

FIT FOR A FEAST

Make a show-stopping holiday meal with a wide selection of antibiotic-free, organic, heirloom, local, and regeneratively raised turkeys.

Last Chance to
reserve by 11/19, 10pm.
See page 2 for details.

**WHOLE
TURKEYS**

Starting at:
\$1.99
lb

Really BIG DEALS

PORK SAUSAGE PACKS

Humanely raised pork with no added fillers from New Seasons and Beeler's Pure Pork. Choose from Italian, Breakfast, or Chorizo. 16oz

\$5.99
ea

SAVE \$1ea



ORGANIC PINK LADY AND GRANNY SMITH APPLES

Crisp, juicy, and full of flavor. From Stemilt Growers in Wenatchee, WA.

PNW
LOCAL



\$1.99
lb

SAVE \$1lb

MORTON & BASSETT HERBS, SPICES AND EXTRACTS

Selected Varieties

50%
off



PACIFIC FOODS BROTH

Selected Varieties
32oz

PNW
LOCAL



2 for \$7

SAVE UP TO \$2.49ea

RESERVE YOUR THANKSGIVING FEAST

Make holiday magic with humanely raised meats, ready-to-heat sides, desserts, and more.

Place your order through 10PM, November 19 at catering.newseasonsmarket.com



PRODUCE & FLORAL

CRANBERRIES

Large, juicy, and bursting with sweet-tart flavor. Perfect for a holiday feast. Grown in OR.

PNW LOCAL



2 for \$5

SAVE \$1.49ea

ORGANIC BABY POTATOES

A great addition to fall soups! From Bouchee Potatoes in Wapato, WA. 1.5lb bag

PNW LOCAL



\$2.99 ea

SAVE \$2ea

RATTO FARMS ORGANIC POULTRY HERB MIX

A rustic blend of rosemary, sage, and thyme. From Ratto Farms in Aurora, OR. 4oz

PNW LOCAL



\$7.99 ea

FEATURED

THANKSGIVING BOUQUET

A beautiful seasonal arrangement for your holiday centerpiece. Only at NSM.



\$23.99 ea

SAVE \$1ea

MEAT & SEAFOOD

YAKOBI FISHERIES

COHO SALMON FILLET

Wild-caught during the peak of season and frozen immediately to retain its fresh flavor. Perfect as a holiday centerpiece.



\$18.99 lb

SAVE \$1lb

SEAFRESH

COOKED SHRIMP

Cooked and ready-to-eat shrimp sustainably farm-raised in Thailand. Great for shrimp cocktail! 31/40ct



\$14.99 lb

SAVE \$2lb

Goes great with New Seasons Cocktail Sauce 3.99ea

GOOSE POINT

SHUCKED OYSTERS

Local oysters from Washington's Willapa Bay. The perfect addition to a traditional oyster stuffing. 10oz

PNW LOCAL



\$7.99 ea

SAVE \$1ea

TURKEY DRUMSTICKS, WINGS AND THIGHS

Create a delicious stock with humanely raised drumsticks, bone-in thighs, and wings.



Starting at:

\$4.99 lb

FEATURED

NEW SEASONS

BEEF STIR-FRY BLENDS

Made with humanely raised, antibiotic-free beef marinated in our gluten-free marinades. Varieties may vary by location.



\$10.99 lb

SAVE \$1lb

COUNTRY NATURAL BEEF

TOP SIRLOIN STEAK

USDA Choice, humanely range-raised with no antibiotics or added hormones.

