

LOCALLY GROWN. PEAK-SEASON DELICIOUS.

Sweet, juicy, and full of tree-ripened flavor, these local cherries are on top. Come take your pick.

SALE

**MARYHILL
CHERRIES**

From Gunkel Orchards in Goldendale, WA.

\$4.99
lb
SAVE \$1lb

CARMAN RANCH
**85% LEAN 15% FAT
GROUND BEEF**

Humanely pasture-raised locally with no added hormones and no antibiotics ever.

PNW
LOCAL

\$8.99
lb
SAVE \$2.50lb



KVARØY ARCTIC
**ATLANTIC
SALMON FILLET**

Sustainably farm-raised in Norway, with a fresh, mild, and buttery taste.

\$17.99
lb
SAVE \$1lb



ROMA VICOLO
**ROMAN STYLE
PIZZA CRUST**

Selected Varieties
9.1-9.8oz

BUY 1 GET 1
1/2 OFF
SAVE \$4.99 ON 2



Available in-store only

ANNIE'S
MAC & CHEESE

Selected Varieties
5.25-6oz

\$1.99
ea
SAVE UP TO \$2ea



LACROIX
SPARKLING WATER

Selected Varieties
8pk/12oz

2 for \$7
SAVE UP TO \$1.49ea



BEN & JERRY'S
ICE CREAM

Selected Varieties
1pt

\$5.99
ea
SAVE \$1ea



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Visit us online at www.newseasonsmarket.com

WHAT WE'RE loving CHERRIES WITH BURRATA AND PISTACHIOS

Sweet local cherries, creamy burrata, and crunchy pistachios are a match made for summer gatherings, and this recipe brings them together beautifully. Ready in just 15 minutes, it's effortless enough for a weeknight and impressive enough for a crowd. Get the recipe at www.newseasonsmarket.com/summer-cherries



MEAT & SEAFOOD

ANDERSON RANCHES LAMB LOIN CHOPS

Certified Humane, grass-fed and finished lamb loin chops. Excellent pan-seared or roasted.



\$13⁹⁹
lb

SAVE \$1lb



PENN COVE SHELLFISH MUSSELS

A good source of minerals and vitamin B12, mussels are great for a quick and healthy snack or meal.



\$6⁹⁹
lb

SAVE \$2lb



NEW SEASONS HOUSE-MADE BURGERS

House-made burger patties prepped and ready for the grill. Flavors may vary by location.

Starting at

\$3²⁵
ea

SAVE 50¢ea



RIVERENCE SMOKED TROUT

Sustainably harvested trout brined with salt, then slowly smoked over applewood. Available in Original and Garlic Pepper. 4oz



\$8⁹⁹
ea

SAVE \$1ea

PNW LOCAL FLORAL

BLOOMS BOUQUET

A beautiful bouquet featuring seasonal, locally grown peonies.



\$29⁹⁹
ea

SAVE \$5ea

PRODUCE

ORGANIC SEEDLESS WATERMELON

Picked ripe for the best farm-fresh flavor. From Durst Organic Growers in Esparto, CA.

99¢
lb

SAVE 30¢lb



ORGANIC VINE TOMATOES

Vine-ripened and ready for your summer recipes. From Oppy in B.C., Canada.

\$3⁹⁹
lb

SAVE \$1lb



PLUMS & PLUCOTS

Perfectly ripe and bursting with summery flavor. Grown in CA.

25%
off



BAKERY & CHEESE

NEW SEASONS ORGANIC ROSEMARY SEA SALT BAGUETTE
Made in-house by our bakers with the perfect balance of rosemary, olive oil, and sea salt.



\$4⁴⁹
ea
SAVE 50¢ea

ATALANTA HALLOUMI
The ultimate grilling cheese. Slice and warm on the grill, then add to salads, antipasti plates, or pasta dishes.
8.8oz



\$10⁹⁹
ea
SAVE \$1ea

PREPARED FOODS

NEW SEASONS GRILLED PERUVIAN HALF CHICKEN
Marinated in aromatic spices and grilled to perfection. Served with a bright, herby Aji Verde sauce.



\$6⁹⁹
lb
SAVE \$2lb



NEW SEASONS COASTAL KALE
A light and lemony customer favorite with toasted seeds and marinated onions.

