

TREE-RIPENED & HANDPICKED

Locally grown Maryhill peaches are here in all their sweet, peak-season glory—at \$1 off per pound.

Really **BIG DEAL**

**MARYHILL
PEACHES**

From Gunkel Orchards in Goldendale, WA.

\$2.99
lb
SAVE \$1lb

Really **BIG DEALS**

MARY'S WHOLE FRYER CHICKEN

Humane Certified and always air-chilled with no antibiotics ever.

\$2.99
lb

SAVE \$1lb



DAVE'S KILLER BREAD BUNS, BREAD OR ENGLISH MUFFINS

Selected Varieties
13.2-27oz

\$4.99
ea

SAVE \$2ea



POPPI PREBIOTIC SODA

Assorted Varieties
12oz

2 for \$3

SAVE \$1.49ea



**SUMMER
OF
SCOOPS**

50%
off

**VAN LEEUWEN +
BUBBIES MOCHI
FROZEN DESSERTS**

Exclusions apply. Limited to stock on hand or while supplies last.

EVERYDAY VALUE

Check this spot each week for everyday favorites at great prices you can count on.

IN-SHELL PINK SHRIMP

Sustainably wild-caught in Florida, and flash frozen to preserve the briny taste and snappy texture.
26/30ct



\$8⁹⁹
lb

EVERYDAY VALUE

CHOBANI LESS SUGAR GREEK YOGURT

Assorted Varieties
5.3oz



\$1⁴⁹
ea

EVERYDAY VALUE

WILD HARVEST ORGANIC TOMATOES

Selected Varieties
14.5oz



\$1⁹⁹
ea

EVERYDAY VALUE

NOW FOODS VITAMIN D-3 2000IU

Get your daily dose of sunshine with 2000 IU of vitamin D-3 in every easy-to-swallow softgel.
240sg



\$1²⁹
ea

EVERYDAY VALUE

MEAT & SEAFOOD

NEW SEASONS HAWAIIAN STYLE BEEF FLANKEN RIBS

Humanely raised and marinated in our gluten-free teriyaki marinade.



\$1⁴⁹
lb

SAVE \$1lb

THOUSAND HILLS LIFETIME GRAZED 85% LEAN 15% FAT GRASS-FED GROUND BEEF PACK

Humanely raised with no antibiotics ever.
16oz



\$1¹⁹
ea

FEATURED

NEW! LOWER PRICE!

COUNTRY NATURAL BEEF TOP SIRLOIN STEAK

USDA Choice, humanely range-raised local beef with no added hormones and no antibiotics ever.

PNW LOCAL



\$1⁴⁹
lb

NEW SEASONS HOUSE-MADE BEEF SKEWERS

Grill-ready beef skewers made in-house with our gluten-free marinades.



\$7⁹⁹
ea

FEATURED

ROCKFISH FILLET

Sustainably wild-caught off of OR and WA coasts. Delicious pan-seared with a lemon-butter sauce!

PNW LOCAL



\$7⁹⁹
lb

SAVE \$2lb

NEW SEASONS PEACH POBLANO ROCKFISH

Sustainably wild-caught and marinated in our sweet and mildly spicy peach poblano sauce. Great with grilled Maryhill peaches!



\$7⁹⁹
lb

SAVE \$3lb

PRODUCE & FLORAL

ORGANICGIRL SELECT SALAD BLENDS

Fresh, vibrant, and ready-to-eat. From organicgirl in Salinas, CA.
4.2-5oz



\$4⁴⁹
ea

SAVE 50¢ea

ORGANIC GREEN BELL PEPPERS

Crisp, flavorful, and great for kabobs, stir-fries, or fajitas. From Yakama Nation Farms in Wapato, WA.

PNW LOCAL



\$2⁹⁹
lb

SAVE \$1lb

ORGANIC SEEDLESS WATERMELON

A summer favorite with sweet, just-picked flavor. From Walchli Farms in Hermiston, OR.