PNW LOCAL



\$13.99 lb

SAVE \$4lb

BEER & WINE

ALL NEW SEASONS OVERJOY WINES

Sourced from our favorite producers both locally and abroad, Overjoy wines offer great quality and superb value. Stock up for the holidays! Only at NSM.
750ml



\$12⁹⁹
ea

\$15⁹⁹
ea

SAVE \$2ea



UNDERWOOD WINE PINOT NOIR NOUVEAU

A vibrant Pinot Noir bursting with juicy notes of raspberry, blueberry, and tart cherry. Delicious with charcuterie, aged cheeses, and roasted turkey.
750ml



\$14⁹⁹
ea

SAVE \$4ea



SIERRA NEVADA BREWING CELEBRATION ALE

A seasonal favorite loved for its aromas of citrus and pine, and bold hop flavor thanks to the addition of Cascade, Centennial, and Chinook hops.
6pk/12oz



\$12⁹⁹
6pk

SAVE \$3ea

GEORGES DUBOEUF BEAUJOLAIS NOUVEAU

This first-of-the-vintage Gamay is bright and juicy with loads of ripe fruit. Perfect for Turkey Day!
750ml



\$16⁹⁹
ea

SAVE \$3ea



PUIANELLO LAMBRUSCO

A truly dry Lambrusco with an invigorating fizz, showing notes of brambly wild blackberry, violet, and herbs. Perfect with charcuterie and aged cheeses.
750ml

\$11⁹⁹
ea

SAVE \$2ea



PONZI PINOT GRIS

A juicy and aromatic white wine with notes of honeydew, pear, Meyer lemon, and jasmine. A great pick for appetizers, fish, and roasted veggies.
750ml



\$18⁹⁹
ea

SAVE \$6ea



PORTLAND CIDER CO. CRANBERRY MULE CIDER

The perfect cider for fall feasts, crafted with ripe cranberry and a hint of lime, balancing sweet and tart notes.
6pk/12oz



\$13⁹⁹
6pk

SAVE \$4ea

BAKERY & CHEESE

NEW SEASONS PUMPKIN OR PECAN PIE

A classic holiday favorite made from scratch by our friends at Willamette Valley Pie Co.
9in



Starting at:
\$14⁹⁹
ea

FEATURED



PRESIDENT FRENCH EMMENTAL

Cube and add to any party platter. Also great melted for quiche or gratin.

\$9⁹⁹
lb

SAVE \$2lb



NEW SEASONS ROASTED RAINBOW CARROTS

A medley of rainbow carrots lightly seasoned and gently roasted to perfection.



\$11⁹⁹
lb

FEATURED



COLUMBUS CRAFT MEATS ITALIAN DRY SALAMI

Crafted in San Francisco with black pepper, spices, and a touch of red wine. Great for sandwiches and charcuterie boards.

\$15⁹⁹
lb

SAVE \$1lb



BAKERLY BRIOCHE LOAF

A traditional French-style bread with soft, fluffy texture and buttery flavor. Great for French toast!

\$6⁹⁹
ea

SAVE \$1ea



NEW SEASONS CHEESE BALLS

They're back! Our Festive cheese balls make a striking and tasty centerpiece on any cheese platter. Only at NSM.
6.5oz



\$8⁹⁹
ea

FEATURED



NEW SEASONS YUKON GOLD MASHED POTATOES

A holiday favorite made with Yukon Gold potatoes, butter, milk, and a touch of sea salt.

\$9⁹⁹
lb

FEATURED



ORIGAMI CATERING RAINBOW ROLL

A delicious California Roll wrapped in Ahi tuna, salmon, and shrimp.

\$11⁹⁹
ea

SAVE \$1ea



PREPARED FOODS

WELLNESS

WYLD CBD CBD GUMMIES

Made locally with THC-free, broad-spectrum hemp extract infused with real fruit.

**25%
off**



ENZYMEDICA DIGESTIVE ENZYMES

Science-backed enzymes for overall digestive health.

**30%
off**



ANDALOU NATURALS FACIAL AND BODY CARE

Save on select facial and body care made with non-GMO and cruelty-free ingredients.