\$9⁹⁹
lb
SAVE \$4lb



BITE ME! COOKIES CHERRY ALMOND TEA COOKIES
Delightful cookies made with real butter, sweet cherries, almonds, and natural almond flavor.
8oz



\$9⁴⁹
ea
SAVE 50¢ea

LA PANZANELLA CROCCANTINI ARTISAN CRACKERS
Crisp, flavorful, and delicious with cheese, spreads, or dips. Assorted varieties.
6oz



\$5⁴⁹
ea
SAVE 50¢ea

DIESTEL FAMILY RANCH PEPPERED ROASTED TURKEY
Diestel turkey roasted with crushed black peppercorns. Perfect for sandwiches.

\$16⁹⁹
lb
SAVE \$2lb



AZEH'S KITCHEN SPICY QUINOA & CORN SALAD
White quinoa, corn, black beans, arugula, and bell pepper in a tangy, spicy dressing.



\$10⁹⁹
lb
SAVE \$3lb



BEER & WINE

BUY. SIP. RETURN.

Help reduce waste one sip at a time with Revino—a local reusable glass bottle system that eliminates single-use packaging and keeps things circular.

Here's how it works:

- 1 Look for the Revino logo for participating local wines.
- 2 Purchase and enjoy.
- 3 Rinse and return your empty bottles to New Seasons.
- 4 Keep the REUSE cycle going.



MONTE TONDO ROSATO FRIZZANTE
Zippy and bright with notes of ripe raspberry, strawberry, and citrus, with a well-balanced, mineral finish. A perfect summer aperitif.
750ml



\$16⁹⁹
ea
SAVE \$2ea

BUOY BEER CO. 6-PACK CANS
A local favorite, Buoy Beer Co. blends modern brewing techniques with the traditions that define great beer. Selection may vary by location.
6pk/12oz



\$13⁹⁹
ea
SAVE \$2ea



SAN GIORGIO ITALIAN WINES
Quaffable and food-friendly, San Giorgio wines are great with meals or for casual sipping. Choose from Sangiovese, Pinot Grigio, and Rosé. Selection may vary by location.
750ml



\$9⁹⁹
ea
SAVE \$4ea

PORTLAND CIDER CO POG HARD CIDER
A vibrant blend of tart passionfruit, zesty citrus, and juicy guava—this cider takes Northwest apples on a retreat to the tropics.
6pk/12oz



\$14⁹⁹
ea
SAVE \$3ea



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It pays to shop online for easy same-day pickup or delivery. Just download our app, and get \$15 off your first order of \$60+ with code **DOWNLOAD15**

newseasonsmarket.com/download

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DON'T MISS THIS OFFER!



Neighbor Rewards members opted in to email or text get a **FREE 8oz ball of New Seasons Fresh Mozzarella** with a purchase of \$10 or more.

Not getting our messages yet? Join or update your preferences by Thursday at newseasonsmarket.com/rewards to unlock this exclusive offer on Friday.

WELLNESS

NEW CHAPTER VITAMINS & SUPPLEMENTS

Save 25% on your favorites, including multivitamins, herbs, and anti-inflammatory formulas.



25% off

ACURE HAIR & FACIAL CARE

Free from parabens, sulfates, mineral oil, and animal testing. Save on select facial and hair care.



30% off

WILD CARROT HERBALS FACE & BODY CARE

Handcrafted locally with nutrient-rich, all-natural ingredients.



PNW LOCAL

30% off

BADGER BODY & SUN CARE

Formulated with clean, all-natural ingredients.



25% off

VEGA PROTEIN MADE SIMPLE

Each plant-based serving provides 15 grams of protein. Save on select flavors. 9.2-9.6oz



\$16.99 ea
SAVE UP TO \$9ea

ENZYMEDICA DIGEST GOLD

Targeted support for the healthy digestion of protein, gluten, lactose, and more. 45vc



\$19.99 ea
SAVE \$15ea

NOW FOODS VITAMIN K-2 100MCG

A soy-free, bioavailable form of vitamin K-2 for cardiovascular and bone health. 100vc



\$11.99 ea
SAVE \$5ea

BLOOM TART CHERRY WITH TURMERIC

An antioxidant-rich formula to help reduce inflammation, improve sleep, and aid in muscle recovery. 30tab



\$12.99 ea
SAVE \$5ea

ENER-LIFE ENER-C MULTIVITAMIN DRINK MIXES

A delicious, easy way to get your daily vitamin C. Save on singles and full boxes. 30ct



\$14.99 ea
SAVE \$7ea

CRYSTAL MINERAL-ENRICHED DEODORANT ROLL-ON

A mineral-based deodorant free from aluminum, parabens, and artificial colors. 2.25oz



\$4.99 ea
SAVE \$1ea

GROCERY

PROTEIN-PACKED GOODNESS

The perfect sweet treat does exist: 'ndulge Greek Yogurt Bars. Made with real milk and cream, these gut-friendly ice cream bars pack in 10 grams of protein with less than 160 calories. Go ahead and 'ndulge in all the creamy-dreamy goodness—available in a variety of delicious flavors.

