

GET FIRED UP TO GRILL

The long weekend's coming in hot. Celebrate it deliciously with USDA Choice, Certified Humane beef.



SALE

CREEKSTONE FARMS
81% LEAN 19% FAT
GROUND BEEF

\$5⁹⁹
lb
SAVE \$3lb

IT'S A BUY ONE, GET ONE FREE SALE! SEE P.6 FOR MORE.

NIXIE
ORGANIC
SPARKLING WATER

Selected Varieties
8pk/12oz



BUY 1 GET 1
FREE
SAVE \$7.19 ON 2

JONNYPOPS
FROZEN
BAR & POPS

Selected Varieties
6-8ct



BUY 1 GET 1
FREE
SAVE \$7.59 ON 2

FRANZ
BUNS

Selected Varieties
8ct



BUY 1 GET 1
FREE
SAVE \$5.79 ON 2

NEW SEASONS
HOUSE-MADE BURGERS

House-made burger patties prepped and ready for the grill. Flavors may vary by location.



Starting at:

2 for \$6
SAVE UP TO \$1.25ea

CHERRIES

Juicy, sweet, and bursting with flavor. Grown in CA.



\$6⁹⁹
lb
SAVE \$1lb

Really BIG DEAL

30%
off

NEW SEASONS
SELECT DELI SIDES

Classic Potato Salad, Broccoli Chopped Salad, or Deli Mac.
While supplies last.

Want to have weekly deals delivered to your inbox? Just sign up for email updates at newseasonsmarket.com/join
Visit us online at www.newseasonsmarket.com

WHAT WE'RE

♥♥♥ loving ♥♥♥

SALT & STRAW ICE CREAM

Every long weekend calls for ice cream, and Salt & Straw makes some of the best around—locally handcrafted with high-quality ingredients and famously unexpected flavors. And you can find it at your neighborhood New Seasons, including the Tacolate!

SALT & STRAW ICE CREAM
Assorted Varieties
3.55-8oz

2 for \$10
SAVE 99¢ea

PNW LOCAL IT'S NEW!



MEAT & SEAFOOD

ATLANTIC SALMON FILLET

Sustainably farm-raised in Norway, with a fresh, mild, and buttery taste. Delicious pan-seared or grilled.



\$17⁹⁹
lb
SAVE \$1lb

MARY'S BONE-IN SPLIT CHICKEN BREASTS

Certified Humane, vegetarian-fed, and always air-chilled for the best flavor.



\$5⁴⁹
lb
SAVE 50¢lb

MANILA CLAMS

Packed with essential nutrients, clams come with their own built-in timer. Once they pop open, they're ready to enjoy!



\$8⁹⁹
ea
SAVE \$2lb

PNW LOCAL

FLORAL

LOCAL RAINBOW PEONY BUNCH

A seasonal favorite known for their soft petals, and full, fragrant blooms. 7-stem bunch.



PNW LOCAL

\$16⁹⁹
ea
SAVE \$3ea

PRODUCE

SWEET CORN

A must-have for any BBQ or backyard celebration. Grown in CA.



5 for \$5
SAVE 50¢ea

ORGANIC SEEDLESS GRAPES

Juicy, flavorful red, black, or green grapes for your salads and snack plates. Grown in Mexico.



\$4⁹⁹
lb
SAVE \$1lb

ORGANIC YELLOW & WHITE NECTARINES

Exceptionally sweet and full of tree-ripened flavor. From Valliwide in Reedley, CA.



\$4⁹⁹
lb
SAVE \$1lb

BAKERY & CHEESE

BAKERLY BRIOCHE BUNS

Elevate your next burger or hot dog with sweet, buttery brioche buns. Try our new Sriracha buns!
4 or 6ct



Starting at:

\$5.49
ea
SAVE 50¢ea

FERNDALE FARMSTEAD FRESH MOZZARELLA

PNW LOCAL

With a delicate texture and rich, milky flavor, this cheese is right at home in a caprese salad.
16oz



\$8.49
ea
SAVE \$1.50ea

TILLAMOOK MEDIUM CHEDDAR SLICES

PNW LOCAL

Conveniently pre-sliced and ready in our grab & go case for easy lunch prep.



\$9.99
lb
SAVE \$2lb

NEW SEASONS ASIAN CHICKEN MEATBALLS

Made with ginger and sesame in a sweet and tangy plum sauce. Delicious as a starter or an entrée!



\$12.99
lb
SAVE \$3lb

SCHWARTZ BROTHERS BAKERY SHORTCAKE SWEET BISCUITS

PNW LOCAL

Buttery, tender shortcakes with a crunchy sugar top.
4ct



\$7.99
ea
SAVE \$2ea

BELLWETHER FARMS FRESH SHEEP CHEESE

IT'S NEW!

