

OUR PICKS FOR MOM'S DAY

Rainbow roses, mimosa-ready bubblics, self-care gifts, sweet treats, and so much more. .

18-STEM RAINBOW ROSE BOUQUET **\$39⁹⁹** ea
FEATURED

Really BIG DEALS

MARY'S BONELESS SKINLESS CHICKEN BREASTS

Humane Certified and always air-chilled with no antibiotics ever.

\$5⁹⁹ lb

SAVE \$3lb



ORGANIC STRAWBERRIES

Sweet, juicy, and full of farm-fresh flavor.
From Driscoll Growers in Watsonville, CA.
1lb pkg

\$4⁹⁹ ea

SAVE \$2ea



CHOCOLOVE CHOCOLATE BAR

Selected Varieties
2.9-3.2oz

2 for \$5

SAVE UP TO \$2.99ea



STUMPTOWN COFFEE ROASTERS COFFEE

Selected Varieties
12oz

\$13⁹⁹ ea

SAVE \$3ea



PNW LOCAL

GIVE A GREAT GIFT

MOTHER'S DAY FLOWERS!

Call or stop by your neighborhood New Seasons' floral department to pre-order your Mother's Day arrangements now. Don't forget to check out our beautiful assortment of hanging baskets made just for us by Bauman's Farm in Gervais, OR.

10-STEM TULIP BUNCH



You can't go wrong with this bright, cheerful spring bunch. A Mother's Day favorite!



\$11⁹⁹
ea
SAVE \$1ea

ASTRID BELITA ORCHID

Give the gift that keeps on growing this Mother's Day!



\$14⁹⁹
ea
SAVE \$2ea

BUILD A BEAUTIFUL BRUNCH

NEW SEASONS QUICHE

Swing by our grab & go case for your choice of classic Quiche Lorraine or Broccoli Cheddar in an all-butter crust. **9in**



\$14⁹⁹
ea
SAVE \$2ea

NEW SEASONS DUNGENESS CRAB CAKES

Made in-house with Dungeness crab meat. Ready to pan-fry.



\$6⁹⁹
ea
SAVE \$1ea



NEW SEASONS ORGANIC CHALLAH

Baked fresh daily by our talented bakers, this soft and slightly sweet bread is great for a Mother's Day French toast!



\$5⁹⁹
ea
SAVE \$1ea

ORGANIC RHUBARB



Fresh from the farm for your pies, tarts, and jams! From Montecucco Farms in Canby, OR.



\$3⁹⁹
lb
SAVE \$1lb

ACURE BODY AND FACIAL CARE

Made with natural ingredients free from parabens, sulfates, mineral oil, and animal testing.



35% off

AURA CACIA AROMATHERAPY AND ESSENTIAL OILS

Essential oils and bath soaks made with sustainably sourced ingredients. Great for Mother's Day!



30% off

LITTLE RAE'S BAKERY SHORTCAKES



Handcrafted with all-natural ingredients. Delicious with fresh berries and whipped cream for Mother's Day. **4ct**



\$6⁹⁹
ea
SAVE \$1ea

ORGANIC MINI SEEDLESS WATERMELON



A sweet addition to a light, springy salad. From Dulcinea in Mexico.



\$5⁹⁹
ea
SAVE \$1ea

BRING ON THE BUBBLES AND WINE!

OVERJOY SOKOL BLOSSER CHARDONNAY



Flavors of vibrant apple, lychee, lemon zest, honeysuckle, and crisp minerality. **750ml**



\$14⁹⁹
ea
SAVE \$2ea



BELLA NOTTE PROSECCO OR ROSÉ BRUT



Juicy and vibrant bubbles from Italy. Perfect for Mother's Day mimosas! **750ml**



\$12⁹⁹
ea
SAVE \$2ea



FOUR GRACES PINOT NOIR



An elegant Pinot Noir with aromas of black pepper and cardamom that meld seamlessly with notes of red currant and strawberry. **750ml**



\$24⁹⁹
ea
SAVE \$9ea



TIMOTHY MALONE WINES PRIMITIVO ROSÉ



A bright and dry rosé with zippy acidity and notes of blackberry, blueberry, and lemon rind. **750ml**



\$12⁹⁹
ea
SAVE \$2ea



MAKE A MEMORABLE MEAL

COUNTRY NATURAL BEEF NEW YORK STEAKS

USDA Choice, humanely range-raised local beef with no added hormones and no antibiotics ever.



\$23⁹⁹
lb

SAVE \$1lb



YAKOBI FISHERIES COHO SALMON FILLET

Wild-caught during the peak of season and frozen immediately to retain its fresh flavor.



