

LET'S FEAST!

Make it a memorable holiday with the best selection of thoughtfully sourced turkey—including Non-GMO Project Verified, organic, heirloom, and more.

Last chance to
reserve by 11/23, 10pm.
Head to catering.newseasonsmarket.com

TURKEYS

While supplies last.

Starting at:
\$3.99
lb

NEW SEASONS ALL BULK SAUSAGE

Gluten-free recipes with no added fillers or binders. A great addition to holiday stuffing.

\$5.99
lb

SAVE \$1lb



CRANBERRIES

Large, juicy, and full of sweet-tart flavor. Grown in OR and WA.

PNW
LOCAL

2 for \$5

SAVE \$1.49ea



TILLAMOOK ICE CREAM

Assorted Varieties
1.5qt

PNW
LOCAL

\$4.99
ea

SAVE \$3ea



STUMPTOWN COFFEE ROASTERS COFFEE

Selected Varieties
10.5-12oz

PNW
LOCAL

\$13.99
ea

SAVE \$4ea



NEW SEASONS BUTTER

Made with rBST-free milk by Larsen's Creamery in Clackamas, OR. Salted or Unsalted.
1lb



2 for \$7

SAVE 69¢ea

STAHLBUSH ISLAND FARMS FROZEN VEGETABLES

Selected Varieties
10oz

PNW
LOCAL

3 for \$5

SAVE \$1.82ea



Want to have weekly deals delivered to your inbox? Just sign up for email updates at newseasonsmarket.com/join
Visit us online at www.newseasonsmarket.com

Prices shown are sale prices. Selection may vary by store.

WHAT WE'RE loving



New Cascadia Traditional

Our longtime partners at New Cascadia Traditional have been on a mission since 2007 to bring delicious options to the table for our gluten-free friends. Their locally handcrafted breads are Certified Gluten-Free through the Gluten-Free Food Program (GFFP) and made with simple, naturally fermented starters and whole grains.

Find their gluten-free sandwich breads, dinner rolls, bagels, baguettes, and seasonal favorites at your neighborhood New Seasons!



MEAT & SEAFOOD

NEW SEASONS PARMESAN CHICKEN BREASTS

Made in-house and ready to bake or fry for a quick and tasty meal.

\$9⁹⁹
lb

SAVE \$21b



COHO SALMON FILLET

Wild-caught during the peak of season and frozen immediately to retain its fresh flavor.

\$20⁹⁹
lb

SAVE \$11b



CREEKSTONE FARMS BEEF STEW MEAT

USDA Choice, Certified Humane beef with no added hormones and no antibiotics ever.

\$9⁹⁹
lb

SAVE \$11b



ULTRA NATURAL COOKED SHRIMP

Cooked and ready-to-eat shrimp sustainably farm-raised in Thailand. Great for shrimp cocktail!
31/40ct

\$15⁹⁹
lb

SAVE \$21b



FLORAL

THANKSGIVING BOUQUETS

Perfect for decorating or as a gift for your holiday host. Choose from four exclusive bouquets.



\$39⁹⁹
ea

FEATURED

LOCAL PRODUCE

RATTO FARMS ORGANIC POULTRY HERB MIX

A rustic blend of rosemary, sage, and thyme. From Ratto Farms in Aurora, OR.

**PNW
LOCAL**

\$7⁹⁹
ea

FEATURED



WILD CHANTERELLE MUSHROOMS

Just foraged and ready for stuffing, scrambles, and tartine. Grown in OR and WA.

**PNW
LOCAL**

25%
off



ORGANIC PIE APPLES

The perfect holiday pie starts with local apples! Choose from Pink Lady, Granny Smith, and Golden Delicious. Grown in OR and WA.

**PNW
LOCAL**

\$1⁹⁹
lb

SAVE \$11b



BAKERY & CHEESE

BLUE RAEVEN APPLE CRANBERRY CRUMB PIE

A local Granny Smith apple and cranberry filling with a rolled oats and butter crumb topping.
9in

PNW
LOCAL

\$21⁹⁹
ea

FEATURED



WKYE FARMS IVY'S RESERVE CHEDDAR

The world's first carbon-neutral cheddar! Ivy's Reserve is sharp, rich, and so delicious.

7oz



\$9⁹⁹
ea

SAVE \$1ea

BAKERLY PUMPKIN SPICE SLICED BRIOCHE

Made with the perfect amount of pumpkin purée and warm fall spices. Great for French toast!



\$7⁹⁹
ea

SAVE \$1ea

PRESIDENT FRENCH EMMENTAL SWISS

A wonderful melting cheese for holiday fondue, soups, or gratins.



20%
off

NEW SEASONS APRICOT PINEAPPLE GLAZED HAM

Beeler's Pure Pork ham glazed in-house with a sweet apricot pineapple glaze.



