

YOU'RE IN LUCK!

Take the gold this St. Patrick's Day
with tender corned beef, local brews,
and all the fixings for a feast.

Really BIG DEAL

**CORNE
BEEF**

Starting at:

\$7.99
lb
SAVE \$1lb

Really BIG DEALS

ATLANTIC SALMON FILLET

Sustainably farm-raised in Norway,
with a fresh, mild, buttery taste.
Perfect for pan-
searing or baking.

\$14.99
lb

SAVE \$2lb

MANDARINS

Rich, sweet, and juicy! From
Rising C Ranch, Reedley, CA.
3lb bag

\$4.99
ea

SAVE \$3ea

GUINNESS 4-PACK CANS

Choose from Pub Draught
and Non-Alcoholic options.
4pk/14.9oz

\$9.99
ea

SAVE \$3ea

GARDEN OF LIFE VITAMINS AND SUPPLEMENTS

Some of our best deals of the year!
Perfect time to stock up on select
proteins, vitamins, probiotics, and more.

40%
off



COAVA COFFEE ROASTERS COFFEE

Assorted Varieties
10.58oz

\$13.99
ea

SAVE \$3ea



PNW
LOCAL

50%
off

**SELECT FROZEN
FRUIT, VEGGIES,
POTATOES**

Exclusions apply. Look for signs on specifically marked items.
Items priced as marked. No additional case discount.
Limited to stock on hand.

WHAT WE'RE loving



Ruby Jewel

If you love locally made ice cream sandwiched between two chewy, perfectly baked cookies, then you're always in for a treat with Ruby Jewel.

We've been partnering with this women-founded Portland favorite since 2006, and after countless ice cream sandwiches, we still can't get enough. They're really just that good!

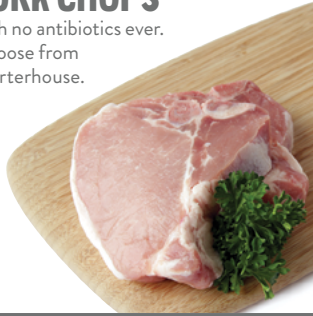


MEAT & SEAFOOD

BEELER'S PURE PORK BONE-IN PORK CHOPS

Humanely raised with no antibiotics ever. Delicious grilled! Choose from center-cut, rib, or porterhouse.

\$6⁴⁹_{lb}
SAVE 50¢lb



NEW SEASONS STUFFED DOVER SOLE

Wild-caught Dover sole stuffed in-house. Bake at 350°F for 20-25 minutes. Flavors may vary by location.

\$12⁹⁹_{lb}
SAVE \$2lb



**PNW
LOCAL**

MARY'S WHOLE FRYER CHICKEN

Humane Certified and always air-chilled with no antibiotics ever.

\$3⁴⁹_{lb}
SAVE 50¢lb



DOVER SOLE FILLET

Sustainably harvested with a light, mild flavor. Delicious baked for a quick and easy meal.

\$8⁹⁹_{lb}
SAVE \$2lb



**PNW
LOCAL**

FLORAL

LUCKY BOUQUET

A beautiful arrangement for your St. Patrick's Day celebration.

\$24⁹⁹_{ea}
FEATURED



WESTWIND GARDENS JUMBO PACK VEGETABLE STARTS

Organically grown in Forest Grove, OR. 1% of sales goes to Zero Foodprint.

\$3⁹⁹_{ea}
SAVE \$1ea



**PNW
LOCAL**

PRODUCE

ORGANIC GREEN CABBAGE

A must-have with corned beef and potatoes. From Lakeside Organic Gardens in Watsonville, CA.

\$1⁴⁹_{lb}
SAVE 50¢lb



ORGANIC RED POTATOES

Perfect for St. Patrick's Day celebrations. From Bridges Organic Produce in Portland, OR.

