

LUCKY DAY!

Start your winning streak this St. Patrick's Day with New Seasons Corned Beef made with no antibiotics ever.



Really BIG DEALS

COUNTRY NATURAL BEEF STEW MEAT

USDA Choice, humanely range-raised local beef with no antibiotics ever or added hormones.

PNW LOCAL



\$7.99
lb

SAVE \$4lb

ORGANIC ASPARAGUS

Crisp, snappy, and delicious as a healthy side. From Gourmet Trading in Mexico.



\$3.99
lb

SAVE \$1lb

KETTLE BRAND POTATO CHIPS

Selected Varieties
6.5-7.5oz

PNW LOCAL



\$2.99
ea

SAVE \$2.50ea

50%
off

SELECT
FROZEN FRUIT,
VEGGIES, POTATOES

Limited to stock on hand. No additional case discounts.

EVERYDAY VALUE

Check this spot each week for everyday favorites at great prices you can count on.

NEW SEASONS BULK PORK CHORIZO SAUSAGE

A gluten-free recipe made with humanely raised pork with no added fillers.



\$4⁹⁹
lb

EVERYDAY VALUE

ORGANIC LUNCHBOX APPLES

Crisp, juicy, and super snackable. Grown in OR and WA.



\$1⁹⁹
lb

EVERYDAY VALUE

PNW LOCAL

TILLAMOOK SOUR CREAM

Regular or Reduced Fat. 16oz



\$2⁹⁹
ea

EVERYDAY VALUE

PNW LOCAL

NOW FOODS ORGANIC ARGAN OIL

A versatile, nutrient-dense oil used to help moisturize skin, hair, scalp, and nails. 2oz



\$15⁹⁹
ea

EVERYDAY VALUE

MEAT & SEAFOOD

ICE FRESH ATLANTIC SALMON FILLET

Sustainably farm-raised in Iceland, and full of rich, buttery flavor.



\$17⁹⁹
lb

SAVE \$2lb

MARY'S WHOLE CHICKEN LEGS

Humane Certified and always air-chilled with no antibiotics ever.



\$3⁹⁹
lb

SAVE \$1lb

DOVER SOLE FILLET

Light and mild sole sustainably harvested off OR and WA coasts. Bake for a quick and delicious meal.



\$8⁹⁹
lb

SAVE \$2lb

PNW LOCAL

BEELER'S PURE PORK BONE-IN CENTER CUT PORK CHOPS

Humanely raised with no antibiotics ever.



\$5⁹⁹
lb

SAVE \$1lb

NEW SEASONS STUFFED DOVER SOLE

Wild-caught and stuffed in-house. Bake at 350°F for 20-25 minutes. Flavors may vary by location.



Starting at:

\$10⁹⁹
lb

SAVE \$2lb

PNW LOCAL

NEW SEASONS CORNED BEEF

Made with humanely raised beef with no added hormones, nitrates, nitrites, or antibiotics ever.



\$11⁹⁹
lb

SAVE \$1lb

PRODUCE & FLORAL

ORGANIC GREEN CABBAGE

A must-have with corned beef and potatoes. From Nunes Farms in Salinas, CA.



\$1⁴⁹
lb

SAVE 50¢lb

ORGANIC BARTLETT PEARS

Picked ripe and full of sweet, juicy flavor. From Bridges Produce in Argentina.



\$1⁹⁹
lb

SAVE \$1lb

ORGANICGIRL SELECT SALAD BLENDS

Great for a quick and easy lunch or dinner. From organicgirl in Salinas, CA. 4-7oz



\$3⁹⁹
ea

SAVE \$1ea

WESTWIND GARDENS CERTIFIED ORGANIC JUMBO PACK VEGETABLE STARTS

Get your garden going in a snap with locally grown, first-of-the-season veggie starts.



\$3⁹⁹
ea

SAVE \$1ea

PNW LOCAL

BAKERY & CHEESE

NEW SEASONS IRISH SODA BREAD

It's back! Made from scratch by our talented bakers and perfect with corned beef and cabbage.



