

PEAK GRILL SEASON

Fill the grill with tender, juicy, USDA Choice steaks—Certified Humane with no antibiotics ever.

SALE

NEW YORK STEAKS **\$19.99** lb
SAVE \$8lb

AHI TUNA STEAKS

Sustainably line-caught and delicious pan-seared and thinly sliced for a quick, protein-packed meal.



\$13.99 lb
SAVE \$4lb

NECTARINES

Extra juicy and full of sun-ripened flavor. Grown in CA.



25% off

CHOBANI GREEK YOGURT

Selected Varieties
5.3oz



10 for \$10
SAVE 59¢ea

BACHAN'S BARBECUE & DIPPING SAUCES

Assorted Varieties
15.5-17oz



\$7.99 ea
SAVE UP TO \$3ea

GOODPOP FROZEN POPS

Selected Varieties
4-8ct



\$5.99 ea
SAVE UP TO \$2ea

Really **BIG DEAL**

20% off

SELECT **TALLBOY*** CANNED BEER

* 16 oz & 19.2 oz cans. Limited to stock on hand. Items priced as marked. No additional discounts. Selection varies by location. Offer valid for in-store purchases only.

Want to have weekly deals delivered to your inbox? Just sign up for email updates at newseasonsmarket.com/join
Visit us online at www.newseasonsmarket.com

WHAT WE'RE loving

Celebrating every kind of dad with gifts they'll love—from socks and games to cocktail glasses and, of course, a book of dad jokes.

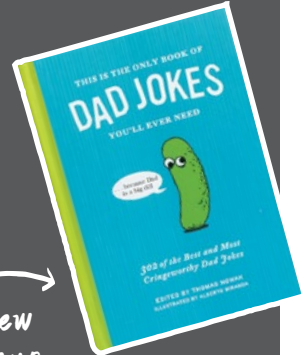
Show them mountains of love with PNW-inspired drinkware.



Gift them a piece of the stars with a puzzle!



Introduce some new jokes to their lineup.



MEAT & SEAFOOD

NEW SEASONS MARINATED BEEF FLANKEN RIBS

Made with USDA Choice beef marinated in our gluten-free marinades. Flavors may vary by location.

Starting at

\$14⁹⁹
lb
SAVE \$1lb



ULTRA NATURAL PEELED & DEVEINED SHRIMP

Sustainably farm-raised, Fair Trade Certified, and great for an easy weeknight meal.
51/60ct

\$11⁹⁹
lb
SAVE \$2lb



NEW SEASONS ALL SAUSAGE LINKS

Choose from a wide selection of handmade sausage links. Flavors may vary by location.

Starting at:

\$6⁴⁹
lb
SAVE 50¢lb



CINDY'S KITCHEN COCKTAIL SAUCE

Made in small batches with clean ingredients and an extra kick of horseradish.
8oz

\$5⁹⁹
ea
SAVE \$1ea



FLORAL

DOZEN ROSES

Any day is a good day for a dozen bright, bold, and beautiful roses.



\$14⁹⁹
ea
SAVE \$5ea

PRODUCE

ORGANIC CANTALOUPE

Sweet, juicy, and melt-in-your-mouth delicious. From Organic Treat in El Centro, CA.

\$1⁴⁹
lb
SAVE 30¢lb



SWEET CORN

A must-have for any BBQ or backyard celebration. Grown in CA.

5 for \$5
SAVE 50¢ea



MARYHILL CHERRIES

Handpicked and bursting with peak-season flavor. From Gunkel Orchards in Goldendale, WA.

PNW LOCAL

\$5⁴⁹
lb
SAVE 50¢lb



BAKERY & CHEESE

CHUCKANUT BAY FOODS CRÈME BRÛLÉE CHEESECAKE

Made with a blend of mascarpone and cream cheese, then lightly torched on top for that classic crème brûlée flavor.
5in

PNW LOCAL

\$15.49
ea
SAVE \$1.50ea



DANIEL'S ARTISAN RESERVE

Handmade locally and full of sharp, savory flavor. Grate and use instead of parmesan, or slice and serve with fresh peaches.
6.7oz

PNW LOCAL

\$8.99
ea
SAVE \$1ea



NEW SEASONS CAPRESE SALAD

A classic summer salad featuring fresh tomatoes, mozzarella, and herbs.

\$9.99
lb
SAVE \$3lb



NEW SEASONS MEDITERRANEAN TURKEY BREAST

Boneless Diestel turkey breast coated with herbs and smoked paprika, then roasted to perfection.

IT'S BACK!

\$19.99
lb
SAVE \$3lb



LA BREA BAKERY PRETZEL BUNS

Soft and chewy with a golden crust. Perfect for snacking, dipping, or making sandwiches.
4ct

IT'S NEW!

