

# BLOOM BIG FOR MOM

Make Mother's Day extra special with rainbow roses, local blooms, New Seasons exclusives, and more.

**RAINBOW ROSE BUNCH**

15-stem bunch.

**\$39<sup>99</sup>** ea

**FEATURED**

## Really BIG DEALS

MARY'S  
**BONELESS SKINLESS CHICKEN BREASTS**

Humanely raised with no antibiotics ever.

**\$5<sup>99</sup>** lb

**SAVE \$2lb**



**ASPARAGUS**

Tender, vibrant, and peak-season delicious. From Yakama Nation Farms in Yakima, WA.

PNW LOCAL

**\$3<sup>99</sup>** lb

**SAVE \$1lb**



STUMPTOWN COFFEE ROASTERS  
**COFFEE**

Selected Varieties  
12oz

PNW LOCAL

**\$13<sup>99</sup>** ea

**SAVE \$4ea**



FAGE  
**TOTAL GREEK YOGURT**

Assorted Varieties  
32oz

**\$4<sup>99</sup>** ea

**SAVE UP TO \$2.50ea**



TALENTI  
**GELATO AND SORBETTO**

Selected Varieties  
10.3-16oz

**BUY 1 GET 1 FREE**

**SAVE \$7.99 ON 2**



**20% off**

**NEW SEASONS QUICHE**

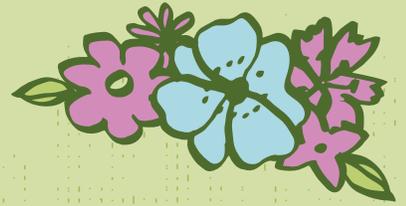
Lorraine or Broccoli Cheddar

While supplies last.

# WHAT WE'RE loving



Celebrating Mother's Day with rainbow roses, brunch favorites, mimosa-ready bubbly, and more special treats.



## EXCLUSIVE MOTHER'S DAY BOUQUETS

ONLY AT NSM

Choose from four striking bouquets for Mother's Day.



## 3" ORCHID

Give Mom the gift that keeps on growing with a beautiful orchid.



**\$14.99** ea

SAVE \$2ea

## BELLA NOTTE PROSECCO OR ROSE BRUT

Juicy and vibrant bubbly from Italy. Perfect as an evening sipper or for brunch mimosas on Mother's Day. Only at NSM. 750ml



ONLY AT NSM

**\$12.99** ea

SAVE \$2ea

## YAKOBI FISHERIES COHO SALMON FILLET

Wild-caught during the peak of season and frozen immediately to retain its fresh flavor.



**\$19.99** lb

SAVE \$2lb

## NEW SEASONS SALMON CAKES

Made in-house with wild-caught salmon, fresh herbs, and veggies. Ready to cook.



**\$3.99** ea

SAVE \$1ea

## HOKKAIDO SEA SCALLOPS U-15 COUNT

Sweet, tender, and rich in flavor, Hokkaido scallops are perfect for a quick, decadent meal or special treat.



**\$34.99** lb

SAVE \$7lb

## ACME SMOKED FISH SESAME CRUSTED SMOKED AHI TUNA

Wild-caught Ahi tuna, cured and cold-smoked to perfection. Delicious in salads, grain bowls, or on its own.



3oz **\$7.99** ea

SAVE \$2ea

## NEW SEASONS QUICHE

Swing by our grab & go case for your choice of classic Quiche Lorraine or Broccoli Cheddar in an all-butter crust.



**20%** off

## NEW SEASONS SPINACH FETA RISOTTO CAKE

Delicious savory cakes made with Arborio rice, fresh spinach, and feta cheese.



**\$4.49** ea

SAVE 30¢ea



## NEW SEASONS SALMON WITH SPRING ONIONS

Salmon baked with thinly sliced spring onions and herbs.



**\$22.99** lb

SAVE \$1lb

## D'AMIR BRIE

Creamy, decadent Brie. Bake and serve with fig spread and hazelnuts for a simple, crowd-pleasing appetizer.



**\$11.99** lb

SAVE \$1lb

## STRAWBERRY PINTS

Sweet, juicy, and ready for your smoothies, snack plates, and bakes. From Bluff Berry Farm in Boring, OR.

