

# FIRE UP FATHER'S DAY

Celebrate Dad with humanely raised NY steaks, grill-ready sausages, and local brews.

Really BIG DEAL

**NEW YORK STEAKS**

**\$19<sup>99</sup> lb**  
SAVE \$9lb

Really BIG DEALS

## ATLANTIC SALMON FILLET

Sustainably farm-raised in Norway, with a fresh, mild, and buttery taste. Delicious pan-seared or grilled.

**\$15<sup>99</sup> lb**

SAVE \$2lb



## ORGANIC CANTALOUPE

Sweet, juicy, and melt-in-your-mouth delicious. From Organic Treat in El Centro, CA.

**99¢ lb**

SAVE \$1lb



## TILLAMOOK ICE CREAM

Selected Varieties  
1.5qt

**\$5<sup>99</sup> ea**

SAVE \$2ea



## PEET'S COFFEE

Selected Varieties  
10-10.5oz

**\$9<sup>99</sup> ea**

SAVE \$5ea



## MOM'S BEST CEREAL

Assorted Varieties  
17.5-24oz

BUY 1 GET 1  
**FREE**

SAVE \$6.99 ON 2



## TILLAMOOK CHEESE

Selected Varieties  
7-8oz

**2 for \$7**

SAVE \$1.49ea





# WHAT WE'RE loving



# 25

DELICIOUS  
YEARS  
Together  
EST. 2000

## New Seasons Ice Cream

Whether you scoop it into a bowl or directly into your mouth, New Seasons ice cream is always a treat.

Crafted the old-fashioned way by our longtime partners at Lopez Island Creamery in Anacortes, WA, every small batch is melt-in-your-mouth delicious—from classic Vanilla Bean to Salted Caramel, Strawberry, and beyond.



## MEAT & SEAFOOD

### NEW SEASONS PORK BRATWURST SAUSAGE LINKS

Grill-ready links with no added fillers or antibiotics ever.



**\$7<sup>99</sup><sub>lb</sub>**  
**FEATURED**



### BEELER'S PURE PORK BONELESS CENTER- CUT PORK CHOPS

Humanely raised with no antibiotics ever. Great pan-seared or grilled.



**\$5<sup>99</sup><sub>lb</sub>**  
**SAVE \$1lb**

### ULTRA NATURAL COOKED SHRIMP

Cooked and ready-to-eat shrimp sustainably farm-raised in Thailand. Great for shrimp cocktail!

**31/40ct**  
**\$15<sup>99</sup><sub>lb</sub>**  
**SAVE \$2lb**



### NEW SEASONS ALL CHICKEN SKEWERS

Humanely raised chicken in one of our gluten-free marinades. Choose from breast or thigh meat. Flavors may vary by location.



**\$8<sup>99</sup><sub>lb</sub>**  
**SAVE \$1lb**

### ECHO FALLS SMOKED YELLOWFIN TUNA

Sustainably wild-caught and cured, then coated in black and white sesame seeds and oak-smoked for a rich, unique flavor.

**3oz**  
**\$6<sup>99</sup><sub>ea</sub>**  
**SAVE \$3ea**



## FLORAL

### POMPON PEONY DUET

A lovely medley of pompoms and peonies, from BC, Canada.



**\$12<sup>99</sup><sub>ea</sub>**  
**SAVE \$2ea**

## PRODUCE

### 4-PACK LOCAL STRAWBERRY PINTS

Local strawberries are here! From Unger Century Farm in Cornelius, OR, and Bluff Berry Farm in Boring, OR.



**\$19<sup>99</sup><sub>ea</sub>**  
**FEATURED**

PNW  
LOCAL

### LOCAL MARYHILL CHERRIES

Sweet and bursting with just-picked flavor. From Gunkel Orchards in Goldendale, WA.



**\$6<sup>49</sup><sub>lb</sub>**  
**SAVE 50¢lb**

PNW  
LOCAL

### ORGANIC TOMATOES ON THE VINE

Vine-ripened for the best flavor. From Oppy in B.C., Canada.



