greens+	Protein - Chocolate					✓
Greens+	Protein - Natural					✓
Greens+	Protein - Whey Krisp			✓	✓	✓
Health Warrior	Bars - All Varieties		✓	✓	✓	✓
It's Alive	Raw Bars - All Varieties			✓	✓	✓

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<b>Bars</b>						
Kind	Fruit & Nut			✓		✓
Kind	Kind Healthy Grains Bars			✓		✓
Kind	Kind Plus			✓		✓
Kind	Nuts & Spices			✓		✓
Kind	Strong & Kind			✓		✓
Kutoa	All Varieties			✓	✓	✓
Larabar	Alt Bars - All Varieties			✓		✓
Larabar	Fruit & Nut - All Varieties			✓	✓	✓
Larabar	Jocalat - All Varieties			✓	✓	✓
Larabar	Uber Bars - All Varieties			✓	✓	✓
Luna	Protein- Assorted Varieties					✓
Nature's Path	GF EnviroKidz Crispy RiceBars		✓			✓
Nature's Path	GF Granola - Chunky Choc PB		✓	✓		✓
Nature's Path	GF Granola - Dark Choc Chip		✓			✓
Nature's Path	GF Granola - Trail Mixer		✓	✓	✓	✓
Nii	All Varieties			✓	✓	✓
NuGo	Dark - Some Varieties		✓			✓
NuGo	Free - All Varieties		✓	✓	✓	✓
NuGo	Slim - Some Varieties		✓			✓
NuGo	Stronger - Assorted Varieties		✓			✓
Paleo Simplified	Energy Bar - Chocolate Coconut			✓	✓	
Paleo Simplified	Energy Bar - Nutty Fruit Bliss			✓	✓	✓
Paleo Simplified	Energy Bar - Pecan Pie			✓	✓	✓
Pamela's Products	Whenever Bars- CL for allergens	✓	✓			
Pro Bar	Base Bars - Some Varieties		✓	✓		✓
Pro Bar	Bite Bars - Some Varieties		✓	✓	✓	✓
Pro Bar	Fuel Bars - Some Varieties		✓	✓		✓
Protein Puck	Almond & Cranberry			✓	✓	✓
Protein Puck	Almond Butter Dark Choc (SL)			✓		✓
Pure	Pure Bars - All Varieties		✓	✓	✓	✓
Raw Revolution	All Varieties	✓		✓	✓	✓
Rise	Breakfast bar	✓		✓	✓	✓
Rise	Energy+ Bar	✓		✓	✓	✓
Rise	Protein+ Bar	✓			✓	✓
Simple Squares	Organic Snack Bars - All Varieties			✓	✓	✓
Skout	Bars - All Varieties		✓	✓	✓	✓
Squarebar	Cocoa Crunch/Almond/Coconut		✓	✓	✓	✓

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<b>Bars</b>						
Steve's Paleo Goods	Paleo Krunch - Granola Bars			✓	✓	✓
The Good Bean	Bars - All Varieties		✓			✓
Think Thin	All Varieties		✓			
Two Moms in the Raw	Granola Bar - All Varieties		✓	✓	✓	✓
Two Moms in the Raw	Nut Bars - All Varieties		✓	✓	✓	✓
Udi's	Soft n' Chewy- All Varieties		✓	✓	✓	✓
Vega	One			✓		✓
Vega	Snack - Chocolate Peanut Butter			✓		✓
Vega	Snack - Cranberry Almond			✓		✓
Vega	Snack - Dark Choc Mixed Nuts			✓		✓
Vega	Sport - Chocolate Coconut			✓		✓
Vega	Sport - Chocolate Peanut Butter			✓		✓
Zing	Almond Blueberry		✓		✓	✓
Zing	Chocolate Coconut		✓	✓	✓	✓
Zing	Chocolate Hazelnut		✓	✓	✓	✓
Zing	Chocolate Peanut Butter		✓		✓	✓
Zing	Coconut Cashew Crisp		✓	✓	✓	✓
Zing	Dark Chocolate Mint		✓		✓	✓
Zing	Double Nut Brownie		✓	✓	✓	✓
Zing	Oatmeal Chocolate Chip		✓		✓	✓
Zing	Peanut Butter Chocolate Chip		✓	✓	✓	✓
<b>Beans</b>						
Amy's	OG Black Bean Chili			✓	✓	✓
Amy's	OG Chili with Vegetables			✓	✓	✓
Amy's	OG Medium Chili			✓		✓
Amy's	OG Spicy Chili			✓		✓
Amy's	OG Vegetarian Baked Beans			✓	✓	✓
Jyoti Natural Foods	All Varieties			✓	✓	✓
The Better Bean	Refried Beans - All Varieties			✓	✓	✓
The Better Bean	Three Sisters Chili			✓	✓	✓
<b>Beverages</b>						
Adina	Herbal Elixir - All EXCEPT Honey			✓	✓	✓
Cascade Fresh	Cascaders - All Varieties				✓	✓
Dagoba	OG Authentic Hot Chocolate			✓	✓	✓
Dry Soda	Soda - All Varieties			✓	✓	✓
Essential Living Foods	Chocolate Drink Mix		✓	✓	✓	✓
Good Belly	"To Go" Probiotic Fruit Drink Mix			✓	✓	✓

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<b>Beverages</b>						
Grainaissance	AMAZAKE - All Varieties			✓	✓	✓
Green & Blacks	Hot Chocolate					✓
Green Valley Organics	Lactose-free Kefir - All Varieties		✓		✓	✓
J. Wilbur	Blood Mary Mix			✓	✓	✓
Kool Aid	All Varieties - Check Label			✓	✓	✓
Lifeway	Kefir - All Varieties		✓		✓	✓
Nancy's	Kefir - All Varieties				✓	✓
Oogave	Soda - All Varieties			✓	✓	✓
Organic Valley	All Dairy Products				✓	✓
R.W. Knudsen	Recharge Sport Beverage Mix		✓	✓	✓	✓
R.W. Knudsen	Spritzers Sparkling		✓	✓	✓	✓
Redwood Hill Farms	Goat Kefir - All Varieties	✓			✓	✓
Reed's	Ginger Brew - All Varieties			✓	✓	✓
Reed's	Kombucha - All Varieties			✓	✓	✓
Reed's	Nausea Relief Drink			✓	✓	✓
Santa Cruz Organic	Beverages - All Varieties			✓	✓	✓
Siggis	Drinkable Yogurt - All Varieties		✓		✓	✓
Stonyfield	Smoothies - All Varieties		✓		✓	✓
The Greek Gods	Kefir - All Varieties				✓	✓
Virgil's	Soda - All Varieties			✓	✓	✓
Virgil's	Zero Soda - All Varieties			✓	✓	✓
Zico	Coconut Water - All Varieties			✓	✓	✓
<b>Beverages - Alcoholic</b>						
Ace	Hard Cider			✓	✓	✓
Anheuser - Busch	Redbridge Gluten Free Beer			✓	✓	✓
Bard's Tale Beer	Dragon's Gold			✓	✓	✓
Blackthorn	Hard Cider			✓	✓	✓
Blue Mountain	Hard Cider			✓	✓	✓
Crispin	Hard Apple Cider			✓	✓	✓
Daura	Gluten Free Beer			✓	✓	✓
Epic Brewing	Glutenator			✓	✓	✓
Estrella	Daura Lager GF Beer			✓	✓	✓
Finnegan	Hard Cider			✓	✓	✓
Green's Brewery	Belgium Style Beers	✓		✓	✓	✓
Ground Breaker	All Beer Flavors	✓		✓	✓	✓
J.K. Scrumpy's	OG Hard Cider			✓	✓	✓
Lakefront	New Grist		✓	✓	✓	✓

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<b>Beverages - Alcoholic</b>						
New Planet	GF Beer - All Varieties			✓	✓	✓
Spire	Hard Cider			✓	✓	✓
Strongbow	Hard Cider			✓	✓	✓
Tieton Cider Works	Hard Cider			✓	✓	✓
Wandering Aengus Ci	Ciders			✓	✓	✓
Widmer	Omission			✓	✓	✓
Woodchuck	Hard Apple & Pear Ciders			✓	✓	✓
<b>Beverages - Tea</b>						
Celestial Seasonings	Most Flavors - Check Label			✓	✓	✓
Crystal Light	Iced Tea - Natural Lemon			✓	✓	✓
Crystal Light	Iced Tea - Peach			✓	✓	✓
Guayaki	Yerba Mate Teas - All Varieties			✓	✓	✓
Honest T	Bottled Teas			✓	✓	✓
Stash Tea	All Varieties			✓	✓	✓
Zhena's Gypsy Tea	OG Fair Trade Teas - All Varieties			✓	✓	✓
<b>Bread</b>						
Bavaria Bread Co	Bavarian Bread			✓	✓	✓
Bavaria Mills	Dark Honey Almond Bread	✓		✓	✓	
Bavaria Mills	Egg-free Bread with Flax	✓		✓	✓	✓
Bavaria Mills	White Almond Bread	✓			✓	
Canyon Bakehouse	GF Cinnamon Raisin		✓	✓	✓	
Canyon Bakehouse	GF Mountain White Bread		✓	✓	✓	
Canyon Bakehouse	GF San Juan 7-Grain Bread		✓	✓	✓	
Ener-G Foods	Brown Rice Bread			✓	✓	✓
Ener-G Foods	Cinnamon Raisin Bread			✓	✓	✓
Ener-G Foods	Light Brown Rice Loaf			✓	✓	✓
Ener-G Foods	Light Tapioca Bread			✓	✓	✓
Ener-G Foods	Pretzel Bread			✓	✓	✓
Ener-G Foods	Tapioca Bread			✓	✓	✓
Ener-G Foods	Yeast-free Brown Rice Bread			✓	✓	✓
Food for Life	Rice Breads - All Varieties			✓	✓	✓
Franz	GF 7 Grain	✓	✓	✓	✓	
Franz	GF Cinnamon Raisin	✓	✓	✓	✓	
Franz	GF Croutons	✓	✓	✓	✓	
Franz	GF Great Seed	✓	✓	✓	✓	
Franz	GF Mountain White	✓	✓	✓	✓	
Glutino	Cinnamon Raisin Bread	✓		✓	✓	

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<b>Bread</b>						
Glutino	Cornbread Stuffing	✓		✓		
Glutino	GF Breadsticks	✓		✓	✓	✓
Glutino	Harvest Cornbread	✓		✓	✓	
Glutino	Multi-Grain Bread	✓		✓	✓	✓
Glutino	Seeded Bread	✓		✓		
Glutino	White Bread	✓		✓		
Grainaissance	Mochi - All Varieties			✓	✓	✓
Happy Campers	Breads - All Varieties	✓		✓	✓	✓
Ian's Natural Foods	Non-GMO GF Croutons			✓	✓	
Ian's Natural Foods	Non-GMO GF Stuffing			✓	✓	✓
Julian Bakery	Paleo Breads - All Varieties	✓		✓	✓	
New Cascadia Trad	Check label for other allergens	✓				
Rudi's	GF Breads		✓	✓	✓	
Rudi's	GF Ciabatta Rolls		✓	✓	✓	
Silver Hills	GF Sprouted - Chia Chia Bread	✓	✓	✓	✓	✓
Silver Hills	GF Sprouted - Omega Flax Bread	✓	✓	✓	✓	✓
Udi's	Bagels		✓	✓	✓	
Udi's	Breads- All Varieties		✓	✓	✓	
Wrawp	All Varieties			✓	✓	✓
<b>Bread - English Muffins</b>						
Food for Life	GF English Muffins			✓	✓	✓
Glutino	GF English Muffins	✓				
Kinnikinnick Foods	English Muffins	✓		✓	✓	
<b>Bread - Hamburger Buns</b>						
Canyon Bakehouse	GF Hamburger Buns		✓	✓	✓	
Ener-G Foods	Brown Rice Hamburger Buns			✓	✓	✓
Ener-G Foods	Tapioca Hamburger Buns			✓	✓	✓
Franz	GF Hamburger Rolls	✓	✓	✓	✓	
Gluten Free Concepts	Jensen's Hamburger Buns	✓	✓			
Rudi's	GF Buns & Rolls		✓	✓	✓	
Udi's	Classic Hamburger Buns		✓	✓	✓	
<b>Bread - Hot Dog Buns</b>						
Ener-G Foods	Tapioca Hot Dog Buns		✓	✓	✓	✓
Gluten Free Concepts	Jensen's Better Buns	✓	✓			
Udi's	GF Hot Dog Buns		✓	✓	✓	
<b>Bread - Tortillas</b>						
Cabo Loco	Corn Tortillas			✓	✓	✓

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<b>Bread - Tortillas</b>						
De Casa	Organic Tortillas			✓	✓	✓
Food for Life	Brown Rice Tortillas			✓	✓	✓
Garden of Eatin'	Blue Corn Taco Shells			✓	✓	✓
Glutenfreeda	Original & Sun-Dried Tortillas	✓		✓	✓	
Guerrero	Tostadas			✓	✓	✓
Guerrero	White Corn Tortillas			✓	✓	✓
Julian Bakery	Paleo Wraps - All Varieties	✓		✓	✓	✓
Mi Rancho	Corn Tortilla			✓	✓	✓
Mi Rancho	Corn Tortilla Taco Sliders			✓	✓	✓
Mission	Corn Taco Shells			✓	✓	✓
Mission	Extra Thin Yellow Corn Tortillas			✓	✓	✓
Mission	GF Soft Taco Tortillas			✓		
Mission	Yellow Corn Tortillas			✓	✓	✓
Rio Rancho	GF Tostada Bowls			✓	✓	✓
Rudi's	GF Tortilla & Wraps - All Varieties		✓	✓	✓	✓
Sonoma Tortillas	Ivory Teff Wraps (SL)		✓	✓		✓
<b>Butter Substitutes</b>						
Earth Balance	Buttery Sticks			✓		✓
Earth Balance	Organic			✓		✓
Earth Balance	Original			✓		✓
Earth Balance	Shortening			✓		✓
Earth Balance	Soy Garden			✓		✓
Earth Balance	Soy-free			✓	✓	✓
Earth Balance	With Olive Oil			✓		✓
<b>Candy</b>						
Albanse	Gummi Bears (Reg & Sugar Free)			✓	✓	✓
Albanse	Gummi Fruit Slices			✓	✓	✓
Albanse	Mini Gummi Worms (Reg & Sour)			✓	✓	✓
Bissingers	Dark Chocolate Candies (SL)			✓		✓
Bissingers	Gummy Pandas			✓	✓	✓
Eating Evolved	All Varieties	✓		✓	✓	✓
Enjoy Life Foods	Dark Chocolate	✓	✓	✓	✓	✓
Enjoy Life Foods	Ricemilk Chocolate	✓	✓	✓	✓	✓
Enjoy Life Foods	Ricemilk Crunch	✓	✓	✓	✓	✓
Go Naturally	OG Hard Candies - All Varieties			✓	✓	✓
Justin's	Almond Butter Bar (SL)					
Justin's	Peanut Butter Bar (SL)					

