

# SWEET SIGNS OF SUMMER

Juicy, sweet, and bursting with flavor—these cherries are on top. Come take your pick!

Really BIG DEAL

**CHERRIES**

From Rivermaid in Lodi, CA.

**\$5<sup>99</sup>**  
lb

SAVE \$1lb

Really BIG DEALS

## ROCKFISH FILLET

Sustainably wild-caught off of OR and WA coasts. Delicious pan-seared or baked.

PNW LOCAL

**\$6<sup>99</sup>**  
lb

SAVE \$3lb

## MARY'S WHOLE FRYER CHICKEN

Humane Certified and always air-chilled.

**\$1<sup>99</sup>**  
lb

SAVE \$2lb



## KIND GRANOLA

Selected Varieties  
8-11oz

**\$4<sup>99</sup>**  
ea

SAVE UP TO \$4ea



## OLIPOP PREBIOTIC SODA

Assorted Varieties  
12oz

**3 for \$6**

SAVE 39¢ea



## GOODLES MAC & CHEESE

Assorted Varieties

**33% off**



## RED'S FROZEN BURRITOS

Selected Varieties  
4.5-5oz

**BUY 2 GET 1 FREE**

SAVE \$3.19 ON 3



Available in-store only

# WHAT WE'RE loving



## Bauman's Farm & Garden

The Bauman family has been farming for over a century, so they know a thing or two about growing gorgeous things.

As a longtime New Seasons partner, Bauman's Farm & Garden crafts vibrant, bloom-packed hanging baskets just for us—grown with care in Gervais, OR, and overflowing with local charm.



## MEAT & SEAFOOD

### COUNTRY NATURAL BEEF TOP SIRLOIN STEAK

USDA Choice, humanely range-raised, and great on the grill!

**\$15<sup>99</sup>**  
lb

**FEATURED**



### YAKOBI FISHERIES COHO SALMON FILLET

Wild-caught during the peak of season and frozen immediately to retain its fresh flavor.

**\$19<sup>99</sup>**  
lb

**SAVE \$2lb**



## FLORAL

### RAINBOW SNAPDRAGON

A bright and beautiful bunch of spring snapdragons!

**\$14<sup>99</sup>**  
ea

**SAVE \$2ea**



### NEW SEASONS HOUSE-MADE BEEF SKEWERS

Grill-ready beef skewers made in-house with our gluten-free marinades.

**\$17<sup>99</sup>**  
lb

**FEATURED**



### NEW SEASONS HALIBUT CAKES

Made in-house with sustainably wild-caught halibut, veggies, and herbs. Ready to pan-fry or bake.

**\$4<sup>99</sup>**  
ea

**SAVE \$1ea**



## FRESH FLOWERS, DELIVERED!

Order stunning, handcrafted bouquets and floral vase arrangements online for quick and convenient delivery.

[shop.newseasonsmarket.com](https://shop.newseasonsmarket.com)



## ORGANIC PRODUCE

### ORGANIC NECTARINES

Exceptionally sweet and bursting with tree-ripened flavor. From Valliwide in Reedley, CA.

**\$3<sup>99</sup>**  
lb

**SAVE \$1lb**



### ORGANIC STRAWBERRIES

Strawberry season is here at last! From Driscoll's in Watsonville, CA.

1lb pkg

**\$5<sup>99</sup>**  
ea

**SAVE \$1ea**



### ORGANIC LEAF LETTUCE

Choose from romaine, red, or green leaf varieties. From Siri & Sons Farms in St. Paul, OR.

**2 for \$5**

**SAVE 49¢ea**





## BAKERY & CHEESE

### BISOU SWEET DOUGHNUT MUFFINS

Scratch-made with simple ingredients and oven-baked, not fried.

9-10oz



**\$7.99**  
ea

SAVE \$1ea

### ROTH WISCONSIN BLUE CHEESE

Crumbly, creamy, and full of bold flavor. Perfect for salads, dressings, or sprinkled over pasta.