\$4⁹⁹
ea
SAVE \$1ea

KERRYGOLD IRISH CHEESES

Flavorful cheeses made from grass-fed cow's milk. Slice and serve with crusty bread and a beer or cider.
7oz



\$6⁹⁹
ea
SAVE \$1ea

PREPARED FOODS

NEW SEASONS CORNED BEEF AND CABBAGE MEAL

Packed with tender corned beef, Yukon Gold mashed potatoes, Savoy cabbage, and roasted carrots.



\$14⁹⁹
lb
FEATURED

NEW SEASONS BROCCOLI CHOP SALAD

A light and lemony salad featuring a mix of shaved broccoli, kale, green cabbage, and sweet hot peppers.



\$10⁹⁹
lb
SAVE \$1lb

GALAXY DESSERTS 4-INCH TARTS

Made with a buttery shortbread crust filled with either Key lime, lemon, or candied pecans.



\$2⁹⁹
ea
SAVE \$1ea

OLYMPIA PROVISIONS SUMMER SAUSAGE

A local favorite! Slice and add to a sandwich, snack tray, or charcuterie board.
12oz

PNW LOCAL



\$13⁹⁹
ea
FEATURED

NEW SEASONS ROASTED CARROTS WITH GARLIC & HERBS

Simple, yet full of flavor, these delicious carrots are great as a healthy side.



\$10⁹⁹
lb
SAVE \$1lb

ORIGAMI CATERING SPICY CALIFORNIA ROLL

Featuring sustainably sourced surimi and avocado, topped with spicy mayo and crispy onion.

PNW LOCAL

IT'S NEW!



\$8⁹⁹
ea
SAVE \$1ea

BEER & WINE

WEINGUT HERMANN MOSER GREEN EYES GRÜNER VELTLINER

A lively white wine with aromas of freshly picked pears, a hint of spice, and a burst of citrus and clean mineral flavor. A great match for corned beef and cabbage.



1L
\$16⁹⁹
ea
SAVE \$8ea

OCCIDENTAL BREWING CELTIC RAIN IRISH LAGER

New from Occidental, this Irish-style lager is based on a historic Irish recipe, producing a round malt profile with a clean finish.
16oz

PNW LOCAL



2 for \$6
SAVE 99¢ea

AWAY DAYS BREWING SHEEDY'S IRISH STOUT

A dry, Irish-style stout canned and poured on nitro with a roasty, yet smooth and refreshing flavor. A great local brew to pair with corned beef and cabbage.
16oz

PNW LOCAL



2 for \$8
SAVE 99¢ea

COORS LIGHT 12-PACK CANS

A two-row lager malt made from 100% American-grown Moravian barley, giving it a bright, golden color.
12pk/12oz



\$14⁹⁹
12pk
SAVE \$3ea

SULLIVAN'S BREWING IRISH ALES

Irish ales brewed by hand in small batches with locally sourced ingredients. The refreshingly balanced, ruby tinted Maltings Irish Red Ale combines rich biscuit and gentle caramel notes.
4pk/14.9oz



\$14⁹⁹
4pk
SAVE \$2ea

GUINNESS PUB OR NON-ALCOHOLIC DRAUGHT CANS

An iconic Irish beer defined by its rich, dark color, creamy, somewhat sweet flavor, and smooth, velvety finish. Now available as a non-alcoholic option too!
4pk/14.9oz



\$9⁹⁹
4pk
SAVE \$2ea

SAVE TIME, ORDER ONLINE!

Free pickup or delivery on two online orders of \$35 or more with code **STAYCOZY2024**

Shop now at shop.newseasonsmarket.com

Powered by **instacart**

DON'T MISS YOUR 25% OFF

Neighbor Rewards members get an additional 25% off frozen food just for signing up for email or text!