PNW LOCAL



**\$5.99** ea

FEATURED

## ORGANIC MINI SEEDLESS WATERMELON

A sweet addition to light, springy salads. From Dulcinea Farms in Fresno, CA.



**\$5.99** ea

SAVE \$3ea

## NEW SEASONS ORGANIC CHALLAH

Baked fresh daily by our talented bakers, this soft and slightly sweet bread is ideal for Sunday morning French toast.



**\$5.99** ea

SAVE \$1ea

## DIVINA JAMS AND SPREADS

Packed full of flavor and ready to add to your next cheese board or sandwich. 7.6-9oz



**\$5.99** ea

SAVE \$1ea

## BAKERY & PREPARED FOODS

### DRAGONFLY CAKES TEA CAKES

Treat Mom to these delicious two-bite tea cakes dipped in decadent chocolate.



PNW LOCAL

2 for \$5

SAVE 50¢ea

### NEW SEASONS KALE CARROT SALAD

A blast from the past, featuring shredded kale, carrot, and sunflower seeds in a creamy ginger dressing.



\$10<sup>99</sup> lb

SAVE \$2lb

### MOLINARI TOSCANO SALAMI

A coarsely ground, Tuscan-style pork salami with robust, savory flavors. Perfect for charcuterie boards. Sliced to order.



\$16<sup>99</sup> lb

SAVE \$1lb

## GET 20% OFF HANGING BASKETS

Neighbor Rewards members opted into email or text get 20% off a purchase of two or more hanging baskets—perfect for Mother's Day!

Join or sign up by Thursday at [newseasonsmarket.com/rewards](http://newseasonsmarket.com/rewards) for this sweet exclusive member offer on Friday.



## MEAT & PRODUCE

### COUNTRY NATURAL BEEF BEEF CHUCK ROAST

USDA Choice, humanely raised beef with no added hormones, and no antibiotics ever.



\$9<sup>99</sup> lb

FEATURED

### NEW SEASONS PARMESAN CHICKEN BREASTS

Made in-house and ready to bake or fry for a quick and tasty meal.



\$10<sup>99</sup> lb

SAVE \$1lb

### ORGANIC BROCCOLINI

Excellent sautéed with garlic and finished with a squeeze of lemon. From Lakeside Organics in Watsonville, CA.



\$2<sup>99</sup> ea

SAVE \$1ea

## IT SAVES TO SHOP ONLINE!

Get everything you love in-store—without the lines.

Use code

**DELIVER4YOU**

for FREE pickup or delivery!

[shop.newseasonsmarket.com](http://shop.newseasonsmarket.com)

Powered by

**instacart**

\*Terms apply. Free pickup on orders of \$35+.

## BEER & WINE

### STOLLER FAMILY ESTATE CHARDONNAY

Bright and expressive, with notes of crisp apple, green pear, and lemon curd. A silky texture and citrusy acidity lead to a floral finish. 750ml



IT'S NEW!

PNW LOCAL

\$19<sup>99</sup> ea

SAVE \$12ea

### FINNRIVER CIDERY BLOOM OR BLUSH BERRY CIDERS

Inspired by rosé, these local ciders celebrate the vibrant spring and summer fruits of the Pacific Northwest. 16oz



IT'S NEW!

PNW LOCAL

2 for \$12

SAVE 99¢ea

### TIMOTHY MALONE WINES PRIMITIVO ROSÉ

A bright and dry rosé with zippy acidity and notes of blackberry, blueberry, and lemon rind. Only at NSM. 750ml



IT'S NEW!

ONLY AT NSM

\$13<sup>99</sup> ea

SAVE \$1ea

## PRE-SHOP OUR ANNUAL SPRING WINE SALE!

30% off 12+ BOTTLES 20% off 6-11 BOTTLES

Pre-order in store now through May 13, for pick-up during our sale May 14 - 20.

Additional discount available during sale period only. No additional discounts. Selection may vary by location. Offer available in-store only.

## WELLNESS

### WYLD CBD CBD GUMMIES

Real fruit-infused gummies with THC-free, broad-spectrum hemp extract.