Mild, sweet, and creamy, this fresh sheep cheese is perfect for spring salads or spread on toast.
3oz



\$7.49
ea
SAVE \$1ea

FRA' MANI ROSEMARY HAM

Lightly seasoned with rosemary and smoked to perfection. Sliced to order in the deli.



\$15.99
lb
SAVE \$2lb

NEW SEASONS SELECT DELI SIDES

Choose from Classic Potato Salad, Broccoli Chopped Salad, or Deli Mac.



30%
off

BEER & WINE

PARTNERS IN CRIME ROSÉ BUBBLES CAN

PNW LOCAL

An easy-drinking rosé with juicy notes of wild strawberry, watermelon, tart cherry, and the perfect amount of bubble.
355ml



\$5.99
ea
SAVE \$1ea

ONLY AT NSM

VINOS DEL ATLANTICO PATIO POUNDER VINHO VERDE

Green apple and floral hints of jasmine are complemented by a subtle minerality leading to a clean, zesty finish.
1L



\$14.99
ea
SAVE \$5ea

PARTNERS IN CRIME PINOT NOIR

PNW LOCAL

Black cherry and raspberry aromas meld with subtle notes of earth and spice, topped with delicate tannins. Now available in Revino reusable glass!
750ml



\$10.99
ea
SAVE \$1ea

ONLY AT NSM

BUY. SIP. RETURN.

Help reduce waste one sip at a time with Revino — a pioneering local reusable glass bottle system that eliminates single-use bottles. Look for the logo and signs in-store.



MIGRATION BREWING STRAIGHT OUTTA PDX IPA

PNW LOCAL

Bold and bright with tropical aromatics and robust hop flavor from Strata, Mosaic, and Meridian hops.
6pk/12oz



\$13.99
ea
SAVE \$3ea

ASHLAND HARD SELTZER HARD SELTZER VARIETY PACK

A delicious hard seltzer made using all-natural, sugar-free ingredients. Selection may vary by location.
12pk/12oz



\$16.99
ea
SAVE \$3ea

STEEPLEJACK BREWING CO OREGON GOLD LAGER

PNW LOCAL

A fresh, crisp, and highly drinkable golden-hued lager. A great option for outdoor adventures or backyard hangouts.
6pk/12oz



\$9.99
ea
SAVE \$2ea

IT'S NEW!

DON'T MISS THIS OFFER!

Neighbor Rewards members opted in to email or text get 30% off beer, cider, and hard seltzer in the beer & wine department.

Not getting our messages yet? Join or update your preferences by Thursday at newseasonsmarket.com/rewards to unlock this exclusive offer on Friday.



WELLNESS

CARLSON FISH OILS & SUPPLEMENTS

Stock up on fish oil and nutritional supplements from Carlson this week.

25% off



NATURAL FACTORS PROBIOTICS

Save on select formulas to support a healthy microbiome.

35% off



DERMA E FACE & BODY CARE

Natural skin care rich in vitamins, antioxidants, and botanicals.

25% off



BADGER MINERAL-BASED SUNSCREENS

Broad-spectrum, mineral-based protection for outdoor activities.

25% off



ZHOU NUTRITION CREATINE CHEWS

An easy and delicious way to get 5g of creatine. 60ct

\$24.99 ea
SAVE \$10ea



NOW FOODS MAGNESIUM 400MG

Each capsule delivers 400 mg of easy-to-absorb magnesium. 180vc

\$15.99 ea
SAVE \$8ea



MRM NUTRITION VITAMIN D3 & K2

A plant-based D3 with vitamin K2 for enhanced bone support. 60vc

\$10.49 ea
SAVE \$9.50ea



ANCIENT NUTRITION RAPID HYDRATION POWDERS

Coconut water, natural sea salts, and red marine algae for fast-acting hydration. Save on full boxes too. .2oz

\$1.49 ea
SAVE 80¢ea



TIGER BALM PAIN RELIEVING PATCH

Supports pain relief with minimal scent and maximum comfort. 5ct

\$6.49 ea
SAVE \$1.90ea



AYEYA MOISTURIZING BODY WASH PEACE

Formulated to leave skin soft, clean, and moisturized. Save on select scents. 12oz

