

GAME-DAY READY

Be the sideline hero with this deal
on humanely raised ground beef for
nachos, chili, or seven-layer dip.

Really BIG DEAL

COUNTRY NATURAL BEEF
80% LEAN 20% FAT
GROUND BEEF

\$5.49
lb
SAVE 50¢/lb

Really BIG DEALS

MARY'S PARTY WINGS

Humanely raised with no antibiotics ever.
Great for a game-day snack!

\$4.99
lb

SAVE \$2/lb



ORGANIC GRAPE TOMATO PINTS

Picked ripe and ready for fresh salads, nachos, or veggie
platters. From Divine Flavor in Mexico.

\$2.99
ea

SAVE \$2/ea



BUOY BEER CO. CRAFT BEER 6-PACKS

Selection may
vary by location.
6pk/12oz

\$9.99
ea

SAVE \$6/ea



PNW
LOCAL

50%
off

SELECT
FROZEN SNACKS
AND BURRITOS

Exclusions apply. Look for signs on specifically marked items.
Items priced as marked. Limited to stock on hand.

VICOLO PIZZAS

Selected Varieties
13.-15.75oz

BUY 1 GET 1
FREE

SAVE \$9.99 ON 2



20%
off

NEW SEASONS
FRIED CHICKEN
WINGS

Choose from fully cooked Buffalo, Nashville
Hot or Korean BBQ. Available in the deli.

WHAT WE'RE loving



Ready-to-eat artisan pizza made with top-quality ingredients. Order a whole pie or grab a slice or two at your neighborhood New Seasons (excluding Sellwood).

NEW SEASONS PIZZA

Made from scratch using locally made dough from Bowery Bagels. 18in

Starting at:
\$18.99 ea
FEATURED



MEAT & SEAFOOD

SEAFRESH COOKED SHRIMP

Cooked and ready-to-eat shrimp sustainably farm-raised in Thailand. Great for shrimp cocktail! 31/40ct

\$14.99 lb
SAVE \$3lb



CINDY'S KITCHEN COCKTAIL SAUCE

Made in small batches with clean ingredients and an extra kick of horseradish. Excellent with our cooked shrimp. 8oz

\$5.99 ea
SAVE \$1ea



BEELER'S PURE PORK BONELESS PORK SHOULDER ROAST

Humanely raised with no antibiotics ever.

\$5.99 lb
FEATURED



NEW SEASONS SMOKED SEAFOOD PLATTER

The perfect party platter featuring Sockeye lox, smoked trout, candied Sockeye salmon, and cornichons.

\$24.99 ea
FEATURED



KENAI-RED FISH CO. WILD ALASKA SMOKED SALMON SPREAD

A blend of smoked wild salmon, mascarpone, and cream cheese, this delicious dip will keep you coming back for more. 6oz

\$9.99 ea
SAVE \$2ea



NEW SEASONS ALL HOUSE-MADE MEATBALLS

Hand-rolled using antibiotic-free meat with no added hormones. Available in a variety of flavors.

Starting at:
\$8.99 lb
SAVE \$1lb



DON'T FORGET THE FLOWERS

Order stunning, handcrafted Valentine's Day bouquets and floral vase arrangements online for quick and convenient delivery.

shop.newseasonsmarket.com



PRODUCE

ORGANIC BABY PEELED CARROTS

Perfect for healthy snacking. From Grimmway Farms in Bakersfield, CA.

2 for \$4
SAVE 50¢ea



ORGANIC MURCOTT MANDARINS

Sweet and juicy with a bit of tartness. From Fruit World in Reedley, CA.

\$3.49 lb
SAVE 50¢lb



ORGANIC PINK LADY APPLES

Crisp, juicy, and full of flavor. From Stemilt Growers in Wenatchee, WA.