\$18⁹⁹
lb

SAVE \$2lb



HOKKAIDO SEA SCALLOPS U-15 COUNT

Sweet and rich, Hokkaido scallops are great for a quick and delicious meal.



\$31⁹⁹
lb

SAVE \$10lb



ASPARAGUS

So fresh we receive it just 48 hours after harvest! From Yakama Nation Farms in Wapato, WA.



\$3⁹⁹
lb

SAVE \$1lb



NEW SEASONS FRESH FRUIT TART

Made in-house on an all-butter crust topped with cream filling and fresh, seasonal fruit. 7in



\$14⁹⁹
ea

SAVE \$1ea



SERVE UP SOME SNACKS!

ARTIKAAS HOLY SHEEP!

This beautifully aged Gouda is rich, nutty, and slightly sweet. 6oz



\$7⁹⁹
ea

SAVE \$1ea



NEW SEASONS CHEVRE & FIG TORTE

Our house-made torte is a special treat for Mother's Day brunch or dessert!



\$13⁹⁹
lb

SAVE \$1lb



COLUMBUS CRAFT MEATS ITALIAN DRY SALAMI

Crafted with black pepper, spices, and a touch of red wine. Perfect for sandwiches or charcuterie boards.



\$13⁹⁹
lb

SAVE \$3lb



EVERYDAY VALUE

Check this spot each week for everyday favorites at great prices you can count on.

DIESTEL FAMILY RANCH DARK GROUND TURKEY

Humanely raised and freshly ground in-house. No antibiotics ever.

\$4⁹⁹
lb

EVERYDAY VALUE



ORGANIC MEDIUM YELLOW ONIONS

An everyday staple at a great everyday price. From Columbia Basin Onions in Hermiston, OR.



99¢
lb

EVERYDAY VALUE



WILD HARVEST ORGANIC OLD FASHIONED PEANUT BUTTER

16oz

\$4⁹⁹
ea

EVERYDAY VALUE



KEY TREASURE IN-SHELL PINK SHRIMP

Sustainably wild-caught in Florida, and flash frozen to preserve the briny taste and snappy texture. 36/40ct

\$7⁹⁹
lb

EVERYDAY VALUE



PREPARED FOODS

NEW SEASONS BROCCOLI BRUSSELS SLAW

A crunchy slaw with golden raisins and sunflower seeds tossed in a poppy seed dressing. Get it before it's gone!

\$10⁹⁹
lb

SAVE \$1lb



ORIGAMI CATERING TUNA AVOCADO OSHI SUSHI

Pressed sushi featuring Ahi tuna, avocado, green onion, sweet eel sauce, and spices.



\$11⁹⁹
ea

SAVE \$1ea



MEAT

NEW SEASONS PARMESAN CHICKEN BREASTS

Made in-house with Mary's chicken and ready to bake or fry for a quick and tasty meal.

\$9⁹⁹
lb

SAVE \$1lb



NEW SEASONS PEPPER JACK CHIPOTLE TURKEY BURGERS

Made in-house with turkey that is humanely raised with no antibiotics ever.

\$3⁰⁰
ea

SAVE \$1ea



WELLNESS

**WYLD CBD
CBD GUMMIES**
Made with THC-free, broad-spectrum hemp extract and infused with real fruit.

PNW LOCAL



35% off

**VITANICA
NUTRITIONAL SUPPLEMENTS**
Clinically developed by naturopathic physician Dr. Tori Hudson, these natural supplements are formulated for women's health.

PNW LOCAL



25% off

**CARLSON
LIQUID FISH OILS**
Enjoy great savings on select heart-healthy fish and cod liver oils this week.



25% off

**VITAL BODY THERAPEUTICS
CBD PAIN RELIEF PRODUCTS**
Save on select CBD creams and balms, specifically formulated to soothe and relax sore muscles.



25% off

**OM MUSHROOM SUPERFOOD
LION'S MANE MUSHROOM POWDER**
A powerful, Certified Organic nootropic mushroom for memory, focus, and nerve health.

3.5oz



\$18.99 ea
SAVE \$8ea

**NOW FOODS
L-LYSINE 500MG CAPS**
Supports a healthy immune response with 500mg of lysine per cap.

100vc



\$8.99 ea
SAVE \$3ea

**MRM NUTRITION
RED YEAST RICE**
Each serving delivers 1200 mg of red yeast rice for heart and cardiovascular support. Vegan and gluten-free.

60vc



\$10.99 ea
SAVE \$6ea

**AVALON ORGANICS
HAIR CARE**
Made with organic ingredients formulated to nourish and moisturize hair. Save on select varieties and sizes.