'NDULGE GREEK YOGURT BARS

Assorted Varieties 3ct

BUY 1 GET 1 FREE
SAVE \$9.99 ON 2



KATIE'S FROZEN PIZZA

Assorted Varieties 14.8-16.6oz

\$13.99 ea
SAVE \$3ea



BEECHER'S HANDMADE CHEESE FROZEN ENTRÉES

Selected Varieties

20% off



PNW LOCAL

COLUMBIA FRUIT PREMIUM FROZEN FRUIT

Assorted Varieties 40oz

\$11.99 ea
SAVE UP TO \$2.80ea



PNW LOCAL

PROTEIN PINTS FROZEN HIGH PROTEIN DESSERT

Assorted Varieties 1pt

\$6.99 ea
SAVE \$1.60ea



GROCERY

**GROUNDWORK
REGENERATIVE
ORGANIC COFFEE**
Selected Varieties
10oz



\$13⁹⁹
ea
SAVE \$3.50ea

PNW LOCAL
**WATER AVENUE COFFEE
OREGON DUCKS
COFFEE**
Assorted Varieties
12oz



\$16⁹⁹
ea
SAVE \$1.50ea

PNW LOCAL
**SMITH TEAMAKER
ICED TEA**
Assorted Varieties
10ct



\$14⁹⁹
ea
SAVE \$2ea

**WEDDERSPOON
RAW MONOFLORAL
MANUKA HONEY**
Selected Varieties



20% off

**ANNA
TIPO "OO" FLOUR**
2.2lb



\$5⁹⁹
ea
SAVE \$1ea

**KIKKOMAN
PANKO BREAD
CRUMBS**
Selected Varieties



15% off

PNW LOCAL
**NAPOLEON
OLIVES**
Selected Varieties



20% off

**BONO
PASTA
SAUCE**
Selected Varieties
24oz



\$8⁹⁹
ea
SAVE \$2.50ea

**FIRE & SMOKE SOCIETY
RUBS AND SPICES**
Assorted Varieties
5-6.1oz



\$6⁹⁹
ea
SAVE UP TO \$1ea

**BONNE MAMAN
FRUIT SPREADS &
PRESERVES**
Selected Varieties
12.7-13oz



\$5⁹⁹
ea
SAVE UP TO \$3ea

**NEW SEASONS
PEANUT BUTTER**
From family-owned CB's Premium Nuts
in Kingston, WA. Creamy or Crunchy.
16oz



\$6⁹⁹
ea
FEATURED

**NEW SEASONS
ORGANIC
MAPLE SYRUP**
Grade A organic syrup from
Bascom Family Farms in
Brattleboro, VT.
12oz



\$8⁹⁹
ea
SAVE \$2ea

**RAINCOAST TRADING
TUNA**
Selected Varieties
5.3oz



\$5⁹⁹
ea
SAVE UP TO \$1.30ea

**SEVENTH GENERATION
DISHWASHER
DETERGENT
POWDER**
45oz



\$6⁹⁹
ea
SAVE \$1.70ea

**CABOO
BAMBOO BABY WIPES**
72ct



\$5⁹⁹
ea
SAVE \$3.20ea

**CABOO
TREE FREE
PAPER
PRODUCTS**
Selected
Varieties
120ct



20% off

BULK

**ORGANIC FRENCH
GREEN LENTILS**



\$3⁹⁹
lb
SAVE \$1lb

**SUNRIDGE FARMS
YOGURT PRETZELS
& RAISINS**



\$9⁹⁹
lb
SAVE \$1lb

**GLORYBEE
ROASTED &
SALTED DELUXE
MIXED NUTS**



PNW LOCAL
\$16⁹⁹
lb
SAVE \$1lb

**PORTLAND COFFEE ROASTERS
OPBEANS COFFEE**



PNW LOCAL
\$16⁹⁹
lb
SAVE \$1lb

GROCERY

TONY'S CHOCOLONELY CHOCOLATE BAR

Selected Varieties
6.35oz



\$5.99
ea
SAVE 90¢ea

BACK TO NATURE COOKIES

Selected Varieties



50%
off

CLIF BAR ENERGY BARS

Selected Varieties
5ct



\$6.99
ea
SAVE \$1ea

CLIF KID ZBAR SNACK BARS

Assorted Varieties
5-6ct



\$6.99
ea
SAVE \$1ea

GOMACRO ORGANIC MACROBARS

Selected Varieties
2-2.4oz



\$2.79
ea
SAVE 40¢ea

ANNIE'S CRACKERS

Selected Varieties
7.5oz



\$3.99
ea
SAVE \$1ea

LATE JULY SNACKS ORGANIC TORTILLA CHIPS

Sea Salt or
Sea Salt & Lime.