\$16⁹⁹
lb

FEATURED

NEW SEASONS DELICATA SQUASH SALAD

Roasted delicata squash, apples, and kale in a cider dressing.

IT'S IN
SEASON!



\$11⁹⁹
lb

SAVE \$2lb

BEER & WINE

OVERJOY WESTMOUNT GAMAY NOIR

An expressive wine bursting with black cherry, raspberry, and tart cranberry notes, framed by lively acidity and delicate hints of white pepper, hibiscus, and fresh herb.

750ml

PNW
LOCAL

ONLY AT
NSM



\$16⁹⁹
ea

SAVE \$3ea

KING ESTATE INSCRIPTION PINOT NOIR

Fresh raspberry and ripe strawberry notes with classic Oregon flavors of mushroom, forest floor, and earth. Rich and well-built with oak and vanilla nuances.

750ml

PNW
LOCAL



\$21⁹⁹
ea

SAVE \$8ea

ATHLETIC BREWING NON-ALCOHOLIC WINTER WONDER

A rich winter Weiss featuring a smoky malt and clove profile with a touch of lemon peel. A great non-alcoholic holiday beer.

6pk/12oz



\$12⁹⁹
ea

SAVE \$3ea

TORRE ORIA CAVA BRUT

An elegant wine with well-integrated bubbles, balanced acidity, and a refreshing finish marked by notes of peach, tropical fruit, and floral hints.

750ml



\$11⁹⁹
ea

SAVE \$1ea

CAMERON DUNDEE HILLS CHARDONNAY

Notes of crisp apple and ripe pear with a touch of minerality and a bright, refreshing finish. Pairs beautifully with turkey.

750ml

PNW
LOCAL



\$24⁹⁹
ea

SAVE \$5ea

PFRIEM FAMILY BREWERS 6-PACK CANS

A perennial local favorite, pFriem Family Brewers crafts amazing beers using only the highest-quality ingredients. Selection may vary by location.

6pk/12oz

PNW
LOCAL



\$12⁹⁹
ea

SAVE \$1ea

SKIP THE HOLIDAY HUSTLE— SHOP ONLINE!

Get the same great deals you find in-store with easy pickup or delivery. Plus, take \$15 off your next online grocery order of \$75+ with code

ENJOY15

Powered by
instacart

Terms apply.

DON'T MISS THIS OFFER!

Neighbor Rewards members opted in to receive emails or texts get a FREE 48oz Tillamook ice cream with a \$10 purchase.

Not getting these deals yet? Join or update your preferences by Thursday at newseasonsmarket.com/rewards to unlock this exclusive member offer on Friday.



WELLNESS

WYLD CBD CBD GUMMIES

Delicious THC-free gummies infused with broad-spectrum hemp extract and real fruit.

PNW
LOCAL

**25%
off**



SUKIN FACE AND BODY CARE

Free from parabens and synthetic fragrances. Save on your favorite face and body care products this week.

**25%
off**



BOIRON OSCILLOCOCCINUM

Helps to reduce the duration and severity of flu-like symptoms. 6ct

**\$13.99
ea**
SAVE \$3ea



HOST DEFENSE MUSHROOMS MYCOSHIELD SPRAY

A blend of five powerful mushrooms for immune support. Save on select flavors and sizes. .5oz