Join or sign in by Thursday to get this special offer on Friday at newseasonsmarket.com/rewards



WELLNESS

FAT AND THE MOON FACIAL AND BODY CARE

Enjoy great savings on one of our newest handcrafted, women-owned body care lines.



30%
off

MINERAL FUSION COLOR COSMETICS

Luscious mineral-based cosmetics for glowing skin. Save on mascara, nail polish, foundation, and more.



25%
off

OLBAS INHALER

A Swiss essential oil formula that produces powerful vapors for seasonal relief from clogged nasal passages and sinuses.



\$4.99
ea
SAVE \$2ea

GARDEN OF LIFE GRASS-FED COLLAGEN PEPTIDES

Helps promote healthy hair, skin, nails, and joints.

9.87oz
\$18.99
ea

SAVE \$7ea



NATURAL FACTORS TRANQUIL SLEEP CHEWABLES

Supports relaxation and restful sleep. Enjoy savings on travel size as well.

60tab
\$22.99
ea

SAVE \$11ea



NOW FOODS C-500 WITH ROSE HIPS

Each serving has 500mg of vitamin C, including rose hips, a plant-based form of vitamin C.

100tab
\$6.49
ea

SAVE \$3.50ea



BLOOM PHYTONUTRIENT B-COMPLEX VEG TABS

Helps to support healthy nervous system function and cellular energy production.

90tab
\$14.99
ea
SAVE \$7ea



MICKELBERRY GARDENS ELDERBERRY HONEY TONIC

Herbal tonic to support and nourish the immune system, in a base of local, raw honey.

Save on 8oz as well.

4oz
\$10.99
ea
SAVE \$4ea



SHIKAI BORAGE HAND CREAM

Soothe and hydrate with the deep moisturizing of borage oil. Save on select sizes and varieties.

2.5oz
\$6.99
ea
SAVE \$3ea



AVALON ORGANICS SELECT HAIR CARE

Certified Organic formulas made with plant-based botanicals and essential oils.

