

# BEEF UP YOUR BBQ

Every great burger starts with the best ingredient—humanely raised ground beef.



Really BIG DEAL

COUNTRY NATURAL BEEF  
80% LEAN 20% FAT  
GROUND BEEF

**\$5.99**  
lb  
SAVE \$1lb

**BUY ONE,  
GET ONE  
FREE SALE!**

Choose from  
over 100 items  
—see page 6  
for more.

Really BIG DEALS

## ATLANTIC SALMON FILLET

Sustainably farm-raised in Norway, with a fresh, mild, and buttery taste. Perfect for pan-searing or grilling.



**\$15.99**  
lb

SAVE \$2lb

## SWEET CORN

Sweet, crisp, and great on the grill. From Brentwood Growers in Brentwood, CA.



5 for \$5

SAVE 50¢ea

## NAKED BREAD ORGANIC BUNS

Hamburger or Hot Dog.  
8ct



BUY 1 GET 1  
FREE

SAVE \$7.49 ON 2

PNW LOCAL

**20%**  
off

SELECT WINE  
COCKTAILS AND  
HARD SELTZERS

Items priced as marked. No additional discounts.  
Limited to stock on hand. Selection varies by location.

## SANTA CRUZ ORGANIC LEMONADE OR LIMEADE

Assorted Varieties  
32oz



BUY 1 GET 1  
FREE

SAVE \$4.99 ON 2

**20%**  
off

SELECT  
DELI SIDES

Smoked Mozzarella Pasta Salad  
Kale Carrot Salad  
Red Potato Salad with Dill

# WHAT WE'RE *loving*



## Overjoy Wines

Overjoy Wines Born 10 years ago a collaboration between New Seasons and some of our favorite Oregon producers, Overjoy has grown into a collection of exceptional wines from the Northwest and beyond—all at everyday prices.

Whether it's a French Rosé, an Italian Chianti, or an offering from partners like Sokol Blosser, Cooper Mountain, and Elk Cove, Overjoy wines are available exclusively at New Seasons.



## MEAT & SEAFOOD

### NEW SEASONS HOUSE-MADE BURGERS

Delicious house-made burger patties prepped and ready for the grill. Flavors may vary by location.

Starting at:

**\$3<sup>50</sup>**  
ea

**FEATURED**



### ULTRA NATURAL PEELED AND DEVEINED SHRIMP

Responsibly farm-raised and processed in Thailand, this 100% traceable shrimp is great for skewers, pasta dishes, or shrimp cocktail.

16/20ct

**\$18<sup>99</sup>**  
lb

**SAVE \$1lb**



## FLORAL

### PEONY 5-STEM BUNCH

**PNW LOCAL**

Local peony season is here! Add a burst of color and whimsy with a beautiful 5-stem bunch.

**\$12<sup>99</sup>**  
ea

**SAVE \$2ea**



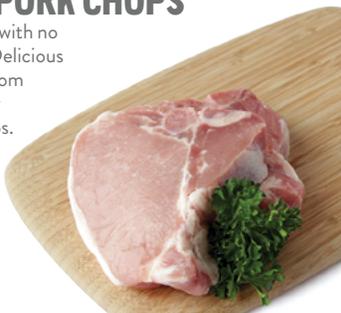
### BEELER'S PURE PORK BONE-IN PORK CHOPS

Humanely raised with no antibiotics ever. Delicious grilled! Choose from center-cut, rib, or porterhouse chops.

Starting at:

**\$5<sup>49</sup>**  
lb

**SAVE 50¢lb**



### MANILA CLAMS

Packed with nutrients, clams come with their own cook timer. Once they pop open, they're done!

**\$9<sup>99</sup>**  
lb

**SAVE \$1lb**



## DON'T FORGET THE FLOWERS

Order stunning, handcrafted bouquets and floral vase arrangements online for quick and convenient delivery.

[shop.newseasonsmarket.com](http://shop.newseasonsmarket.com)

## ORGANIC PRODUCE

### ORGANIC PEACHES

Grown in the California sun and picked at the peak of perfection. From Valliwide in Reedley, CA.

**\$3<sup>99</sup>**  
lb

**SAVE \$1lb**



### ORGANIC SEEDLESS GRAPES

Juicy, flavorful red or green grapes for your salads and snack plates. From Sunview in Delano, CA.