\$1⁴⁹_{lb}
SAVE 50¢lb



**PNW
LOCAL**

ORGANICGIRL SELECT SALAD BLENDS

Fresh, vibrant, and ready to eat. From organicgirl in Salinas, CA. 4.2-5oz

\$4⁴⁹_{ea}
SAVE 50¢ea



BAKERY & CHEESE

NEW SEASONS IRISH SODA BREAD

It's back! Made from scratch by our talented bakers with a tangy and subtly sweet flavor.



\$4⁹⁹
ea

SAVE \$1ea

KERRYGOLD IRISH CHEESES

Flavorful cheeses made from grass-fed cow's milk. Slice and serve with crusty bread and a beer or cider.

7oz



\$6⁹⁹
ea

SAVE \$1ea

NEW SEASONS MAC & CHEESE

Locally made pasta in a rich and creamy cheese sauce.



\$10⁹⁹
lb

SAVE \$1lb

NEW SEASONS BROCCOLI CHOP SALAD

A light and lemony salad featuring a mix of shaved broccoli, kale, green cabbage, and sweet hot peppers.



\$10⁹⁹
lb

SAVE \$1lb

BLUE RAEVEN FRUIT PIES

Celebrate Pi Day all week long with delicious, locally handcrafted pies! 5in

**PNW
LOCAL**



\$7⁹⁹
ea

SAVE \$2ea

ALMONDELI HERBED ALMONDS

Crunchy, herbaceous almonds make a great snack or addition to a party platter.



\$18⁹⁹
lb

SAVE \$1lb

NEW SEASONS ROASTED CARROTS WITH GARLIC AND HERBS

Simple, and yet so delicious. Enjoy this customer favorite as a side or light lunch.



\$11⁹⁹
lb

FEATURED

NEW SEASONS CORNED BEEF AND CABBAGE MEAL

Packed with tender corned beef, mashed potatoes, Savoy cabbage, and roasted carrots.



\$14⁹⁹
lb

FEATURED

BEER & WINE

MARY TAYLOR GASCOGNE BLANC

A beautiful French white wine with crisp notes of grapefruit, lemon, spring flowers, and tropical fruit, with a lip-smacking mineral streak. 750ml



\$11⁹⁹
ea

SAVE \$3ea

SMITHWICKS IRISH RED ALE

This iconic Irish red ale features a distinctive ruby color, a blend of mild hops, sweet malt, and roasted barley for a smooth, refreshing finish. 14.9oz



\$2⁹⁹
ea

SAVE \$1ea

YONDER CIDER DRY HARD CIDER

Crafted with a mix of crisp, juicy apples and aromatic bittersweet cider apples from the PNW, Yonder Dry Cider shines on its own or mixed with Guinness for a classic Snakebite. 16oz

**PNW
LOCAL**



2 for \$7

SAVE 49¢ea

COOPER MOUNTAIN PINOT GRIS

This legendary winery, now led by founder's daughter Barbara Gross, continues its legacy with a deep commitment to environmental sustainability. 750ml

**PNW
LOCAL**



\$16⁹⁹
ea

SAVE \$5ea

ANCESTRY BREWING COMPANY IRISH-STYLE RED ALE

A light-bodied, malty ale with caramel notes, low bitterness, and a touch of roasted barley on the finish. Delicious with shepherd's pie or cheesy potato soup. 500ml

**PNW
LOCAL**



\$3⁹⁹
ea

SAVE \$1ea

HETTY ALICE BREWING DRY IRISH-STYLE STOUT

Deeply colored with notes of espresso, dark chocolate, and a hoppy bitterness, this local dry Irish-style stout would pair perfectly with corned beef and cabbage. 16oz

**PNW
LOCAL**

**IT'S
NEW!**



2 for \$9

SAVE 49¢ea

MAKE IT EASY, ORDER ONLINE!

Enjoy in-store prices online and save \$6 on orders of \$40+ with code **EASYSAVING6**. Choose quick, convenient pickup or delivery!

shop.newseasonsmarket.com

Powered by
instacart

*Terms apply. Free pickup on orders of \$35+.