11oz
\$9.99
ea
SAVE \$3ea



GROCERY

BEYOND MEAT PLANT-BASED SAUSAGES

Selected Varieties
7.4oz

\$4.99
ea
SAVE \$2ea



FIELD ROAST PLANT-BASED PROTEINS

Selected Varieties

20%
off



CAULIPOWER FROZEN PIZZA OR CHICKEN TENDERS

Selected Varieties
10.9-14oz

\$9.99
ea
SAVE \$3ea



SAFFRON ROAD FROZEN ENTRÉES

Selected Varieties
10oz

\$4.99
ea
SAVE \$2ea



WILLAMETTE VALLEY PIE COMPANY FROZEN DESSERTS AND PIE CRUSTS

Selected Varieties

20%
off



NOOSA FROZEN YOGHURT GELATO

Assorted Varieties
14oz

\$4.99
ea
SAVE \$2ea



GELATO BOY GELATO

Assorted Varieties
14oz

\$7.49
ea
SAVE \$1ea



WOW BAO FROZEN BAO

Assorted Varieties
10oz

\$7.99
ea
SAVE \$2ea



GROCERY

THOMAS' ENGLISH MUFFINS

Selected Varieties
6ct



\$2⁹⁹
ea
SAVE \$3ea

CROFTER'S ORGANIC FRUIT SPREAD

Assorted Varieties
10oz



\$4⁴⁹
ea
SAVE \$1ea

ONCE AGAIN NUT BUTTER

Selected Varieties



25%
off

WOODSTOCK NUT BUTTER

Selected Varieties
16-35oz



\$12⁹⁹
ea
SAVE \$2ea

NATURE'S PATH ORGANIC FAMILY SIZE CEREAL

Assorted Varieties
24.7-32oz



\$9⁹⁹
ea
SAVE UP TO \$3ea

WHITE LEAF PROVISIONS ORGANIC BIODYNAMIC BABY FOOD

Assorted Varieties
3.17oz



2 for \$4
SAVE 79¢ea

BOB'S RED MILL OLD COUNTRY STYLE MUESLI

40oz

PNW LOCAL



\$10⁹⁹
ea
SAVE \$2ea

FRANZ PREMIUM ROLLS

Outdoor or Hoagie.
6ct

PNW LOCAL



2 for \$7
SAVE \$2.49ea

BONO PASTA SAUCE

Assorted Varieties
24oz



\$7⁹⁹
ea
SAVE \$3ea

GRAZA EXTRA VIRGIN OLIVE OIL

Assorted Varieties



20%
off

POMI TOMATOES

Assorted Varieties
26.46oz



\$4⁹⁹
ea
SAVE \$2ea

PLANT BOSS ORGANIC MEATLESS FOODS

Assorted Varieties
3.35oz



\$5⁹⁹
ea
SAVE \$1ea

KETTLE & FIRE BROTH

Selected Varieties
32oz



\$3⁹⁹
ea
SAVE \$1.50ea

RAINCOAST TRADING WILD ALBACORE TUNA

Traditional or No Salt Added.
5.3oz



\$4⁹⁹
ea
SAVE \$2ea

SAN-J ASIAN COOKING SAUCE

Selected Varieties
10oz



\$4⁹⁹
ea
SAVE \$1ea

MORTON & BASSETT HERBS, SPICES AND EXTRACTS

Selected Varieties



20%
off

BULK

LUNDBERG FAMILY FARMS BROWN BASMATI RICE

Selected Varieties



\$2⁹⁹
lb
SAVE \$1lb

HUMMINGBIRD WHOLESALE ORGANIC PITTED DEGLET NOOR DATES

\$6⁹⁹
lb
SAVE \$1lb



SUNRIDGE FARMS ORGANIC DELUXE TRAIL MIX

\$11⁹⁹
lb
SAVE \$2lb



TONY'S COFFEE ORGANIC COFFEE

Assorted Varieties

PNW LOCAL



\$12⁹⁹
lb
SAVE \$2lb

GROCERY

LATE JULY SNACKS
TORTILLA CHIPS
 Selected Varieties
 7.5-10.1oz



\$3.99
 ea
SAVE \$2ea

SENSIBLE PORTIONS
VEGGIE SNACKS
 Selected Varieties
 3-5oz



\$3.99
 ea
SAVE \$1ea

GOOD HEALTH
PEANUT BUTTER FILLED PRETZELS
 5oz



\$2.99
 ea
SAVE \$2ea

SAHALE SNACKS
SNACK MIX
 Assorted Varieties
 4oz



\$5.99
 ea
SAVE \$2ea

KIND BARS
 Selected Varieties
 6-10ct



\$9.99
 ea
SAVE \$4ea

EPIC MEAT BAR
 Selected Varieties
 1.3-1.5oz



\$2.99
 ea
SAVE \$1ea

REAL FOOD FROM THE GROUND UP
GLUTEN-FREE CRACKERS
 Assorted Varieties
 3.5-4oz



\$3.99
 ea
SAVE \$2ea

TATE'S BAKE SHOP COOKIES
 Selected Varieties
 7oz



\$5.99
 ea
SAVE \$2ea

TCHO CHOCOLATE BAR
 Selected Varieties
 2.5oz



\$4.99
 ea
SAVE \$1ea