PNW LOCAL

40% off



### VITANICA NUTRITIONAL SUPPLEMENTS

Save on a wide variety of women's specific nutritional support from local ND, Tori Hudson.

PNW LOCAL

30% off



### HOST DEFENSE LION'S MANE

Stock up with 25% off lion's mane formulas, including capsules, tinctures, and powders.

PNW LOCAL

25% off



### INESSENTS BATH AND BODY CARE

Great local gifts for Mom, including bath salts, body butters, and perfume oils.

PNW LOCAL

30% off



### CAMAMU BODY CARE

Handmade soaps and shampoo bars made with natural and sustainable ingredients.

PNW LOCAL

30% off



### ACURE BODY CARE

Save 35% on select face and body care from ACURE.

35% off



### AURA CACIA AROMATHERAPY AND BODY CARE

Treat Mom and save with 30% off essential oils and bath soaks from Aura Cacia.

30% off



### SIMPLY TERA'S WHEY PROTEIN

Each serving packs 22 grams of easily digestible protein to fuel your day. Save on Chocolate, too! 12oz

\$18.99 ea  
SAVE \$9ea



### NOW FOODS PEPPERMINT SOFTGELS

Enteric-coated softgels combined with ginger and fennel for digestive support. 1oz

\$12.99 ea  
SAVE \$5ea



### MRM NUTRITION 5-HTP 50MG

Formulated to support relaxation and restful sleep. 30vc

\$6.99 ea  
SAVE \$7ea



## GROCERY

### HÄAGEN-DAZS ICE CREAM

Selected Varieties 14oz

\$5.99 ea  
SAVE 20%ea



### YASSO FROZEN GREEK YOGURT DESSERTS

Selected Varieties 6.84-14oz

\$5.99 ea  
SAVE \$1ea



### BRAZI BITES GLUTEN-FREE FROZEN WAFFLES

Assorted Varieties 6ct

\$4.99 ea  
SAVE \$1ea



PNW LOCAL

### BRAZI BITES GLUTEN-FREE FROZEN SNACKS

Assorted Varieties 10-11.5oz

\$5.99 ea  
SAVE \$1.70ea



### MILTON'S CAULIFLOWER CRUST PIZZA

Assorted Varieties 11oz

\$10.99 ea  
SAVE \$3ea



### RUDI'S ROCKY MOUNTAIN BAKERY TEXAS TOAST

Assorted Varieties 11.8-13.8oz

\$7.99 ea  
SAVE UP TO \$2ea



### YO EGG PLANT-BASED EGGS

Sunny Side Up or Poached. 7.2-7.9oz

\$8.99 ea  
SAVE \$2ea



### FEEL GOOD FOODS GLUTEN-FREE FROZEN FOODS

Assorted Varieties

20% off



# GROCERY

**TALENTI GELATO OR SORBETTO BARS**  
Selected Varieties  
6ct



**BUY 1 GET 1 FREE**  
**SAVE \$8.99 ON 2**

**SCHÄR GLUTEN-FREE SNACKS**  
Selected Varieties



**20% off**

**CATALINA CRUNCH SNACK MIX**  
Assorted Varieties  
6oz



**\$5.99 ea**  
**SAVE \$2ea**

**CRUNCHMASTER CRACKERS**  
Selected Varieties  
4oz



**\$2.99 ea**

**CHICAS TORTILLA CHIPS**  
Assorted Varieties  
10-11oz



**\$3.49 ea**  
**SAVE UP TO \$1.70ea**

**PIRATE'S BOOTY SNACKS**  
Selected Varieties  
4oz



**\$2.99 ea**

**SKINNYPOP POPCORN**  
Assorted Varieties  
4.4oz



**2 for \$7**  
**SAVE \$2.49ea**

**NEW COAST FORAGING CO. CANNED NUTS**  
Assorted Varieties



**25% off**

**SOLELY DRIED FRUIT**  
Selected Varieties  
5.5-8oz