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<b>Candy</b>						
Justin's	Peanut Butter Cup (SL)					✓
Reed's	Ginger Candy - Chewy & PB			✓	✓	✓
St. Claire's	All Candies	✓		✓	✓	✓
Surf Sweets	All Varieties	✓	✓	✓	✓	✓
The Ginger People	Crystalized Ginger			✓	✓	✓
The Ginger People	GIN GINS Boost (SL)			✓		✓
The Ginger People	GIN GINS Ginger Chews			✓	✓	✓
Tree Hugger	Bubble Gum -Some Varieties			✓		✓
Xylichew	Gummy Mints			✓	✓	✓
Yummy Earth	OG Candy - All Varieties			✓	✓	✓
<b>Cereal - Cold</b>						
Arrowhead Mills	Maple Buckwheat Flakes			✓	✓	✓
Arrowhead Mills	OG Sweetened Rice Flakes			✓	✓	✓
Barbara's Bakery	Honey Rice Puffins			✓	✓	✓
Barbara's Bakery	Multigrain Puffins			✓		✓
Enjoy Life Foods	Crunchy Flax	✓	✓	✓	✓	✓
Enjoy Life Foods	Crunchy Flax with Chia	✓	✓	✓	✓	✓
Enjoy Life Foods	Crunchy Rice	✓	✓	✓	✓	✓
Erehwon	GF Cocoa Crispy Brown Rice			✓	✓	✓
Erehwon	GF Corn Flakes			✓	✓	✓
Erehwon	GF Crispy Rice w/ Mixed Berries	✓	✓	✓	✓	✓
Erehwon	GF Rice Twice Cereal			✓	✓	✓
Erehwon	OG GF Crisp Brown Rice			✓	✓	✓
Freedom Foods	Ancient Grain Flakes	✓		✓	✓	✓
Freedom Foods	Maple Crunch	✓		✓	✓	✓
Freedom Foods	Pro-Teen Crunch	✓		✓	✓	✓
Freedom Foods	Rice Flakes	✓		✓	✓	✓
General Mills	Corn Chex			✓	✓	✓
General Mills	Honey Nut Chex			✓	✓	✓
General Mills	Rice Chex			✓	✓	✓
Nature's Path	EnviroKidz - Some Varieties (SL)	✓	✓	✓	✓	✓
Nature's Path	GF Sunrise - All Varieties			✓	✓	✓
Nature's Path	GF Whole Grain Crispy Rice			✓	✓	✓
Nature's Path	GF Whole O's			✓	✓	✓
Nature's Path	OG Corn Flakes			✓	✓	✓
Natures' Path	Qi'a - All Varieties			✓	✓	✓
One Degree Organic	Ancient Maize Flakes			✓	✓	✓



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<b>Cereal - Cold</b>							
One Degree Organic	Brown Rice Crisps - All Varieties			✓	✓	✓	
<b>Cereal - Granola</b>							
Bakery On Main	Granola - All Varieties	✓	✓	✓	✓	✓	
Bee Primal	Warrior Mix - All Varieties			✓	✓	✓	
Cocomo Joe	Granola			✓	✓	✓	
Enjoy Life Foods	Granola - All Varieties	✓	✓	✓	✓	✓	
Grizzlies	Cinammon Nut			✓	✓	✓	
Gypsy Crunch	Brazilian Bombshell			✓	✓	✓	
Gypsy Crunch	Daniel's Mod-Mac			✓	✓	✓	
Gypsy Crunch	Emma's Bada Bing			✓	✓	✓	
Kind	Healthy Grains Clusters Granola			✓	✓	✓	
Love Grown Foods	Oat Clusters - Some Varieties (SL)			✓	✓	✓	
Nature's Path	GF Fruit & Nut		✓	✓	✓	✓	
Nature's Path	GF Honey Almond		✓	✓	✓	✓	
Nature's Path	GF Summer Berries (SL)		✓	✓	✓	✓	
New Cascadia Trad	Granolas - All Varieties	✓		✓	✓	✓	
New England Naturals	OG Berry Coconut			✓	✓	✓	
Nourishing Kitchens	Almond & Raisin	✓		✓	✓	✓	
Nourishing Kitchens	Hazelnut & Raisin	✓		✓	✓	✓	
Paleonola	All Flavors		✓	✓	✓	✓	
Purely Elizabeth	All Varieties	✓	✓	✓	✓	✓	
Steve's Paleo Goods	Paleo Krunch - All Varieties			✓	✓	✓	
Thoughtful Food	Giddy Up & Go	✓		✓	✓	✓	
Two Moms in the Raw	Granola Cereal - Plain		✓	✓	✓	✓	
Udi's	Granola - All Varieties		✓	✓	✓	✓	
<b>Cereal - Hot</b>							
Ancient Harvest	OG Quinoa Flakes			✓	✓	✓	
Arrowhead Mills	Instant Maple Buckwheat	✓	✓	✓	✓	✓	
Arrowhead Mills	Instant Quinoa & Oat	✓	✓	✓	✓	✓	
Arrowhead Mills	Rice & Shine Hot Cereal			✓	✓	✓	
Arrowhead Mills	Yellow/White Corn Grits			✓	✓	✓	
Bakery on Main	Instant Oatmeal- All Varieties			✓	✓	✓	
Bob's Red Mill	Certified GF Rolled Oats	✓		✓	✓	✓	
Bob's Red Mill	Certified GF Steel Cut Oats	✓		✓	✓	✓	
Bob's Red Mill	GF Corn Grits	✓		✓	✓	✓	
Bob's Red Mill	GF Mighty Tasty Hot Cereal	✓		✓	✓	✓	
Bob's Red Mill	GF Muesli	✓		✓	✓	✓	

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<b>Cereal - Hot</b>							
Bob's Red Mill	OG Brown Rice Farina	✓		✓	✓	✓	
Bob's Red Mill	OG Creamy Buckwheat	✓		✓	✓	✓	
Bob's Red Mill	OG Toasted Buckwheat (Kasha)	✓		✓	✓	✓	
Bob's Red Mill	Raw Buckwheat Groats	✓		✓	✓	✓	
Cream Of Rice	Cream Of Rice			✓	✓	✓	
Dr. McDougall's	Some Oatmeal Varieties			✓	✓	✓	
Glutenfreeda	Insant Oatmeal- All Varieties	✓		✓	✓	✓	
Love Grown Foods	Hot Oats - Some Varieties			✓	✓	✓	
Love Grown Foods	Super Oats - Some Varieties			✓	✓	✓	
Modern Oats	All Varieties	✓	✓	✓	✓	✓	
Nature's Path	GF Oatmeal - All Varieties		✓	✓	✓	✓	
On The Go Paleo	Hot Cereal - All Varieties			✓	✓	✓	
Pocono	Cream Of Buckwheat			✓	✓	✓	
Purely Elizabeth	All Varieties	✓	✓	✓	✓	✓	
TeeChia	Cranberry Apple/ Blueberry Date		✓	✓	✓	✓	
Udi's	Steel Cut Oats		✓	✓	✓	✓	
<b>Cheese</b>							
Belgioioso	All Cheeses					✓	✓
Point Reyes	All Cheeses					✓	✓
Redwood Hill Farms	Goat Cheese - All Varieties	✓				✓	✓
Rogue Creamery	Blue Cheeses					✓	✓
Tillamook	All Cheeses					✓	✓
<b>Cheese Spread</b>							
Rising Sun Farms	Artichoke Parm Spread	✓				✓	✓
Rising Sun Farms	Blue Cheese Spread	✓				✓	✓
Rising Sun Farms	Pesto Torta	✓				✓	✓
<b>Chips</b>							
Beanfields	Bean & Rice Chips - All Varieties		✓	✓	✓	✓	✓
Beanitos	Chips- All Varieties		✓			✓	✓
Cabo Loco	Tortilla Chips			✓	✓	✓	✓
Dirty Chips	Cracked Pepper			✓		✓	✓
Dirty Chips	Jalapeno Heat			✓	✓	✓	✓
Dirty Chips	Mesquite BBQ			✓	✓	✓	✓
Dirty Chips	Salt & Vinegar					✓	✓
Dirty Chips	Sea Salt			✓	✓	✓	✓
Dirty Chips	Sweet Potato			✓	✓	✓	✓
Earth Balance	Cheddar Kettle Chips			✓	✓	✓	✓

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<b>Chips</b>						
Earth Balance	Sour Cream & Onion Kettle Chips			✓	✓	✓
Flamous Organics	Falafel Chips		✓	✓	✓	✓
Food Should Taste Go	All Varieties		✓	✓		✓
Garden of Eatin'	Pico de Gallo			✓	✓	✓
Garden of Eatin'	Red Hot Blues			✓	✓	✓
Garden of Eatin'	Sesame Blues			✓	✓	✓
Garden of Eatin'	Sprouted Blue Corn Chips			✓	✓	✓
Garden of Eatin'	Sweet Potato Corn Chips				✓	✓
Garden of Eatin'	Yellow/Blue Corn Chips			✓	✓	✓
Guiltless Gourmet	Baked Tortilla Chips		✓	✓	✓	✓
Inka Crops	Plantain Chips			✓	✓	✓
IPS	Aged White Cheddar					✓
IPS	BBQ					✓
IPS	Cinnamon			✓	✓	
IPS	Sea Salt & Black Pepper			✓	✓	
Juanita's	Tortilla Chips			✓		✓
Kettle Brand	Potato Chips - CL for allergens		✓		✓	✓
La Rosa	Tortilla Chips			✓	✓	✓
Late July	Chia & Quinoa Tortilla Chips			✓	✓	✓
Late July	Dude Ranch				✓	✓
Late July	Mild Green Mojo				✓	✓
Late July	Red Hot Mojo			✓	✓	✓
Late July	Sea Salt By The Seashore			✓	✓	✓
Late July	Sea Salt Tortilla Chips			✓	✓	✓
Late July	Sub Lime			✓	✓	✓
Late July	Summertime Blues			✓	✓	✓
Late July	Sweet Potato			✓	✓	✓
Lay's	Classic Potato Chips			✓	✓	✓
Lundberg	Multigrain Chips - Some Varieties		✓	✓	✓	✓
Lundberg	Rice Chips - Some Varieties		✓	✓	✓	✓
Maya Kaimal	Chickpea Chips - All Varieties		✓	✓	✓	✓
Mediterranean Snack	Baked Lentil Chips - Pepper		✓		✓	✓
Mediterranean Snack	Baked Lentil Chips - Sea Salt		✓	✓	✓	✓
Mission	Corn Tortilla Chips			✓	✓	✓
Natural Directions	Corn Tortilla Chips			✓	✓	✓
Ocean's Halo	Seaweed Chips - All Varieties			✓		✓
Que Pasa	Corn Chips - All Flavors		✓	✓	✓	✓

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<b>Chips</b>						
Simply 7	Quinoa Chips - Barbeque			✓	✓	✓
Simply 7	Quinoa Chips - Cheddar			✓		✓
Simply 7	Quinoa Chips - Sour Cream			✓		✓
Simply Sprouted Way	Chips - All Flavors				✓	✓
Terra Chips	All Varieties				✓	✓
The Good Bean	Bean Chips - All Varieties		✓			✓
<b>Chocolate</b>						
Ah!Laska	Chocolate Syrup				✓	✓
Alter Eco Fair Trade	OG Bars - Most Varieties				✓	✓
Chocolate Dream	Chocolate Bars - All Varieties				✓	✓
Chocolate Millenium	Vegan Chocolate Sauce (SL)					✓
Dagoba	OG Conacado Dark Chocolate				✓	✓
Dagoba	OG Dark Chocolate Bars (SL)				✓	✓
Dream	Chocolate Dream - Bars & Chips				✓	✓
Endangered Species	Dark Chocolate Bars (SL)			✓		✓
Endangered Species	Dark Chocolate Bites - Bug Bites			✓		✓
Green & Blacks	Chocolate Bars - Some Varieties					✓
Holy Kakow	Agave Chocolate Syrup				✓	✓
Holy Kakow	Cacao Powder				✓	✓
Missionary Chocolates	Chocolates - All Varieties (SL)				✓	✓
Santa Cruz Organic	Chocolate Syrup				✓	✓
Stirs The Soul	OG Raw Chocolates - All Varieties	✓			✓	✓
Wax Orchards	Chocolate Sauce - All Varieties				✓	✓
<b>Condiments - BBQ Sauce</b>						
Annie's Naturals	OG Original BBQ Sauce				✓	✓
Annie's Naturals	OG Smoky Maple BBQ Sauce				✓	✓
Annie's Naturals	OG Sweet & Spicy BBQ Sauce				✓	✓
Big Tony Brown	BBQ Sauce				✓	✓
Culinary Twist	Bora Bora Grilling Sauce				✓	✓
J. Wilbur	Hickory BBQ Sauce				✓	✓
J. Wilbur	Spicy Hickory BBQ Sauce				✓	✓
JD's "Smokin' Slow"	BBQ Sauce				✓	✓
JD's "Smokin' Slow"	Spicy BBQ Sauce				✓	✓
KC Masterpiece	BBQ Sauce				✓	✓
KC Masterpiece	Hickory Brown Sugar				✓	✓
KC Masterpiece	Marinade - Some Varieties				✓	✓
Mr. Brown's BBQ	Lemon Honey Pepper Sauce				✓	✓

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<b>Condiments - BBQ Sauce</b>							
Mr. Brown's BBQ	Original BBQ Sauce			✓	✓	✓	
Organicville	OG BBQ Sauce - All Varieties		✓	✓			✓
Slick's Big Time	Snake River Stampede Whiskey						
Stubb's	Beef Marinade		✓	✓			✓
Stubb's	Chicken Marinade		✓	✓			✓
Stubb's	Hickory Bourbon BBQ		✓	✓	✓	✓	
Stubb's	Honey Peach BBQ Sauce		✓	✓	✓	✓	
Stubb's	Moppin' Sauce		✓	✓			✓
Stubb's	Original BBQ		✓	✓	✓	✓	
Stubb's	Pork Marinade		✓	✓			✓
Stubb's	Smokey Mesquite		✓	✓	✓	✓	
Stubb's	Spicy		✓	✓	✓	✓	
Stubb's	Texas Steakhouse Marinade		✓	✓	✓	✓	
Stubb's	Wing Sauce		✓	✓	✓	✓	
Sweet Baby Ray's	BBQ Sauces			✓	✓	✓	
Sweetfire	BBQ Sauce			✓	✓	✓	
Walden Farms	BBQ Sauce - All Varieties			✓	✓	✓	
<b>Condiments - Hot Sauce</b>							
A Taste of Thai	Garlic Chili Sauce			✓	✓	✓	
A Taste of Thai	Sweet Chili Sauce			✓	✓	✓	
Arizona Pepper's	Chipotle Habanero Pepper Sauce			✓	✓	✓	
Arizona Pepper's	Habanero Pepper Sauce			✓	✓	✓	
Arizona Pepper's	Jalapeno Pepper Sauce			✓	✓	✓	
Brother Bru Bru's	African Hot Pepper Sauce			✓	✓	✓	
Brother Bru-Bru's	Hot Pepper Sauce			✓	✓	✓	
Dave's Gourmet	Hurtin Habanero			✓	✓	✓	
Dave's Gourmet	Insanity Sauce			✓	✓	✓	
Edward & Sons	The Wizard Hot Sauce			✓	✓	✓	
Melinda's	Extra Hot Sauce			✓	✓	✓	
Melinda's	Hot Sauce			✓	✓	✓	
Melinda's	XXXtra Hot Sauce			✓	✓	✓	
O'Brother That's Hot	OG Hot Sauce - All Flavors			✓	✓	✓	
Organicville	OG Chili Sauce		✓	✓	✓	✓	
Organicville	Sky Valley - Sriracha		✓	✓	✓	✓	
Pickapeppa	Hot Sauce - All Varieties			✓	✓	✓	
Thai and True	Sarachee Hot Sauce			✓	✓	✓	
Trappey's	Louisiana Brand Hot Sauce			✓	✓	✓	