14.75oz



\$5.99
ea
SAVE \$1.60ea

SKINNYPOP PARTY SIZE POPCORN

8oz



\$4.99
ea
SAVE \$1.90ea

POPCHIPS POPPED POTATO SNACK

Assorted Varieties
5oz



\$2.99
ea
SAVE \$1ea

BRETON VEGGIE CRISPS

Assorted Varieties
6oz



\$3.99
ea
SAVE \$1.30ea

THE HUMBLE SEED BAKED GRAIN-FREE CRACKERS

Assorted Varieties
4.25oz



\$5.99
ea
SAVE \$1ea

NEW SEASONS VIRGINIA PEANUTS

Grade A Virginia-grown peanuts from
Feridies in Courtland, VA.
9oz



\$7.99
ea
FEATURED

ZEVIA ZERO SUGAR SODA

Assorted Varieties
6pk/12oz



\$5.99
ea
SAVE \$1.80ea

JUST ICE TEA ORGANIC TEA

Assorted Varieties
16oz



2 for \$5
SAVE UP TO 79¢ea

TEJAVA TEA

Assorted Varieties
1L



2 for \$5
SAVE 89¢ea

HIBALL ENERGY SELTZER

Assorted Varieties
16oz



2 for \$4
SAVE \$1.19ea

GOLDTHREAD PLANT-BASED TONIC

Selected Varieties
10.5oz



\$3.99
ea
SAVE \$1.20ea

VITA COCO COCONUT WATER

Selected Varieties
16.9oz



2 for \$5
SAVE 89¢ea

SANPELLEGRINO ITALIAN SPARKLING DRINKS

Assorted Varieties
6pk/11.15oz



\$7.99
ea
SAVE \$1.80ea

POLAR SPARKLING SELTZER WATER

Selected Varieties
1L



4 for \$5
SAVE 54¢ea

GROCERY

FRANZ ENGLISH MUFFINS

Extra Crisp or Sourdough.
6ct



2 for \$4
SAVE 99¢ea

VITAL FARMS BUTTER

Sea Salted or Unsalted.
8oz



\$4.99 ea
SAVE 40¢ea

MELT ORGANIC PLANT BUTTER

Assorted Varieties



20% off

CALIFIA FARMS COLD BREW COFFEE

Selected Varieties
48oz



\$4.99 ea
SAVE \$1.90ea

SIGGI'S YOGURT

Selected Varieties
5.3oz



2 for \$4
SAVE 89¢ea

MALK ORGANICS PLANT-BASED CREAMER

Assorted Varieties
1pt



\$6.99 ea
SAVE \$1ea

NUTS FOR CHEESE DAIRY-FREE CREAM CHEESE

Original or Garlic Herb.
7.4oz



\$6.99 ea
SAVE \$1ea

CALIFIA FARMS BARISTA BLENDS

Selected Varieties
1qt



\$4.99 ea
SAVE UP TO \$2.60ea

ELLENOS GREEK YOGURT

Selected Varieties
5.3-6oz



2 for \$4
SAVE UP TO \$1.79ea

SUJA ORGANIC WELLNESS SHOTS & JUICES

Selected Varieties



20% off

BIOTIC FERMENTS NIRA FERMENTED SODA

Assorted Varieties
12oz



2 for \$6
SAVE UP TO 69¢ea

VITAL FARMS PASTURE-RAISED GRADE A LARGE EGGS

1doz



\$4.99 ea
SAVE \$2.80ea

LIGHTLIFE PLANT-BASED PROTEINS

Selected Varieties



20% off

FRANZ BUNS

Selected Varieties
8ct



2 for \$6
SAVE \$2.79ea

SIMPLY DELICIOUS

Rich, creamy, and made with just milk and live active cultures, Fage Greek yogurt is thick, satisfying, and simply delicious.

FAGE TOTAL GREEK YOGURT

Assorted Varieties
32oz



\$5.99 ea
SAVE \$2ea



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Not a member yet? Join now at newseasonsmarket.com/rewards

*Offer valid for first-time email opt-ins only who have not previously redeemed a Neighbor Rewards opt-in offer received via email or SMS.