**\$9.99**  
lb

SAVE \$1lb

### NEW SEASONS ORGANIC CIABATTA

Made fresh daily in-house, this bakery favorite is great for sandwiches.



**\$4.99**  
ea

SAVE \$1ea

### RUSTIC BAKERY ORGANIC FLATBREADS

Crisp, toasty, and made for pairing. Just add cheese, spreads, or a savory jam.

6oz



**\$6.99**  
ea

SAVE \$1ea

### AZEH'S KITCHEN SPICY QUINOA AND CORN SALAD

PNW LOCAL

Made with white quinoa, corn, black beans, arugula, and bell pepper in a tangy, spicy dressing.



**\$12.99**  
lb

SAVE \$1lb

### NEW SEASONS CHIPOTLE LIME CHICKEN BREAST

Boneless chicken breast marinated in chipotle peppers, lime juice, and garlic, then grilled to perfection.



**\$14.99**  
lb

SAVE \$1lb

### ORIGAMI CATERING CALIFORNIA ROLL

PNW LOCAL

Featuring sustainably sourced surimi, avocado, and English cucumber rolled with toasted sesame seeds.



**\$8.99**  
ea

SAVE \$1ea

## BEER & WINE

**MIX & MATCH**

**10% off**

6 bottles of wine

**20% off**

12 or more bottles of wine

\*Offer available in-store only.

### ACROBAT PINOT GRIS

Bright and refreshing with notes of pear, lemon, and tangerine. Juicy fruit meets crisp acidity for a clean, vibrant finish.

750ml

PNW LOCAL



**\$12.99**  
ea

SAVE \$4ea

### LA VIEILLE FERME ROSÉ, ROUGE, OR BLANC

Great value at a great price, these straightforward and delicious blends from Southern France make the ideal accompaniment to simple meals and good conversation.

750ml



**\$9.99**  
ea

SAVE \$2ea

### DELIRIUM BREWERY BELGIAN ALES

This celebrated Belgian brewery marks 100 years since their founding and continues to produce iconic and delicious beers. Selection may vary by location.

16.9oz



**\$4.99**  
ea

SAVE \$2ea

### PORTLAND CIDER CO. TREE & VINE STOLLER CIDER COLLABORATION

PNW LOCAL

IT'S NEW!

A bold blend of Pacific Northwest apples and Pinot Meunier grapes from Stoller Family Estate. Two Oregon originals, co-fermented into one bright, fruit-forward cider.

16oz



**2 for \$7**

SAVE 49¢ea

## IT SAVES TO SHOP ONLINE!

Get everything you love in-store, without the lines. Use code **DELIVER4YOU** for FREE pickup or delivery!

[shop.newseasonsmarket.com](https://shop.newseasonsmarket.com)

Powered by **Instacart**

\*Terms apply. Free pickup on orders of \$35+.

## DON'T MISS THIS OFFER!

Neighbor Rewards members opted into email or text get 20% off in the produce department.

Join or sign up by Thursday at [newseasonsmarket.com/rewards](https://newseasonsmarket.com/rewards) for this exclusive member offer on Friday.



## WELLNESS

### CARLSON FISH OIL SUPPLEMENTS

Save 30% on liquid and encapsulated fish oil this week.

**30% off**



### UPCIRCLE FACE AND BODY CARE

Natural, sustainable face and body care in 99% plastic-free packaging!

**25% off**



### COCOKIND FACIAL CARE

Save 30% on gentle and effective formulas for all skin types.

**30% off**



### OM MUSHROOM SUPERFOOD MASTER BLEND

A blend of 10 organic mushrooms and botanical adaptogens in one convenient mushroom powder.

3.17oz

**\$18.99 ea**

**SAVE \$8ea**



### YERBA PRIMA PSYLLIUM HUSKS CAPS

Supports digestion and elimination with essential soluble and insoluble fibers.