\$5.99
ea
SAVE 50¢ea



CARR VALLEY BREAD CHEESE

Delicious grilled or pan-fried and served with veggies or on a salad.
6oz

\$6.99
ea
SAVE \$1ea



NEW SEASONS RED POTATO SALAD WITH DILL

Tender red potatoes in a creamy dill dressing. A perfect side with grilled meats or sandwiches.

\$7.99
lb
SAVE \$2lb



ORIGAMI CATERING TUNA SALMON FUTOMAKI ROLL

Featuring Yellowfin tuna, Atlantic salmon, and avocado.

PNW LOCAL

\$12.99
ea
SAVE \$2ea



BEER & WINE

PLAIMONT PAPA ROC CHILLABLE RED

Light and juicy with vibrant red fruit, lively acidity, and a soft, dusty finish. Delicious chilled.
750ml

IT'S NEW!

\$16.99
ea
SAVE \$5ea



GIGANTIC BREWING SPORTSMAN'S LAGER

Light-bodied and crushable, this lager benefits the ODFW Access & Habitat Program. The perfect brew for outdoor adventures.
16oz

PNW LOCAL

IT'S NEW!

\$3.19
ea
AFTER 20% DISCOUNT



REUBEN'S BREWS DREAM TEAM HAZY IPA

Three iconic local breweries came together to create this special IPA. Enjoy with your dream team.
16oz

PNW LOCAL

IT'S NEW!

\$4.39
ea
AFTER 20% DISCOUNT



ATHLETIC BREWING NON-ALCOHOLIC BEERS

Non-alcoholic craft beers that deliver on taste and quality. We're loving the Run Wild IPA, with its perfect balance of malt and hop character.
6pk/12oz

\$12.99
ea
SAVE \$1ea



CERVECERIA NORTE WATERMELON HIBISCUS TART

Crisp, refreshing, and tart, this summer seasonal bursts with juicy watermelon and zippy hibiscus notes.
16oz

PNW LOCAL

\$3.43
ea
AFTER 20% DISCOUNT



FORT GEORGE BREWERY CITY OF RAINBOWS HAZY IPA

Smooth as velvet with bold tropical aromas and a zippy finish. A portion of proceeds supports the LGBTQ+ community.
16oz

PNW LOCAL

\$3.99
ea
AFTER 20% DISCOUNT



20% OFF SELECT TALLBOYS

DOWNLOAD OUR APP, SAVE \$15!

It pays to shop online for easy same-day pickup or delivery. Just download our app, and get \$15 off your first order of \$60+ with code

DOWNLOAD15

newseasonsmarket.com/download

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Terms apply.

DON'T MISS THIS OFFER!



Neighbor Rewards members opted in to email or text get **50% off packaged New Seasons Grahams in the bakery.***

Not getting our messages yet? Join or update your preferences by Thursday at newseasonsmarket.com/rewards to unlock this exclusive offer on Friday.

* Offer includes choice of New Seasons Sea Salt Caramel, Peanut Butter, or Toasted S'mores Grahams.

WELLNESS

SOURCE NATURALS NUTRITIONAL SUPPLEMENTS

Science-backed natural formulas tested for purity and potency.



35% off

EVERY MAN JACK BODY CARE

The perfect gifts for Father's Day! Save on select items this week.



25% off

MAD HIPPIE FACIAL CARE

Save on your favorite natural facial care and cosmetics.



25% off

TOM'S OF MAINE ORAL & BODY CARE

Stock up with great savings on all your favorites from Tom's of Maine.



25% off

OLLY EXTRA STRENGTH SLEEP GUMMIES

Each serving delivers 5mg of melatonin. 50ct



\$15.99 ea

NOW FOODS D-MANNOSE 500MG

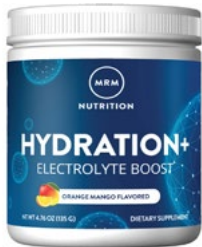
A naturally occurring simple sugar to help support urinary tract health. 120vc



\$21.99 ea
SAVE \$11ea

MRM NUTRITION HYDRATION+ ELECTROLYTE POWDER DRINK MIX

Save on a variety of flavors and formulas to help you stay hydrated. 135g



\$6.99 ea
SAVE \$4.80ea

SPECTRUM ORGANIC GROUND FLAXSEED

An easy way to add plant-based omega-3s, protein, and fiber into your diet. Save on select formulas. 14oz



\$8.99 ea
SAVE \$1.90ea

ALBA BOTANICA SUNSCREEN SPRAY

Water-resistant, broad-spectrum sunscreen. Save on select sunscreens this week. 5oz