**\$4<sup>99</sup>**  
lb

**SAVE \$1lb**



### ORGANICGIRL SELECT SALAD BLENDS

Choose from 50/50!, Baby Spring Mix, Super Greens!, and Spinach. Grown in Salinas, CA.

1lb pkg

**\$6<sup>99</sup>**  
ea

**SAVE \$1ea**



## BAKERY & CHEESE

### BAKERLY Brioche Buns

Elevate your next burger or hot dog with sweet, buttery brioche.  
4 or 6ct



**\$4<sup>99</sup>**  
ea  
**SAVE \$1ea**

### NEW SEASONS Cheese Snack Pack

A tasty selection of cubed cheeses. Perfect for lunch boxes, snacks, and party platters.



**\$9<sup>99</sup>**  
lb  
**SAVE \$1lb**

### NEW SEASONS Deli Ham

A deli classic with just the right balance of smoky and sweet, thanks to a touch of maple syrup.



**\$13<sup>99</sup>**  
lb  
**FEATURED**

### NEW SEASONS Chicken Tenders

Tender chicken breast lightly breaded and cooked to perfection. Served with our buttermilk ranch dressing.



**\$12<sup>99</sup>**  
lb  
**SAVE \$1lb**

### NEW SEASONS Cookies

Sweeten any gathering with these tasty treats. Available in a variety of crowd-pleasing flavors.  
12ct



**\$7<sup>99</sup>**  
ea  
**SAVE \$1ea**

### NEW SEASONS French Onion Cheese Spread

Rich, savory, and endlessly dippable. Great with chips or as a burger topper. Try it warm!  
6oz



**\$7<sup>99</sup>**  
ea  
**SAVE 50¢ea**

### MOLINARI Hot Coppa

Dry-cured pork shoulder flavored with red and black pepper. Sliced to order in our deli.

**IT'S NEW!**



**\$18<sup>99</sup>**  
lb  
**SAVE \$1lb**

### NEW SEASONS Select Deli Sides

Choose from Red Potato Salad with Dill, Smoked Mozzarella Pasta Salad, or Kale Carrot Salad.



**20%**  
off

## BEER & WINE

### DESCHUTES BREWERY Select 6-Packs

Soak up the sun with refreshing favorites like Mirror Pond Pale Ale, a bright and citrusy brew with a fruity hop aroma. Selection may vary by store.  
6pk/12oz

**PNW LOCAL**



**\$12<sup>99</sup>**  
ea  
**SAVE \$1ea**

### STRAIGHTAWAY Cascade and Seville Spritz

New releases from Straightaway featuring PNW botanicals and bright refreshing flavors. Choose from Cascade and Seville Spritzes.  
250ml

**PNW LOCAL**

**IT'S NEW!**



**\$4<sup>79</sup>**  
ea  
**AFTER 20% DISCOUNT**

### WHITE CLAW Hard Seltzers

Clean, crisp, and effervescent hard seltzers with a twist of natural fresh fruit flavor. Selection may vary by store.  
12pk/12oz



**\$15<sup>99</sup>**  
ea  
**AFTER 20% DISCOUNT**

## IT SAVES TO SHOP ONLINE!

Get everything you love in-store, without the lines. Use code **DELIVER4YOU** for **FREE** pickup or delivery!

[shop.newseasonsmarket.com](http://shop.newseasonsmarket.com)

Powered by **instacart**

*\*Terms apply. Free pickup on orders of \$35+.*

### MAUI BREWING Pog Hard Seltzer

Tropical-inspired hard seltzers made with natural fruit flavors. Selection may vary by location.  
6pk/12oz



**\$9<sup>59</sup>**  
ea  
**AFTER 20% DISCOUNT**

### CRAFTWELL COCKTAILS Ready to Drink Wine Cocktails

Fruit-forward, cider-based cocktails made with natural fruit and ready to drink! Pour over ice or drink chilled straight from the can. Selection may vary by store.  
4pk/12oz

**PNW LOCAL**



**\$11<sup>99</sup>**  
ea  
**AFTER 20% DISCOUNT**

### RUZZO Sparkling Hard Citrus

The perfect spring refresher made with gluten-free ingredients. Light and fizzy with great fruit flavors, and a crisp finish. Selection may vary by store.  
16oz

**PNW LOCAL**



**\$3<sup>99</sup>**  
ea  
**AFTER 20% DISCOUNT**

## DON'T MISS THIS OFFER!

Neighbor Rewards members opted into email or text get one free 14oz bag of New Seasons Tortilla Chips.