\$10.49 ea
SAVE \$3.50ea



GROCERY

ANCIENT HARVEST PASTA, POLENTA OR QUINOA

Selected Varieties

20% off



MONTEBELLO ORGANIC PASTA

Selected Varieties 16oz

\$4.99 ea
SAVE 50¢ea



DAMYA BIODYNAMIC EXTRA VIRGIN OLIVE OIL

16.8oz

\$19.99 ea
SAVE \$10ea



TRUFF TRUFFLE-INFUSED CONDIMENTS

Selected Varieties

20% off



RANDY'S ARTISANAL GOURMET PICKLES

Assorted Varieties 24oz

\$8.99 ea
SAVE UP TO \$2.90ea



WORLD CENTRIC COMPOSTABLE TABLEWARE

Selected Varieties

20% off



ZUM CLEANING PRODUCTS

Selected Varieties

20% off



APPLAWS CAT FOOD

Assorted Varieties 2.12-2.47oz

2 for \$5
SAVE UP TO \$1.29ea



GROCERY

SNACK FACTORY PRETZEL CRISPS

Selected Varieties
7.2oz



2 for \$7
SAVE \$1.29ea

TERRA VEGETABLE CHIPS

Selected Varieties
5oz



\$3.99
ea
SAVE UP TO 90¢ea

MILTON'S PROTEIN CRACKERS

Assorted Varieties
4.25oz



\$5.99
ea
SAVE UP TO \$1ea

WASA CRISP BREAD

Assorted Varieties
6.1-9.7oz



\$2.99
ea
SAVE UP TO \$2ea

BLUE DIAMOND NUT THINS

Assorted Varieties
4.25oz



\$3.99
ea
SAVE 90¢ea

THREE FARMERS ROASTED LEGUME SNACKS

Assorted Varieties
4.2-5oz



\$3.99
ea
SAVE UP TO \$1.80ea

MADEGOOD ORGANIC BARS

Selected Varieties
5-6ct



\$3.99
ea
SAVE \$1.40ea

HOT MAMA SALSA CHIPS & SALSA

12-14oz



PNW LOCAL

\$5.99
ea
SAVE UP TO \$2ea

THE GINGER PEOPLE GINGER PRODUCTS

Selected Varieties



20%
off

SOLELY DRIED FRUIT

Selected Varieties



25%
off

LÄRABAR ENERGY BAR

Selected Varieties
1.6-1.7oz



4 for \$5
SAVE 54¢ea

NATURE'S BAKERY FIG BARS

Selected Varieties



20%
off

POPPI PREBIOTIC SODA

Assorted Varieties
12oz



2 for \$4
SAVE 69¢ea

THREE SISTERS NIXTAMAL ORGANIC CORN TORTILLAS

Assorted Varieties
10ct



PNW LOCAL

2 for \$8
SAVE UP TO \$1.49ea

PRIMAL KITCHEN CONDIMENTS

Selected Varieties



30%
off

UNCLE MATT'S ORGANIC NO SUGAR ADDED JUICE BOXES

Assorted Varieties
8pk/6.75oz



\$4.99
ea
SAVE \$1.60ea

BULK

BANANA CHIPS



\$5.49
lb
SAVE 50¢lb

ORGANIC FLAME RAISINS



\$6.49
lb
SAVE 50¢lb

ORGANIC BUCKWHEAT GROATS



\$6.49
lb
SAVE 50¢lb

HUMMINGBIRD WHOLESALE DARK CHOCOLATE TROPICAL BLEND



\$20.99
lb
SAVE \$1lb

PNW LOCAL

TWO TIMES THE DELICIOUSNESS

CHICAS TORTILLA CHIPS

Assorted Varieties
10-11oz



BUY 1 GET 1 FREE

SAVE \$4.99 ON 2

ANGIE'S BOOMCHICKAPOP POPCORN

Selected Varieties
4.5-7oz

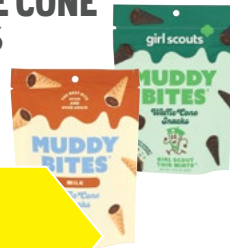


BUY 1 GET 1 FREE

SAVE \$4.59 ON 2

MUDDY BITES WAFFLE CONE SNACKS

Selected Varieties
2.33oz



BUY 1 GET 1 FREE

SAVE \$5.29 ON 2

SECOND NATURE SNACK MIX

Selected Varieties

10-14oz



BUY 1 GET 1 FREE

SAVE \$10.89 ON 2

VAN LEEUWEN FRENCH ICE CREAM

Selected Varieties
14oz



BUY 1 GET 1 FREE

SAVE \$7.19 ON 2

CHOMPS BEEF STICKS

Original or Jalapeno.
8ct



BUY 1 GET 1 FREE

SAVE \$22.99 ON 2

DRUMROLL PLANT-BASED DONUTS

Assorted Varieties
2.6oz



BUY 1 GET 1 FREE

SAVE \$4.29 ON 2

ENDANGERED SPECIES CHOCOLATE BAR