**\$2<sup>99</sup><sub>lb</sub>**  
**SAVE \$1lb**

## BAKERY & CHEESE

### CHUCKANUT BAY FOODS CHEESECAKE SLICE

PNW  
LOCAL

Indulge in rich, creamy slices, like Tuxedo or Lemon Cheesecake—or go tropical with Hummingbird Cake, featuring pineapple and banana.

**\$5<sup>99</sup>**  
ea

SAVE \$1ea



### BULK OLIVE BAR

Save 20% on olives and antipasti—perfect for summer get-togethers.

**20%**  
off



### NEW SEASONS ORGANIC ROSEMARY SEA SALT BAGUETTE

Hand-made by our bakers with the perfect balance of rosemary, olive oil, and sea salt.

**\$3<sup>49</sup>**  
ea

SAVE \$1ea



### CORO FOODS SLICED SALAMI

PNW  
LOCAL

Uniquely delicious salami crafted using all-natural ingredients. Perfect for charcuterie boards and sandwiches.  
**3oz**

BUY 1 GET 1  
**FREE**

SAVE \$6.99 ON 2



### NEW SEASONS FRIED CHICKEN

Fully cooked and extra crispy bone-in chicken. Ready to enjoy hot or cold.

**\$12<sup>99</sup>**  
lb

SAVE \$1lb



### NEW SEASONS CLASSIC POTATO SALAD

Featuring cage-free eggs, tender potatoes, and celery in a mayonnaise dressing.

**\$8<sup>99</sup>**  
lb

SAVE \$1lb



### TILLAMOOK MEDIUM CHEDDAR DELI SLICES

PNW  
LOCAL

Conveniently pre-sliced and ready in our grab & go case for easy lunch prep.

**\$10<sup>99</sup>**  
lb

SAVE \$1lb



### ORIGAMI CATERING THE MORRISON

PNW  
LOCAL

Named after Portland's Morrison Bridge, this tasty combo features salmon nigiri and salmon rolls.

**\$14<sup>99</sup>**  
ea

SAVE \$1ea



## BEER & WINE

### BONEYARD BEER SELECT 6-PACKS

PNW  
LOCAL

Bold, hop-forward brews from this PNW craft favorite. Selection may vary by store.  
**6pk/12oz**

**\$11<sup>99</sup>**  
ea

SAVE \$4ea



### BREAKSIDE BREWERY WALK OFF IPA

PNW  
LOCAL

A perfect summer ale bursting with mango, melon, red berry, and lime flavors. Brewed in partnership with Hillsboro Hops.  
**16oz**

**\$3<sup>99</sup>**  
ea

SAVE \$1.50ea



### HEDGES FAMILY WINERY CABERNET SAUVIGNON

PNW  
LOCAL

A rich, full-bodied wine with dark berry flavors balanced by cocoa, vanilla, and warm spices. Layered notes of blackberry, toffee, chocolate, and a hint of leather round out the finish. Perfect with grilled meats.  
**750ml**

**\$14<sup>99</sup>**  
ea

SAVE \$9ea



### REUBEN'S BREWS PRIDE CRIKEY IPA

PNW  
LOCAL

Led by hoppy notes of citrus, pine, and tropical fruit balanced by a smooth malt backbone. A portion of proceeds support the LGBTQ+ community.  
**6pk/12oz**

**\$11<sup>99</sup>**  
ea

SAVE \$2ea



### WEIHENSTEPHANER SELECT GERMAN WEISSBIER

Crisp and refreshing brews from the world's oldest brewery. Perfect for backyard BBQs. Selection may vary by location.  
**16.9oz**

**\$3<sup>99</sup>**  
ea

SAVE \$1ea



### LOVE & SQUALOR GARAGELAND PINOT NOIR

PNW  
LOCAL

Bing cherry, red raspberry, cola, and a hint of minerality combine in this interesting and quaffable Pinot Noir. A portion of proceeds support the LGBTQ+ community.  
**750ml**

**\$22<sup>99</sup>**  
ea

SAVE \$2ea



# DON'T MISS THIS OFFER!

Neighbor Rewards  
members opted  
into email or text  
get 30% off craft  
beer—perfect for  
Father's Day!

Join or sign up by Thursday at  
[newseasonsmarket.com/rewards](https://newseasonsmarket.com/rewards)  
for this exclusive member offer  
on Friday.