PNW LOCAL



79¢
lb

SAVE 50¢lb

DUET BOUQUET

A beautiful farm-fresh duo, grown locally in Eugene, OR.

PNW LOCAL



\$1²⁹
ea

SAVE \$2ea

BAKERY & CHEESE

NEW SEASONS ECLAIRS

Filled with rich vanilla cream and topped with dark chocolate ganache.
2ct

\$4⁹⁹
ea

SAVE \$1ea



BELGIOIOSO BURRATA

The ultimate summer cheese! Pair with garden tomatoes or sliced peaches and fresh herbs.

8oz

\$7⁹⁹
ea

SAVE \$1ea



NEW SEASONS OLIVE CIABATTA

Our Signature ciabatta loaded with Kalamata olives. Great for appetizers and sandwiches.

\$5⁹⁹
ea

SAVE \$1ea



LACLARE FAMILY CREAMERY GOAT LOG

Fresh, creamy, and delicious on salads, pizza, or spread on crostini with fig jam.

8oz

\$8⁴⁹
ea

SAVE 50¢ea



NEW SEASONS KOREAN TOFU

Made in a spicy, tangy sauce featuring gochujang paste from local Choi's Kimchi, sesame seeds, and green onion.

\$11⁹⁹
lb

FEATURED



NEW SEASONS LEMONGRASS CHICKEN SALAD

A light and crunchy salad featuring lemongrass chicken, green cabbage, sugar snap peas, carrots, and cilantro.

\$11⁹⁹
lb

FEATURED



ORIGAMI CATERING SPAM MUSUBI

Sushi rice topped with Spam and wrapped in seaweed. Gently reheat and enjoy!

\$6⁴⁹
ea

SAVE \$1ea



PNW
LOCAL

IT'S
NEW!

BEER & WINE

Mix & Match
Every day

10%
off

6 bottles
of wine

20%
off

12 bottles
of wine
or more

*Offer available in-store only.

PONTE DE BARCA VINHO VERDE & ROSÉ

Crisp, refreshing, and just a touch spritzzy. These naturally lower-alcohol wines are your go-to for patio hangouts and poolside sipping. 750ml

\$7⁹⁹
ea

SAVE \$4ea



ATHLETIC BREWING NON-ALCOHOLIC BEER 12-PACKS

Crafted to perfection, these non-alcoholic beers pack all the flavor without the buzz. We're loving the Run Wild IPA, boasting a perfect malt and hop balance. 12pk/12oz

\$21⁹⁹
ea

SAVE \$2ea



KOHA SAUVIGNON BLANC

Intriguingly complex with bold notes of gooseberry, florals, and citrus, complemented by subtle hints of nettle, melon, and mineral. Perfect with oysters and fresh seasonal salads. 750ml

\$12⁹⁹
ea

SAVE \$6ea



CALDERA BREWING HARD SELTZER

Summer-ready hard seltzer from the pioneering Oregon brewers at Caldera. Choose from a variety of flavors (or try them all!) Selection may vary by location. 6pk/12oz

\$11⁹⁹
ea

SAVE \$2ea



PNW
LOCAL

SAVE TIME,
ORDER ONLINE!

Use code
SUMMERSHOP10 for
\$10 off \$50+ online for
delivery or free pickup.*

shop.newseasonsmarket.com

Powered by
instacart

*Terms apply. Free pickup on orders of \$35+.

GET \$10 OFF \$40!

Are you receiving
Neighbor Rewards emails or texts?

Opt in today, and never miss
another member offer—
like the \$10 off \$40 offer you'll
get just for opting in at
newseasonsmarket.com/rewards



WELLNESS

NEW CHAPTER NUTRITIONAL SUPPLEMENTS

Enjoy 30% off your favorite New Chapter formulas, including multivitamins, herbs, and anti-inflammatory blends.

30%
off



BLOOM ESSENTIAL OILS

Discover great savings on all your favorite essential oils from New Leaf Bloom.

30%
off



ULTIMA REPLENISHER ELECTROLYTE POWDER

Easy-to-mix electrolyte powders to help you stay hydrated. Also save on convenient single-serve packets.