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<b>Condiments - Ketchup</b>							
Dulcet Cuisine	All Varieties			✓	✓	✓	
Heinz	Ketchup - Some Varieties			✓	✓	✓	
Melinda's	Habanero Ketchup			✓	✓	✓	
Organicville	OG Ketchup - All Varieties		✓	✓	✓	✓	
Portlandia Foods	OG Ketchup			✓	✓	✓	
Sir Kensington's	All Varieties		✓	✓	✓	✓	
Steve's Paleo Goods	Ketchup			✓	✓	✓	
<b>Condiments - Mayonnaise</b>							
Best Foods	Mayonnaise			✓			
Follow Your Heart	Vegeaise - All Varieties			✓			✓
Hampton Creek	Just Mayo - All Varieties			✓	✓	✓	
Miso Mayo	Miso Mayonnaise - Original			✓			✓
Primal Kitchen	Mayo with Avocado Oil			✓	✓		
Sir Kensington's	All Varieties		✓	✓	✓		
The Ojai Cook	Cha Cha Chipotle Lemonaise			✓	✓		
The Ojai Cook	Green Dragon Lemonaise			✓			
The Ojai Cook	Lemonaise			✓	✓		
The Ojai Cook	Lemonaise Light			✓	✓		
<b>Condiments - Miscellaneous</b>							
A1	Steak Sauce			✓	✓	✓	
Beaver Brand	Horseradish- All Varieties		✓	✓			✓
Best Foods	Tarter Sauce			✓			
Bragg	Liquid Aminos			✓			✓
Bubbies	Kosher Dill Relish			✓	✓	✓	
Bubbies	Prepared Horseradish			✓	✓	✓	
Café Yumm	Yumm Sauce - All Varieties			✓			✓
Captain Toadies	Classic Cocktail Sauce					✓	✓
Captain Toadies	Hardy Horseradish					✓	
Captain Toadies	Tasty Tartar Sauce					✓	
Captain Toadies	Tasty Tartar Sauce with Dill					✓	
Cardamom Hills Tradi	Chutney (Apple, Tomato, Apricot)			✓	✓	✓	
Coconut Secret	Coconut Aminos		✓	✓	✓	✓	
Coconut Secret	Raw Coconut Vinegar		✓	✓	✓	✓	
Ethnic Deli	Black Olive Spread			✓			✓
Heinz	Chili Sauce			✓	✓	✓	
Heinz	Original Cocktail Sauce			✓			✓
Heinz	Traditional Steak Sauce			✓			✓

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<b>Condiments - Miscellaneous</b>						
Howling Sun	Beef Fire			✓	✓	✓
Howling Sun	Chicken Fire			✓	✓	✓
Howling Sun	Pork Fire			✓	✓	✓
Inglehoffer	Cream Style Horseradish		✓	✓		
Inglehoffer	Wasabi Horseradish		✓	✓		
Lea & Perrin's	Worchestershire Sauce			✓	✓	✓
Meditalia	Tapenade- All Varieties			✓		✓
Mezzetta	Pickled Vegetables - All Varieties			✓	✓	✓
Oregon Growers	Chutney - Some Varieties			✓	✓	✓
Oregon Growers	Spreads - Some Varieties			✓	✓	✓
Pacific Foods	Cranberry Sauce			✓	✓	✓
Pike Pier Fisherman	Cocktail Sauce				✓	✓
Pike Pier Fisherman	Tarter Sauce				✓	
Steve's Paleo Goods	Steak Sauce			✓	✓	✓
Steve's Paleo Goods	Wing Sauce			✓	✓	✓
Sweet Creek	Pickled Vegetables - All Varieties			✓	✓	✓
Terrapin Ridge Farms	Spicy Chipotle - Garnishing Sauce			✓	✓	
The Ginger People	Ginger Chili Sauce			✓	✓	✓
The Ginger People	Ginger Lemongrass Sauce			✓	✓	✓
The Ojai Cook	Bite Back Tarter Sauce			✓		
Tillen Farms	Pickled Vegetables			✓	✓	✓
Viana	Creamy Sunflower Spreads			✓	✓	✓
<b>Condiments - Mustard</b>						
Annie's Naturals	OG Mustard - All Varieties			✓	✓	✓
Dulcet Cuisine	Mustard - All Varieties			✓	✓	✓
Organicville	OG Mustard - All Varieties		✓	✓	✓	✓
Portlandia Foods	OG Mustard			✓	✓	✓
Sir Kensington's	All Varieties		✓	✓	✓	✓
Woodstock	Mustards			✓	✓	✓
<b>Condiments - Sauerkraut</b>						
Bubbies	Sauerkraut			✓	✓	✓
Farmhouse Culture	Kraut- All Varieties			✓	✓	✓
It's Alive	Sauerkraut - All Varieties			✓	✓	✓
King's	Kimchi - Regular & Spicy			✓	✓	✓
Olykraut	Sauerkraut - All Varieties			✓	✓	✓
Rejuvenative Foods	Raw Sauerkraut			✓	✓	✓
<b>Cookies</b>						

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<b>Cookies</b>						
Amy's	GF Shortbread - All Varieties (SL)					✓
Annie's Homegrown	GF Bunny Cookies			✓		✓
Cappello's	Chocolate Chip Cookie Dough			✓	✓	✓
Eat Pastry	GF Chocolate Chip Cookie Dough		✓	✓		✓
Edward & Sons	GF Dessert Bowls (SL)			✓		✓
Edward & Sons	GF Ice Cream Cones			✓	✓	✓
Edward & Sons	GF Waffle Ice Cream Cones			✓	✓	✓
Enjoy Life Foods	Cookies - All Varieties	✓	✓	✓	✓	✓
Glutino	Chocolate Chip	✓				
Glutino	Chocolate Vanilla Crème Cookies	✓				
Glutino	Double Chocolate Chip	✓				
Glutino	GF Chocolate Dream Bites	✓		✓		
Glutino	GF Vanilla Dream Bites	✓		✓		
Glutino	GF Wafer Bites - Chocolate	✓				✓
Glutino	GF Wafer Bites - Hazelnut	✓				✓
Glutino	GF Wafer Bites - Lemon	✓				
Glutino	GF Wafer Cookies - Milk Choc	✓				
Glutino	GF Wafer Cookies - Vanilla	✓				✓
Glutino	Vanilla Crème Cookies	✓				
GoRaw	Cookies - All Varieties	✓	✓	✓	✓	✓
Immaculate	Cookie Dough- All Varieties		✓	✓		
Jennies	Macaroons - All Varieties		✓	✓	✓	
Kinnikinnick Foods	KinniKritters Animal Cookies (SL)	✓		✓		✓
Kinnikinnick Foods	KinniKritters Graham Cracker (SL)	✓		✓		✓
Kinnikinnick Foods	KinniToos Sandwich Crème (SL)	✓		✓		✓
Kinnikinnick Foods	Montana's Chocolate Chip Cookie	✓		✓		
Laughing Giraffe Orga	Raw Macaroons - All Varieties	✓	✓	✓	✓	✓
Lucy's	Cookies - All Varieties	✓	✓	✓		✓
Mary's Gone Crackers	Cookies - All Varieties	✓	✓	✓		✓
Mi-Del	GF Arrowroot Animals					
Mi-Del	GF Cinnamon Snaps			✓		✓
Mi-Del	GF Gingersnaps			✓		
Mi-Del	GF Mini Chocolate Chip					
Mi-Del	GF Pecan Flavored Cookies					
Mi-Del	GF/DF Sandwich Cookies			✓		
Mrs. Crimble's	Chocolate Macaroons (SL)					
Mrs. Crimble's	Coconut Macaroons					✓

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<b>Cookies</b>							
My Dad's Cookies	Black & White		✓	✓			
My Dad's Cookies	Chocolate Fancy		✓	✓			
My Dad's Cookies	Chocolate Sandwich		✓	✓	✓		
My Dad's Cookies	Chocolatta (SL)		✓	✓			
My Dad's Cookies	Cranergy Biscotti		✓	✓	✓		
My Dad's Cookies	Raspberry Linzer		✓	✓	✓		
Nairn's	Oatmeal & Raisin Cookies	✓	✓		✓	✓	
Nairn's	Oatmeal Grahams Cookies	✓	✓		✓	✓	
Nana's	GF Classic Cookies - All Varieties		✓	✓	✓	✓	
Nana's	GF Cookie Bars - All Varieties		✓	✓	✓	✓	
Nana's	GF Cookie Bites - All Varieties		✓	✓	✓	✓	
Pamela's Products	Biscotti - All Varieties	✓	✓		✓		
Pamela's Products	Cookies - All Varieties	✓	✓		✓		
Pamela's Products	Figgies & Jammies - All Varieties	✓	✓		✓	✓	
Pamela's Products	Shortbread - All Varieties	✓	✓		✓	✓	
Portland Paleo	Chocolate Chip			✓	✓	✓	
Portland Paleo	Double Chocolate			✓	✓	✓	
Real and Worthful	Chcocolate Coconut Macaroons			✓	✓	✓	
Real and Worthful	Coconut Macaroons			✓	✓	✓	
Two Moms in the Raw	Almond Butter Cacao Truffle		✓	✓	✓	✓	
Udi's	Soft-baked Cookies- All Varieties		✓				
Wonderfully Raw	Coco-Roons - All Varieties			✓	✓	✓	
WOW Baking Co.	Check label for other allergens	✓	✓				
<b>Crackers</b>							
Absolutely	Original Flatbread		✓	✓	✓		
Absolutely	Toasted Onion Flatbread		✓	✓	✓		
Back to Nature	GF Multi-Seed		✓	✓	✓	✓	
Back to Nature	GF Sea Salt & Pepper Crackers		✓	✓	✓	✓	
Back to Nature	Rice Thin - Sesame Seed		✓	✓	✓	✓	
Back to Nature	Rice Thin - White Cheddar		✓		✓	✓	
Betty Lou's	Oregon Crackers	✓	✓	✓	✓	✓	
Blue Diamond	Nut Thins - Almond				✓	✓	
Blue Diamond	Nut Thins - BBQ			✓	✓	✓	
Blue Diamond	Nut Thins - Cheddar Cheese					✓	
Blue Diamond	Nut Thins - Country Ranch (SL)					✓	
Blue Diamond	Nut Thins - Hazelnut				✓	✓	
Blue Diamond	Nut Thins - Hint of Sea Salt				✓	✓	

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<b>Crackers</b>							
Blue Diamond	Nut Thins - Pecan				✓	✓	
Blue Diamond	Nut Thins - Smokehouse			✓		✓	
Crunchmaster	Multit-Seed - Original	✓	✓	✓		✓	
Crunchmaster	Multi-Seed - Rosemary & Olive Oil	✓	✓			✓	
Curny Crisps	Curny Crisps			✓	✓	✓	
Doctor in the Kitchen	Flackers - All Varities			✓	✓	✓	
Edward & Sons	Black Sesame Rice Snaps			✓		✓	
Edward & Sons	Cheddar Rice Snaps				✓	✓	
Edward & Sons	Exotic Rice Toast - All Varieties			✓		✓	
Edward & Sons	Onion Garlic Rice Snaps			✓	✓	✓	
Edward & Sons	Tamari Seaweed Rice Snaps			✓		✓	
Edward & Sons	Tamari Sesame Rice Snaps			✓		✓	
Edward & Sons	Toasted Onion Rice Snaps			✓	✓	✓	
Edward & Sons	Unsalted Sesame Rice Snaps			✓	✓	✓	
Edward & Sons	Vegetable Rice Snaps			✓	✓	✓	
Food Should Taste Go	Roasted Red Pepper Brown Rice	✓	✓	✓	✓	✓	
Glutino	Cheddar Crackers	✓			✓		
Glutino	GF Table Crackers	✓		✓			
Glutino	Multigrain Crackers	✓		✓	✓		
Glutino	Original Crackers	✓		✓	✓		
Glutino	Rosemary Olive Oil Crackers	✓				✓	
Glutino	Sea Salt Crackers	✓				✓	
Glutino	Vegetable Crackers	✓		✓	✓		
It's Alive	Sprouted Crackers - All Varieties			✓	✓	✓	
Koyo	OG Rice Chips / Crackers			✓		✓	
Livin' Spoonful	Sprouted Crackers - All Varieties			✓	✓	✓	
Luke's	Multigrain & Seed Crackers	✓		✓	✓	✓	
Mary's Gone Crackers	Crackers - All Varieties	✓	✓	✓		✓	
Mediterranean Snack	Lentil Crackers - Rosemary Herb		✓			✓	✓
Mediterranean Snack	Lentil Crackers - Sea Salt		✓	✓	✓	✓	
More Than a Cracker	No Nut Vegan			✓	✓	✓	
More Than a Cracker	Vegan Herb			✓	✓	✓	
Raincoast Crisps	Raincoast Oat Crisps				✓	✓	
Roland	Rice Crackers - All Varieties			✓		✓	
San-J	Rice Crackers - All Varieties		✓	✓		✓	
Sesmark	Rice Thins - Brown Rice			✓	✓	✓	
Sesmark	Rice Thins - Cheddar (SL)					✓	

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<b>Crackers</b>						
Sesmark	Rice Thins - Sesame			✓		✓
Sesmark	Rice Thins - Teriyaki			✓		✓
Sesmark	Savory Rice Thins - Original			✓	✓	✓
Sesmark	Savory Rice Thins - Teriyaki			✓		✓
Sesmark	Savory Rice Thins - Toasted Onion			✓		✓
Two Moms in the Raw	Sea Crackers - All Varieties		✓	✓	✓	✓
Wellaby's	All Varieties	✓	✓			✓
<b>Dips</b>						
Café Yumm	Yumm Sauce - All Flavors			✓		✓
Cause & Effects Foods	Kale Garden Fusions Kale Dip Mix			✓	✓	✓
De Casa	Black Bean Dip			✓	✓	✓
De Casa	Mexicali Bean Dip			✓	✓	✓
Desert Pepper	Black Bean Dip			✓	✓	✓
Eat Well	Edamame Spread			✓	✓	✓
Eat Well	White Bean Hummus w/ Pine Nut				✓	✓
Eat Well	White Bean Roasted Garlic				✓	✓
Eat Well	Yellow Lentil Hummus			✓	✓	✓
Emerald Valley	OG Black Bean Dip				✓	✓
Emerald Valley	OG Hummus			✓	✓	✓
Emerald Valley	OG Olive & Garlic Hummus			✓	✓	✓
Emerald Valley	OG Red Pepper Hummus				✓	✓
Emerald Valley	OG Spinach Feta Hummus				✓	✓
Emerald Valley	OG Three Bean Dip Mild				✓	✓
Great Cedar	Hummus - All Varieties			✓		✓
Hidden Valley	Buttermilk Ranch Mix					✓
Hidden Valley	Ranch Mix					✓
Hope Foods	Hummus- All Varieties		✓	✓	✓	✓
Litehouse	Garden Ranch Dip					✓
Litehouse	Ranch Dip					✓
Love & Hummus	All Varieties			✓	✓	✓
Mariam Foods	Black Lentil & Curry			✓	✓	✓
Mariam Foods	Black Lentil & Jalapeno			✓	✓	✓
Mariam Foods	Yellow Lentil & Sriracha			✓	✓	✓
Safah's Mediterranean	Baba Ghannouj		✓	✓	✓	✓
Safah's Mediterranean	Garlic Sauce		✓	✓	✓	✓
Safah's Mediterranean	Hummus		✓	✓	✓	✓
Simply Organic	Black Bean		✓	✓	✓	✓

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<b>Dips</b>						
Simply Organic	Chipotle Black Bean			✓	✓	✓
Simply Organic	Creamy Dill			✓	✓	✓
Simply Organic	French Onion			✓	✓	✓
Simply Organic	Fruit			✓	✓	✓
Simply Organic	Ranch			✓		✓
Simply Organic	Red Bean			✓	✓	✓
Simply Organic	Spinach			✓	✓	✓
Wholly Guacamole	OG & Classic Guacamole & Salsa			✓	✓	✓
<b>Frozen Breakfast Foods</b>						
Amy's	GF Tofu Scramble Wrap			✓		✓
Amy's	Hot Rice Cereal			✓	✓	✓
Amy's	OG Mexican Tofu Scramble					✓
Amy's	OG Tofu Scramb w/ Hash Browns			✓		✓
Applegate Farms	Breakfast Sausage - All Varieties			✓		✓
Beeler's	Sausage - All Varieties			✓	✓	✓
Garden Lites	Veggie Muffin - Carrot Berry	✓		✓	✓	
Ian's Natural Foods	Pancrepes			✓	✓	
Natural Directions	GF Homestyle Waffles		✓	✓		✓
Nature's Path	GF Waffles		✓	✓		✓
Shelton's	Turkey Breakfast Sausage Links			✓	✓	✓
Sol Cuisine	Veggie Breakfast Patties			✓		✓
Sorta Sausage	Breakfast Sorta Sausage			✓	✓	✓
Sunshine Burgers	Breakfast Patties - Hemp & Sage			✓	✓	✓
Van's	GF Waffles - Blue Labels		✓	✓	✓	✓
<b>Frozen Burritos</b>						
Amy's	GF / DF Burrito			✓	✓	✓
Amy's	GF Burrito					✓
Amy's	GF Indian Aloo Mattar Wrap			✓		✓
Amy's	GF Teriyaki Wrap			✓		✓
Evol	Chicken Burrito		✓	✓	✓	✓
Evol	Chicken Burrito & Guacamole		✓	✓	✓	✓
Evol	Shredded Beef Burrito		✓	✓	✓	✓
Glutenfreeda	GF Bean & Cheese Burrito	✓				✓
Glutenfreeda	GF Beef & Potato Burrito	✓				✓
Glutenfreeda	GF Chicken & Cheese Burrito	✓				✓
Glutenfreeda	GF Chicken Chipotle Burrito	✓				✓
Glutenfreeda	GF Vegetarian & Dairy-free Burrito	✓		✓		✓