## WELLNESS

### WYLD CBD CBD GUMMIES

Delicious real fruit gummies made locally with THC-free, broad-spectrum hemp extract

**30% off**



PNW LOCAL

### DR. HAUSCHKA FACIAL CARE

Gentle yet effective skincare crafted with organic and biodynamic plant extracts for naturally radiant skin.

**25% off**



### NATURAL FACTORS WELLBETX BERBERINE 1000MG

May help support blood sugar management with 1,000 mg of Berberine HCl per serving.

60vc

**\$19.99 ea**

SAVE \$10ea



### HERB PHARM KAVA LIQUID EXTRACT

A fast-absorbing liquid formula designed to promote rest and relaxation naturally.

1oz

**\$14.99 ea**

SAVE \$5ea



PNW LOCAL

### NOW FOODS VITAMIN D-3 5000IU

Each easy-to-swallow softgel delivers 5000 IU of vitamin D3.

120sg

**\$9.49 ea**

SAVE \$3.50ea



### MRM NUTRITION RED YEAST RICE

Provides 1,200 mg of non-GMO red yeast rice per serving.

60vc

**\$9.99 ea**

SAVE \$7ea



### NEW CHAPTER MEN'S AND WOMEN'S MULTIVITAMIN GUMMIES

Made with organic blue agave fiber, cutting out unnecessary added sugar.

75ct

**\$22.99 ea**

SAVE \$14ea



### AUOMERE AYURVEDIC HERBAL TOOTHPASTES

Save on your favorite flavors of plant-based toothpastes from Auomere.

4.16oz

**\$6.49 ea**

SAVE \$3.50ea



### EVERY MAN JACK DEODORANTS

Aluminum and baking soda-free deodorants formulated to provide 24-hour protection.

3oz

**\$6.99 ea**

SAVE \$2ea



### AVALON ORGANICS HAIR CARE

Certified organic formulas made with plant-based botanicals and essential oils. Save on select sizes and formulas.

11oz

**\$8.99 ea**

SAVE \$4ea



## GROCERY

### TILLAMOOK ICE CREAM SANDWICHES

Assorted Varieties

4ct

**\$4.99 ea**

SAVE 60¢ea



PNW LOCAL

### ICE CREAM FOR BEARS FRENCH ICE CREAM

Assorted Varieties

14oz

**\$6.99 ea**

SAVE \$1.20ea



### GROWN IN IDAHO FRIES OR TOTS

Assorted Varieties

28oz

**\$6.99 ea**

SAVE \$1ea



### RAO'S HOMEMADE BRICK OVEN FROZEN PIZZA

Assorted Varieties

18.3-20.8oz

**\$9.99 ea**

SAVE \$2ea



### JOLLY LLAMA FROZEN POPS AND CONES

Selected Varieties

3-4ct

**\$4.99 ea**

SAVE UP TO \$2ea



### STAHLBUSH ISLAND FARMS FROZEN FRUIT

Assorted Varieties

10oz

**2 for \$7**

SAVE \$2.49ea



PNW LOCAL

### YO EGG PLANT-BASED EGGS

Sunny Side Up or Poached.

7.2-7.9oz

**\$7.99 ea**

SAVE \$3ea



### EVOL FROZEN ENTRÉES

Selected Varieties

9-11.5oz

**2 for \$9**

SAVE UP TO \$3.19ea





## GROCERY

### NEW SEASONS KETTLE CHIPS

Produced by the farmers who grow the potatoes at Naturally Homegrown Foods. Assorted varieties.