\$2.49 lb
SAVE 50¢lb



BAKERY & CHEESE

KILLER BROWNIE GOURMET BROWNIES

Rich, moist brownies made with high-quality ingredients. Assorted flavors.
8ct



\$5⁹⁹
ea
SAVE \$1ea

CORO FOODS SLICED SALAMI

Uniquely delicious salami crafted using all-natural ingredients. Perfect for charcuterie boards and sandwiches.
3oz

PNW
LOCAL



**BUY 1 GET 1
FREE**
SAVE \$6.99 ON 2

NEW SEASONS CLASSIC POTATO SALAD

Featuring cage-free eggs, tender potatoes, and celery in a mayonnaise dressing.



\$8⁹⁹
lb
SAVE \$1lb

NEW SEASONS GREEK ORZO

Locally made pasta, kalamata olives, roasted peppers, and feta cheese in a red wine vinaigrette.



\$10⁹⁹
lb
SAVE \$1lb

SEMIFREDDI'S CROSTINI

Perfectly crispy little toasts, ideal for pairing with soups, salads, or your favorite cheeses.
5oz



\$3⁹⁹
ea
SAVE \$1ea



TILLAMOOK SMOKED CHEDDAR

Add some sharp, smoky flavor to nachos, grilled cheese, or pasta.

PNW
LOCAL



\$11⁹⁹
lb
SAVE \$1lb

ORIGAMI CATERING COMBO TRAY

Featuring tuna and salmon futomaki, a California roll, and salmon nigiri.

PNW
LOCAL



\$14⁹⁹
ea
SAVE \$1ea

NEW SEASONS FRIED CHICKEN WINGS

Crispy Bell & Evans wings with house-made sauces. Choose from Korean BBQ, Buffalo, or Nashville Hot Spiced.



**20%
off**

BEER & WINE

COORS 12-PACK CANS

This game day favorite is made from 100% American-grown Moravian barley for a bright, golden color.
12pk/12oz



\$14⁹⁹
ea
SAVE \$2ea

JACOB MARTIN GAMAY NOIR

Light, bright, and juicy with refreshing flavors of strawberry, Rainier cherry, forest floor, and white pepper. Pair with halibut, grilled pork, or fresh berries.
750ml

PNW
LOCAL

IT'S
NEW!



\$19⁹⁹
ea
SAVE \$1ea

OVERJOY TRE DONNE NEBBIOLO

A beautifully complex Italian red with notes of black cherry, anise, and dark chocolate. Pair with roasted meats, eggplant parmigiana, or pasta. Only at NSM.
750ml

ONLY AT
NSM



\$14⁹⁹
ea
SAVE \$7ea

FREIGHT BEER CO. AMERICAN LAGER

A smooth, crisp, and easy-drinking American lager with a biscuit-like malt and subtle hop profile.
6pk/12oz

PNW
LOCAL

IT'S
NEW!



\$8⁹⁹
ea
SAVE \$2ea

JACQUES BOURGUIGNON PINOT NOIR OR CHARDONNAY

Discover great quality and value with these French varietals. Try the citrusy, mineral-tinged Chardonnay or the bright, berry-forward Pinot Noir.
750ml



\$9⁹⁹
ea
SAVE \$6ea

AMITY WHITE PINOT NOIR

Produced from mature vines, this wine has intense lemon custard, pineapple, and melon notes with a delicate floral perfume.
750ml

PNW
LOCAL



\$17⁹⁹
ea
SAVE \$5ea

STAY COZY, ORDER ONLINE!

Enjoy in-store prices online and save \$5 on orders of \$35+ with code **COZYUPWITH5**. Choose quick, convenient pickup or delivery!

shop.newseasonsmarket.com

Powered by
instacart

*Terms apply. Free pickup on orders of \$35+.

20% OFF BULK!

Neighbor Rewards members opted into email or text get 20% off in our bulk foods department.

Join or sign up by Thursday at newseasonsmarket.com/rewards to get this exclusive member offer on Friday—perfect for game-day snacks.



WELLNESS

ALICE MUSHROOMS MUSHROOM CHOCOLATES FOR DEEP SLEEP

Made with functional mushrooms and nootropics to help promote a healthy sleep cycle.