3.7oz

\$15⁹⁹
ea

SAVE \$8ea



MEGAFOOD MAGNESIUM SOFT CHEWS

A delicious way to support relaxation and ease muscle tension.

30ct

\$12⁹⁹
ea

SAVE \$5ea



NOW FOODS BREWER'S YEAST POWDER

A non-bitter formula packed with natural proteins and B vitamins.

1lb

\$10⁹⁹
ea

SAVE \$4ea



HEALTHFORCE SUPERFOODS VITAMINERAL GREEN

Formulated to help boost overall wellness. Save on select sizes.

150g

\$24⁹⁹
ea

SAVE \$10ea



VITANICA IRON EXTRA

Holistic red blood cell support formulated by naturopathic doctor Tori Hudson.

60vc

\$17⁹⁹
ea

SAVE \$8ea



PNW
LOCAL

ALL GOOD SPORT SUNSCREEN SPF30

Enjoy fun in the sun with savings on reef-safe, mineral-based sunscreens from this fellow B Corp.

3oz

\$11⁹⁹
ea

SAVE \$5ea



ACURE BODY LOTIONS

Fragrance-free moisturizers designed to leave your skin feeling soft, smooth, and refreshed. Save on select formulas.

8oz

\$9⁹⁹
ea

SAVE \$4ea



EARTH SCIENCE OLIVE & AVOCADO HAIR CARE

Deeply nourish and moisturize your hair with olive and avocado extracts.

6oz

\$8⁹⁹
ea

SAVE \$4ea



GROCERY

VAN LEEUWEN FRENCH ICE CREAM

Assorted Varieties

NOW:

\$2⁴⁹-\$4⁴⁹
ea

WITH 50% DISCOUNT



SUMMER
OF
SCOOPS

BUBBIES MOCHI MOCHI ICE CREAM

Assorted Varieties

NOW:

\$3⁹⁹
ea

WITH 50% DISCOUNT



SUMMER
OF
SCOOPS

BOBA X ICE CREAM

Assorted Varieties

14oz

**BUY 1 GET 1
FREE**

SAVE \$8.99 ON 2



GOODPOP FROZEN POPS

Selected Varieties

4-8ct

\$4⁹⁹
ea

SAVE \$1ea



NEW COAST FORAGING CO. FROZEN VEGETABLES

Assorted Varieties

16oz

\$2⁹⁹
ea

SAVE 50¢ea



NEW COAST FORAGING CO. FROZEN SIDE DISHES

Selected Varieties

12oz

\$3⁹⁹
ea

SAVE 50¢ea



NEW COAST FORAGING CO. FROZEN FRUIT

Assorted Varieties

16oz

\$3⁹⁹
ea

SAVE \$1ea



GOODPOP DAIRY-FREE FROZEN DESSERTS

Selected Varieties

4ct

\$5⁴⁹
ea

SAVE \$1ea



GROCERY

**BOULDER CANYON
POTATO
CHIPS**
Selected Varieties
5.25-6oz



**BUY 1 GET 1
FREE**

SAVE \$5.99 ON 2

**GARDEN OF EATIN'
TORTILLA
CHIPS**
Assorted Varieties
5.5oz



**\$2⁹⁹
ea**

SAVE \$2ea

**THE DAILY CRAVE
LENTIL OR
QUINOA
CHIPS**
Assorted Varieties
4.25oz



**\$3⁹⁹
ea**

SAVE \$2ea

**12 TIDES
ORGANIC KELP CHIPS**
Selected Varieties
2oz



**\$4⁹⁹
ea**

SAVE \$1ea

**POLAR
SPARKLING
SALTZ
WATER**
Selected Varieties
1L



4 for \$5

SAVE 54¢ea

**SANPELLEGRINO
SPARKLING
NATURAL
MINERAL
WATER**
25.3oz



2 for \$5

SAVE 79¢ea

**WAIAKEA
HAWAIIAN
VOLCANIC
WATER**
1.5L



2 for \$4

SAVE \$1.79ea

**C2O
ORGANIC
COCONUT
WATER**
Selected Varieties



**20%
off**

**LORINA
SPARKLING
BEVERAGES**
Assorted Varieties
6pk/11.2oz



**\$5⁹⁹
ea**

SAVE \$3ea

**ABLIS
CBD
SPARKLING
BEVERAGE**
Assorted Varieties
12oz



**\$3⁹⁹
ea**

SAVE \$1ea

Only available
in OR stores.