Join or sign up by Thursday at [newseasonsmarket.com/rewards](http://newseasonsmarket.com/rewards) for this exclusive member offer on Friday.



## WELLNESS

### ULTIMA REPLENISHER ELECTROLYTE POWDERS

Stay hydrated with easy-to-mix electrolyte powders. Select flavors on sale.



**30% off**

### EVANHEALY FACIAL CARE

Now is an excellent time to stock up on your favorite facial and body care from evanhealy.



**30% off**

### DERMA E NATURAL SKIN CARE

Save 30% on skin care powered by vitamins, antioxidants, and botanicals.



**30% off**

### MINERAL FUSION COLOR COSMETICS

Lucious mineral-based cosmetics for glowing skin. Save on mascara, nail polish, foundation, and more.



**20% off**

### MRM NUTRITION BONE MAXIMIZER III

Vital bone proteins, minerals, and calcium in a bioavailable form. 150cap



**50% off**

### BOIRON ARNICARE TABLETS

Used to help soothe sore muscles and may help reduce bruising. 60tab



**\$10<sup>99</sup> ea**  
**SAVE \$3ea**

### NOW FOODS GABA WITH B6 500MG

A natural neurotransmitter to help support relaxation and sleep. 100vc



**\$9<sup>99</sup> ea**  
**SAVE \$4ea**

### CHILDLIFE ESSENTIALS BERRY VITAMIN D3 DROPS

Tasty, all-natural support for healthy growth and immune function in infants, kids, and teens. 1oz



**\$5<sup>99</sup> ea**  
**SAVE \$4ea**

### MICKELBERRY GARDENS NW POLLEN HONEY TONIC

A delicious and unique formula designed to support seasonal respiratory health. 4oz



**\$10<sup>99</sup> ea**  
**SAVE \$4ea**

### ALBA BOTANICA HAWAIIAN ISLAND VIBE SUNSCREEN SPF 50

Water-resistant, broad-spectrum sunscreen. Great savings on select sunscreens this week. 3oz