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<b>Frozen Desserts</b>						
Amy's	GF Chocolate Cake			✓		✓
Antonina's Artisan Bak	Cakes & Cupcakes	✓	✓			
Bridge City Baking	Decaf Cappuccino Cheesecake	✓	✓		✓	
Bridge City Baking	Lemon Mist Cheesecake	✓	✓			
Bridge City Baking	Pie- All Varieties	✓	✓			✓
Bridge City Baking	Pumpkin Bourbon Cheesecake	✓	✓			✓
Bridge City Baking	Pumpkin Mousse	✓	✓			✓
Gluten Free Nation	Lemon Poundcake	✓				
Gluten Free Nation	Pumpkin Bread	✓		✓		
Gluten Free Nation	Vanilla/Chocolate Cupcakes	✓				
Good Pop	Banana Cinnamon				✓	✓
Good Pop	Chocolate Milk				✓	✓
Good Pop	Coldbrew Coffee				✓	✓
Good Pop	Hibiscus Mint			✓	✓	✓
Good Pop	Strawberry Lemonade			✓	✓	✓
Good Pop	Watermelon Agave			✓	✓	✓
Jolly Llama	Sorbet Pops - All Varieties			✓	✓	✓
Katz	Apple Pie	✓	✓	✓	✓	
Katz	Blueberry Pie	✓	✓	✓	✓	
Katz	Chocolate Frosted Donuts	✓	✓	✓	✓	
Katz	Powdered Donuts	✓	✓	✓	✓	
Kinnikinnick Foods	Donuts- All Varieties	✓		✓	✓	
Pure Market Express	Pie- All Varieties			✓	✓	✓
So Delicious	Coconut Whipped Topping		✓	✓	✓	✓
The Piping Gourmets	Whoopie Pie - All Varieties		✓	✓	✓	✓
Tru Whip	Whipped Topping					✓
<b>Frozen Desserts - Ice Cream</b>						
Ciao Bella	Gelato - Some Varieties				✓	✓
Groove Ice Cream San	Chocolate Chip Cookie	✓				
Groove Ice Cream San	Dark Chocolate Cookie	✓				
Groove Ice Cream San	Oatmeal Raisin Cookie	✓				
Groove Ice Cream San	Peanut Butter Cookie	✓				
Halo Top Creamery	Ice Cream - Some Varieties				✓	
Julie's OG Ice Cream	GF Ice Cream Sandwiches (SL)					
Lifeway	Frozen Kefir - All Varieties		✓		✓	✓
Magnolia Ice Cream	Milkbars - Some Varieties				✓	
Magnolia Ice Cream	Tropical - Some Varieties				✓	

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<b>Frozen Desserts - Ice Cream</b>						
Steve's Ice Cream	Blackberry Honey			✓	✓	✓
Steve's Ice Cream	Cold Brewed Cinnamon Coffee			✓	✓	✓
Steve's Ice Cream	Mexican Chili Chocolate				✓	✓
Steve's Ice Cream	Mint Cacao Chip			✓	✓	✓
Steve's Ice Cream	Salty Caramel				✓	✓
Steve's Ice Cream	Small Batch Bourbon Vanilla				✓	✓
Steve's Ice Cream	Strawberry Ricotta				✓	✓
Talenti	Gelato - Some Varieties					
Talenti	Gelato Pop - Some Varieties					
<b>Frozen Desserts - Non-Dairy Ice Cream</b>						
Amy's	Chocolate			✓		✓
Amy's	Mint Chocolate Chip			✓		✓
Amy's	Mocha Chocolate Chip			✓		✓
Amy's	Vanilla			✓	✓	✓
Ciao Bella	Sorbet - Some Varieties			✓	✓	✓
Dream	Almond - Some Varieties (SL)		✓	✓		✓
Dream	Almond - Vanilla Bars (SL)		✓	✓		✓
Dream	Almond Dream Bites (SL)		✓	✓		✓
Dream	Rice Dream - Assorted Flavors (S)		✓	✓		✓
Dream	Rice Dream Bites (SL)		✓	✓		✓
Dream	Soy Dream - Assorted Flavor (SL)		✓	✓		✓
Luna & Larry's	OG Coconut Bliss - All Flavors			✓	✓	✓
Luna & Larry's	OG Coconut Bliss Bars			✓	✓	✓
Mr. Dewie's	Cashew Milk Frozen Dessert			✓	✓	✓
So Delicious	Almond - Assorted Flavors (SL)		✓	✓		✓
So Delicious	Almond - Mini Bars - Assorted Fla		✓	✓		✓
So Delicious	Cashew - Assorted Flavors (SL)		✓	✓		✓
So Delicious	Coconut - Assorted Flavors (SL)		✓	✓		✓
So Delicious	Coconut - Mini Bars (SL)		✓	✓		✓
So Delicious	Soy - Assorted Flavors		✓	✓		✓
Steve's Ice Cream	Chocolate Salty Caramel			✓	✓	✓
Steve's Ice Cream	Mint Cacao Chip			✓	✓	✓
Steve's Ice Cream	Scotch Chocolate			✓	✓	✓
Talenti	Sorbetto - Assorted Flavors			✓		
Tofutti	Totally Fudge Pops			✓		✓
<b>Frozen Entrees</b>						
Amy's	Asian Noodle Stir-fry			✓		✓

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<b>Frozen Entrees</b>						
Amy's	Black Bean & Veg Enchiladas			✓		✓
Amy's	Black Bean Enchilada Meal			✓		✓
Amy's	Brown Rice & Black-Eyed Pea			✓		✓
Amy's	Brown Rice & Vegetable Bowl			✓		✓
Amy's	Cheese Enchilada Whole Meal				✓	✓
Amy's	Cheese Enchiladas				✓	✓
Amy's	GF / DF Vegetable Lasagna			✓		✓
Amy's	GF Baked Ziti Bowl			✓		✓
Amy's	GF Vegetable Pot Pie					✓
Amy's	GF, DF, SF Mac & Cheese			✓	✓	✓
Amy's	Indian Matar Paneer Meal				✓	✓
Amy's	Indian Palak Paneer Meal				✓	✓
Amy's	Indian Wrap			✓		✓
Amy's	Light & Lean - Bean & Cheese					✓
Amy's	Light & Lean - Roasted Polenta				✓	✓
Amy's	Light & Lean - Soft Taco Fiesta				✓	✓
Amy's	Light & Lean - Sweet & Sour Asian			✓		✓
Amy's	Light & Lean Quinoa & Beans			✓		✓
Amy's	Mexican Casserole Bowl				✓	✓
Amy's	Mexican Tamale Pie			✓	✓	✓
Amy's	Pad Thai			✓		✓
Amy's	Rice Macaroni & Cheese				✓	✓
Amy's	Santa Fe Enchilada Bowl					✓
Amy's	Shepherd's Pie			✓		✓
Amy's	Tamale Roasted Vegetable			✓	✓	✓
Amy's	Tamale Verde Black Bean			✓	✓	✓
Amy's	Tamale Verde Cheese				✓	✓
Amy's	Teriyaki Bowl			✓		✓
Amy's	Teriyaki Wrap			✓		✓
Amy's	Thai Red Curry Bowl			✓		✓
Amy's	Tortilla Casserole & Black Beans					✓
Amy's	Veggie Loaf w/ Mashed Potatoes			✓		✓
Blake's	OG GF Chicken Pot Pie				✓	✓
Blake's	OG GF Shepherd's Pie				✓	✓
Caesar's	Cheese Lasagna		✓		✓	
Caesar's	Manicotti		✓		✓	
Caesar's	Vegetable Lasagna		✓		✓	

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<b>Frozen Entrees</b>						
Conte's	GF Gnocchi			✓	✓	✓
Conte's	GF Spinach & Cheese			✓		✓
Dr. Praeger's	Broccoli Cakes			✓	✓	✓
Evol	Bean & Cheddar Enchilada Bake			✓		✓
Evol	Chicken Enchilada Bake			✓		✓
Evol	Chicken Quesadillas			✓		✓
Evol	Chicken Tikka Masala			✓		✓
Evol	Fire Grilled Steak Bowl			✓		✓
Evol	Lemongrass Chicken			✓	✓	✓
Evol	Smoked Gouda Mac & Cheese			✓		✓
Evol	Street Tacos-Shredded Chicken			✓		✓
Evol	Street Tacos-Sweet Potato			✓		✓
Evol	Street Tacos-Uncured Bacon			✓		✓
Evol	Teriyaki Chicken			✓	✓	
Evol	Thai Style Curry Chicken			✓	✓	✓
Evol	Uncured Bacon Mac & Cheese			✓		✓
Feel Good Foods	Chicken Dumplings			✓	✓	
Feel Good Foods	Shrimp Egg Rolls (SL)			✓	✓	
Feel Good Foods	Vegetable Dumplings			✓	✓	
Feel Good Foods	Vegetable Egg Rolls (SL)			✓	✓	
Garden Lites	Veggie Souffle - All Varieties	✓			✓	✓
Glutenfreeda	Parm & Asiago Cheese Flatbread	✓				
Glutenfreeda	Pizza Wrap - Italian Sausage	✓				✓
Glutenfreeda	Pizza Wrap - Pesto Chicken	✓				✓
Glutenfreeda	Pizza Wrap - Three Cheese	✓				✓
Glutenfreeda	Pocket Sandwich - Bacon & Eggs	✓				
Glutenfreeda	Pocket Sandwich - Ham & Ched	✓				✓
Glutenfreeda	Pocket Sandwich - Roast Beef	✓				✓
Glutino	Chicken Penne Alfredo	✓				✓
Glutino	GF Macaroni & Cheese	✓				✓
Ivy's Garden	Chicken Nuggets					✓
Ivy's Garden	Lemon Chicken				✓	✓
Ivy's Garden	Sweet & Sour Chicken				✓	✓
Lucky	GF Kale w/ Cranberries Spring Ro				✓	✓
Lucky	GF Original Spring Rolls				✓	✓
Lucky	GF Thai Style Spring Rolls				✓	✓
Saffron Road	Beef Bulgogi			✓	✓	✓



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<b>Frozen Entrees</b>						
Saffron Road	Bibimbop with Beef & Brown Rice		✓	✓		✓
Saffron Road	Bibimbop with Tofu & Brown Rice		✓	✓		✓
Saffron Road	Chicken Biryani		✓		✓	✓
Saffron Road	Chicken Pad Thai		✓	✓		✓
Saffron Road	Chicken Tikka Masala		✓		✓	✓
Saffron Road	Gochujang Chicken		✓	✓		✓
Saffron Road	Korean Style Taco w/ Chicken		✓	✓		✓
Saffron Road	Korean Taco w/ Tofu		✓	✓		✓
Saffron Road	Lamb Saag		✓		✓	✓
Saffron Road	Lamb Vindaloo		✓		✓	✓
Saffron Road	Lemongrass Basil Chicken		✓	✓		✓
Sukhi's	Chicken Biryani				✓	✓
Sukhi's	Lean Fare Chicken Tikka Masala				✓	✓
Sukhi's	Vegetable Biryani			✓		✓
Tres Latin Foods	Pupusas - Black Bean/Corn			✓	✓	✓
Tres Latin Foods	Pupusas - Green Chile/ Cheese				✓	✓
Tres Latin Foods	Pupusas - Pinto Bean/Cheese				✓	✓
Tres Latin Foods	Pupusas - Spinach/Cheese				✓	✓
Udi's	Broccoli & Kale Lasanga		✓		✓	
Udi's	Italian Sausage Lasanga		✓		✓	
Udi's	Penne & Cheese		✓		✓	✓
Udi's	Penne & Cheese with Bacon		✓		✓	✓
<b>Frozen Meat / Fish</b>						
Applegate Farms	GF Chicken Nuggets and Tenders		✓	✓	✓	✓
Applegate Farms	OG Beef Burgers			✓	✓	✓
Applegate Farms	OG Turkey Burgers			✓	✓	✓
Applegate Naturals	Chicken Breast Tenders		✓	✓	✓	✓
Applegate Naturals	Uncured Beef Corn Dogs		✓	✓		
Blue Horizon Wild	Alaskan Salmon Blue Cheese				✓	✓
Blue Horizon Wild	Alaskan Salmon Surf Burger			✓	✓	✓
Blue Horizon Wild	Pacific Tuna w/ Teriyaki Burg			✓		✓
Blue Horizon Wild	Salmon Cake Bites			✓		
Diestel	Turkey Burgers			✓	✓	✓
Dr. Praeger's	GF Fish Sticks/ Fillets		✓	✓	✓	
Henry & Lisa's	Battered Wild Alaskan Salmon			✓	✓	✓
Henry & Lisa's	Wild Alaskan GF Fish Nuggets			✓	✓	✓
Henry & Lisa's	Wild Alaskan Salmon Burgers			✓		✓

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<b>Frozen Meat / Fish</b>						
Henry & Lisa's	Wild Alaskan Salmon Teriyaki			✓		✓
Ian's Natural Foods	Allergen-free Chicken Nuggets			✓	✓	✓
Ian's Natural Foods	Allergen-free Fish Sticks			✓	✓	✓
Saffron Road	GF Chicken Nuggets		✓	✓	✓	✓
Saffron Road	GF Chicken Tenders		✓	✓	✓	✓
Shelton's	Turkey Italian Sausage			✓	✓	✓
Shelton's	Turkey Meatball			✓	✓	✓
Shelton's	Turkey Sausage Patties Links			✓	✓	✓
<b>Frozen Meat Alternatives</b>						
Go Fit	Vegetarian Meatballs			✓		
Helen's Kitchen	Organic Veggie Ground			✓		✓
Helen's Kitchen	Organic Veggie Italian Sausage			✓		✓
<b>Frozen Meatless Burgers</b>						
Amy's	Bistro Burger			✓		✓
Amy's	Sonoma Veggie Burger			✓	✓	✓
Chez Marie	Hearty Hemp Seeds			✓	✓	✓
Chez Marie	Marie's Homestyle				✓	
Chez Marie	Spicy Bean			✓	✓	✓
Chez Marie	Wholesome Harvest			✓	✓	✓
Chez Marie	Wow Mushroom				✓	
Dr. Praegers	GF Kale Veggie Burger		✓	✓	✓	✓
Dr. Praeger's	GF California Veggie Burger		✓	✓		✓
Go Fit	Protein Burger Patties			✓		
Health is Wealth	Sprouted Burger - All Varieties			✓		✓
Hilary's Eat Well	Veggie Burgers - All Varieties	✓	✓	✓	✓	✓
Qrunch	All Flavors and Varieties		✓	✓	✓	✓
Sol Cuisine	Original			✓		✓
Sol Cuisine	Spicy Black Bean			✓		✓
Sol Cuisine	Sprouted Quinoa Chia Burger			✓	✓	✓
Sorta Sausage	The Orignal Hemp Burger			✓	✓	✓
Sunshine Burgers	Sunshine Burgers - All Varieties			✓	✓	✓
<b>Frozen Pizza</b>						
Against the Grain	Pesto Pizza					
Against the Grain	Three Cheese Pizza					
Amy's	GF Roasted Vegetable No Chees			✓		✓
Amy's	Rice Crust Cheese Pizza					✓
Amy's	Spinach Rice Crust Pizza			✓		✓