180cap

**\$11.99 ea**

**SAVE \$6ea**



### SOURCE NATURALS ESSENTIAL ENZYMES 500MG

Designed to help breakdown and absorb fats, carbs, protein, and fiber.

120cap

**\$13.99 ea**

**SAVE \$9ea**



### NOW FOODS QUERCETIN WITH BROMELAIN

A plant-derived bioflavonoid to support immune and cardiovascular health.

120vc

**\$28.99 ea**

**SAVE \$11ea**



### CHARLOTTE'S WEB CALM AND SLEEP GUMMIES

Rest and relax with 50% savings on CBD-based Sleep and Calm gummies.

6ct

**\$4.99 ea**

**SAVE \$5ea**



### BADGER SPF 40 SPORT MINERAL SUNSCREEN CREAM

Mineral-based sunscreen with broad-spectrum UVA UVB protection for sensitive skin. Select sun care on sale this week.

2.9oz

**\$12.99 ea**

**SAVE \$5ea**



### DR. BRONNER'S ALL-ONE TOOTHPASTE

Made with organic and fair trade ingredients. Save on various flavors.

5oz

**\$5.79 ea**

**SAVE \$2.20ea**



## GROCERY

### VAN LEEUWEN FRENCH ICE CREAM

Selected Varieties

9-14oz

**\$5.99 ea**

**SAVE \$2ea**



### JONNYPOPS FROZEN BARS AND POPS

Selected Varieties

4-8ct

**\$5.99 ea**

**SAVE UP TO \$2.40ea**



### GARDEIN PLANT-BASED PROTEINS

Selected Varieties

**20% off**



### UDI'S GLUTEN-FREE BREAD

Selected Varieties

**20% off**



### EVERGREEN FROZEN MINI WAFFLES

Assorted Varieties

9ct

**\$4.99 ea**

**SAVE \$2ea**



### DAIYA PLANT-BASED PIZZAS

Selected Varieties

**20% off**



### JACK & ANNIE'S JACKFRUIT-BASED PROTEIN PRODUCTS

Selected Varieties

7.2-10oz

**BUY 1 GET 1 FREE**

**SAVE \$6.99 ON 2**



### ALEXIA FOODS PREMIUM VEGETABLE SIDES

Selected Varieties

11-14oz

**\$4.99 ea**

**SAVE UP TO \$1.60ea**





## GROCERY

**THE GOOD CRISP COMPANY**  
**POTATO CRISPS**  
Selected Varieties  
5.6oz



**\$2<sup>99</sup>**  
ea

**ARTISAN TROPIC**  
**PLANTAIN OR CASSAVA STRIPS**  
4.5oz



**\$3<sup>99</sup>**  
ea

**POPCORNERS**  
**POPPED-CORN SNACK**  
Assorted Varieties  
7oz



**\$4<sup>99</sup>**  
ea  
**SAVE \$1.20ea**

**GIMME**  
**ROASTED SEAWEED SNACK**  
Selected Varieties  
.35oz



**2 for \$4**

**NEWMAN'S OWN**  
**NEWMAN-O'S**  
Assorted Varieties  
13oz



**\$5<sup>99</sup>**  
ea

**BAKEOLOGY**  
**COOKIE BITES**  
Assorted Varieties  
5oz



**\$4<sup>99</sup>**  
ea  
**SAVE \$1ea**

**NATURE'S BAKERY**  
**FIG BARS**  
Selected Varieties  
6-10ct



**\$5<sup>99</sup>**  
ea

**MADEGOOD**  
**ORGANIC BARS**  
Selected Varieties  
5-6ct



**\$4<sup>49</sup>**  
ea  
**SAVE UP TO \$2.40ea**

**GOMACRO**  
**ORGANIC MACROBARS**  
Assorted Varieties  
4ct



**\$10<sup>99</sup>**  
ea  