**\$9<sup>99</sup> ea**  
**SAVE \$5ea**

## GROCERY

### BOULDER CANYON POTATO CHIPS

Selected Varieties 5.25-6oz



**2 for \$6**

### HIYO NON-ALCOHOLIC SOCIAL TONIC

Assorted Varieties 4pk/12oz



**\$10<sup>99</sup> ea**  
**SAVE \$4ea**

### FEVER-TREE PREMIUM DRINK MIXERS

Selected Varieties 8pk/5.07oz



**\$6<sup>99</sup> ea**  
**SAVE \$2ea**

### SISTERS COFFEE CO. COFFEE

Selected Varieties 12oz



**\$13<sup>99</sup> ea**  
**SAVE UP TO \$5ea**

### MILTON'S CRACKERS

Selected Varieties 4.5oz



**\$3<sup>99</sup> ea**

### MORENITA TORTILLA CHIPS

Assorted Varieties 14oz



**2 for \$7**

### BIENA CHICKPEA SNACKS

Assorted Varieties 5oz



**\$4<sup>99</sup> ea**

### MOON CHEESE CHEESE SNACK

Assorted Varieties 2oz



**\$3<sup>99</sup> ea**

# GROCERY

**ALDEN'S ORGANIC ICE CREAM**  
Selected Varieties  
1.5qt

**PNW LOCAL**



**\$8.99**  
ea

**SAVE \$1ea**

**WOODSTOCK FROZEN FRUIT AND VEGETABLES**  
Selected Varieties



**20%**  
off

**COSMIC BLISS DAIRY-FREE FROZEN DESSERT**  
Selected Varieties  
14oz



**BUY 1 GET 1 FREE**  
**SAVE \$7.59 ON 2**

**PRIMAL KITCHEN CONDIMENTS**  
Selected Varieties



**30%**  
off

**WEST LIFE ORGANIC SOYMILK**  
Assorted Varieties  
32oz



**\$4.49**  
ea

**SAVE \$1.50ea**

**KODIAK CAKES GRANOLA BARS**  
Assorted Varieties  
6pk/1.59oz



**\$5.99**  
ea

**SAVE \$1.50ea**

**WORLD CENTRIC COMPOSTABLE TABLEWARE**  
Selected Varieties



**20%**  
off

**PORTLAND PET FOOD COMPANY DOG TREATS**  
Selected Varieties  
5oz

**PNW LOCAL**



**\$5.99**  
ea

**SAVE \$2ea**

**WOODSTOCK PICKLES OR RELISH**  
Assorted Varieties  
16-24oz



**\$6.99**  
ea

**SAVE \$2ea**

**JEFF'S GARDEN SPECIALTY FOODS**  
Selected Varieties



**20%**  
off

**EDEN FOODS ORGANIC BEANS**  
Selected Varieties  
15oz



**\$2.99**  
ea

**SAVE \$1ea**

**MELINDA'S SAUCES**  
Assorted Varieties



**20%**  
off

**SAN-J ASIAN COOKING SAUCE**  
Selected Varieties



**20%**  
off

**COSTA D'ORO ORGANIC EXTRA VIRGIN OLIVE OIL**  
Selected Varieties



**30%**  
off

**DAIYA DAIRY-FREE MAC & CHEESE**  
Selected Varieties  
5.5oz



**2 for \$7**  
**SAVE 79¢ea**

**DE CECCO PASTA**  
Selected Varieties  
16oz



**2 for \$6**  
**SAVE \$1.19ea**

# BULK

**GRAIN MILLERS ORGANIC STEEL CUT OATS**

**PNW LOCAL**



**\$1.99**  
lb

**SAVE \$1lb**

**HUMMINGBIRD WHOLESALE ORGANIC PITTED DEGLET NOOR DATES**

**PNW LOCAL**



**\$6.99**  
lb

**SAVE \$3lb**

**SUNRIDGE FARMS ZEN PARTY MIX**



**\$9.99**  
lb

**SAVE \$1lb**

**NEW SEASONS ORGANIC COFFEE**  
Sustainably sourced by our partners at Equal Exchange in Portland, OR.



**\$12.99**  
lb

**SAVE \$1lb**

# STOCK UP—IT'S BUY ONE, GET ONE FREE!

**EVOLUTION FRESH ORGANIC FRUIT SODA**  
Assorted Varieties  
12oz



**BUY 1 GET 1 FREE**  
**SAVE \$2.99 ON 2**

**ANGIE'S BOOMCHICKAPOP POPCORN**  
Selected Varieties  
4.5-7oz



**BUY 1 GET 1 FREE**  
**SAVE \$4.99 ON 2**

**BEYOND MEAT PLANT-BASED BURGER PATTIES**  
Selected Varieties  
8oz



**BUY 1 GET 1 FREE**  
**SAVE \$7.69 ON 2**

**ZENNER'S SAUSAGE COMPANY CRAFT SAUSAGES**  
Selected Varieties  
10.6-12.8oz



**BUY 1 GET 1 FREE**  
**SAVE \$8.99 ON 2**

**SNACK FACTORY PRETZEL CRISPS**  
Selected Varieties  
7.2oz



**BUY 1 GET 1 FREE**  
**SAVE \$4.99 ON 2**

**OUTSHINE FROZEN FRUIT BARS**  
Selected Varieties  
6ct



**BUY 1 GET 1 FREE**  
**SAVE \$6.39 ON 2**

**DR. PRAEGER'S PLANT-BASED FROZEN FOODS**  
Selected Varieties  
8-10oz