**GUAYAKI
ORGANIC
SPARKLING
YERBA MATE**
Assorted Varieties
12oz



2 for \$5

SAVE 49¢ea

**STEAZ
ORGANIC
GREEN TEA**
Assorted Varieties
16oz



**\$1⁹⁹
ea**

SAVE 40¢ea

**AMY & BRIAN
COCONUT
WATER**
Assorted Varieties
17.5oz



**BUY 1 GET 1
FREE**

SAVE \$3.49 ON 2

**HIYO
NON-ALCOHOLIC
SOCIAL TONIC**
Assorted Varieties
12oz



2 for \$6

SAVE 99¢ea

**MILKADAMIA
MACADAMIA
MILK**
Assorted Varieties
32oz



**\$5⁴⁹
ea**

SAVE \$1ea

**INGRILLI
ORGANIC LEMON OR
LIME SQUEEZE**
7oz



**\$1⁹⁹
ea**

SAVE 40¢ea

BULK

**ORGANIC
GREEN LENTILS**

**PNW
LOCAL**

**\$4⁴⁹
lb**

SAVE 50¢lb



**NEW SEASONS
ORGANIC COFFEE**
Sustainably sourced by our partners at
Equal Exchange in Portland, OR.

**\$13⁹⁹
lb**

FEATURED



**HUMMINGBIRD WHOLESALE
ORGANIC MANGO
CHEEKS**

**PNW
LOCAL**

**\$13⁹⁹
lb**

SAVE \$4lb



**HUMMINGBIRD WHOLESALE
ORGANIC WHOLE
RAW HAZELNUTS**

**PNW
LOCAL**

**\$19⁹⁹
lb**

SAVE \$2lb



GROCERY

BEYOND GOOD CHOCOLATE BAR

Assorted Varieties
2.64oz

\$3⁹⁹
ea

SAVE 70¢ea



RANGER CHOCOLATE COMPANY CHOCOLATE BAR

Selected Varieties
2.25oz

\$6⁹⁹
ea

SAVE \$3ea



PNW LOCAL

TCHO CHOCOLATE BAR

Selected Varieties
2.5oz

\$4⁹⁹
ea

SAVE \$1ea



BARNANA ORGANIC BANANA BITES

Assorted Varieties
3.5oz

\$4⁹⁹
ea

SAVE \$2ea



THE GOOD BEAN BEAN SNACKS

Selected Varieties
4-6oz

\$4⁹⁹
ea

SAVE \$1ea



FINN CRISP CRISPBREAD

Original or Caraway.
7oz

\$4⁹⁹
ea

SAVE \$1ea



CATALINA CRUNCH SNACK MIX

Assorted Varieties
6oz

\$6⁹⁹
ea

SAVE \$1ea



BOBO'S OAT BAR

Assorted Varieties
3oz

\$2⁹⁹
ea

SAVE 50¢ea



NEW SEASONS ORGANIC FLOUR TORTILLAS

Shelf-stable tortillas from Don Pancho
Authentic Mexican Foods in Salem, OR.
8ct

\$6⁹⁹
ea

FEATURED



SEATTLE INTERNATIONAL BAKING COMPANY BUNS

Pub or Brioche.
8ct

\$4⁹⁹
ea

SAVE \$2ea



PNW LOCAL

KELLY'S JELLY PEPPER JELLY AND PRESERVES

Assorted Varieties
11-12oz

\$7⁹⁹
ea

SAVE \$1ea



PNW LOCAL

WOODSTOCK ORGANIC CONDIMENTS

Selected Varieties

20% off



KOYO ORGANIC NOODLES

Selected Varieties
8oz

\$2⁹⁹
ea

SAVE \$2ea



DELALLO POMODORO PASTA SAUCE

Assorted Varieties
25.25oz

\$8⁹⁹
ea

SAVE \$3ea



DELALLO PASTA

Selected Varieties
8.8-16oz

2 for \$5