PNW
LOCAL

**\$7.99
ea**
SAVE \$3ea



NOW FOODS MELATONIN 3MG

Helps to improve sleep quality and support a healthy sleep/wake cycle. 180vc

**\$9.99
ea**
SAVE \$5ea



MRM NUTRITION DIGEST-ALL

Contains a full spectrum of carb, protein, and fat-digesting enzymes. 30vc

**\$6.49
ea**
SAVE \$4.50ea



NATURE'S WAY VITAMIN D GUMMIES

A delicious way to get your daily dose of vitamin D3. 120ct

**\$16.99
ea**
SAVE \$3ea



INSCENTS CBD INFUSED BATH SALTS

Relax and unwind with CBD-infused bath salts. Save on select scents. 4oz

PNW
LOCAL

**\$7.99
ea**



ALBA BOTANICA DAILY MOISTURIZING BODY LOTION

Hydrates and nourishes normal to dry skin. Save on select scents. 32oz

**\$12.99
ea**
SAVE \$9ea



DR. BRONNER'S ALL-ONE TOOTHPASTES

Made with organic and fair trade ingredients. Save on various flavors. 5oz

**\$5.99
ea**
SAVE \$2ea



GROCERY

WILLAMETTE VALLEY PIE CO. FROZEN DESSERTS

Selected Varieties

PNW
LOCAL

**20%
off**



SO DELICIOUS COCO WHIP

Original or Light. 9oz

2 for \$8
SAVE \$1.49ea



DUFOUR PASTRY KITCHENS PUFF PASTRY DOUGH

Assorted Varieties 10-14oz

**\$9.99
ea**
SAVE \$3ea



KODIAK Cakes FROZEN BREAKFAST FOODS

Selected Varieties

**50%
off**



BONAFIDE PROVISIONS BONE BROTH

Selected Varieties 24oz

**\$7.99
ea**
SAVE \$4ea



PILLSBURY PIE CRUSTS OR CRESCENT ROLLS

Selected Varieties

**20%
off**



STAHLBUSH ISLAND FARMS FROZEN FRUIT

Selected Varieties 10oz

PNW
LOCAL

2 for \$8
SAVE \$1.99ea



APPLEGATE BREAKFAST SAUSAGE

Assorted Varieties 7oz

**\$6.99
ea**
SAVE UP TO \$2ea



GROCERY

REFRESHINGLY DELICIOUS

From crisp tonics to bold ginger beers, Fever-Tree brings pure, balanced flavor to every pour—no artificial sweeteners, no shortcuts, just refreshment done right.



FEVER-TREE PREMIUM DRINK MIXERS
Selected Varieties
4pk/6.8oz

\$4.99 ea
SAVE \$2.50ea

BACK TO NATURE CRACKERS
Selected Varieties
4-7oz



2 for \$6
SAVE UP TO \$2.49ea

SUZIE'S ORGANIC SALTINE CRACKERS
8.8oz



\$4.99 ea
SAVE UP TO \$1.50ea

SKINNYPOP POPCORN
Assorted Varieties
4.4-5.3oz



2 for \$7
SAVE \$1.09ea

NEW SEASONS KETTLE CHIPS
Produced by the farmers who grow the potatoes at Naturally Homegrown Foods.
Assorted varieties.
5.2oz