**BUY 1 GET 1 FREE**  
**SAVE \$6.99 ON 2**

**DARING FOODS PLANT-BASED BOWLS**  
Assorted Varieties  
9oz



**BUY 1 GET 1 FREE**  
**SAVE \$6.99 ON 2**

**MCCONNELL'S FINE ICE CREAMS ICE CREAM**  
Selected Varieties  
1pt



**BUY 1 GET 1 FREE**  
**SAVE \$7.99 ON 2**

**BUBBIES MOCHI MOCHI ICE CREAM**  
Assorted Varieties  
7.5oz



**BUY 1 GET 1 FREE**  
**SAVE \$8.19 ON 2**

**NEW COAST FORAGING CO. ORGANIC TRUFFLES**  
Assorted Varieties  
7oz



**BUY 1 GET 1 FREE**  
**SAVE \$7.99 ON 2**

**KIND SNACK BAR**  
Selected Varieties  
1.4oz



**BUY 1 GET 1 FREE**  
**SAVE \$2.99 ON 2**

**SEAPOINT FARMS DRY ROASTED EDAMAME**  
Wasabi or Sea Salt.  
3.5-4oz



**BUY 1 GET 1 FREE**  
**SAVE \$3.99 ON 2**

**KINDER'S BBQ SAUCE**  
Assorted Varieties  
15.3-15.8oz



**BUY 1 GET 1 FREE**  
**SAVE \$4.99 ON 2**

**GRILLO'S PICKLES DILL PICKLES**  
Selected Varieties  
32oz



**BUY 1 GET 1 FREE**  
**SAVE \$7.69 ON 2**

**DAISY BRAND SOUR CREAM DIP**  
French Onion or Creamy Ranch.  
16oz



**BUY 1 GET 1 FREE**  
**SAVE \$4.49 ON 2**

**HINT FRUIT-INFUSED WATER**  
Assorted Varieties  
16oz



**BUY 1 GET 1 FREE**  
**SAVE \$1.99 ON 2**

**CULTURE POP PROBIOTIC SODA**  
Assorted Varieties  
12oz



**BUY 1 GET 1 FREE**  
**SAVE \$2.49 ON 2**

**NIXIE ORGANIC SPARKLING WATER**  
Assorted Varieties  
8pk/12oz



**BUY 1 GET 1 FREE**  
**SAVE \$7.49 ON 2**

**POSITIVE BEVERAGE FUNCTIONAL DRINKS**  
Assorted Varieties  
12oz



**BUY 1 GET 1 FREE**  
**SAVE \$2.99 ON 2**

# GROCERY

**SIMPLY LEMONADE**  
Assorted Varieties  
52oz



**\$2<sup>99</sup>**  
ea  
**SAVE 80¢ea**

**CEDAR'S ORGANIC HOMMUS**  
Selected Varieties  
10oz



**2 for \$7**  
**SAVE \$1.09ea**

**THE GREEK GODS GREEK YOGURT**  
Assorted Varieties  
24oz



**\$3<sup>99</sup>**  
ea  
**SAVE 60¢ea**

**THE COCONUT CULT PROBIOTIC COCONUT YOGURT**  
Assorted Varieties  
8oz



**\$8<sup>49</sup>**  
ea  
**SAVE \$2ea**

**FIELD ROAST PLANT-BASED SAUSAGES**  
Selected Varieties  
12.95oz

**PNW LOCAL**



**\$5<sup>99</sup>**  
ea  
**SAVE \$1.90ea**

**TOFUTTI BETTER THAN SOUR CREAM**  
12oz



**\$4<sup>49</sup>**  
ea  
**SAVE \$2.40ea**

**SECOND NATURE TRAIL MIX**  
Assorted Varieties  
10-14oz



**50% off**

**FRANZ PREMIUM ROLLS**  
Selected Varieties  
6ct

**PNW LOCAL**



**\$4<sup>29</sup>**  
ea  
**SAVE \$1.70ea**

**TILLAMOOK CHEESE**  
Selected Varieties

**PNW LOCAL**



**25% off**

**ZEN ORGANIC PUDDING**  
Selected Varieties  
4ct



**\$5<sup>49</sup>**  
ea  
**SAVE UP TO \$2.10ea**

**BACHAN'S JAPANESE BARBECUE SAUCE**  
Assorted Varieties  
16-17oz



**\$6<sup>99</sup>**  
ea

**REDDI-WIP DAIRY-FREE WHIPPED TOPPING**  
Coconut or Almond.  
6oz



**\$7<sup>99</sup>**  
ea  
**SAVE \$1ea**

**SIMPLY GUM NATURAL CHEWING GUM**  
Assorted Varieties  
15ct



**\$2<sup>99</sup>**  
ea  
**SAVE UP TO \$1.40ea**

**COUNTRY ARCHER PROVISIONS MEAT STICK**  
Selected Varieties  
1oz



**2 for \$4**

**CAMELLIA GROVE KOMBUCHA**  
Assorted Varieties  
12oz



**\$2<sup>99</sup>**  
ea  
**SAVE \$1ea**

**NEW SEASONS HEAVY WHIPPING CREAM**

Locally sourced rBST-free cream from Alpenrose Dairy in Portland, OR.  
16oz



**\$4<sup>59</sup>**  
ea  
**FEATURED**

**NEW SEASONS SOUR CREAM**

From our friends at Alpenrose Dairy in Portland, OR.  
16oz



**\$2<sup>49</sup>**  
ea  
**SAVE 30¢ea**

## MADE IN PARTNERSHIP

Why do we call our private label New Seasons Partner Brand? Because we work directly with small, regional producers who share our passion for good food and strong communities!