**30%
off**



OM MUSHROOM SUPERFOOD LION'S MANE MUSHROOM POWDER

A powerful nootropic that helps support memory, focus, and nerve health. 3.5oz

**\$18.99
ea**

SAVE \$8ea



NOW FOODS ZINC 50MG

Zinc is a necessary mineral co-factor for hundreds of enzymatic reactions, including overall immune support. 100tab

**\$5.99
ea**

SAVE \$2ea



BADGER HOLIDAY GIFT SETS

Check holiday gifts off your list early with Badger, a fellow B Corp.

**25%
off**



NATURE'S WAY SAMBUCUS ORGANIC ZINC LOZENGES

A delicious way to help support your immune system this season. 24ct

**\$4.69
ea**

SAVE \$3.30ea



BLOOM N-ACETYL CYSTEINE 600MG

Help support your immune system with 600 mg of NAC per cap. 60cap

**\$14.99
ea**

SAVE \$4ea



EO PRODUCTS EVERYONE HAND SANITIZER SPRAY

Whether you're at home or on the go, Everyone hand sanitizer sprays will keep your hands clean and smelling fresh! 2oz

**\$2.99
ea**

SAVE \$1ea

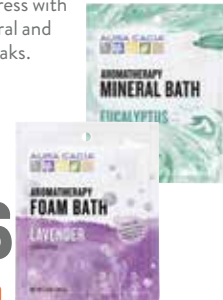


AURA CACIA AROMATHERAPY BATH PACKETS

Relax and de-stress with savings on mineral and foaming bath soaks. 2.5oz

2 for \$6

SAVE 99¢ea



GROCERY

TILLAMOOK ICE CREAM

Assorted Varieties 1.5qt

**\$5.99
ea**

SAVE \$2ea



WILLAMETTE VALLEY PIE CO. FROZEN DESSERTS

Selected Varieties

**20%
off**



STAHLBUSH ISLAND FARMS FROZEN FRUIT AND VEGETABLES

Selected Varieties 10oz

**\$2.99
ea**

SAVE UP TO \$4ea



SO DELICIOUS COCOWHIP FROZEN TOPPING

Original or Light. 9oz

**\$3.99
ea**

SAVE \$2ea



MASON DIXIE FOODS FROZEN WAFFLES AND SANDWICHES

Selected Varieties

**20%
off**



BONAFIDE PROVISIONS BONE BROTH

Selected Varieties

**20%
off**



AGAINST THE GRAIN GOURMET GLUTEN-FREE BAGUETTES

15oz

**\$7.99
ea**

SAVE \$1ea



BEECHER'S FROZEN ENTRÉES AND SIDES

Selected Varieties

**20%
off**



GROCERY

MARTINELLI'S SPARKLING JUICE OR CIDER

Selected Varieties
25.4oz

2 for \$6

SAVE \$2.49ea



GEROLSTEINER SPARKLING MINERAL WATER

25.3oz

\$2.99
ea

SAVE 80¢ea



R.W. KNUDSEN FAMILY CIDER & SPICE

32oz

\$4.99
ea

SAVE \$1ea



R.W. KNUDSEN FAMILY ORGANIC SPARKLING JUICE

Selected Varieties
25.4oz

\$3.99
ea

SAVE \$1ea



WYLD CBD CBD SPARKLING WATER

Assorted Varieties
12oz

2 for \$7

SAVE 49¢ea



Only available
in OR stores.