SIMPLE MILLS SWEET THINS
 Assorted Varieties
 4.25oz



\$4.99
 ea
SAVE \$1.50ea

WALKER'S SHORTBREAD
 Selected Varieties
 5.3oz



\$5.99
 ea
SAVE \$1ea

BOBO'S OAT BAR
 Assorted Varieties
 3oz



\$2.99
 ea
SAVE \$1ea

ETERNAL NATURALLY ALKALINE SPRING WATER
 2.5L



\$3.49
 ea
SAVE \$1ea

LIQUID DEATH ICED TEA
 Assorted Varieties
 19.2oz



2 for \$5
SAVE 49¢ea

ODYSSEY SPARKLING MUSHROOM ELIXIR
 Assorted Varieties
 12oz



\$2.99
 ea
SAVE \$1ea

R.W. KNUDSEN FAMILY JUICE
 Selected Varieties



20% off

PUFF COFFEE SMALL BATCH COFFEE
 Assorted Varieties
 12oz

PNW LOCAL



\$16.99
 ea
SAVE \$2ea

TORANI PUREMADE SYRUP
 Selected Varieties
 12.7oz



\$6.99
 ea
SAVE \$1ea

BIGELOW TEA
 Selected Varieties
 20ct



\$2.99
 ea
SAVE \$1ea

NOTCO NOTMILK
 Whole or Chocolate.
 1qt



2 for \$7
SAVE \$1.49ea

GROCERY

Simple Pleasure

Rich, creamy, and protein-packed are just a few reasons to love Siggi's Icelandic-style yogurt. Made with simple ingredients—including gut-friendly live and active cultures—Siggi's yogurt is as nutritious as it is delicious, with no artificial anything.

SIGGI'S ICELANDIC YOGURT
Selected Varieties
4-5.3oz
2 for \$3
SAVE 79¢ea



CHOBANI GREEK YOGURT DRINK
Assorted Varieties
7oz



2 for \$5
SAVE 49¢ea

GT'S LIVING FOODS COCOYO LIVING COCONUT YOGURT
Assorted Varieties
8oz



\$5.99 ea
SAVE UP TO \$2ea

FLORIDA'S NATURAL JUICE
Assorted Varieties
52oz



\$4.99 ea
SAVE 50¢ea

WILD HARVEST CAGE-FREE LARGE BROWN EGGS
Selected Varieties
1doz



\$3.99 ea
EVERYDAY VALUE

NANCY'S ORGANIC GREEK YOGURT
Whole Milk or Nonfat.
24oz

PNW LOCAL



\$7.49 ea
SAVE \$2ea

MUSH OVERNIGHT OATS
Assorted Varieties
5oz



2 for \$4
SAVE 99¢ea

TILLAMOOK CHEESE
Selected Varieties
12-16oz



PNW LOCAL

\$6.99 ea
SAVE UP TO \$2ea

KERRYGOLD PURE IRISH BUTTER
Assorted Varieties
8oz



\$4.99 ea
SAVE UP TO \$2ea

DE CASA FINE FOODS BURRITO SIZE FLOUR TORTILLAS
10ct

PNW LOCAL



\$3.99 ea
SAVE \$1ea

STUMPTOWN COFFEE ROASTERS COLD BREW OR CASCARA SODA
Selected Varieties

PNW LOCAL



20% off

EASTER RESERVATIONS

Reserve your holiday meal now—from Easter brunch to dinner, including entrées, sides, dessert, and more.

See the full menu at catering.newseasonsmarket.com



NEW SEASONS FRESH PESTO
From Classic Foods in Portland, OR. Choose from Traditional, Nut-Free, or Vegan.
7oz



\$6.99 ea
FEATURED

NEW SEASONS POTATO GNOCCHI
Made in small batches by our friends at Classic Foods in Portland, OR. Regular or Mini.
16oz



\$4.99 ea
FEATURED

NEW SEASONS ORGANIC KOMBUCHA
Created in partnership with Brew Dr. Kombucha in Portland, OR. Assorted varieties.
12oz



2 for \$5
FEATURED

NEW SEASONS SOUR CREAM
From our friends at Alpenrose Dairy in Portland, OR.
16oz



\$2.99 ea
FEATURED

Really BIG DEAL

50% off

SELECT FROZEN FRUIT, VEGGIES, POTATOES

Limited to stock on hand. No additional case discounts.

Weekend Tasting

Enjoy a taste of St. Patrick's Day with New Seasons corned beef and cabbage!
Friday & Saturday • 12pm – 6pm