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<b>Frozen Pizza</b>							
Chef Anthony Russo's	All Varieties					✓	✓
Conte's	Margherita Pizza		✓				
Conte's	Mushroom Florentine		✓				
Daiya	Cheese Lovers Pizza	✓		✓	✓	✓	
Daiya	Mushroom and Roasted Garlic	✓		✓	✓	✓	
Daiya	Pizza Margherita	✓		✓	✓	✓	
Glutino	Chicken with BBQ Sauce	✓					
Glutino	Duo Cheese	✓				✓	
Glutino	Uncured Pepperoni	✓				✓	
Smart Flour Foods	Classic Cheese		✓			✓	✓
Smart Flour Foods	Garden Margherita		✓			✓	✓
Smart Flour Foods	Uncured Pepperoni		✓			✓	✓
Stark Raving	Garlic Gourmet		✓				✓
Stark Raving	Three Cheese		✓				✓
Stark Raving	Uncured Pepperoni		✓				✓
Udi's	Pizza - All Varieties		✓				✓
<b>Frozen Potatoes</b>							
Dr. Praeger's	GF Sweet Potato Cakes		✓	✓	✓		
Earth's Best	Baked Broccoli & Cheese Nugget						✓
Earth's Best	Baked Sweet Potato Nuggets						✓
Hilary's Eat Well	Original Veggie Bites	✓	✓	✓	✓	✓	✓
Ore-Ida	Crispers - Some Varieties			✓			✓
Ore-Ida	Fries - Some Varieties			✓			✓
Ore-Ida	Hashbrowns - Some Varieties			✓			✓
Ore-Ida	Tator Tots - Some Varieties			✓			✓
Veggie Fries	Broccoli & Potatoes			✓	✓	✓	
Veggie Fries	Chickpea, Red Pepper & Potato			✓	✓	✓	
<b>Frozen Specialty Breads</b>							
Against the Grain	Original Baguette						
Against the Grain	Rosemary Baguette						
Amy's	Sandwich Rounds			✓	✓	✓	
Bavaria Mills	Dinner Rolls	✓		✓	✓		
Bridge City Baking	Biscuits	✓	✓				
Glutenfreeda	Artisan Flatbread	✓				✓	
Kim & Scott's	GF Bavarian Soft Pretzel			✓			
<b>Grab-N-Go</b>							
Great Cedar	Falafel with Garlic Tahini			✓			✓

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<b>Grab-N-Go</b>							
Great Cedar	GF Tabouleh					✓	✓
Great Cedar	Hummus Snack Cups					✓	✓
Great Cedar	Lebanese Lunch Box					✓	✓
Origami Catering	Cucumber & Avocado Sushi Roll					✓	✓
Origami Catering	OG WF Hoisin Sauce					✓	✓
Origami Catering	Oregon Sushi Roll					✓	✓
Origami Catering	Shrimp Salad Roll					✓	✓
Origami Catering	Spicy Tuna Sushi Roll					✓	✓
Origami Catering	Sweet Potato Noodles					✓	✓
Origami Catering	Tofu Salad Roll					✓	✓
<b>Grains</b>							
Alter Eco Fair Trade	Quinoa - All Varieties			✓	✓	✓	✓
Alter Eco Fair Trade	Rice - All Varieties			✓	✓	✓	✓
Ancient Harvest	OG Ancient Quinoa			✓	✓	✓	✓
Bob's Red Mill	Amaranth	✓				✓	✓
Bob's Red Mill	Quinoa	✓				✓	✓
Bob's Red Mill	Teff	✓				✓	✓
Fantastic	Rices					✓	✓
Jyoti Natural Foods	Rice - All Varieties					✓	✓
Lotus Foods	Rice - All Varieties					✓	✓
Lundberg	Rice - All Varieties			✓		✓	✓
Tru Roots	Germinated Brown Rice					✓	✓
Tru Roots	Sprouted Green Lentils					✓	✓
Tru Roots	Sprouted Mung Beans					✓	✓
Tru Roots	Sprouted Quinoa					✓	✓
<b>Gravy</b>							
Mayacamas	Gravy Mixes						✓
Pacific Foods	Vegan Mushroom Gravy					✓	✓
Road's End Organics	OG GF Gravy Mixes- All Varieties					✓	✓
Simply Organic	Brown Gravy Mix			✓	✓	✓	✓
Simply Organic	Chicken Gravy Mix			✓	✓	✓	✓
Simply Organic	Mushroom Sauce Mix			✓			✓
Simply Organic	Roasted Turkey Gravy Mix			✓	✓	✓	✓
Simply Organic	Vegetarian Brown Gravy Mix			✓	✓		✓
<b>International Foods - Asian</b>							
A Taste of Thai	Coconut Ginger Noodles					✓	✓
A Taste of Thai	Coconut Ginger Noodles					✓	✓

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A Taste of Thai	Coconut Ginger Rice			✓		✓
A Taste of Thai	Coconut Ginger Soup Base			✓		✓
A Taste of Thai	Garlic Basil Coconut Rice			✓		✓
A Taste of Thai	Garlic Chili Pepper Sauce			✓	✓	✓
A Taste of Thai	Pad Thai Noodles			✓		✓
A Taste of Thai	Pad Thai Sauce Mix			✓		✓
A Taste of Thai	Peanut Noodles			✓		✓
A Taste of Thai	Peanut Salad Dressing Mix			✓		✓
A Taste of Thai	Peanut Sauce			✓		✓
A Taste of Thai	Red Curry Noodles			✓		✓
A Taste of Thai	Red Curry Paste			✓	✓	✓
A Taste of Thai	Rice Noodles			✓	✓	✓
A Taste of Thai	Spicy Peanut Bake			✓		✓
A Taste of Thai	Sweet Red Chili Sauce			✓	✓	✓
Annie Chun's	Brown Sugar and Sea Salt			✓	✓	✓
Annie Chun's	Maifun - Rice Noodles			✓	✓	✓
Annie Chun's	Original Rice Noodles			✓	✓	✓
Annie Chun's	Pad Thai - Rice Noodles			✓	✓	✓
Annie Chun's	Pepper and Herb Seaweed			✓	✓	✓
Annie Chun's	Rice Express - All Varieties			✓	✓	✓
Annie Chun's	Roasted Seaweed Snacks			✓	✓	✓
Annie Chun's	Sprouted Brown Rice			✓	✓	✓
Annie Chun's	Wasabi Seaweed			✓	✓	✓
Annie Chun's	White Sticky Rice			✓	✓	✓
Happy Pho	Brown Rice Noodle Soup			✓	✓	✓
Happy Pho	Brown Rice Spring Roll Paper			✓	✓	✓
Keli's	Hawaiian Teriyaki Baste			✓		✓
Keli's	Polynesian Sweet-N-Sour			✓	✓	✓
Kikkoman	Gluten-Free Soy Sauce		✓	✓		✓
Kikkoman	Gluten-Free Tamari Sauce		✓	✓		✓
Lee Kum Kee	Chili Oil			✓	✓	✓
Lee Kum Kee	GF Hoisin Sauce			✓		✓
Lee Kum Kee	Gold Label Plum Sauce			✓	✓	✓
Lee Kum Kee	Sriracha Chili Sauce			✓	✓	✓
Lee Kum Kee	Sriracha Mayo			✓		
Lotus Foods	Rice Ramen - All Varieties			✓	✓	✓
Lotus Foods	Rice Ramen with Miso Soup			✓		✓

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<b>International Foods - Asian</b>						
Mr. Mobley's	WF/GF Tahini Sauce			✓		✓
Nakano	Rice Vinegars - All Varieties			✓	✓	✓
Ohsawa	OG GF Tamari Soy Sauce			✓		✓
Organicville	OG Teriyaki - All Varieties		✓	✓		✓
Premier Japan	OG WF Hoisin Sauce			✓		✓
Premier Japan	OG WF Teriyaki Sauce			✓		✓
Red Boat	Fish Sauce	✓		✓	✓	✓
Saffron Road	Simmer Sauce - Korean Stir Fry		✓	✓		✓
Saffron Road	Simmer Sauce - Thai Red Curry		✓	✓	✓	✓
San-J	Cooking Sauce - All Varieties		✓	✓		✓
San-J	Instant Soup Packet - All Varieties		✓	✓		✓
San-J	Tamari Sauce - All Varieties		✓	✓		✓
Sea Snax	Seaweed Salad Mix			✓	✓	✓
Sensei	Sensei Sauce			✓		✓
Sharwood's	Chinese Cooking Sauces					✓
Sharwood's	Thai Cooking Sauces					✓
Simply Asia	Rice Noodle Soup Bowl					✓
Simply Asia	Singapore Street Noodles					✓
Snap Dragon	Garlic Vietnamese Pho			✓		✓
Snap Dragon	Hong Kong Hot & Sour Soup					✓
Snap Dragon	Indonesian Peanut Rice Noodle			✓	✓	✓
Snap Dragon	Mushroom Vietnamese Pho			✓		✓
Snap Dragon	Pad Thai Ginger			✓		✓
Snap Dragon	Saigon Style Vietnamese Pho					
Snap Dragon	Vegetable Vietnamese Pho			✓		✓
Snap Dragon	Vietnamese Fresh Spring Roll Kit					
Sun Luck	Chinese Five Spice			✓	✓	✓
Sun Luck	Hoisin Sauce			✓		✓
Sun Luck	Plum Sauce			✓		✓
Sun Luck	Sweet & Sour Sauce			✓	✓	✓
Tasty Bite	Simmer Sauce - Pad Thai			✓	✓	✓
Thai Kitchen	Bangkok Curry Noodles					✓
Thai Kitchen	Coconut Ginger Soup			✓	✓	✓
Thai Kitchen	Coconut Milk - Classic / Lite			✓	✓	✓
Thai Kitchen	Fish Sauce			✓	✓	✓
Thai Kitchen	Ginger Sweet Chili Rice Noodles			✓		✓
Thai Kitchen	Green Chili Garlic Rice Mix					✓

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<b>International Foods - Asian</b>						
Thai Kitchen	Green Curry Paste			✓	✓	✓
Thai Kitchen	Lemongrass & Ginger					✓
Thai Kitchen	Mushroom Medley Rice Noodle			✓		✓
Thai Kitchen	OG Coconut Milk - Classic / Lite			✓	✓	✓
Thai Kitchen	Pad Thai Sauce			✓		✓
Thai Kitchen	Peanut Satay Sauce			✓		✓
Thai Kitchen	Plum Sauce			✓	✓	✓
Thai Kitchen	Red Curry Paste			✓	✓	✓
Thai Kitchen	Rice Noodle Cart - Pad Thai			✓		✓
Thai Kitchen	Rice Noodle Cart - Tangy Lemon			✓		✓
Thai Kitchen	Rice Noodle -Spicy Thai Basil					✓
Thai Kitchen	Rice Noodle -Sweet Citrus Ginger					✓
Thai Kitchen	Rice Noodle -Thai Peanut				✓	✓
Thai Kitchen	Roasted Garlic & Chili Rice Mix			✓		✓
Thai Kitchen	Roasted Garlic Rice Noodle Bowl			✓		✓
Thai Kitchen	Roasted Red Chili Paste			✓		✓
Thai Kitchen	Spring Onion Rice Noodle Bowl			✓		✓
Thai Kitchen	Stir-Fry Noodles			✓	✓	✓
Thai Kitchen	Sweet Chili & Onion Rice Mix					✓
Thai Kitchen	Sweet Red Chili Sauce			✓	✓	✓
Thai Kitchen	Thai Basil & Chili Rice Noodles			✓	✓	✓
Thai Kitchen	Thai Ginger Rice Noodle Bowl					✓
Thai Kitchen	Thai Peanut Stir Fry Noodle Meal			✓		✓
Thai Kitchen	Thai Yellow Curry Jasmine Rice					✓
Thai Kitchen	Thin Rice Noodles			✓	✓	✓
Thai Kitchen	Tom Yum Hot & Sour Soup Mix			✓		✓
Thai Kitchen	Wide Style Noodles			✓	✓	✓
The Ginger People	Hot Ginger Jalapeno			✓	✓	✓
The Ginger People	Sweet Ginger Chili			✓	✓	✓
Wendell's	Teriyaki Sauce			✓		✓
Zena's Sass	Sassy Almond - Sesame Sauce			✓		✓
Zena's Sass	Sassy Peanut - Sesame Sauce			✓		✓
<b>International Foods - Indian</b>						
A Taste of India	Masala Rice & Lentils			✓		✓
A Taste of India	Spiced Rice with Raisins					✓
Jyoti Natural Foods	Channa Dal				✓	✓
Jyoti Natural Foods	Dal Makhani Soup				✓	✓

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<b>International Foods - Indian</b>						
Jyoti Natural Foods	Delhi Saag Spinach Greens			✓		✓
Jyoti Natural Foods	Jaipur Kahri Potato Dumplings					✓
Jyoti Natural Foods	Madras Sambar			✓		✓
Jyoti Natural Foods	Masala Chhole					✓
Jyoti Natural Foods	Matar-Paneer					✓
Jyoti Natural Foods	Mung Dal				✓	✓
Jyoti Natural Foods	Punjabi Chhole			✓		✓
Jyoti Natural Foods	Saag Paneer				✓	✓
Maya Kaimal	Butter Masala				✓	✓
Maya Kaimal	Classic Korma				✓	✓
Maya Kaimal	Coconut Curry			✓	✓	✓
Maya Kaimal	Goan Coconut Curry			✓	✓	✓
Maya Kaimal	Kashmiri Curry			✓	✓	✓
Maya Kaimal	Madras Curry			✓	✓	✓
Maya Kaimal	Spinach Saag				✓	✓
Maya Kaimal	Tamarind Curry			✓	✓	✓
Maya Kaimal	Tikka Masala				✓	✓
Maya Kaimal	Vindaloo			✓	✓	✓
Mayacamas	Demi-Glace			✓		✓
Mayacamas	Hollandaise Sauce				✓	
Muruku	Tasty Southern Indian Tidbits			✓	✓	✓
Patak's	Curry Paste - All Varieties			✓	✓	✓
Patak's	Major Grey			✓	✓	✓
Patak's	Mango Chutney			✓	✓	✓
Patak's	Simmer Sauce - Jalfrezi Curry			✓	✓	✓
Patak's	Simmer Sauce - Tikka Masala				✓	✓
Saffron Road	Simmer Sauce - Harissa		✓	✓	✓	✓
Saffron Road	Simmer Sauce - Korma		✓		✓	✓
Saffron Road	Simmer Sauce - Lemongrass		✓	✓		✓
Saffron Road	Simmer Sauce - Moroccan (SL)		✓	✓		✓
Saffron Road	Simmer Sauce - Rogan Josh		✓	✓		✓
Saffron Road	Simmer Sauce - Tikka Masala		✓			✓
Seeds of Change	Simmer Sauces - Some Varieties					✓
Sharwood's	Indian Cooking Sauces					✓
Tasty Bite	Agra Peas & Greens				✓	✓
Tasty Bite	Beans Masala & Basmati Rice				✓	✓
Tasty Bite	Bengal Lentils Entrée			✓	✓	✓