**SAVE \$2.60ea**

**LÄRABAR**  
**ENERGY BAR**  
Selected Varieties  
1.6-1.7oz



**BUY 1 GET 1 FREE**  
**SAVE \$2.39 ON 2**

**GARDEN BAR**  
**FRUIT BAR**  
Selected Varieties  
1.1-1.23oz



**2 for \$4**  
**SAVE 99¢ea**

**YUMEARTH**  
**ORGANIC FRUIT SNACKS**  
Selected Varieties  
5ct



**\$5<sup>99</sup>**  
ea  
**SAVE \$2ea**

**ENDANGERED SPECIES CHOCOLATE**  
**CHOCOLATE BAR**  
Selected Varieties



**50% off**

**BARKTHINS**  
**SNACKING CHOCOLATE**  
Selected Varieties  
4.7oz



**\$4<sup>99</sup>**  
ea  
**SAVE \$1.20ea**

**TONY'S CHOCOLONELY**  
**TINY CHOCOLATES POUCH**  
Assorted Varieties  
4.44oz



**\$4<sup>99</sup>**  
ea  
**SAVE \$2ea**

**BEYOND GOOD**  
**CHOCOLATE BAR**  
Selected Varieties  
2.64oz



**2 for \$7**  
**SAVE \$1.49ea**

## BULK

**HUMMINGBIRD WHOLESALE**  
**ORGANIC PINTO BEANS**

**PNW LOCAL**



**\$2<sup>99</sup>**  
lb  
**EVERYDAY VALUE**

**SUNRIDGE FARMS**  
**SALTED SESAME STICKS**



**\$9<sup>99</sup>**  
lb  
**SAVE \$1lb**

**REED'S GINGER CANDY**  
**CRYSTALLIZED GINGER**



**\$9<sup>99</sup>**  
lb  
**SAVE \$4lb**

**HUMMINGBIRD WHOLESALE**  
**ORGANIC TART PITTED CHERRIES**

**PNW LOCAL**



**\$19<sup>99</sup>**  
lb  
**SAVE \$5lb**

## GROCERY

**C20  
PURE  
COCONUT  
WATER**  
Selected Varieties  
1L

**\$4<sup>99</sup>**  
ea  
**SAVE \$1ea**



**C20  
COCONUT WATER  
HYDRATION PACK**  
8pk/10.5oz

**\$8<sup>99</sup>**  
ea  
**SAVE \$2ea**



**WOODSTOCK  
ORGANIC  
BANANA  
WATER**  
16.9oz

**2 for \$5**  
**SAVE 99¢ea**



**CALI WATER  
CACTUS  
WATER**  
Assorted Varieties  
12oz

**\$2<sup>29</sup>**  
ea  
**SAVE 50¢ea**



**BRIGHTLEAF  
ORGANIC  
SPARKLING  
TEA**  
Assorted Varieties  
12oz

**2 for \$5**  
**SAVE 99¢ea**



**LOCAL WEATHER  
PREMIUM  
SPORTS  
DRINK**  
Assorted Varieties  
16oz

**\$2<sup>29</sup>**  
ea  
**SAVE 70¢ea**



**POLAR  
SPARKLING SELTZER  
WATER**  
Assorted Varieties  
8pk/12oz

**\$3<sup>99</sup>**  
ea  
**SAVE \$1.50ea**



**NEW SEASONS  
ITALIAN  
MINERAL WATER**  
Sourced by  
Galvanina from an  
ancient Roman  
spring in Italy.  
25.4oz

**\$2<sup>99</sup>**  
ea  
**FEATURED**



**STASH  
TEA**  
Selected Varieties  
18-20ct

**\$3<sup>99</sup>**  
ea  
**SAVE \$2ea**



**PUFF COFFEE  
SMALL BATCH  
COFFEE**  
Assorted Varieties  
12oz

**\$16<sup>99</sup>**  
ea  
**SAVE \$2ea**



**GOOD KARMA  
FLAXMILK**  
Selected Varieties  
32oz

**2 for \$7**  
**SAVE UP TO \$1.99ea**



**CATALINA CRUNCH  
KETO CEREAL**  
Assorted Varieties  
9oz

**\$7<sup>99</sup>**  
ea  