\$13.99 ea
SAVE \$4.50ea

GROCERY

OATLY NON-DAIRY FROZEN DESSERT

Selected Varieties



20% off

SOMETHING SWEET COOKIE DOUGH

Selected Varieties 12.69oz



\$11.99 ea
SAVE \$2ea

DEEP INDIAN KITCHEN FROZEN DUMPLINGS

Assorted Varieties 7.8oz



\$5.99 ea
SAVE UP TO \$2ea

PIIOA PIZZA FROZEN PIZZA

Assorted Varieties 10.5-12oz



\$10.99 ea
SAVE \$2ea

BUBBIES MOCHI MOCHI ICE CREAM

Assorted Varieties 1.2oz



4 for \$5
SAVE 34¢ea

KETTLE BRAND POTATO CHIPS

Selected Varieties 6-7.5oz



\$3.99 ea
SAVE UP TO \$1.40ea

STAHLBUSH ISLAND FARMS FROZEN FRUIT

Assorted Varieties



25% off

BEYOND MEAT PLANT-BASED PROTEINS

Selected Varieties



20% off

GROCERY

GOOD ENERGY

Give your day an energizing boost! Yerba Madre delivers a delicious natural lift to keep you going with regenerative, USDA Organic, and fair trade ingredients.

YERBA MADRE ORGANIC YERBA MATE
Assorted Varieties
15.5oz



2 for \$4
SAVE UP TO \$1.49ea

WOODSTOCK ORGANIC CONDIMENTS

Selected Varieties

20% off



MOM'S BEST CEREAL

Assorted Varieties
17.5-24oz

\$4.99 ea
SAVE \$2ea



DESERT PEPPER TRADING COMPANY QUESOS & SALSAS

Assorted Varieties
16 OZ

\$5.99 ea
SAVE UP TO \$2ea



SPICELY ORGANICS SPICES, HERBS & SEASONINGS

Selected Varieties
.09-2.1oz

BUY 2 GET 1 FREE
SAVE \$6.99 ON 3



Available in-store only

DELALLO ORGANIC PASTA

Selected Varieties
16oz

\$3.99 ea
SAVE 80¢ea



NEW SEASONS PASTA SAUCE

Made with fresh Italian tomatoes that go from vine to jar in just two hours.
Assorted varieties.
24oz