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<b>International Foods - Indian</b>						
Tasty Bite	Bombay Potatoes			✓	✓	✓
Tasty Bite	Ginger Lentil Rice			✓	✓	✓
Tasty Bite	Jaipur Vegetables				✓	✓
Tasty Bite	Jodhpur Lentils				✓	✓
Tasty Bite	Kashmir Spinach				✓	✓
Tasty Bite	Kerala Vegetables			✓	✓	✓
Tasty Bite	Madras Lentils				✓	✓
Tasty Bite	Massaman Vegetables			✓	✓	✓
Tasty Bite	Meal Inspirations - Chunky Chick			✓	✓	✓
Tasty Bite	Meal Inspirations - Lentil Magic			✓	✓	✓
Tasty Bite	Meal Inspirations - Snappy Soya			✓		✓
Tasty Bite	Meal Inspirations - Zesty Lentils			✓	✓	✓
Tasty Bite	Paneer Makhani				✓	✓
Tasty Bite	Peas Paneer				✓	✓
Tasty Bite	Punjab Eggplant			✓	✓	✓
Tasty Bite	Satay Vegetables			✓	✓	✓
Tasty Bite	Simmer Sauce - Good Korma			✓	✓	✓
Tasty Bite	Simmer Sauce - Rogan Josh			✓	✓	✓
Tasty Bite	Simmer Sauce - Satay Partay			✓	✓	✓
Tasty Bite	Simmer Sauce - Tikka Masala				✓	✓
Tasty Bite	Spinach Dal & Basmati Rice			✓	✓	✓
Tasty Bite	Sprouts Curry & Basmati Rice				✓	✓
Tasty Bite	Tandoori Rice				✓	✓
Tasty Bite	Tehari Herb Rice				✓	✓
<b>International Foods - Jewish</b>						
Gefen	GF Wide & Elbow Noodles		✓	✓	✓	
Streit's	GF Chocolate and Vanilla Cake Mi		✓	✓	✓	✓
Streit's	GF Matzo Ball Mix		✓	✓	✓	✓
Streit's	GF Matzo Ball Soup Mix		✓	✓	✓	✓
<b>International Foods - Mexican</b>						
Barcelona's	Sauces - All Varieties		✓	✓	✓	✓
Bunches & Bunches	Green Fire Roasted Chile Sauce			✓	✓	✓
Bunches & Bunches	Red Chilaca Mole Sauce (SL)					✓
Bunches & Bunches	Smoked Oaxacan Mole Sauce			✓	✓	✓
Gaicho Ranch	Chimichurri - Hot & Original			✓		✓
Hatch	Enchilada Sauce- All Varieties		✓	✓		✓
Pacific Foods	Salsa Con Queso				✓	✓

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<b>International Foods - Mexican</b>						
Simply Organic	Enchilada Sauce		✓	✓	✓	✓
Simply Organic	Guacamole Dip		✓		✓	✓
Simply Organic	Mole Sauce		✓	✓	✓	✓
Simply Organic	Spicy Taco		✓	✓	✓	✓
Sweet Creek	Enchilada Sauces			✓	✓	✓
<b>Jam</b>						
Crofter's	All Varieties	✓			✓	✓
Oregon Growers	All Varieties				✓	✓
Santa Cruz Organic	All Varieties				✓	✓
Sweet Creek	OG Jams - All Varieties				✓	✓
<b>Meat - Bacon</b>						
Applegate Farms	Sunday Bacon			✓	✓	✓
Applegate Farms	Turkey Bacon			✓	✓	✓
Beeler's	Bacon - All Varieties				✓	✓
Lou's Garrett Valley	Classic Dry Rubbed				✓	✓
Lou's Garrett Valley	Classic Turkey Bacon				✓	✓
Lou's Garrett Valley	Hickory Smoked				✓	✓
Niman Ranch	Bacon				✓	✓
<b>Meat - Hot Dogs</b>						
Applegate Farms	Hot Dogs - All Varieties			✓	✓	✓
Beeler's	All Natural Wieners				✓	✓
Diestel	Turkey Franks Jumbo Dogs				✓	✓
Shelton's	Franks - All Varieties				✓	✓
<b>Meat - Lunchmeat</b>						
Applegate Farms	Lunchmeats			✓	✓	✓
Beeler's	Natural Quarter Boneless Ham				✓	✓
Columbus	All Varieties				✓	✓
Diestel	Turkey Breast - All Varieties				✓	✓
Organic Prairie	Lunchmeats				✓	✓
<b>Meat - Sausage</b>						
Aidells	Cajun Style Andouille Sausage				✓	✓
Aidells	Chicken Apple Sausage				✓	✓
Aidells	Hab & Green Chile Chicken				✓	✓
Aidells	Mango Sausage				✓	✓
Aidells	Maple & Smoked Bacon Sausage				✓	✓
Aidells	Portobello Chicken Sausage				✓	✓
Aidells	Spinach Feta Sausage				✓	✓

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<b>Meat - Sausage</b>						
Applegate Farms	Pork Breakfast Sausage		✓	✓	✓	✓
Fra'Mani	Classic Italian Sausage			✓	✓	✓
Fra'Mani	Spicy Italian Sausage			✓	✓	✓
Mulay's	Pork Sausage - All Varieties			✓	✓	✓
<b>Meat - Seafood</b>						
Transocean	Crab Classic	✓		✓		
<b>Meat Alternatives</b>						
Beyond Meat	Beyond Chicken Grilled Strips		✓	✓		✓
Beyond Meat	Beyond Chicken Seasoned Strips		✓	✓		✓
Beyond Meat	Chicken-free Strips Southwest		✓	✓		✓
Bob's Red Mill	TVP	✓		✓		✓
Gardein	Chick'n Scallopini			✓		✓
Helen's Kitchen	Organic Veggie Carnitas			✓		✓
Helen's Kitchen	Organic Veggie Chorizo			✓		✓
Neat	All Flavors		✓	✓	✓	✓
Quorn	Chik'n Tenders			✓	✓	
Quorn	Turky Roast				✓	
Tofurky	OG 5 Grain Tempeh		✓			✓
Tofurky	OG Soy Tempeh		✓			✓
Wildwood	Meatballs			✓		✓
Wildwood	Original Tofu-Veggie Burger			✓		✓
Wildwood	Taco Crumbles			✓		✓
<b>Milk Alternatives</b>						
Blue Diamond	Almond Breeze (SL)		✓	✓		✓
Blue Diamond	Almond Coconut (SL)		✓	✓		✓
Dream	Almond Dream		✓	✓		✓
Dream	Cashew Dream		✓	✓	✓	✓
Dream	Coconut Dream		✓	✓		✓
Dream	Dream Blends		✓	✓		✓
Dream	Rice Dream		✓	✓		✓
Dream	Soy Dream		✓	✓		✓
Dream	Sprouted Rice Dream		✓	✓	✓	✓
Living Harvest	Tempt Hemp Milks			✓	✓	✓
Organic Valley	All Soy Products			✓		✓
Pacific Foods	Almond Milk			✓	✓	✓
Pacific Foods	Coconut Milk			✓	✓	✓
Pacific Foods	Hazelnut Milk			✓	✓	✓

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<b>Milk Alternatives</b>						
Pacific Foods	Rice Drink			✓	✓	✓
Pacific Foods	Soy Milk			✓		✓
Silk	Almond			✓	✓	✓
Silk	Blends			✓	✓	✓
Silk	Cashew			✓	✓	✓
Silk	Coconut			✓	✓	✓
Silk	Coffee Creamer			✓		✓
Silk	Soy			✓		✓
So Delicious	Almond Milk Creamer		✓	✓	✓	✓
So Delicious	Almond Plus		✓	✓	✓	✓
So Delicious	Cashew		✓	✓	✓	✓
So Delicious	Coconut Milk		✓	✓	✓	✓
So Delicious	Coconut Milk Creamer		✓	✓	✓	✓
White Wave	Silk Soy Creamer			✓		✓
White Wave	Silk Soy Milk			✓		✓
Wildwood	OG Soy Milk		✓	✓		✓
<b>Miso</b>						
Miso Master	Organic Chickpea Miso			✓	✓	✓
Miso Master	Organic Mellow White Miso			✓		✓
Miso Master	Organic Traditional Red Miso			✓		✓
<b>Non-Dairy Cheese</b>						
Daiya	Block/Shred/Slices - All Varieties	✓		✓	✓	✓
Daiya	Cheese Wedges - All Varieties	✓		✓	✓	✓
Eat in the Raw	Chipotle Cayenne Parma			✓	✓	✓
Eat in the Raw	Parma			✓	✓	✓
Follow Your Heart	Vegan Gourmet Cheese			✓		✓
Galaxy Nutritional	DF - Parmesan			✓		✓
Galaxy Nutritional	Lactose Free - Parmesan					✓
Galaxy Nutritional	Rice			✓	✓	✓
Galaxy Nutritional	Rice Shreds				✓	✓
Go Veggie	Grated Parmesan Style Topping			✓		✓
Lisanatti	Almond Cheese - All Varieties				✓	✓
Lisanatti	Rice Cheeze - All Varieties				✓	✓
Lisanatti	Soy-Sation - All Varieties					✓
Tofutti	Non-Dairy Sour Cream Supreme			✓		✓
Tofutti	Sour Cream Alternative			✓		✓
Vegan Gourmet	Cheddar			✓	✓	✓

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<b>Nut / Seed Butter</b>						
Artisana	OG Raw Nut & Seed Butters			✓	✓	✓
Barney Butter & Co.	All Varieties		✓	✓	✓	✓
Earth Balance	Creamy Almond Butter			✓	✓	✓
Earth Balance	Crunchy & Creamy Peanut Butter			✓	✓	✓
Essential Living Foods	Raw Almond Butter		✓	✓	✓	✓
Essential Living Foods	Wild Jungle Peanut Butter		✓	✓	✓	✓
I.M. Healthy	Soy Nut Butter - All Varieties		✓	✓		✓
Jem	All Varieties			✓	✓	✓
Justin's	Nut Butter Squeeze Packs			✓	✓	✓
Justin's	Nut Butters - All Varieties			✓	✓	✓
Maranatha	Nut / Seed Butters - All Varieties	✓		✓	✓	✓
Nutt Zo	70% Dark Chocolate - All Varieties		✓	✓	✓	✓
Nutt Zo	Original - All Varieties		✓	✓	✓	✓
Nutt Zo	Power Fuel - All Varieties		✓	✓	✓	✓
Nut-tritious	Nut & Seed Butters - All Varieties			✓		✓
Once Again	All Varieties			✓	✓	✓
Peanut Butter & Co	Cinnamon Raisin Swirl		✓	✓	✓	✓
Peanut Butter & Co	Crunch Time		✓	✓	✓	✓
Peanut Butter & Co	Dark Chocolate Dreams (SL)		✓	✓		✓
Peanut Butter & Co	Smooth Operator		✓	✓	✓	✓
Peanut Butter & Co	The Bee's Knees		✓	✓	✓	✓
Peanut Butter & Co	White Chocolate Wonderful (SL)		✓	✓		✓
Santa Cruz Organic	All Varieties			✓	✓	✓
Smart Balance	All Varieties			✓	✓	✓
SunButter	All Varieties			✓	✓	✓
Wilderness Poets	Hempspread - All Varieties			✓	✓	✓
Wonder Natural Foods	Original & Chocolate			✓	✓	✓
Yum Butter	Superfood Almond Butter		✓	✓	✓	✓
Yum Butter	Superfood Peanut Butter		✓	✓	✓	✓
<b>Pasta</b>						
Ancient Harvest	Quinoa & Corn Pasta		✓	✓	✓	✓
Bionaturae	GF Pastas	✓	✓	✓		✓
DeBoles	GF Multi Grain Pastas		✓	✓	✓	✓
DeBoles	Rice Pasta - All Varieties		✓	✓	✓	✓
Delallo	GF Brown Rice Pasta	✓		✓	✓	✓
Delallo	GF Corn & Rice Pasta	✓		✓	✓	✓
Delallo	GF Gnocchi			✓	✓	✓

Description		D	C	DF	SF	EF
<b>Pasta</b>						
Explore Asian	OG Adzuki Spaghetti Shape		✓	✓		✓
Explore Asian	OG Black Bean Spaghetti Shape		✓	✓	✓	✓
Explore Asian	OG Edamame & Mung Bean		✓	✓		✓
Field Day	Brown Rice Pasta			✓	✓	✓
Glutino	All Varieties			✓	✓	✓
Lundberg	Rice Pasta - All Varieties		✓	✓	✓	✓
Miracle Noodle	All Varieties		✓	✓	✓	✓
Mrs. Leeper's	OG Corn Pasta - All Varieties			✓	✓	✓
Nasoya Foods	Pasta Zero - All Varieties			✓		✓
Tinkyada	Rice Pasta - All Varieties	✓		✓	✓	✓
<b>Pasta - Refrigerated</b>						
Cappello's	Fettuccine			✓	✓	
Cappello's	Gnocchi			✓	✓	
House Foods	Shirataki Tofu Noodles		✓	✓		✓
Maninis	All Varieties		✓	✓	✓	
Nona Lim	Noodles - All Varieties			✓		✓
RP's Pasta Company	All Varieties		✓	✓	✓	
Sea Tangle	Kelp Noodles			✓	✓	✓
<b>Pasta Sauce</b>						
Classico	Creamy Alfredo					✓
Classico	Four Cheese					✓
Classico	Mushrooms & Ripe Olives Pasta			✓		✓
Classico	Roasted Garlic Pasta Sauce			✓		✓
Classico	Spicy Red Pepper Pasta Sauce			✓		✓
Classico	Tomato Basil Pasta Sauce			✓		✓
Cucina Antica	La Vodka					✓
Cucina Antica	Marinara			✓	✓	✓
Cucina Antica	Tomato Ball			✓	✓	✓
Cucina Antica	Tuscany Pumpkin					✓
Cucina Fresca	Marinara			✓	✓	✓
Cucina Fresca	Tomato Vodka					✓
Ethnic Deli	Pesto Sauce			✓		✓
Kissino	Classic Marinara Sauce			✓	✓	✓
Kissino	Mushroom Pasta Sauce			✓	✓	✓
Kissino	Puttanesca Sauce			✓	✓	✓
Mayacamas	Alfredo Sauce Mix					✓
Mayacamas	Pesto Pasta Sauce Mix					✓

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<b>Pasta Sauce</b>							
Mezzetta	Pasta Sauce - Some Varieties			✓		✓	✓
Monte Bene	Pasta Sauce - All Varieties				✓	✓	✓
Organicville	OG Pasta/Pizza Sauces		✓		✓	✓	✓
Prego	Chunky Garden				✓	✓	✓
Prego	Fresh Mushroom				✓	✓	✓
Prego	Roasted Garlic & Herb				✓	✓	✓
Prego	Traditional Spaghetti Sauce				✓	✓	✓
Rising Moon Organics	Garlic & Basil Pasta Sauce				✓	✓	✓
Rising Moon Organics	Garlic & Chanterelle Sauce				✓	✓	✓
Rising Moon Organics	Garlic & Merlot Pasta Sauce				✓	✓	✓
Rising Sun Farms	Garlic Chive Pesto	✓				✓	✓
Rising Sun Farms	Garlic Galore Pesto	✓			✓	✓	✓
Rising Sun Farms	Ultimate Classic Pesto	✓				✓	✓
Souper Natural	Marinara Sauce				✓	✓	✓
Souper Natural	Puttanesca Sauce				✓	✓	✓
Souper Natural	Vodka Cream Sauce					✓	✓
<b>Pastries</b>							
Bavaria Mills	Banana Bread	✓					✓
Bavaria Mills	Carrot Cake	✓					✓
Bavaria Mills	Vanilla Pound Cake	✓					✓
Bavaria Mills	Zucchini Bread	✓			✓	✓	
Gluten-Free GEM	Check label for other allergens	✓	✓				
Hail Merry	Macarons - All Varieties		✓	✓	✓	✓	✓
Hail Merry	Miracle Tarts - All Varieties		✓	✓	✓	✓	✓
Home Grown Bakery	Paleo Breads				✓	✓	
New Cascadia Trad	Check label for other allergens	✓					
Petunia's	Check label for other allergens	✓			✓		✓
Udi's	Cinnamon Rolls		✓	✓	✓		
WOW Baking Co.	Chocolate Brownie (SL)	✓	✓				
<b>Pastries - Cookies</b>							
Gluten-Free GEM	Check label for other allergens	✓	✓				
Gourmet Paleo	Cookies - All Varieties				✓	✓	✓
Jude's Foods	Cookies - All Varieties	✓			✓		
No Bake Cookie Co.	No Bake Cookies - All Varieties	✓				✓	✓
Sift Bakery	GF Varieties	✓			✓	✓	✓
WOW Baking Co.	Chocolate Chip (SL)	✓	✓				
WOW Baking Co.	Ginger Molasses	✓	✓				