5.2oz

**\$2<sup>99</sup>**  
ea

**FEATURED**



### HUMBLE SNACKS ORGANIC POTATO CHIPS

Assorted Varieties

5oz

**\$3<sup>99</sup>**  
ea

**SAVE \$1ea**



### SIETE FOODS MAIZ CORN TORTILLA CHIPS

Assorted Varieties

7.5oz

**\$3<sup>99</sup>**  
ea



### DOT'S SNACKS PRETZELS

Selected Varieties

16oz

**\$6<sup>99</sup>**  
ea



### NEW COAST FORAGING CO. CANNED NUTS

Assorted Varieties



**25% off**

### ANNIE'S CRACKERS

Selected Varieties

7.5-9oz

**\$3<sup>99</sup>**  
ea



### EPIC MEAT SNACK STRIPS

Selected Varieties

.8oz

**2 for \$3**



### KALAHARI BILTONG AIR DRIED SLICED BEEF

Assorted Varieties

2oz

**\$7<sup>99</sup>**  
ea



### CLIF BAR ENERGY BARS

Selected Varieties

1.76-2.4oz

**3 for \$5**

**SAVE UP TO 92¢ea**



### BAREBELLS PROTEIN BARS

Assorted Varieties

4ct

**\$9<sup>99</sup>**  
ea

**SAVE \$2.90ea**



### THAT'S IT FRUIT BAR

Assorted Varieties

1.2oz

**2 for \$3**

**SAVE 99¢ea**



### BEQUET CARAMELS

Assorted Varieties

3.6oz

**\$4<sup>99</sup>**  
ea

**SAVE \$1.40ea**



### TATE'S BAKE SHOP COOKIES

Selected Varieties

7oz

**\$5<sup>99</sup>**  
ea



### BAHLSEN COOKIES AND WAFERS

Assorted Varieties

3.5-4.4oz

**\$5<sup>99</sup>**  
ea



### DANDIES VEGAN MARSHMALLOWS

Selected Varieties

9.9-10oz

**\$3<sup>99</sup>**  
ea

**SAVE \$1.70ea**



### CHOCO ORGANIC CHOCOLATE SNACKS

Selected Varieties

3.45oz

**\$5<sup>99</sup>**  
ea

**SAVE \$2ea**



## BULK

### HUMMINGBIRD WHOLESALE ORGANIC BLACK BEANS

**PNW LOCAL**

**\$2<sup>99</sup>**  
lb

**EVERYDAY VALUE**



### CB'S NUTS ORGANIC KETTLE ROASTED PEANUTS

Sea Salt or Jalapeno.