**\$6.99 ea**

**JACOBSEN SALT CO. CANDY**  
Assorted Varieties  
3oz



**\$5.99 ea**

**PNW LOCAL**

**BÉQUET CARAMELS**  
Assorted Varieties  
3.6oz



**\$4.99 ea**  
**SAVE \$1.40ea**

**NEW COAST FORAGING CO. ORGANIC TRUFFLES**  
Assorted Varieties  
7oz



**\$5.99 ea**  
**SAVE \$2ea**

**LOCKER QUADRATINI WAFER COOKIES**  
Assorted Varieties  
7.76-8.82oz



**\$4.99 ea**

**WALKERS SHORTBREAD**  
Selected Varieties  
4.9-5.3oz



**\$3.99 ea**

**MOONSTRUCK CHOCOLATE CHOCOLATE BAR**  
Selected Varieties  
3oz



**\$3.99 ea**

**PNW LOCAL**

**TONY'S CHOCOLONELY CHOCOLATE BAR**  
Selected Varieties  
6.35oz



**2 for \$8**  
**SAVE \$2.99ea**

# BULK

**LUNDBERG FAMILY FARMS RICE**  
Selected Varieties



**\$3.99 lb**  
**EVERYDAY VALUE**

**HUMMINGBIRD WHOLESALE ORGANIC MEDJOL DATES**



**\$8.99 lb**  
**SAVE \$1lb**

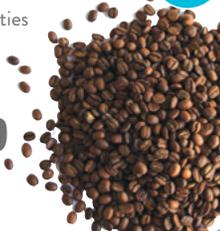
**PNW LOCAL**

**MARICH CONFECTIONERY DARK CHOCOLATE SEA SALT CARAMELS**



**\$13.99 lb**  
**SAVE \$2lb**

**WATER AVENUE COFFEE COFFEE**  
Assorted Varieties



**\$14.99 lb**  
**SAVE \$4lb**

**PNW LOCAL**

# GROCERY

**MARANATHA NUT BUTTER**  
Selected Varieties



**20% off**

**CROFTER'S ORGANIC FRUIT SPREAD**  
Assorted Varieties  
10oz



**\$4.49 ea**  
**SAVE 70¢ ea**

**KODIAK CAKES FLAPJACK CUPS AND INSTANT OATMEAL**  
Selected Varieties



**20% off**

**KODIAK CAKES BUTTERMILK FLAPJACK & WAFFLE MIX**  
Selected Varieties  
18-20oz



**\$6.99 ea**  
**SAVE \$2 ea**

**FILLO'S BEANS**  
Assorted Varieties  
10oz



**\$3.99 ea**  
**SAVE 80¢ ea**

**HATCH ENCHILADA SAUCE**  
Assorted Varieties  
15oz



**\$3.99 ea**

**SIETE FOODS GRAIN-FREE PRODUCTS**  
Selected Varieties



**33% off**

**BONO ORGANIC SICILIAN EXTRA VIRGIN OLIVE OIL**  
Selected Varieties  
16.9oz



**\$19.99 ea**  
**SAVE \$6 ea**

**NUTPODS DAIRY-FREE CREAMERS**  
Selected Varieties  
11.2oz



**2 for \$7**  
**SAVE \$1.49 ea**

**PLANET OAT OATMILK**  
Selected Varieties  
32oz



**2 for \$6**  
**SAVE \$1.69 ea**

**PORTAL TEA COMPANY CHAI CONCENTRATE**  
Selected Varieties  
32oz



**\$14.99 ea**  
**SAVE \$4 ea**

**CHAMBERLAIN COFFEE OATMILK LATTE**  
Assorted Varieties  
11oz



**2 for \$7**  
**SAVE 99¢ ea**

**BIONATURAE ORGANIC JUICE NECTAR**  
Peach or Apricot.  
25.4oz



**\$4.99 ea**  
**SAVE \$2 ea**

**THE GINGER PEOPLE ORGANIC JUICE**  
Ginger or Turmeric.  
5oz



**\$4.99 ea**  
**SAVE UP TO \$2 ea**

**LIFE AID BEVERAGE CO. FUNCTIONAL BEVERAGE**  
Assorted Varieties  
12oz



**2 for \$5**  
**SAVE 99¢ ea**

## Go Coconuts!

Vita Coco coconut water is thirst-quenching and delicious. Each nutrient-packed batch is made with a commitment to regenerative agriculture and water stewardship. So it's good for you and the planet.