20% OFF COFFEE & TEA!

Neighbor Rewards members who are opted into email or text can enjoy 20% off packaged and bulk coffee and tea.*

Join or sign up by Thursday at newseasonsmarket.com/rewards for this exclusive member offer on Friday.

*Offer does not include made-to-order café drinks



WELLNESS

Your Daily Superfood

Boost your wellness routine with powders, capsules, or gummies from OM Mushroom Superfood. Formulated with Certified Organic mushrooms, they combine ancient wisdom with modern science to deliver nutritious whole-food mushroom goodness.

OM MUSHROOM SUPERFOOD FUNCTIONAL MUSHROOMS

Save 30% on a variety of mushroom formulas, including hot cocoa and coffee.

30% off



MRM NUTRITION CREATINE MONOHYDRATE 500

An amino acid used to help support muscle growth, strength, and recovery.

40% off



DERMA E FACIAL AND BODY CARE

Natural skin care rich in vitamins, antioxidants, and botanicals. Save on select facial and body care this week.

30% off



NOW FOODS ZINC 50MG

Zinc is a necessary mineral co-factor for hundreds of enzymatic reactions, including overall immune support.

\$5.49 ea

SAVE \$2.50ea



HUMBLE BRANDS DEODORANTS

Natural, aluminum-free formulas. Save on your favorite scents this week.

\$7.99 ea

SAVE \$3ea



COCOKIND OIL TO MILK CLEANSER

Water turns this gentle cleanser into a nourishing milk, leaving skin soft, replenished, and deeply hydrated.

2.9oz

\$14.99 ea

SAVE \$7ea



OREGON SOAP COMPANY FOAMING SOAPS

Made with all-natural, organic ingredients to soothe and cleanse. Over 325 pumps per bottle. Save on select scents.

8.3oz

\$5.99 ea

SAVE \$3ea



HERBATINT PERMANENT HAIR COLOR

A permanent, ammonia-free coloring made with organic herbal extracts for a rich tone.