12oz
\$24⁹⁹
ea

SAVE \$12ea



PRIMAL KITCHEN UNFLAVORED COLLAGEN PEPTIDES

Supports healthy hair, skin, and nails.
Perfect for adding to coffee or smoothies.

19.4oz
\$24⁹⁹
ea

SAVE \$15ea



BOIRON COLD CALM

A non-drowsy homeopathic formula to help relieve symptoms of the common cold. Save on ThroatCalm and SinusCalm, too.

60tab
\$10⁹⁹
ea

SAVE \$3ea



NOW FOODS VITAMIN K-2 100MCG

Each cap delivers 100mcg of K-2 to help support bone health and proper calcium metabolism.

100vc
\$11⁹⁹
ea

SAVE \$5ea



MRM NUTRITION ORGANIC ASHWAGANDHA ROOT POWDER

Certified Organic ashwagandha root to help support long-term stress.

4oz
\$9⁹⁹
ea

SAVE \$8ea



CHARLOTTE'S WEB CBD GUMMIES

Rest and relax with great savings on select CBD gummies this week.

6ct
2 for \$10

SAVE \$4.99ea



GOOD DAY CHOCOLATE SLEEP AND CALM CHOCOLATES

Delightful milk chocolate supplements to promote restful sleep and relaxation.

8ct

2 for \$5

SAVE \$1.49ea



DAVIDS PREMIUM TOOTHPASTES

Fluoride-free toothpaste in a recyclable metal tube for eco-friendly dental care.

5.25oz

\$6⁹⁹
ea

SAVE \$3ea



A LA MAISON DE PROVENCE FRENCH LIQUID SOAPS

Triple-milled to leave skin clean and moisturized. Save on a variety of scents this week.

16.9oz

\$6⁹⁹
ea

SAVE \$4ea



BASS BRUSHES FOLD UP TRAVEL HAIRBRUSH WITH MIRROR HANDLE

A compact nylon bristle brush with a foldable mirror handle—perfect for travel. Save on select brushes this week.

\$5⁹⁹
ea

SAVE \$3ea



GROCERY

ITALPIZZA ITALIAN RUSTIC CRUST PIZZA

Assorted
Varieties
20.47oz

**BUY 1 GET 1
FREE**

SAVE \$10.99 ON 2



AYO FROZEN MEALS

Assorted Varieties
8-10oz

2 for \$10

SAVE \$1.99ea



GROWN IN IDAHO FRIES OR TOTS

Assorted Varieties
28oz

\$6⁹⁹
ea

SAVE \$1ea



NEW SEASONS ICE CREAM

Made in small batches by Lopez Island Creamery in Anacortes, WA.