RAMBLER SPARKLING WATER

Assorted Varieties
12pk/12oz

\$5.99
ea

SAVE \$2.50ea



Q MIXERS CARBONATED DRINK MIXERS

Selected Varieties
4pk/7.5oz

\$4.99
ea

SAVE \$1ea



CULTURE POP PROBIOTIC SODA

Assorted Varieties
12oz

\$1.99
ea

SAVE 50¢ea



STUMPTOWN COFFEE ROASTERS COFFEE

Selected Varieties
12oz

\$12.99
ea

SAVE \$4ea



PNW
LOCAL

PEET'S COFFEE

Assorted Varieties
10.5oz

\$9.99
ea

SAVE \$4ea



YOGI TEA

Assorted Varieties
16ct

\$3.99
ea

SAVE UP TO \$2ea



OREGON CHAI TEA LATTE CONCENTRATE

Assorted Varieties
10-32oz

\$5.99
ea

SAVE \$1ea



PNW
LOCAL

STICKY FINGERS SCONE MIX

Selected Varieties
16oz

\$5.99
ea

SAVE \$1ea



KIKKOMAN ASIAN SAUCES OR PANKO

Selected Varieties

20%
off



MAILLE MUSTARDS OR CORNICHONS

Assorted Varieties

20%
off



WORLD CENTRIC COMPOSTABLE TABLEWARE

Selected Varieties

20%
off



BULK

LUNDBERG FAMILY FARMS RICE

Selected Varieties

20%
off



FRONTIER CO-OP SPICES AND HERBS

Selected Varieties

20%
off



ORGANIC DRIED CRANBERRIES

\$6.99
lb

SAVE \$1lb



ORGANIC PECAN HALVES

\$12.99
lb

SAVE \$2lb



GROCERY

**KETTLE BRAND
PARTY SIZE
POTATO CHIPS**
Assorted Varieties
13oz

PNW
LOCAL

\$4⁹⁹_{ea}
SAVE \$2ea



**SNACK FACTORY
PRETZEL CRISPS**
Selected Varieties
7.2oz

\$3⁹⁹_{ea}
SAVE \$1ea



**TERRA
VEGETABLE
CHIPS**
Selected Varieties
5-5.5oz

\$4⁹⁹_{ea}
SAVE \$1ea



**TATE'S BAKE SHOP
COOKIES**
Assorted Varieties
7oz

\$6⁹⁹_{ea}
SAVE UP TO \$1.50ea



**BACK TO NATURE
COOKIES AND
CRACKERS**
Assorted Varieties
4-12oz

2 for \$7
SAVE UP TO \$4.49ea



**CARR'S
WATER CRACKERS**
Assorted Varieties
4.25-7oz

\$4⁹⁹_{ea}
SAVE \$1ea



**TONY'S CHOCOLONELY
CHOCOLATE BAR**
Selected Varieties
6.35oz

\$3⁹⁹_{ea}
SAVE \$1.50ea



**SIMPLY DELISH
PLANT-BASED
JEL DESSERT**
Strawberry or Raspberry.
.7oz

\$2⁹⁹_{ea}
SAVE \$1ea



**FRANZ
ENGLISH
MUFFINS**
Selected Varieties
6ct

\$2²⁹_{ea}
SAVE 21^{ea}



**SEATTLE SOURDOUGH BAKING
OR FRANZ
DINNER ROLLS**
Selected Varieties
12ct

2 for \$7
SAVE \$1.99ea



**KETTLE & FIRE
BROTH**
Selected Varieties

**20%
off**



**BRIANNAS
DRESSING**
Assorted Varieties
12oz

\$4⁹⁹_{ea}
SAVE \$1ea



**CALIFORNIA OLIVE RANCH
EXTRA VIRGIN
OLIVE OIL**
Selected Varieties
16.9oz

\$12⁹⁹_{ea}
SAVE \$3ea



**SANTA BARBARA OLIVE CO.
OLIVES**
Selected Varieties

**20%
off**



**BETTER THAN BOUILLON
FOOD BASE**
Selected Varieties

**20%
off**



**NAPA VALLEY NATURALS
EXTRA VIRGIN
OLIVE OIL**
Selected Varieties
25.4oz

\$14⁹⁹_{ea}
SAVE UP TO \$6ea



**BOB'S RED MILL
FLOUR**
Selected Varieties
5lb

\$3⁹⁹_{ea}
SAVE \$2ea



**OCEAN SPRAY
CRANBERRY SAUCE**
Jellied or Whole Berry.
14oz

\$1⁹⁹_{ea}
SAVE \$2ea



**WHOLESOME
ORGANIC
SUGAR**
Selected Varieties

**20%
off**



**RXSUGAR
ALLULOSE**
Assorted Varieties

**20%
off**



GROCERY

NEW SEASONS CAGE-FREE BROWN EGGS

From chickens raised on vegetarian feed with no antibiotics by Stiebers Farms in Yelm, WA.
1doz