Description		D	C	DF	SF	EF	(SL)
<b>Pastries - Cookies</b>							
WOW Baking Co.	Oregon Oatmeal	✓	✓				
WOW Baking Co.	Peanut Butter	✓	✓				
WOW Baking Co.	Snickerdoodle	✓	✓				
<b>Pastries - Muffins</b>							
Bavaria Mills	Apple Cinnamon Muffins	✓				✓	✓
Bavaria Mills	Blueberry Muffins	✓					✓
Bavaria Mills	German Chocolate Muffins	✓				✓	✓
Bavaria Mills	Lemon Chia Seed Muffins	✓				✓	✓
Flax 4 Life	Flax Muffins - All Varieties (SL)				✓	✓	
Gluten-Free GEM	Check label for other allergens	✓	✓				
Udi's	Muffin Tops - All Varieties				✓	✓	✓
Udi's	Muffins - All Varieties				✓	✓	✓
<b>Pickles</b>							
Bubbies	Bread & Butter Pickles					✓	✓
Bubbies	Pickled Green Tomatoes					✓	✓
Bubbies	Pure Kosher Dills					✓	✓
Sweet Creek	OG Pickles - All Varieties					✓	✓
<b>Pizza / Pizza Crust</b>							
Arrowhead Mills	GF Pizza Crust Mix			✓	✓		✓
Bavaria Mills	Pizza Crust	✓				✓	✓
Bob's Red Mill	GF Pizza Crust Mix	✓				✓	✓
Bob's Red Mill	GF Whole Grain Pizza Crust Mix	✓				✓	✓
Cup 4 Cup	GF Pizza Crust Mix						
Gluten Free Mama	Mama's Pizza Crust Mix					✓	✓
Glutino	GF Pizza Crust Mix	✓				✓	✓
Gurzi's	Frozen Pizza Dough	✓				✓	✓
Kember's Gluten Free	Pizza Crust Mix					✓	✓
Kinnikinnick Foods	Pizza Crust	✓				✓	✓
Namaste	Pizza Crust Mix	✓	✓			✓	✓
Nature's Hilights	Brown Rice Pizza Crust					✓	✓
On The Go Paleo	Pizza Crust Mix					✓	✓
Rudi's	GF Pizza Crust				✓	✓	✓
Rustic Crust	GF Napoli Herb	✓	✓			✓	✓
Udi's	Pizza Crust				✓	✓	✓
<b>Prepared Foods</b>							
Ancient Harvest	Quinoa Mac & Cheese			✓			✓
Ancient Harvest	Supergrain Mac & Cheese			✓			✓



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<b>Prepared Foods</b>						
Annie's Homegrown	Creamy Deluxe - GF Rice Pasta					✓
Annie's Homegrown	GF Classic Alfredo					✓
Annie's Homegrown	Rice Pasta & Cheddar					✓
Crystal Farms	All Products			✓	✓	✓
DeBoles	Rice Pasta & Cheese	✓				✓
Edward & Sons	OG Mashed Potatoes - Homestyle			✓	✓	✓
Fantastic	Hummus Dip Mix			✓	✓	✓
Fantastic	Instant Black Beans			✓	✓	✓
Fantastic	Instant Refried Beans			✓	✓	✓
Food Merchants	Polenta - All Varieties			✓	✓	✓
Lotus Foods	Heat and Serve Rice - All Varieties			✓	✓	✓
Lundberg	Beans & Rice - Some Varieties	✓	✓	✓	✓	✓
Lundberg	Brown Rice Pasta and Sauce Mix	✓	✓	✓	✓	✓
Lundberg	Precooked Rice - All Varieties	✓	✓	✓	✓	✓
Lundberg	Quinoa & Rice - Some Varieties	✓	✓	✓	✓	✓
Lundberg	Rice & Lentils - Some Varieties	✓	✓	✓	✓	✓
Lundberg	Rice & Wild Rice - Some Varieties	✓	✓	✓	✓	✓
Lundberg	Risotto - Some Varieties	✓		✓	✓	✓
Lundberg	Whole Grain Rice Mix	✓	✓	✓	✓	✓
Minsley	Cooked Brown Rice			✓	✓	✓
Minsley	Cooked Quinoa			✓	✓	✓
Road's End Organics	GF Mac & Chreese - Alfredo			✓	✓	✓
Road's End Organics	GF Penne & Chreese - Cheddar			✓	✓	✓
St. Dalfour	Gourmet On The Go - Three Bean			✓	✓	✓
St. Dalfour	Gourmet On The Go - Wild Alaska			✓	✓	✓
Tasty Bite	Cooked Basmati Rice			✓	✓	✓
Tasty Bite	Cooked Brown Rice			✓	✓	✓
Tasty Bite	Cooked Jasmine Rice			✓	✓	✓
Tasty Bite	Garlic Brown Rice			✓	✓	✓
Tasty Bite	Pilaf - Mexican Fiesta			✓	✓	✓
Tasty Bite	Pilaf - Pesto				✓	✓
Tasty Bite	Pilaf - Tandoori				✓	✓
Tasty Bite	Tandoori Rice				✓	✓
<b>Pudding</b>						
Chia Pod	Chia Pudding			✓	✓	✓
Edward & Sons	OG Tapioca - Granulated			✓	✓	✓
Kozy Shack	Puddings- CL for other allergens				✓	✓

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<b>Pudding</b>						
Zen Soy	Chocolate Pudding with Almond				✓	✓
Zen Soy	OG Soy Pudding 4-pack				✓	✓
<b>Rice Cakes</b>						
Koyo	Rice Cakes			✓	✓	✓
Lundberg	Rice Cakes			✓		✓
Lundberg	Thin Stackers			✓	✓	✓
Quaker	Rice Cake					✓
Real Foods	Corn Thins				✓	✓
Real Foods	Rice Thins				✓	✓
Woodstock	Mini Me's Rice Bites - (SL)					✓
<b>Salad Dressing</b>						
Annie's Naturals	Balsamic Vinaigrette				✓	✓
Annie's Naturals	Cowgirl Ranch Dressing					✓
Annie's Naturals	Honey Mustard Vinaigrette				✓	✓
Annie's Naturals	Lemon & Chive Dressing				✓	✓
Annie's Naturals	OG Buttermilk Dressing					
Annie's Naturals	OG Caesar Dressing					✓
Annie's Naturals	OG French Dressing				✓	✓
Annie's Naturals	OG Green Garlic Dressing				✓	✓
Annie's Naturals	OG Green Goddess					
Annie's Naturals	OG Papaya Poppyseed Dressing				✓	✓
Annie's Naturals	OG Sesame Ginger w Chamomile				✓	✓
Annie's Naturals	Raspberry Vinaigrette - Low-fat				✓	✓
Annie's Naturals	Red Wine & Olive Oil				✓	✓
Annie's Naturals	Roasted Red Pepper Vinaigrette				✓	✓
Annie's Naturals	Tuscany Italian Vinaigrette				✓	✓
Bragg	Bragberry Fat-free Dressing				✓	✓
Bragg	Ginger/Sesame Dressing				✓	✓
Bragg	Healthy Vinaigrette				✓	✓
Bragg	OG Hawaiian Fat-free Dressing				✓	✓
Drew's	Most Varieties - CL for allergens	✓	✓	✓	✓	✓
Dulcet Cuisine	Essential Balsamic Sauce				✓	✓
Dulcet Cuisine	Mild Italian Curry Sauce				✓	✓
Follow Your Heart	OG Dressings - All Varieties				✓	✓
Hidden Valley	Coleslaw Dressing					
Hidden Valley	Original Ranch Dressing					
Hidden Valley	Original Ranch w/ Bacon Dressin					

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<b>Salad Dressing</b>						
Hilary's Eat Well	Dressing- All Varieties	✓	✓	✓	✓	✓
Lemon Love	Lemon Love Dressing			✓	✓	
Litehouse	1000 Island			✓	✓	
Litehouse	Caesar Caesar				✓	
Litehouse	Coleslaw			✓	✓	
Litehouse	Homestyle Ranch				✓	
Litehouse	Honey Mustard			✓	✓	
Litehouse	Original Blue Cheese				✓	
Litehouse	Ranch				✓	
Lucini Italia	Bold Parmesan and Garlic				✓	✓
Lucini Italia	Cherry Balsamic and Rosemary			✓	✓	✓
Lucini Italia	Delicate Cucumber and Shallot				✓	✓
Lucini Italia	Fig and Walnut Savory Balsamic			✓	✓	✓
Lucini Italia	Roasted Hazelnut			✓	✓	✓
Lucini Italia	Tuscan Balsamic			✓	✓	✓
Nago	Classic Miso			✓		
Nago	Garlic Onion Miso			✓		✓
Nago	Ginger Sesame Miso			✓		✓
Nago	Spicy Miso			✓		
Organicville	OG Salad Dressings - All Varieties	✓	✓			✓
Simply Organic	Garlic Vinaigrette		✓	✓	✓	✓
Simply Organic	Italian		✓	✓	✓	✓
Simply Organic	Pineapple Cilantro Vinaigrette		✓	✓	✓	✓
Simply Organic	Ranch		✓		✓	✓
Steve's Paleo Goods	Ginger Cilantro			✓	✓	
Steve's Paleo Goods	Lemon Herb Tomato			✓	✓	✓
Steve's Paleo Goods	Maple Mustard			✓	✓	✓
Walden Farms	Salad Dressings - All Varieties			✓	✓	✓
Wishbone	Chunky Blue Cheese Dressing					
Wishbone	Italian Dressing					✓
Wishbone	Ranch Dressing					✓
<b>Salsa</b>						
Amy's	Salsa - All Varieties			✓	✓	✓
Cookwell & Company	Escabeche Style Salsa			✓	✓	✓
Cookwell & Company	Roasted Corn Salsa			✓	✓	✓
Cookwell & Company	Tomatillo Salsa			✓	✓	✓
Desert Pepper	Salsa - All Varieties			✓	✓	✓

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<b>Salsa</b>						
Drew's	Salsa - All Varieties		✓	✓	✓	✓
Emerald Valley	Fresh Salsa - All Varieties			✓	✓	✓
Green Mountain Gring	Salsas - All Varieties		✓	✓	✓	✓
Organicville	OG Salsas - All Varieties		✓	✓	✓	✓
Sweet Creek	Salsas - All Varieties			✓	✓	✓
Wildbrine	Fermented Salsa			✓	✓	✓
Winking Girl Salsa	Salsas			✓	✓	✓
<b>Sauce / Sauce Packets</b>						
Café Yumm	Yumm Sauce - All Varieties			✓		✓
Cucina Antica	Cranberry Sauce			✓	✓	✓
Road's End Organics	OG Alfredo Sauce Mix			✓	✓	✓
Steve's Paleo Goods	Sriracha Sauce			✓	✓	✓
Thrive	Extra Special Sauce			✓	✓	✓
Thrive	Special Sauce			✓	✓	✓
<b>Seasonings</b>						
A. Vogel	Herbamare OG Herb Seasoning			✓	✓	✓
A. Vogel	Trocomare OG Herb Seasoning			✓	✓	✓
Bragg	Organic Sprinkle			✓	✓	✓
Carroll Shelby's	Chili Kit			✓	✓	✓
Cause & Effects Foods	Kale Garden Fusions			✓	✓	✓
Dulcet Cuisine	Spice Rub			✓	✓	✓
McCormick	Some Spices					
Rub with Love	Rubs - All Varieties			✓	✓	✓
Sacred Organics	Seasoning Powders - All Varieties			✓	✓	✓
Simply Organic	Alfredo Sauce Mix		✓		✓	✓
Simply Organic	Dirty Rice		✓	✓	✓	✓
Simply Organic	Garlic Spaghetti Sauce Mix		✓	✓	✓	✓
Simply Organic	Gumbo Base		✓	✓	✓	✓
Simply Organic	Italian Herb Spaghetti Sauce Mix		✓	✓	✓	✓
Simply Organic	Jambalaya Base		✓	✓	✓	✓
Simply Organic	Sloppy Joe Seasoning		✓	✓		✓
Simply Organic	Tomato Basil Spaghetti Sauce Mix		✓	✓	✓	✓
Simply Organic	Turkey Brine Seasoning		✓	✓	✓	✓
Six Guns	Chili Kit			✓	✓	✓
The Spice Hunter	Fajita Organic Seasoning Mix		✓	✓	✓	✓
The Spice Hunter	Spicy Chili Organic Seasoning Mix		✓	✓	✓	✓
The Spice Hunter	Taco Seasoning Mix (Spicy/Mild)		✓	✓	✓	✓

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<b>Seasonings</b>						
True Citrus	True Lemon			✓	✓	✓
True Citrus	True Lime			✓	✓	✓
Urban Accents	Gourmet Gobbler			✓	✓	✓
Urban Accents	Luscious Lamb			✓	✓	✓
Wick Fowler's	2 Alarm Chili Kit			✓	✓	✓
<b>Snacks</b>						
Alive & Radiant Foods	Kale Chips - All Varieties		✓	✓	✓	✓
Alive & Radiant Foods	Kale Krunch - All Varieties		✓	✓	✓	✓
Alive & Radiant Foods	Veggie Krunch - Arugula Cabbag		✓	✓	✓	✓
Alive & Radiant Foods	Veggie Krunch - Sweet Onion		✓	✓		✓
Alive & Radiant Foods	Veggie Krunch - Teriyaki Greens		✓	✓		✓
Bare Fruit	Coconut Chips- All Varieties			✓	✓	✓
Betty Lou's	Nut Butter Balls - All Varieties		✓	✓	✓	✓
Biena	Chickpeas snacks- All Varieties	✓		✓	✓	✓
Brad's Raw Food	Crunchy Kale - All Varieties			✓	✓	✓
Cruncha ma-me	All Varieties			✓		✓
Edward & Sons	Rice Snax - All Varieties			✓	✓	✓
Enjoy Life Foods	Plentils - All Varieties	✓	✓	✓	✓	✓
Essential Living Foods	Jungle Peanuts		✓	✓	✓	✓
Essential Living Foods	Superberry Symphony		✓	✓	✓	✓
Essential Living Foods	Superfood Trail Mix		✓	✓	✓	✓
Gimme	Roasted Seaweed Snacks		✓	✓	✓	✓
Glutino	Bagel Chips - Cinnamon & Sugar	✓		✓	✓	
Glutino	Bagel Chips - Original	✓		✓	✓	
Glutino	Bagel Chips - Parmesan & Garlic	✓			✓	
Hall Brands	Chedz - GF Cheese Snacks				✓	✓
Harvest Snaps	Lentil Snaps				✓	✓
Harvest Snaps	Snapea Crisps				✓	✓
I Heart Keenwah	Quinoa Snacks		✓	✓	✓	✓
Inka Crops	Chile Roasted Inka Corn			✓	✓	✓
Inka Crops	Original Inka Corn			✓	✓	✓
Just Pure Foods	Cheesy Kale Chips			✓	✓	✓
Just Pure Foods	Chocolate Kalenola			✓	✓	✓
Just Pure Foods	Crispy Onion Rings			✓	✓	✓
Just Pure Foods	Maple Cranberry Kalenola			✓	✓	✓
Just Pure Foods	Pesto Tomato Chips			✓	✓	✓
Just Pure Foods	Pesto Zucchini Chips			✓	✓	✓