Assorted flavors.
1pt

\$5⁹⁹
ea

EVERYDAY VALUE



AGAINST THE GRAIN GOURMET GLUTEN-FREE PIZZAS AND BREADS

Assorted Varieties

**20%
off**



DAILY HARVEST FROZEN BOWLS AND SMOOTHIES

Assorted Varieties

**20%
off**



LAOBAN DUMPLINGS FROZEN DUMPLINGS

Assorted Varieties
8oz

\$6⁹⁹
ea

SAVE \$1ea



URBAN PIE PIZZA CO. FROZEN PIZZA

Assorted Varieties
16.7-20.45oz

\$9⁹⁹
ea

SAVE \$1ea



GROCERY

**NAPOLEON
ORGANIC
EXTRA VIRGIN
OLIVE OIL**
16.9oz



\$14⁹⁹
ea
SAVE \$3ea

**LUCINI ITALIA
ORGANIC
PASTA
SAUCE**
Assorted Varieties
24oz



\$8⁹⁹
ea
SAVE \$3ea

**TRUFF
TRUFFLE-INFUSED
CONDIMENTS**
Assorted Varieties



30%
off

**SIMPLY ORGANIC
SEASONING MIX**
Selected Varieties
.7-1.5oz



\$1⁹⁹
ea
SAVE UP TO \$1ea

**KINDERS
BBQ SAUCE**
Assorted Varieties
15.3-15.8oz



\$3⁹⁹
ea
SAVE \$1ea

**BACHAN'S
JAPANESE
BARBECUE
SAUCE**
Assorted Varieties
16-17oz



\$6⁹⁹
ea
SAVE \$4ea

**KOYO
RAMEN**
Selected Varieties



30%
off

**KEWPIE
DRESSING &
MARINADE**
Assorted Varieties
12oz



\$4⁹⁹
ea
SAVE \$2ea

**FRANZ
HAWAIIAN
ROLLS**
Premium or Dinner.
6-12ct



2 for \$7
SAVE UP TO \$2.49ea

**FERRIS NUT CO.
NUT BUTTER**
Selected Varieties



20%
off

**BOBO'S
OAT BITES**
Assorted Varieties
5ct



\$4⁴⁹
ea

**BIOKLEEN
LAUNDRY LIQUID**
Selected Varieties
64oz



\$13⁹⁹
ea
SAVE \$2.50ea

**TEECCINO
MUSHROOM
HERBAL
COFFEE**
Selected Varieties
10oz



\$14⁹⁹
ea
SAVE \$3ea

**SISTERS COFFEE CO.
COFFEE**
Selected Varieties
12oz



**BUY 1 GET 1
FREE**
SAVE \$16.99 ON 2

PNW LOCAL
**WATER AVENUE
COFFEE COMPANY
COFFEE**
Assorted Varieties
12oz



\$13⁹⁹
ea
SAVE \$5ea

**NUTPODS
DAIRY-FREE
CREAMER**
Selected Varieties
11.2oz



2 for \$7
SAVE \$1.49ea

BULK

**LUNDBERG FAMILY FARMS
ORGANIC RICE**
Selected Varieties



\$3⁹⁹
lb
SAVE \$1lb

**SUNRIDGE FARMS
ZEN PARTY MIX**



\$8⁹⁹
lb
SAVE \$2lb

PNW LOCAL
**STUMPTOWN
COFFEE ROASTERS
COFFEE**
Selected Varieties



\$15⁹⁹
lb
SAVE \$3lb

PNW LOCAL
**HUMMINGBIRD WHOLESALE
SNACKS, NUTS
OR DRIED FRUIT**
Selected Varieties



20%
off

GROCERY

DELICIOUSLY DIFFERENT

Tortilla chips with just the right amount of crunch and seasoning? You bet! Morenita's uniquely delicious tortilla chips are small-batch perfection made by the Curiel family in Napa, CA. Choose from Original, Chile Lime, or Salt & Lime.