\$3⁹⁹
ea

FEATURED



NEW SEASONS BACON

From Beeler's Pork in Le Mars, IA. Choose from Applewood Smoked, Pepper Crusted, or No Sugar Added.
12oz

\$9⁹⁹
ea

FEATURED



FLORIDA'S NATURAL JUICE

Assorted Varieties
52oz

\$3⁹⁹
ea

SAVE 50¢ea



SIMPLY POTATOES FRESH HASH BROWNS

Assorted Varieties
20oz

\$2⁹⁹
ea

SAVE \$1ea



NEW SEASONS EGG NOG

From Alpenrose Dairy in Portland, OR.
1qt

\$4⁹⁹
ea

SAVE \$1ea



NEW SEASONS HEAVY WHIPPING CREAM

Made using locally sourced rBST-free milk by Alpenrose Dairy in Portland, OR.
1pt

2 for \$6

SAVE 99¢ea



DAISY BRAND SOUR CREAM

Regular or Light.
16oz

\$2⁹⁹
ea

SAVE \$1ea



REDDI-WIP WHIPPED TOPPING

Selected Varieties
6.5oz

\$2⁹⁹
ea

SAVE \$2ea



TILLAMOOK SHREDDED CHEESE

Selected Varieties
5.5-8oz

\$3⁹⁹
ea

SAVE \$1ea



VIOLIFE VEGAN CHEESE

Assorted Varieties
5.64-8oz

\$5⁹⁹
ea

SAVE UP TO \$2ea



PHILADELPHIA CREAM CHEESE OR NEUFCHATEL

Selected Varieties
8oz

\$3⁹⁹
ea

SAVE UP TO \$2ea



NEW SEASONS BUTTER

Created in partnership with Larsen's Creamery in Clackamas, OR, using rBST-free milk. Salted or Unsalted.
1lb

\$3⁹⁹
ea

SAVE 80¢ea



MIYOKO'S CREAMERY PLANT MILK BUTTER

Assorted Varieties
8-12oz

\$3⁹⁹
ea

SAVE UP TO \$4ea



PILLSBURY PIE CRUSTS, ROLLS AND BISCUITS

Selected Varieties

20% off



TOFUTTI BETTER THAN SOUR CREAM

12oz

\$4⁹⁹
ea

SAVE \$1ea



TOFUTTI BETTER THAN CREAM CHEESE

Selected Varieties
8oz

\$4⁹⁹
ea

SAVE \$1ea



TILLAMOOK LOWFAT YOGURT

Assorted Varieties
6oz

89¢
ea

SAVE 10¢ea



CEDAR'S ORGANIC HOMMUS

Selected Varieties
10oz

2 for \$7

SAVE 99¢ea



BLUE DIAMOND ALMOND BREEZE

Selected Varieties
59-64oz

\$2⁹⁹
ea

SAVE 50¢ea



CALIFIA FARMS PLANT-BASED CREAMER

Selected Varieties
25.4oz

\$5⁹⁹
ea

SAVE \$1ea



Weekend Tasting

Come enjoy a taste of a holiday fave: pumpkin pie topped with mascarpone whipped cream!
Friday, Saturday & Sunday · 11am – 6pm

DONATE DINNER TO A HOMEBOUND SENIOR

**Donations support local
Meals on Wheels chapters.**

**Let your cashier know how much you'd
like to donate at checkout.**

One meal = \$6.95

One week of meals = \$49

One month of meals = \$208

Or choose your donation amount!