5.75oz

\$14.99 ea

SAVE \$5ea



GROCERY

HÄAGEN-DAZS MINI ICE CREAM BARS

Assorted Varieties

6ct

\$6.99 ea

SAVE \$1ea



MILTON'S CAULIFLOWER CRUST PIZZA

Assorted Varieties

11oz

\$10.99 ea

SAVE \$3ea



BLAKE'S FROZEN ENTRÉES

Selected Varieties

20% off



DEEP INDIAN KITCHEN KATI STREET WRAPS

Assorted Varieties

5oz

\$3.99 ea

SAVE \$1ea



JONNYPOPS FROZEN BARS AND POPS

Selected Varieties

4-8ct

\$5.99 ea

SAVE UP TO \$2.40ea



VAN'S FOODS FROZEN WAFFLES

Assorted Varieties

6ct

\$3.99 ea

SAVE UP TO \$1ea



MASON DIXIE FOODS BISCUITS AND BREAKFAST SANDWICHES

Selected Varieties

20% off



SAFFRON ROAD FROZEN ENTRÉES

Selected Varieties

10oz

\$5.99 ea

SAVE UP TO \$1ea



GROCERY

**CALIFORNIA OLIVE RANCH
EXTRA VIRGIN
OLIVE OIL**
Selected Varieties
16.9oz



\$19⁹⁹
ea
SAVE \$10ea

**DEVALLO
ORGANIC PASTA**
Selected Varieties
16oz



2 for \$7
SAVE \$1.29ea

**RAO'S HOMEMADE
ALFREDO
PASTA
SAUCE**
Assorted Varieties
15oz



\$8⁹⁹
ea
SAVE \$3ea

**UPTON'S NATURALS
PLANT-BASED SOUP**
Assorted Varieties
14.5oz



2 for \$6
SAVE UP TO \$2.39ea

**LUNDBERG FAMILY FARMS
RICE**
Selected Varieties



20%
off

**BEAVER BRAND
CONDIMENTS**
Selected Varieties

**PNW
LOCAL**



20%
off

**LILLIE'S Q
BBQ
SAUCES**
Assorted Varieties
16-20oz



\$7⁹⁹
ea
SAVE UP TO \$2ea

**ZAB'S
HOT SAUCE**
Assorted Varieties
6oz



\$5⁹⁹
ea
SAVE \$2ea

**HEYDAY CANNING
BEANS**
Assorted Varieties
15oz



\$3⁹⁹
ea
SAVE \$1ea

**PRIMAL KITCHEN
DIPPING
SAUCE**
Selected Varieties
10oz



\$9⁹⁹
ea
SAVE \$1ea

**RANDY'S ARTISANAL
GOURMET
PICKLES**
Assorted Varieties
24oz



\$7⁹⁹
ea

**MARANATHA
ALMOND BUTTER**
Assorted Varieties
12oz



\$10⁹⁹
ea
SAVE 60¢ea

**NATURE'S PATH ORGANIC
CEREAL**
Selected Varieties
10-14oz



\$3⁹⁹
ea

**TAZO
TEA**
Selected Varieties
16-20ct

**PNW
LOCAL**



2 for \$7
SAVE \$1.99ea

**RISHI TEA & BOTANICALS
TEA**
Selected Varieties
15ct



\$8⁹⁹
ea
SAVE \$2ea

**FORECAST COFFEE CO
ORGANIC
WHOLE BEAN
COFFEE**
Assorted Varieties
12oz



\$14⁹⁹
ea
SAVE \$2ea

BULK

**GRAIN MILLERS
ORGANIC
REGULAR ROLLED
OATS**

**PNW
LOCAL**



\$1⁹⁹
lb
SAVE \$1lb

**HUMMINGBIRD WHOLESALE
ORGANIC
GARBANZO
BEANS**

**PNW
LOCAL**



\$2⁹⁹
lb
EVERYDAY VALUE

**HUMMINGBIRD WHOLESALE
ORGANIC DATE
ALMOND
CONFECTION
ROLLS**

**PNW
LOCAL**



\$8⁹⁹
lb
FEATURED

**TONY'S COFFEE
ORGANIC COFFEE**
Assorted Varieties

**PNW
LOCAL**



\$13⁹⁹
lb
SAVE UP TO \$3lb

GROCERY

NEW SEASONS
KETTLE CHIPS

Produced by the farmers who grow the potatoes at Naturally Homegrown Foods. Assorted varieties. 5.2oz