\$8.39 ea
FEATURED



CALIFORNIA OLIVE RANCH EXTRA VIRGIN OLIVE OIL

Selected Varieties
33.8oz

\$34.99 ea
SAVE \$5ea



PLUM ORGANICS BABY FOOD

Selected Varieties
3.5-4oz

2 for \$5
SAVE UP TO 59¢ea



NOSSA FAMILIA COFFEE

Selected Varieties
12oz

\$13.99 ea
SAVE UP TO \$4ea



PNW LOCAL

CASCADIAN FARM ORGANIC GRANOLA

Selected Varieties
11oz

\$4.99 ea
SAVE 70¢ea



PNW LOCAL

BIRCH BENDERS PANCAKE & WAFFLE MIX

Selected Varieties
16oz

\$5.99 ea
SAVE 60¢ea



OREGON GROWERS FRUIT SPREAD

Selected Varieties
12oz

\$5.99 ea
SAVE UP TO \$1.80ea



PNW LOCAL

COOMBS FAMILY FARMS ORGANIC MAPLE SYRUP

Selected Varieties
8oz

\$11.99 ea
SAVE \$2ea



ZUM LAUNDRY SOAP

Assorted Varieties
64oz

\$14.99 ea
SAVE \$2ea



BULK

ORGANIC FLAME RAISINS

\$5.99 lb
SAVE \$1lb



SUNRIDGE FARMS HONEY ROASTED PEANUT BUTTER

\$6.99 lb
SAVE \$1lb



WATER AVENUE COFFEE

Selected Varieties

\$17.99 lb
SAVE \$2lb



PNW LOCAL

HUMMINGBIRD WHOLESALE SEEDS

Selected Varieties

15% off



PNW LOCAL

GROCERY

PIP'S HEIRLOOM SNACKS DIPPERS & CRUNCHIES

Selected Varieties
7-9.25oz



\$4.99
ea
SAVE \$1.70ea

KHLOUD PROTEIN POPCORN

Assorted Varieties
4-5oz



\$4.99
ea
SAVE \$1.20ea

EPIC PORK RINDS

Assorted Varieties
2.5oz



\$3.99
ea
SAVE UP TO \$2ea

DOT'S SNACKS PRETZELS

Selected Varieties
16oz



\$6.99
ea
SAVE \$2ea

ANNIE'S SNACK MIX

Selected Varieties
9oz



\$4.99
ea
SAVE \$1.30ea

PRETZELIZED PRETZEL CRACKERS

Assorted Varieties
6.5oz



\$3.99
ea
SAVE \$1ea

ARCHER MEAT STICKS

Selected Varieties
8-16ct



\$14.99
ea
SAVE \$3ea

NEW SEASONS SALMON JERKY

Made from 100%
wild-caught
Alaskan salmon.
2.5oz



\$11.99
ea
FEATURED

IQBAR PLANT PROTEIN BARS

Assorted Varieties
4ct



\$7.99
ea
SAVE \$1.20ea

CLIF BUILDERS PROTEIN BAR

Assorted Varieties
1.97-2.4oz



2 for \$4
SAVE 49¢ea

BAHLEN COOKIES AND WAFERS

Assorted Varieties
3.5-4.4oz



\$6.99
ea
SAVE \$1.70ea

MA CACAO VEGAN CHOCOLATE BAR

Selected Varieties
2.1oz



\$7.99
ea
SAVE 90¢ea

TAZO ICED TEA CONCENTRATE

Selected Varieties
32oz



\$5.99
ea
SAVE \$1ea

SLATE ULTRA PROTEIN SHAKE

Vanilla or Chocolate.
15oz



\$3.99
ea
SAVE \$1.40ea

WAIAKEA HAWAIIAN VOLCANIC WATER

1.5L



\$2.99
ea
SAVE 80¢ea

POLAR MIXERS

Assorted Varieties
1L



4 for \$5
SAVE 24¢ea

DAYTRIP BEVERAGES ORGANIC PREBIOTIC SODA

Assorted Varieties
12oz



2 for \$5
SAVE 49¢ea

ROAR ORGANIC VITAMIN ENHANCED BEVERAGE

Assorted Varieties
18oz



\$2.29
ea
SAVE 50¢ea

NIXIE ORGANIC ZERO SUGAR SODA

Assorted Varieties
4pk/12oz



\$6.99
ea
SAVE \$2.50ea

RECESS MOOD SPARKLING WATER

Assorted Varieties
12oz



2 for \$7
SAVE 49¢ea

GROCERY

OATLY OATMILKS & CREAMERS
Selected Varieties
32-64oz



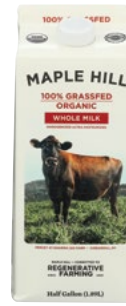
\$4.99
ea
SAVE UP TO \$3ea

ZOI GREEK YOGURT
Assorted Varieties
32oz



\$4.99
ea
SAVE \$1.30ea

MAPLE HILL CREAMERY GRASS-FED ORGANIC DAIRY PRODUCTS
Selected Varieties



20%
off

FRANZ PREMIUM BUNS
Selected Varieties
8ct



2 for \$7
SAVE \$3.49ea

WILCOX FAMILY FARMS PASTURE-RAISED LARGE EGGS
Selected Varieties
1doz



\$5.99
ea
SAVE \$2ea

TRULY GRASS FED BUTTER
Salted or Unsalted.
8oz



\$5.99
ea
SAVE 90¢ea

TRAZZA FOODS HUMMUS
Assorted Varieties
9oz



\$3.99
ea
SAVE \$1ea

ORGANIC VALLEY CHEESE
Selected Varieties



20%
off

VIOLIFE VEGAN CHEESE
Selected Varieties
5.64-8oz



\$5.99
ea
SAVE UP TO \$1.70ea

BEYOND MEAT PLANT-BASED PROTEINS
Selected Varieties



20%
off

HEALTH-ADE ORGANIC KOMBUCHA
Selected Varieties
16oz



BUY 1 GET 1 1/2 OFF
SAVE \$1.99 ON 2

Available in-store only

GROUNDWORK COFFEE COLD BREW CONCENTRATE
Assorted Varieties
32oz



\$13.99
ea
SAVE \$2ea

SOL-TI SUPERADE LIVING BEVERAGE
Selected Varieties
14.9oz



BUY 1 GET 1 FREE
SAVE \$4.99 ON 2

KOIA PLANT PROTEIN DRINK
Selected Varieties
12oz



BUY 1 GET 1 FREE
SAVE \$4.89 ON 2

GO WITH YOUR GUT

Give your day a boost with Lifeway—delicious Kefir packed with live and active cultures to support digestive and immune health for the whole family.



20%
off



GET \$20 OFF \$50!

If you're a Neighbor Rewards member and opt in to receive email offers (like exclusive perks and savings!), we'll send you \$20 off an in-store purchase of \$50 or more just for signing up.*

Not a member yet? Join now at newseasonsmarket.com/rewards

*Offer valid for first-time email opt-ins only who have not previously redeemed a Neighbor Rewards opt-in offer received via email or SMS.