**\$6<sup>99</sup>**  
lb

**SAVE \$2lb**



### STUMPTOWN COFFEE ROASTERS COFFEE

Selected Varieties

**\$15<sup>99</sup>**  
lb

**SAVE \$4lb**



### EQUAL EXCHANGE ORGANIC ROASTED SALTED CASHEWS

**PNW LOCAL**

**\$16<sup>99</sup>**  
lb

**SAVE \$5lb**



# GROCERY

**SANTA CRUZ ORGANIC  
LEMONADE  
OR LIMEADE**  
Assorted Varieties  
32oz



**2 for \$6**  
SAVE \$1.99ea

**ANTIOXIDANT SOLUTIONS  
JUICE**  
Assorted Varieties  
32oz



**\$5.99  
ea**  
SAVE \$2ea

**TEJAVA  
TEA**  
Assorted Varieties  
1L



**2 for \$6**  
SAVE 79¢ea

**ICELANDIC GLACIAL  
NATURAL  
SPRING  
WATER**  
1.5L



**2 for \$6**  
SAVE \$1.29ea

**NIXIE  
ORGANIC  
ZERO SUGAR  
SODA**  
Assorted Varieties  
12oz



**3 for \$5**  
SAVE 82¢ea

**MELTING FOREST  
SPARKLING  
ADAPTOGENIC  
DRINK**  
Assorted Varieties  
12oz



**2 for \$5**  
SAVE \$1.49ea

**ITO EN  
OI OCHA  
GREEN TEA**  
Assorted Varieties  
16.9oz



**2 for \$5**  
SAVE 99¢ea

**SEVEN TEAS  
ICED TEA OR  
LEMONADE**  
Assorted Varieties  
16oz



**2 for \$5**  
SAVE UP TO \$1.49ea

**YACHAK ORGANIC  
PLANT-BASED  
ENERGY TEA**  
Assorted Varieties  
16oz



**2 for \$4**  
SAVE 99¢ea

**OATLY  
OATMILK**  
Selected Varieties  
32oz



**\$4.49  
ea**  
SAVE \$1.50ea

**TORANI  
PUREMADE  
SYRUP**  
Selected Varieties  
12.7oz



**\$5.99  
ea**  
SAVE \$2ea

**SANTA CRUZ ORGANIC  
PEANUT  
BUTTER**  
Assorted Varieties  
16oz



**\$6.99  
ea**  
SAVE \$1.20ea

**CALIFORNIA OLIVE RANCH  
EXTRA VIRGIN  
OLIVE OIL**  
Selected Varieties  
16.9oz



**\$24.99  
ea**  
SAVE \$15ea

**DIVINA  
MEDITERRANEAN  
FOODS**  
Selected Varieties



**20%  
off**

**BONO  
PASTA  
SAUCE**  
Selected Varieties  
24oz



**\$8.99  
ea**  
SAVE \$2ea

**SUSTAINABLE SEAS  
TUNA**  
Selected Varieties  
5oz



**\$3.99  
ea**

**SIETE FOODS  
SALSA**  
Assorted Varieties  
10.5oz



**\$4.99  
ea**  
SAVE \$2ea

**COCONUT SECRET  
COCONUT  
AMINOS AND  
SAUCES**  
Selected Varieties



**20%  
off**

**JACOBSEN SALT CO.  
SEASONING**  
Selected Varieties  
2.3–2.82oz



**\$6.99  
ea**  
SAVE UP TO \$1.60ea

**ECOS  
LAUNDRY  
PRODUCTS**  
Selected Varieties  
100oz



**\$14.99  
ea**  
SAVE \$3.50ea



## GROCERY

**DAISY BRAND  
SOUR CREAM**  
24oz

**\$3<sup>99</sup>**  
ea

**SAVE \$1.60ea**



**CEDAR'S  
ORGANIC  
HOMMUS**  
Selected Varieties  
10oz

**BUY 1 GET 1  
FREE**

**SAVE \$4.59 ON 2**



**STRAUS FAMILY CREAMERY  
ORGANIC YOGURT**  
Selected Varieties

**20%**  
off



**HARMLESS HARVEST  
ORGANIC CULTURED  
COCONUT**  
Assorted Varieties  
4.4oz

**\$2<sup>29</sup>**  
ea

**SAVE UP TO \$1.20ea**



**BITCHIN' SAUCE  
VEGAN DIP**  
Selected Varieties  
7-8oz

**\$5<sup>49</sup>**  
ea

**SAVE \$2.20ea**



**NEW SEASONS  
CAGE-FREE  
WHITE EGGS**  
From chickens raised on vegetarian feed  
with no antibiotics by Stiebers Farms  
in Yelm, WA.  
1doz

**\$3<sup>99</sup>**  
ea

**SAVE \$1ea**



**OATLY  
OATMILK  
CREAMER**  
Assorted Varieties  
1qt

**\$4<sup>99</sup>**  
ea

**SAVE \$1.60ea**



**TRULY GRASS FED  
BUTTER**  
Salted or Unsalted.  
8oz

**\$4<sup>99</sup>**  
ea

**SAVE \$1.80ea**



**LIGHTLIFE  
PLANT-BASED  
PROTEINS**  
Selected Varieties

**25%**  
off



**SUJA ORGANIC  
COLD-PRESSED  
JUICES**  
Selected Varieties

**25%**  
off



**VIOLIFE  
DAIRY-FREE  
AND VEGAN  
CHEESE**  
Selected Varieties  
5.64-8oz

**\$5<sup>49</sup>**  
ea

**SAVE \$2.20ea**



**NEW SEASONS  
COOKIE DOUGH**  
Made by Cougar Mountain  
Baking Co. in Seattle, WA.  
Choose from a  
variety of flavors.  
16oz

**\$6<sup>59</sup>**  
ea

**FEATURED**



**GOOD WOLF  
PROBIOTIC  
DRINK**  
Assorted Varieties  
12oz

**BUY 1 GET 1  
FREE**

**SAVE \$3.99 ON 2**



**SIPJOY  
SPARKLING  
PROBIOTIC  
REFRESHER**  
Assorted Varieties  
12oz

**2 for \$4**

**SAVE 79¢ea**



**FRANZ  
PREMIUM  
BUNS**  
Selected Varieties  
8ct

**\$4<sup>49</sup>**  
ea

**SAVE UP TO \$2ea**



**FRANZ  
PREMIUM  
ROLLS**  
Selected Varieties  
6ct

**\$4<sup>49</sup>**  
ea

**SAVE \$1.50ea**



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