**VITA COCO COCONUT WATER**  
Assorted Varieties  
**30% off**

**ARDOR ORGANIC SPARKLING WATER**  
Assorted Varieties  
12oz



**2 for \$5**  
**SAVE \$1.19 ea**

**SANPELLEGRINO SPARKLING NATURAL MINERAL WATER**  
25.3oz



**2 for \$5**  
**SAVE 49¢ ea**

**Q MIXERS PREMIUM DRINK MIXERS**  
Selected Varieties  
4pk/7.5oz



**BUY 1 GET 1 FREE**  
**SAVE \$5.99 ON 2**

# GROCERY

## NEW SEASONS ORGANIC ORANGE JUICE

Fresh-pressed by Columbia Gorge Organic in Hood River, OR.  
48oz



**\$8.99** ea

**FEATURED**

## NUTPODS DAIRY-FREE CREAMERS

Selected Varieties  
25.4oz



**\$4.99** ea

**SAVE \$1.50ea**

## NOUNÓS GREEK STRAINED YOGURT

Assorted Varieties  
5.3oz



**2 for \$5**

**SAVE 69¢ea**

## COCOJUNE DAIRY-FREE YOGURT

Assorted Varieties  
4oz



**2 for \$4**

**SAVE \$1.49ea**

## CALIFIA FARMS COLD BREW COFFEE AND LATTES

Selected Varieties  
48oz



**\$5.99** ea

**SAVE UP TO \$1ea**

## BELGIAN BOYS PANCAKES OR CREPES

Assorted Varieties  
10.6-18.5oz



**\$6.49** ea

**SAVE 50¢ea**

## CHOBANI LESS SUGAR GREEK YOGURT

Selected Varieties  
5.3oz



**3 for \$4**

**SAVE 26¢ea**

## FORAGER PROJECT ORGANIC CASHEWMILK YOGURT SMOOTHIE

Assorted Varieties  
28oz



**\$5.99** ea

**SAVE \$2.40ea**

## MIYOKO'S CREAMERY ORGANIC VEGAN BUTTER

Selected Varieties  
8-12oz



**\$4.99** ea

**SAVE \$1.20ea**

## ESSENTIAL EVERYDAY CREAM CHEESE

8oz



**\$2.29** ea

**EVERYDAY VALUE**

## PETIT POT ORGANIC FRENCH DESSERT

Selected Varieties  
8oz



**\$4.49** ea

**SAVE \$1.30ea**

## DRUMROLL GLUTEN-FREE DONUTS

Assorted Varieties  
2.6oz



**BUY 2 GET 1 FREE**

**SAVE \$4.29 ON 3**

Available in-store only

## BRITT'S FERMENTED FOODS PICKLES

I.P.O or Spicy.  
32oz

**PNW LOCAL**



**\$9.99** ea

**SAVE \$2ea**

## REMEDY ORGANICS PLANT-BASED DRINK

Assorted Varieties  
12oz



**2 for \$7**

**SAVE \$1.19ea**

## NAKED BREAD ORGANIC SANDWICH BREAD

Selected Varieties  
22.5oz

**PNW LOCAL**



**\$3.99** ea

**SAVE \$3.50ea**

## SEATTLE INTERNATIONAL BAKING COMPANY BAGELS

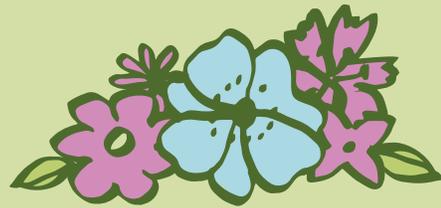
Assorted Varieties  
5ct

**PNW LOCAL**



**\$3.99** ea

**SAVE \$2.50ea**



## Mother's Day, Delivered!

Rainbow roses, locally grown blooms, and exclusive New Seasons arrangements, delivered just in time for Mother's Day. Take your pick at [newseasonsmarket.com/floral-delivery](http://newseasonsmarket.com/floral-delivery)