2 for \$5
SAVE 49¢ea

THE GOOD CRISP COMPANY CHEESE BALLS
Spicy or Cheddar.
4oz



\$2.99 ea
SAVE \$1ea

RANGER CHOCOLATE CO. DARK CHOCOLATE CHERRIES OR HAZELNUTS
4.5-5.3oz



\$9.99 ea
SAVE UP TO \$4ea

NEWMAN'S OWN COOKIES
Selected Varieties



20% off

LOCKER QUADRATINI WAFER COOKIES
Assorted Varieties
7.76-8.82oz



\$4.99 ea
SAVE \$1.20ea

PAMELA'S PRODUCTS GLUTEN-FREE SNACKS
Selected Varieties



20% off

KODIAK CAKES GRANOLA BARS
Assorted Varieties
5-6ct



\$4.99 ea
SAVE UP TO \$2.50ea

THEO CHOCOLATE ORGANIC CHOCOLATE BAR
Selected Varieties
3oz



\$3.99 ea
SAVE UP TO \$1.20ea

SAHALE SNACKS SNACK MIX
Assorted Varieties
4oz



\$5.99 ea
SAVE UP TO \$2.80ea

GEROLSTEINER SPARKLING MINERAL WATER
25.3oz



\$2.29 ea
SAVE 50¢ea

RISHI TEA & BOTANICALS TEA
Selected Varieties



20% off

BULK

LUNDBERG FAMILY FARMS RICE
Selected Varieties



20% off

HUMMINGBIRD WHOLESALE ORGANIC DRIED CRANBERRIES

PNW LOCAL



\$7.99 lb
SAVE \$1lb

EQUAL EXCHANGE PECAN HALVES

PNW LOCAL



\$13.99 lb
SAVE \$2lb

WATER AVENUE COFFEE COFFEE
Selected Varieties



\$15.99 lb
SAVE \$4lb

GROCERY

**PACIFIC FOODS
ORGANIC
BROTH**
Selected Varieties
32oz



**PNW
LOCAL**

2 for \$7
SAVE 79¢ ea

**KETTLE & FIRE
BROTH**
Selected Varieties
32oz



2 for \$7
SAVE UP TO \$2.19 ea

**PACIFIC FOODS
ORGANIC
CONDENSED
SOUP**
Chicken or Mushroom.
10.5oz



**PNW
LOCAL**

2 for \$6
SAVE 89¢ ea

**BETTER THAN BOUILLON
BOUILLION
OR SOUP BASE**
Selected Varieties



25% off

**LUCINI ITALIA
EXTRA VIRGIN
OLIVE OIL**
Selected Varieties
1L



**\$25⁹⁹
ea**
SAVE \$10 ea

**MAILLE
MUSTARD**
Assorted Varieties



20% off

**DIVINA
OLIVES**
Selected Varieties



20% off

**SANTA BARBARA OLIVE COMPANY
MEDIUM BLACK OLIVES**
6oz



2 for \$7
SAVE \$1.49 ea

**MARTINELLI'S
SPARKLING
JUICE OR
CIDER**
Selected Varieties
25.4oz



2 for \$6
SAVE \$1.59 ea

**LUNDBERG FAMILY FARMS
RICE**
Selected Varieties



20% off

**KIKKOMAN
PANKO BREAD
CRUMBS**
Selected Varieties



20% off

**KINDER'S
RUBS AND
SEASONINGS**
Selected Varieties
5.5-6oz



**\$5⁴⁹
ea**
SAVE \$1.80 ea

**FRANZ
DINNER
ROLLS OR
STUFFING**
Selected Varieties
7.5-18oz



**PNW
LOCAL**

2 for \$7
SAVE UP TO \$2.49 ea

**WOODSTOCK
ORGANIC
CRANBERRY SAUCE**
Whole Berry or Jellied.
14oz



**\$3⁹⁹
ea**
SAVE \$1 ea

**BOB'S RED MILL
FLOUR**
Selected Varieties
5lb



**PNW
LOCAL**

**\$3⁹⁹
ea**
SAVE 90¢ ea

**WORLD CENTRIC
COMPOSTABLE
TABLEWARE**
Selected Varieties



20% off

**LOCAL HIVE
HONEY**
Assorted Varieties
16oz



**\$8⁹⁹
ea**
SAVE UP TO \$3 ea

**MOUNT HAGEN
FREEZE-DRIED
INSTANT
COFFEE**
Assorted Varieties



20% off

NANA JOES GRANOLA
Assorted Varieties
8-12oz



**\$7⁹⁹
ea**
SAVE \$1.90 ea

**WOODSTOCK
ORGANIC
SUGAR**
Selected Varieties



20% off

GROCERY

NEW SEASONS BRAND— SO MUCH TO LOVE

Local, small-batch, and always the best quality—over 80% of New Seasons Brand products come from within 500 miles of Portland.

**FRANZ
ENGLISH
MUFFINS**
Assorted Varieties
6ct



\$2²⁹
ea
SAVE 50¢ ea

**BLUE DIAMOND
ALMOND
BREEZE**
Selected Varieties
59–64oz



\$2⁹⁹
ea
SAVE \$1.30 ea

**NEW SEASONS
CAGE-FREE EGGS**

From chickens raised on vegetarian feed with no antibiotics by Stiebers Farms in Yelm, WA.

18ct



\$5²⁹
ea
FEATURED

**NEW SEASONS
ORGANIC ORANGE
JUICE**

From Columbia Gorge Organic in Hood River, OR.

46oz



\$8⁴⁹
ea
FEATURED

**CALIFIA FARMS
HOLIDAY NOG**
48oz



\$5⁹⁹
ea
SAVE \$1.60 ea

**CEDAR'S
ORGANIC HOMMUS**
Selected Varieties
10oz



2 for \$7
SAVE \$1.69 ea

**NEW SEASONS
HEAVY
WHIPPING CREAM**

Locally sourced rBST-free cream from Alpenrose Dairy in Portland, OR.

1pt



\$4⁹⁹
ea
FEATURED

**NEW SEASONS
EGG NOG**

From Alpenrose Dairy in Portland, OR.

1qt



\$6⁴⁹
ea
FEATURED

**DAISY BRAND
SOUR CREAM**
Regular or Light.
16oz



2 for \$5
SAVE \$1.29 ea

**JUST
PLANT-BASED EGG**
16oz



\$6⁹⁹
ea
SAVE \$2.60 ea

**PHILADELPHIA
CREAM CHEESE**

Selected Varieties
8oz



2 for \$7
SAVE 39¢ ea

**REDDI-WIP
WHIPPED
TOPPING**

Selected Varieties
6.5oz



**BUY 1
GET 1 1/2 OFF**
SAVE \$2.10 ON 2

Available
in-store only

**VIOLIFE
DAIRY-FREE
CHEESE**
Assorted Varieties



**25%
off**

**SIMPLY POTATOES
HASH BROWNS OR
DICED POTATOES**

Assorted Varieties
20oz



\$2⁹⁹
ea
SAVE \$1.50 ea

**CHOBANI
COFFEE
CREAMER**

Selected Varieties
24oz



**BUY 1
GET 1 1/2 OFF**
SAVE \$3.60 ON 2

Available
in-store only

**VIOLIFE
DAIRY-FREE
CREAM CHEESE**
Assorted Varieties



**25%
off**

*** ~TIME TO~
DONATE
Dinner**

All this week you can donate to Meals on Wheels at checkout to provide meals for homebound seniors in our community.

November 19–26