\$2.99
ea

EVERYDAY VALUE

QUE PASA
ORGANIC
TORTILLA
CHIPS

Assorted Varieties
11oz



\$3.99
ea

SAVE \$1.50ea

MARY'S GONE CRACKERS
GLUTEN-FREE
CRACKERS

Selected Varieties
4.25-6.5oz



\$4.99
ea

SAVE \$1ea

INKA CROPS
SNACKS
Selected Varieties
4oz

\$2.99
ea

SAVE UP TO \$1.50ea

BAHLEN
COOKIES AND WAFERS

Assorted Varieties
3.5-4.4oz



\$5.99
ea

SAVE \$2ea

MI-DEL
GINGER SNAPS

Assorted Varieties
8-10oz



\$5.99
ea

SAVE \$1ea

TCHO
CHOCOLATE BAR

Selected Varieties
2.5oz



\$3.99
ea

SAVE \$2ea

JOO LIES
DATE POPS

Assorted Varieties
3.5oz



\$5.99
ea

SAVE \$2ea

CRISPY GREEN
FREEZE-DRIED
FRUIT SNACKS

Assorted Varieties
1.69-2.54oz



\$7.99
ea

SAVE \$2ea

OLD TRAPPER
BEEF JERKY

Assorted Varieties
4oz



\$9.99
ea

SAVE \$2ea

PARMCRISPS
CHEESE SNACK

Assorted Varieties
1.75oz



\$3.99
ea

SAVE \$1ea

BEN & JERRY'S
ICE CREAM

Assorted Varieties
1pt



\$4.99
ea

SAVE \$2ea

PUMPKIN TREE
ORGANIC
FRUIT PUREE
POUCH

Assorted Varieties
3.5oz



2 for \$5

SAVE 29¢ea

LESSER EVIL
ORGANIC
SPACE
BALLS

Assorted Varieties
7oz



\$3.99
ea

SAVE UP TO \$3ea

BLUE DIAMOND
ALMONDS

Assorted Varieties
16oz



\$12.99
ea

SAVE \$3ea

DRIZZILICIOUS
MINI RICE CAKES

Assorted Varieties
4oz



\$3.79
ea

SAVE 50¢ea

C2O
COCONUT WATER
HYDRATION PACK

8pk/10.5oz



\$9.99
ea

SAVE \$1ea

AURA BORA
HERBAL
SPARKLING WATER

Assorted Varieties
6pk/12oz



\$7.99
ea

SAVE \$2ea

SEVEN TEAS
ICED TEA OR
LEMONADE

Assorted Varieties
16oz



2 for \$5

SAVE 79¢ea

MELA
WATERMELON
WATER

Assorted Varieties
16.9oz



2 for \$7

SAVE 49¢ea

GROCERY

**TILLAMOOK
SOUR CREAM**
Regular or Reduced Fat.
16oz

PNW
LOCAL

2 for \$5
SAVE 49¢ea



**TILLAMOOK
CHEESE**
Selected Varieties
16oz

PNW
LOCAL

\$7.99
ea
SAVE UP TO \$1.80ea



**NANCY'S
ORGANIC PLAIN
GRASS-FED
YOGURT**
24oz

PNW
LOCAL

\$4.99
ea
SAVE \$1.50ea



**GT'S LIVING FOODS
COCOYO
COCONUT YOGURT**
Assorted Varieties
8oz

\$5.99
ea
SAVE \$1.30ea



**KERRYGOLD
PURE IRISH BUTTER**
Selected Varieties
8oz

\$4.49
ea
SAVE 50¢ea



**DAIYA
DAIRY-FREE
CHEESE**
Selected Varieties
7.1-7.8oz

\$3.99
ea
SAVE UP TO \$1.20ea



**TRAZZA FOODS
HUMMUS**
Assorted Varieties
9oz

PNW
LOCAL

\$4.49
ea
SAVE \$1ea



**NEW SEASONS
FRESH PESTO**
From Classic Foods in Portland, OR.
7oz

\$6.89
ea
FEATURED



**BEYOND MEAT
PLANT-BASED
PROTEINS**
Selected Varieties

50%
off



**BUBBIES
PICKLES AND
SAUERKRAUT**
Assorted Varieties

25%
off



**DARIGOLD
BELLE
COFFEE
CREAMER**
Assorted Varieties
32oz

\$6.99
ea
SAVE \$1ea



**LIFEWAY
FARMER CHEESE**
16oz

\$4.99
ea
SAVE \$1ea



**SOLDATE
ORGANIC DATE-
SWEETENED
ALMONDMILK**
Assorted Varieties
1/2gal

\$5.49
ea
SAVE \$2ea



**REMEDY ORGANICS
PLANT-BASED
DRINK**
Assorted Varieties
12oz

\$3.99
ea
SAVE 70¢ea



**NAKED BREAD
ORGANIC
SANDWICH
BREAD**
Selected Varieties
20-27oz

PNW
LOCAL

\$3.99
ea
SAVE \$3.50ea



**SEATTLE INTERNATIONAL
BAKING COMPANY
SLICED BREAD**
Selected Varieties
20oz

PNW
LOCAL

\$4.99
ea
SAVE UP TO \$1.50ea



Really BIG DEAL

50%
off

**SELECT FROZEN
FRUIT, VEGGIES,
POTATOES**

Exclusions apply. Look for signs on specifically marked items. Items priced as marked.
No additional case discount. Limited to stock on hand.