SIETE FAMILY FOODS TORTILLA CHIPS AND SALSAS

Selected Varieties
7.5-10.5oz

\$3⁹⁹
ea

SAVE UP TO \$3ea



KETTLE BRAND PARTY SIZE POTATO CHIPS

Assorted Varieties
11.25-13oz

\$4⁹⁹
ea

SAVE \$2ea



BOULDER CANYON CANYON POPPERS

Jalapeno Ranch or White Cheddar.
5.25oz

\$2⁹⁹
ea

SAVE \$2ea



MORENITA TORTILLA CHIPS

Assorted Varieties
14oz

\$3⁹⁹
ea

SAVE \$2ea



G.H. CRETORS POPCORN

Assorted Varieties
6.5-8oz

\$3⁹⁹
ea

SAVE \$3.50ea



4505 MEATS CHICHARRONES

Assorted Varieties
2.7-3oz

\$3⁹⁹
ea

SAVE \$2ea



UNIQUE SNACKS PRETZELS

Selected Varieties
11oz

\$3⁹⁹
ea

SAVE \$2ea



BOBO'S OAT BAR

Selected Varieties
3oz

\$1⁹⁹
ea

SAVE \$1.60ea



MOON CHEESE CHEESE SNACK

Assorted Varieties
2oz

\$3⁹⁹
ea

SAVE \$1.60ea



THREE FARMERS SNACKS

Assorted Varieties
5oz

\$3⁹⁹
ea

SAVE 80¢ea



SKINNYPOP FAMILY SIZE POPCORN

8oz

\$6⁹⁹
ea

SAVE \$2ea



COUNTRY ARCHER PROVISIONS MEAT STICK

Selected Varieties
1oz

2 for \$4

SAVE 99¢ea



COUNTRY ARCHER PROVISIONS JERKY

Assorted Varieties
2-2.5oz

\$5⁹⁹
ea

SAVE \$2ea



RIP VAN WAFELS

Assorted Varieties
4ct

\$4⁹⁹
ea

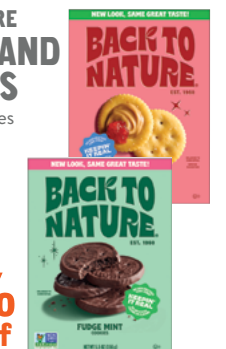
SAVE \$1ea



BACK TO NATURE COOKIES AND CRACKERS

Assorted Varieties

35% off



YUMEARTH CANDY

Selected Varieties
5oz

\$5⁹⁹
ea

SAVE UP TO \$3ea



7TH HEAVEN VEGAN CHOCOLATE BAR

Assorted Varieties
3.5oz

\$4⁹⁹
ea

SAVE \$1ea



BARKTHINS SNACKING CHOCOLATE

Selected Varieties
4.7oz

\$4⁹⁹
ea

SAVE \$1.20ea



UNREAL CHOCOLATE SNACKS

Selected Varieties
3.2-5oz

\$5⁹⁹
ea

SAVE \$2ea



GROCERY

Really **BIG DEAL**

50% off

SELECT FROZEN SNACKS AND BURRITOS

Exclusions apply. Look for signs on specifically marked items.
Items priced as marked. Limited to stock on hand.

DE CASA FINE FOODS
ORGANIC CORN TORTILLAS
White or Yellow.
10ct

PNW LOCAL

2 for \$5
SAVE 99¢ ea



ESSENTIAL EVERYDAY CHEESE
Selected Varieties
6-8oz

\$2.99 ea
SAVE \$1.20 ea



DAISY BRAND SOUR CREAM
Regular or Light.
16oz

2 for \$5
SAVE \$1.49 ea



FAGE GREEK YOGURT
Assorted Varieties
16-17.6oz

\$2.99 ea
SAVE \$1.30 ea



BON DÉVIL PLANT-BASED GANACHE
Assorted Varieties
9.88oz

\$4.49 ea
SAVE \$1.50 ea



NOOSA YOGHURT
Assorted Varieties
4.5oz

4 for \$5
SAVE 74¢ ea



GOOD KARMA FLAXMILK
Selected Varieties

20% off



ELMHURST PISTACHIO CRÈME OAT CREAM
16oz

\$4.99 ea
SAVE \$1.50 ea



DAIRY-FREE DONE RIGHT

Craving cheesy goodness without the dairy? Daiya Foods has you covered with a delicious range of plant-based products. From classic cheeses to ready-to-bake pizzas, flatbreads, and more, their dairy-free creations are crafted to melt, stretch, and satisfy like the real thing. Perfectly ooey-goey and packed with flavor, Daiya proves you don't need dairy to enjoy all your favorite cheesy dishes.

DAIYA PLANT-BASED DAIRY-FREE PRODUCTS
Selected Varieties

20% off

MELTS LIKE DAIRY



[WWW.DAIYAFOODS.COM](https://www.daiyafoods.com)

SOL-TI LIVING BEVERAGE
Assorted Varieties
14.9oz

\$3.29 ea
SAVE 50¢ ea



CEDAR'S ORGANIC HOMMUS
Selected Varieties
10oz

BUY 1 GET 1 FREE
SAVE \$4.59 ON 2



DOWNLOAD OUR APP!

Want to save time? Money? Both? We've got you!

Our app makes it easier than ever to quickly order your groceries for pickup or delivery.

Get FREE pickup* anytime you order \$35 or more online.

*Pickup not available at all stores.



Weekend Tasting

We're sampling snacks that are sure to win over your game-day guests.
Friday, Saturday & Sunday • 12pm – 6pm