Selected Varieties
3oz



BUY 1 GET 1 FREE

SAVE \$4.99 ON 2

HINT FRUIT-INFUSED WATER

Selected Varieties
16oz



BUY 1 GET 1 FREE

SAVE \$1.99 ON 2

ETERNAL NATURALLY ALKALINE SPRING WATER

1.5L



BUY 1 GET 1 FREE

SAVE \$3.39 ON 2

WOODSTOCK ORGANIC BANANA WATER

16.9oz



BUY 1 GET 1 FREE

SAVE \$3.69 ON 2

LUMEN PROTEIN LEMONADE

Assorted Varieties
12oz

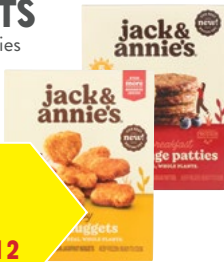


BUY 1 GET 1 FREE

SAVE \$4.79 ON 2

JACK & ANNIE'S FROZEN JACKFRUIT PRODUCTS

Selected Varieties
7.2-9.1oz



BUY 1 GET 1 FREE

SAVE \$7.19 ON 2

NOTCO PLANT-BASED PROTEINS

Selected Varieties
4ct



BUY 1 GET 1 FREE

SAVE \$8.99 ON 2

SANTA CRUZ ORGANIC LEMONADE OR LIMEADE

Assorted Varieties
32oz



BUY 1 GET 1 FREE

SAVE \$4.79 ON 2

WILDWONDER PREBIOTIC + PROBIOTIC SPARKLING DRINK

Assorted Varieties
12oz



BUY 1 GET 1 FREE

SAVE \$3.99 ON 2

REMEDY ORGANICS PLANT-BASED WELLNESS SHAKE

Assorted Varieties
12oz



BUY 1 GET 1 FREE

SAVE \$4.99 ON 2

UNCLE MATT'S ORGANIC NO SUGAR ADDED LEMONADE

Assorted Varieties
52oz



BUY 1 GET 1 FREE

SAVE \$5.29 ON 2

NOOSA SINGLE SERVE YOGHURT

Assorted Varieties
4.5oz



BUY 1 GET 1 FREE

SAVE \$1.99 ON 2

LILLIE'S Q BARBEQUE SAUCE

Selected Varieties
14.8-15.5oz



BUY 1 GET 1 FREE

SAVE \$6.99 ON 2

GROCERY

TILLAMOOK CHEESE SLICES
Selected Varieties
8oz



PNW LOCAL

2 for \$8
SAVE \$1.49ea

FIELD ROAST PLANT-BASED MEATS & CHEESES
Selected Varieties



PNW LOCAL

20% off

GRILLO'S PICKLES & SALSAS
Selected Varieties



20% off

UNCLE MATT'S ORGANIC JUICES & TEAS
Selected Varieties



20% off

VITAL FARMS PASTURE-RAISED EGGS
Selected Varieties
1doz



\$8.99 ea
SAVE \$1ea

KITE HILL GREEK STYLE YOGURT
Selected Varieties
5.3oz



2 for \$4
SAVE 79¢ea

NANCY'S YOGURT
Selected Varieties
32oz



PNW LOCAL

\$3.99 ea
SAVE \$1ea

DUKE'S SEAFOOD CHOWDER
Clam or Lobster.
16oz



PNW LOCAL

\$16.99 ea
SAVE \$2ea

BEYOND MEAT PLANT-BASED BURGER PATTIES
Selected Varieties
8oz



BUY 2 GET 1 FREE
SAVE \$7.19 ON 3

Available in-store only

FRANZ PREMIUM BUNS
Selected Varieties
8ct



PNW LOCAL

2 for \$7
SAVE \$3.49ea

IZZE SPARKLING JUICE BEVERAGES
Selected Varieties
6pk/8.4oz



\$6.99 ea
SAVE \$1.50ea

MASSA PIZZA COMPANY SICILIAN STYLE FROZEN PIZZA
Assorted Varieties
21.5-23.6oz



\$14.99 ea
SAVE \$2ea

MASON DIXIE FOODS BREAKFAST SANDWICH
Assorted Varieties
4.3-4.7oz



2 for \$7
SAVE \$1.49ea

FRONTERA SALSA, DIPS & SAUCES
Selected Varieties



33% off

TRU FRU CHOCOLATE COVERED FROZEN SNACKS
Selected Varieties
8oz



\$7.99 ea
SAVE UP TO \$2.30ea

STUMPTOWN COFFEE ROASTERS COFFEE
Selected Varieties
12oz



PNW LOCAL

\$15.99 ea
SAVE \$2ea

SHOP ONLINE, SAVE \$15!

Spring into easier shopping with same-day pickup or delivery! Just download our app, and get \$15 off your first order of \$60+ with code

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