**SAVE \$2.60ea**



**I AND LOVE AND YOU  
PET FOOD**  
Selected Varieties

**20%  
off**



**BIOITALIA  
ORGANIC BEANS**  
Assorted Varieties  
14oz

**\$1<sup>99</sup>**  
ea  
**SAVE \$1.50ea**



**BRAGG  
LIQUID  
AMINOS**  
Selected Varieties

**20%  
off**



**FERRIS NUT CO.  
NUT BUTTER**  
Assorted Varieties

**30%  
off**



**SUZIE'S ORGANICS  
CONDIMENTS**  
Assorted Varieties

**20%  
off**



**WILD PLANET  
ALBACORE TUNA**  
Selected Varieties  
5oz

**\$4<sup>49</sup>**  
ea



**ANCIENT HARVEST  
PASTA, POLENTA OR  
QUINOA**  
Selected Varieties

**20%  
off**



**LUCINI ITALIA  
EXTRA VIRGIN  
OLIVE OIL**  
Selected Varieties  
25.4oz

**\$39<sup>99</sup>**  
ea  
**SAVE \$13ea**





# GROCERY

## ESSENTIAL EVERYDAY SLICED OR SHREDDED CHEESE

Selected Varieties  
6-8oz

**2 for \$6**  
SAVE \$1.19ea



## GOOD KARMA FLAXMILK

Selected Varieties  
1/2gal

**\$4.99**  
ea  
SAVE \$1.40ea



## NANCY'S YOGURT

Selected Varieties  
32oz

**\$3.99**  
ea  
SAVE \$1ea



**PNW  
LOCAL**

## CLIO SNACKS GREEK YOGURT BARS

Assorted Varieties  
4ct

**\$4.99**  
ea  
SAVE \$2.70ea



## VICOLO DEEP DISH PIZZETTA

Selected  
Varieties  
12oz

**2 for \$8**  
SAVE \$3.99ea



## LACTAID LACTOSE- FREE MILK

Selected Varieties  
1/2gal

**\$3.99**  
ea  
SAVE 60¢ea



## NOOSA YOGHURT

Assorted Varieties  
4.5oz

**5 for \$5**  
SAVE 99¢ea



## PERFECT BAR PROTEIN BAR

Selected Varieties  
2.18-2.5oz

**2 for \$5**  
SAVE UP TO \$1.19ea



## HOUSE FOODS TOFU

Selected Varieties  
16oz

**\$2.49**  
ea  
SAVE \$1.10ea



## PICKLED PLANET ORGANIC SAUERKRAUT

Assorted Varieties  
16oz

**\$6.99**  
ea  
SAVE \$2.60ea



## VIVE ORGANIC FUNCTIONAL JUICE SHOT

Selected Varieties  
2oz

**2 for \$5**  
SAVE 99¢ea



## NOSSA FAMILIA COFFEE ICED COFFEE

12oz

**2 for \$6**  
SAVE 99¢ea



**PNW  
LOCAL**

## PLANET OAT OATMILK CREAMER

Assorted Varieties  
32oz

**\$3.99**  
ea  
SAVE \$2ea



## GRILLO'S PICKLES PICKLES AND SALSAS

Selected Varieties

**25%**  
off



## DAVE'S KILLER BREAD BREAD OR ENGLISH MUFFINS

Selected Varieties  
13.2-20.5oz

**\$4.99**  
ea  
SAVE UP TO \$2ea



**PNW  
LOCAL**

## DAIYA DAIRY-FREE CHEESE

Selected Varieties  
7.1-7.8oz

**\$3.99**  
ea  
SAVE UP TO \$1.20ea



## DOWNLOAD OUR APP!

Want to save time?  
Money? Both?  
We've got you!

Our app makes it easier than ever  
to quickly order your groceries for  
pickup or delivery.

Get FREE pickup\* anytime you  
order \$35 or more online.

\*Pickup not  
available at all stores.