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<b>Snacks</b>						
Just Pure Foods	Seasoned Zucchini Strips			✓		✓
Just Pure Foods	Sesame Dijon Zucchini Chips			✓	✓	✓
Just Pure Foods	Sour Cream/Onion Zucchini Chp			✓	✓	✓
Kameda Crisps	Savory Rick Snacks		✓	✓		✓
Majans	Bhuja - Cracker Mix		✓	✓		✓
Majans	Bhuja - Crunchy Seasoned Peas		✓	✓	✓	✓
Majans	Bhuja - Original Mix		✓	✓	✓	✓
Moon Cheese	Cheese Snacks					✓
My Chi Delights	Almond & Sesame Treats			✓	✓	✓
Native American Nat	Tanka Bites	✓		✓	✓	✓
Navitas Naturals	Power Snack - All Varieties			✓	✓	✓
Pacific Superfood Sna	Kale Chips - All Varieties			✓	✓	✓
Pepperidge Farm	GF Puffs - Buffalo Wing		✓		✓	✓
Pepperidge Farm	GF Puffs - Cheddar & Bacon		✓		✓	✓
Pepperidge Farm	GF Puffs - Mega Cheese		✓		✓	✓
Pirate's Brand	Original Tings		✓	✓	✓	✓
Pirate's Brand	Pirate's Booty - All Varieties		✓			✓
Pirate's Brand	Smart Puffs		✓		✓	✓
Popchips	Potato - All Varieties		✓		✓	✓
Popchips	Sweet Potato - All Varieties		✓		✓	✓
Popchips	Tortilla - All Varieties		✓		✓	✓
Popchips	Veggie - All Varieties		✓		✓	✓
Real and Worthful	Dark Choc Cherry Nut Clusters			✓	✓	✓
Real and Worthful	Superfood Nut Clusters			✓	✓	✓
Rhythm Superfoods	Kale Chips - All Varieties		✓	✓	✓	✓
Saffron Road	Crunchy Chickpeas		✓	✓	✓	✓
Sea Snax	Seaweed Snacks - All Varieties			✓	✓	✓
Seapoint Farms	Crunchy Edamame - All Varieties			✓		✓
Seapoint Farms	Frozen Edamame - All Varieties			✓		✓
Steve's Paleo Goods	Paleo Kit - All Varieties			✓	✓	✓
The Good Bean	Chickpea Snacks - All Varieties		✓	✓	✓	✓
The Kale Co.	Kale Chips - All Varieties			✓	✓	✓
The Naked Edge	Veggie-Go's - All Varieties			✓	✓	✓
Udi's	Ancient Grain Crisps		✓			✓
Wonderfully Raw	Brussel Bytes	✓		✓	✓	✓
Wonderfully Raw	Snip Chips	✓		✓	✓	✓
World Peas	Ranch			✓		✓

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<b>Snacks</b>							
World Peas	Sichuan			✓			✓
World Peas	Texas Barbeque			✓			✓
World Peas	Wasabi			✓			✓
Zouq	Curry Crunch			✓	✓		✓
Zouq	Fiery Sticks			✓	✓		✓
Zouq	Golden Lentils			✓	✓		✓
Zouq	Jubilee Mix			✓	✓		✓
<b>Snacks - Fruit Snacks</b>							
Annie's Homegrown	OG Bunny Fruit Snacks			✓	✓		✓
Annie's Homegrown	OG Orchard Fruit Bites			✓	✓		✓
Bare Fruit	OG Apple Chips - All Varieties			✓	✓		✓
Bare Fruit	OG Dried Fruit - All Varieties			✓	✓		✓
Betty Lou's	Fruit Bars - All Varieties		✓	✓	✓		✓
Clif	Real Fruit Rope OG Twisted Fruit			✓	✓		✓
Crunchies	Freeze Dried Fruit Snacks			✓	✓		✓
Fruit Bliss	All Varieties			✓	✓		✓
Honey Stinger	Kids OG Chews - Mixed Berry		✓	✓	✓		✓
Honey Stinger	Kids OG Chews - Sour Citrus		✓	✓	✓		✓
Made in Nature	Dried Fruits	✓		✓	✓		✓
Peeled	Apple-2-the-core			✓	✓		✓
Peeled	Much-ado-about-Mango			✓	✓		✓
Peeled	Paradise Found			✓	✓		✓
Santa Cruz Organic	Apple Sauce - All Varieties			✓	✓		✓
Steve's Paleo Goods	Paleo Dried Fruit - All Varieties			✓	✓		✓
Stoneridge Orchards	Dried Fruit - All Varieties			✓	✓		✓
Stretch Island	Fruit Leather - All Varieties			✓	✓		✓
Tasty Brand	OG Fruit Snacks - Citrus Splash	✓	✓	✓	✓		✓
Tasty Brand	OG Fruit Snacks - Mixed Fruit	✓	✓	✓	✓		✓
Tasty Brand	OG Fruit Snacks - Smoothie	✓	✓	✓	✓		✓
Tasty Brand	OG Fruit Snacks - Super Fruit	✓	✓	✓	✓		✓
<b>Snacks - Jerky</b>							
Divine Bovine	Beef & Turkey Jerky			✓			✓
Krave	Beef - Chili Lime			✓			✓
Krave	Beef - Garlic Chili Pepper			✓			✓
Krave	Beef - Pineapple Orange			✓			✓
Krave	Beef - Sweet Chipotle			✓			✓
Krave	Pork - Black Cherry Barbecue			✓	✓		✓

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<b>Snacks - Jerky</b>							
Krave	Pork - Grilled Sweet Teriyaki			✓			✓
Krave	Turkey - Basil Citrus			✓	✓		✓
Krave	Turkey - Lemon Garlic			✓			✓
Paleo Ranch	All Varieties			✓	✓		✓
Primal Strips	Vegan Jerky - Hickory Smoked			✓			✓
Primal Strips	Vegan Jerky - Texas BBQ			✓			✓
The New Primal	Beef - All Varieties		✓	✓			✓
The New Primal	Trail Pack - All Varieties		✓	✓			✓
The New Primal	Turkey - All Varieties		✓	✓	✓		✓
Vermont Smoke and	Beef Stick - BBQ			✓	✓		✓
Vermont Smoke and	Turkey - Honey Mustard			✓	✓		✓
Vermont Smoke and	Turkey - Uncured Pepperoni			✓	✓		✓
<b>Snacks - Nuts / Seeds</b>							
Doctor in the Kitchen	Seedsters- All Varieties			✓	✓		✓
GoRaw	Sprouted Seeds - All Varieties	✓	✓	✓	✓		✓
Majans	Bhuja - Nut Mix			✓	✓		✓
Pumpkorn	OG Sea Salt			✓	✓		✓
Royal Hawaiian	Macadamias - All Varieties			✓	✓		✓
Sahale Snacks	Nuts/Seeds Snacks						✓
Skout	Raw Pumpkin Seeds		✓	✓	✓		✓
Superseedz	Cinnamon & Sugar			✓	✓		✓
Superseedz	Coco Joe			✓	✓		✓
Superseedz	Curious Curry			✓			✓
Superseedz	Maple Sugar & Sea Salt			✓	✓		✓
Superseedz	Really Naked			✓	✓		✓
Superseedz	Sea Salt			✓	✓		✓
Superseedz	Somewhat Spicy			✓	✓		✓
Superseedz	Super Spicy			✓	✓		✓
Superseedz	Tomato Italiano			✓	✓		✓
<b>Snacks - Popcorn</b>							
479 Degree	Popcorn - All Varieties		✓	✓	✓		✓
Black Jewell	Microwave Popcorn						✓
Cosmos Creations	Popcorn- All Varieties						✓
Earth Balance	Popcorn - All Varieties			✓	✓		✓
G.H. Creators	Chicago Mix Popcorn						✓
G.H. Creators	Greek Yogurt Caramel Popcorn						✓
G.H. Creators	Just Caramel Popcorn						✓

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<b>Snacks - Popcorn</b>						
G.H. Creators	Just Cheese Popcorn					✓
Half Pops	All Flavors		✓			✓
Kettle Brand	Kettle Popcorn - All Varieties	✓	✓			✓
Masala Pop	Popcorn - Assorted Varieties					✓
Popcorn Indiana	Popcorn - Classic		✓			✓
Popcorn Indiana	Popcorn - Drizzlecorn		✓			✓
Popcorn Indiana	Popcorn - Fit Chips		✓	✓		✓
Popcorn Indiana	Popcorn - Fit Popcorn		✓	✓		✓
<b>Snacks - Pretzels</b>						
Ener-G Foods	WF / GF Garlic Pretzel Rings			✓	✓	✓
Ener-G Foods	WF / GF Pretzels			✓		✓
Ener-G Foods	WF / GF Sesame Pretzel Rings			✓		✓
Glutino	Chocolate Covered Pretzels (SL)	✓				✓
Glutino	GF Honey Mustard Pretzels	✓		✓		✓
Glutino	GF Pretzel Sticks	✓		✓		✓
Glutino	GF Pretzel Twists	✓		✓		✓
Glutino	GF Pretzels	✓		✓		✓
Glutino	GF Pretzels - Honey Mustard	✓		✓		✓
Glutino	GF Pretzels Chips	✓		✓		✓
Glutino	Sesame Pretzel Rings (SL)	✓		✓		✓
Glutino	Yogurt Pretzels (SL)	✓				✓
Mary's Gone Crackers	Pretzels - All Varieties	✓	✓	✓		✓
Snyder's of Hanover	GF Mini Pretzels		✓	✓		✓
Snyder's of Hanover	GF Pretzel Sticks (SL)		✓	✓		✓
<b>Soup</b>						
Amy's	OG Black Bean / Veggie Soup			✓	✓	✓
Amy's	OG Black Bean Chili			✓	✓	✓
Amy's	OG Chili with Vegetables			✓	✓	✓
Amy's	OG Chunky Tomato Bisque				✓	✓
Amy's	OG Chunky Vegetable Soup			✓	✓	✓
Amy's	OG Cream of Tomato Soup				✓	✓
Amy's	OG Curried Lentil			✓	✓	✓
Amy's	OG Fire Roasted SW Veg Soup			✓	✓	✓
Amy's	OG Lentil Soup			✓	✓	✓
Amy's	OG Lentil Vegetable Soup			✓	✓	✓
Amy's	OG Medium Chili			✓		✓
Amy's	OG Potato Leek Soup				✓	✓

Description		D	C	DF	SF	EF
<b>Soup</b>						
Amy's	OG Spicy Chili			✓		✓
Amy's	OG Split Pea Soup			✓	✓	✓
Amy's	OG Summer Corn & Vegetable				✓	✓
Amy's	OG Thai Coconut Soup			✓		✓
Bob's Red Mill	13 Bean Soup Mix	✓		✓	✓	✓
Celifibr	Vegetable Chicken Soup Cube			✓	✓	✓
Celifibr	Vegetable Medley Soup Cube			✓	✓	✓
Cookwell & Company	Chili			✓	✓	✓
Cookwell & Company	Green Chile Stew			✓	✓	✓
Dr. McDougall's	Black Bean & Lime			✓	✓	✓
Dr. McDougall's	Butternut Azteca			✓	✓	✓
Dr. McDougall's	Chili Bean			✓	✓	✓
Dr. McDougall's	Garden Vegetable			✓	✓	✓
Dr. McDougall's	Lentil Regular and Low Sodium			✓	✓	✓
Dr. McDougall's	Minestrone			✓	✓	✓
Dr. McDougall's	Pad Thai Soup Cup			✓		✓
Dr. McDougall's	Split Pea			✓	✓	✓
Dr. McDougall's	Tortilla, Regular and Low Sodium			✓	✓	✓
Edward & Sons	Bouillon Cubes - Garden Veggie			✓	✓	✓
Edward & Sons	Bouillon Cubes - Not-Beef			✓	✓	✓
Edward & Sons	Bouillon Cubes - Not-Chick'n			✓	✓	✓
Edward & Sons	Bouillon Cubes -Curry			✓	✓	✓
Edward & Sons	Bouillon Cubes -Garden Veggie			✓	✓	✓
Edward & Sons	Bouillon Cubes -Veggie			✓	✓	✓
Edward & Sons	Miso-Cup Japanese Restaurant			✓		✓
Edward & Sons	OG Miso with Tofu			✓		✓
Edward & Sons	Original Golden Miso			✓		✓
Edward & Sons	Seaweed Miso			✓		✓
Edward & Sons	Spicy Ginger			✓		✓
Gluten-Free Café	Beef Noodle		✓	✓	✓	✓
Gluten-Free Café	Black Bean Soup		✓	✓	✓	✓
Gluten-Free Café	Chicken Noodle		✓	✓	✓	✓
Gluten-Free Café	Cream of Mushroom Soup		✓			✓
Gluten-Free Café	Creamy Chicken with Orzo		✓	✓	✓	✓
Gluten-Free Café	Vegetable Noodle		✓	✓	✓	✓
Gluten-Free Café	Vegetable Quinoa		✓	✓	✓	✓
Imagine Foods	Most Varieties					✓

**THIS SHOPPING LIST IS A GUIDE- ALWAYS CHECK LABELS AS INGREDIENTS ARE SUBJECT TO CHANGE.**

D = Dedicated Gluten Free Facility    C = Certified Gluten Free    DF= Dairy/Casein Free    SF= Soy Free    EF= Egg Free    (SL)= Contains soy lecithin

Description		D	C	DF	SF	EF	(SL)
<b>Soup</b>							
Namaste	Soup- All Varieties	✓	✓	✓	✓	✓	✓
Nona Lim	Frozen Broth - All Varieties		✓	✓			✓
Nona Lim	Frozen Soup - All Varieties		✓	✓			✓
Pacific Foods	Bisques Soups - Most Varieties			✓	✓	✓	
Pacific Foods	Bone Broth - All Varieties			✓	✓	✓	
Pacific Foods	Broth - Most Varieties			✓	✓	✓	
Pacific Foods	Condensed - Cream of Chicken				✓	✓	
Pacific Foods	Condensed - Cream of Mushroom				✓	✓	
Pacific Foods	Creamy Soups - Most Varieties			✓	✓	✓	
Pacific Foods	Simple Stocks - Most Varieties			✓	✓	✓	
Pacific Foods	Soup Starters - Most Varieties			✓	✓	✓	
Real True Foods	Real Bone Broth			✓	✓	✓	
Savory Choice	Broth Concentrates			✓	✓	✓	
Savory Choice	Pho Broth Concentrates			✓	✓	✓	
Stock Options	Broths (Frozen) - All Varieties			✓	✓	✓	
Vogue Cuisine	Instant Chicken Flavored Base			✓		✓	
Vogue Cuisine	Instant Vege Base			✓		✓	
<b>Tofu / Tempeh</b>							
House Foods	Tofu		✓	✓			✓
Living Harvest	Tempt Hemp Tofu - All Varieties			✓	✓	✓	
Nasoya Foods	Tofu - All Varieties			✓		✓	
Nasoya Foods	TofuPlus - All Varieties			✓		✓	
Papa G's	Tofu - All Varieties			✓		✓	
West Soy	Tofu - All Varieties			✓		✓	
Wildwood	Organic SprouTofu			✓		✓	
<b>Yogurt</b>							
Bellweather Farms	Sheep Milk					✓	✓
Brown Cow	All Varieties					✓	✓
Chobani	Most Varieties		✓			✓	✓
Coyo	All Varieties			✓	✓	✓	
Dream	Almond Dream		✓	✓		✓	
Fage	Most Varieties		✓			✓	✓
Green Valley Organics	Lactose-free Yogurts					✓	✓
Karoun	Greek Style Yougurt					✓	✓
Liberte	All Varieties					✓	✓
Lifeway	Kids ProBug Kefir - All Varieties		✓			✓	✓
Living Harvest	Tempt Hemp Yogurt - All Varieties			✓	✓	✓	

Description		D	C	DF	SF	EF	(SL)
<b>Yogurt</b>							
Maple Hill Creamery	All Varieties	✓				✓	✓
Nancy's	All Varieties					✓	✓
Nancy's	OG Soy Yogurt - All Varieties			✓			✓
Noosa	All Varieties					✓	✓
Redwood Hill Farms	Goat Yogurt - All Varieties	✓				✓	✓
Siggis	Yogurt - All Varieties		✓			✓	✓
Silk	Silk Yogurt - All Varieties			✓			✓
Smari	All Varieties		✓			✓	✓
So Delicious	Almond Milk Yogurt - All Varieties		✓	✓	✓	✓	✓
So Delicious	Coconut Milk Yogurt - All Varieties		✓	✓	✓	✓	✓
Stonyfield	Greek Yogurt - All Varieties		✓			✓	✓
Stonyfield	Yogurt - All Varieties		✓			✓	✓
The Greek Gods	Yogurt - All Varieties					✓	✓
Tillamook	All Flavors					✓	✓
Wallaby Organic	Yogurt		✓			✓	✓
White Mountain OG	Bulgarian Yogurt					✓	✓
White Wave	Silk Soy Yogurt - All Varieties				✓		✓
Wholesoy	Soy Yogurt - All Varieties				✓		✓
Zoi	Yogurt					✓	✓