SAVE UP TO \$1.49ea



LOUISVILLE VEGAN JERKY CO VEGAN JERKY

Assorted Varieties
3oz

\$5⁹⁹
ea

SAVE \$2ea



DR. BRONNER'S ORGANIC COCONUT OIL

Selected Varieties

20% off



SPICELY ORGANICS SPICES, HERBS OR SEASONINGS

Selected Varieties

20% off



LUNDBERG FAMILY FARMS RICE

Selected Varieties

20% off



BAR KEEPERS FRIEND CLEANING PRODUCTS

Selected Varieties

20% off



GROCERY

NEW SEASONS CAGE-FREE BROWN EGGS

From chickens raised on vegetarian feed with no antibiotics by Stiebers Farms in Yelm, WA.
18ct

\$5.49
ea

FEATURED

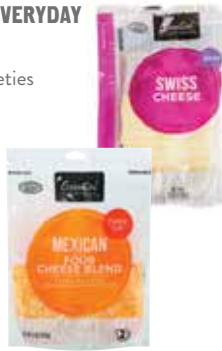


ESSENTIAL EVERYDAY CHEESE

Selected Varieties
6-8oz

\$2.99
ea

SAVE \$1ea



CHOBANI GREEK YOGURT

Selected Varieties
4.5-5.3oz

3 for \$5

SAVE UP TO \$1.02ea



ESSENTIAL EVERYDAY CREAM CHEESE

8oz

\$2.29
ea

EVERYDAY VALUE



NEW SEASONS FRESH PIZZA DOUGH

Made in collaboration with Bowery Bagels in Portland, OR. Traditional or Rustic.
16oz

\$5.99
ea

FEATURED



NEW SEASONS FRESH PIZZA SAUCE

From our longtime partners at Heritage Foods in Portland, OR.
16oz

\$6.99
ea

FEATURED



NANCY'S CREAM CHEESE

Selected Varieties
8oz

2 for \$6

SAVE 99¢ea



**PNW
LOCAL**

NANCY'S ORGANIC SOUR CREAM

8oz

2 for \$5

SAVE 99¢ea



**PNW
LOCAL**

CLEVELAND KITCHEN FERMENTED FOODS

Selected Varieties

25%
off



ITHACA HUMMUS

Assorted Varieties
10oz

\$4.49
ea

SAVE \$1.50ea



SO DELICIOUS COCONUTMILK CREAMER

Selected Varieties
1qt

\$5.99
ea

SAVE \$2ea



**PNW
LOCAL**

REDDI-WIP WHIPPED TOPPING

Selected Varieties
6.5oz

\$3.99
ea

SAVE \$1ea



LIGHTLIFE PLANT-BASED PROTEINS

Assorted Varieties

25%
off



GOOD WOLF PROBIOTIC REFRESHER

Assorted Varieties
12oz

\$4.49
ea

SAVE 50¢ea



**PNW
LOCAL**

REBBL ORGANIC PLANT-BASED BEVERAGE

Selected Varieties
12oz

2 for \$8

SAVE \$1.49ea



MAMMA CHIA ORGANIC CHIA BEVERAGE

Assorted Varieties
10oz

\$2.99
ea

SAVE \$1ea



**SUMMER
OF
SCOOPS**

50%
off

**VAN LEEUWEN +
BUBBIES MOCHI
FROZEN DESSERTS**

Exclusions apply. Limited to stock on hand or while supplies last.

Weekend Tasting

Sweeten your weekend with a taste of peak-season, locally grown Maryhill peaches!
Friday, Saturday & Sunday • 12pm – 6pm