11oz



\$8.99 ea
SAVE \$4ea

GROCERY

**HÄAGEN-DAZS
ICE CREAM**
Selected Varieties

14oz



\$5.99 ea
SAVE \$2ea

**YASSO
FROZEN GREEK YOGURT DESSERTS**
Selected Varieties

6.84-14oz



\$6.99 ea
SAVE \$1ea

**KODIAK CAKES
FROZEN WAFFLES**
Selected Varieties

6-10ct



BUY 1 GET 1 FREE
SAVE \$6.99 ON 2

**NEW SEASONS
ALL-BUTTER PIE CRUSTS**
From family-owned Maple Lane Bakery.

2ct



\$6.99 ea
FEATURED

**APPLEGATE
BREAKFAST SAUSAGE**
Assorted Varieties

7oz



\$6.49 ea
SAVE \$1ea

**DAIYA
PLANT-BASED PIZZAS AND FLATBREADS**
Assorted Varieties



20% off

**GLUTINO
GLUTEN-FREE ENGLISH MUFFINS**

16.9oz



\$6.99 ea
SAVE \$2ea

**OUTER AISLE
GRAIN-FREE SANDWICH ROUNDS OR PIZZA CRUSTS**
Selected Varieties



20% off

GROCERY

NAKED BREAD SANDWICH BREAD
Selected Varieties
22.5oz



PNW LOCAL

\$2⁹⁹
ea
SAVE \$3ea

FERRIS NUT CO. NUT BUTTER
Assorted Varieties



20%
off

CROFTER'S ORGANIC FRUIT SPREAD
Assorted Varieties
10oz



\$4⁴⁹
ea
SAVE \$1ea

WOODSTOCK ALMOND BUTTER
Selected Varieties
16oz



\$12⁹⁹
ea
SAVE \$2ea

FRANZ ENGLISH MUFFINS
Selected Varieties
6ct



PNW LOCAL

2 for \$4
SAVE 50¢ea

KODIAK CAKES BUTTERMILK FLAPJACK & WAFFLE MIX
20oz



\$6⁹⁹
ea
SAVE \$2ea

COOMBS FAMILY FARMS ORGANIC MAPLE SYRUP
Selected Varieties
12oz



\$15⁹⁹
ea
SAVE \$4ea

NIELSEN-MASSEY PURE EXTRACTS
Selected Varieties



20%
off

RAO'S HOMEMADE PASTA SAUCE
Assorted Varieties
24oz



\$7⁹⁹
ea
SAVE \$3ea

RAO'S HOMEMADE PASTA
Assorted Varieties
16oz



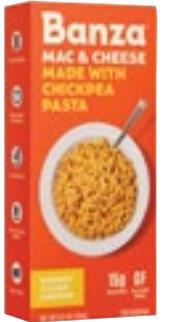
\$3⁹⁹
ea
SAVE \$1ea

BONO ORGANIC SICILIAN EXTRA VIRGIN OLIVE OIL
Assorted Varieties
16.9oz



\$20⁹⁹
ea
SAVE UP TO \$5ea

BANZA CHICKPEA MAC & CHEESE
Selected Varieties
5.5oz



\$3⁹⁹
ea
SAVE \$2ea

GOODLES MAC & CHEESE
Assorted Varieties



20%
off

BIONATURAE ORGANIC TOMATOES
Selected Varieties



20%
off

BETTER LIFE CLEANING PRODUCTS
Selected Varieties



20%
off

NEW SEASONS TREE FREE PAPER

Paper towels and toilet paper created in partnership with Caboo using renewable, panda-friendly bamboo.



\$3⁹⁹
ea
SAVE \$6ea

BULK

HUMMINGBIRD WHOLESALE ORGANIC GARBANZO BEANS

PNW LOCAL



\$2⁹⁹
ea
EVERYDAY VALUE

HUMMINGBIRD WHOLESALE ORGANIC HEIRLOOM EMMER FARRO

PNW LOCAL



\$4⁹⁹
ea
EVERYDAY VALUE

SUNRIDGE FARMS YOGURT RAISINS



\$7⁹⁹
lb
SAVE \$2lb

WATER AVENUE COFFEE COFFEE
Assorted Varieties

PNW LOCAL



\$13⁹⁹
lb
SAVE \$3lb

GROCERY

GUAYAKI ORGANIC SPARKLING YERBA MATE
Assorted Varieties
12oz



2 for \$5
SAVE 49¢ea

STEAZ ORGANIC GREEN TEA
Assorted Varieties
16oz



\$1.99 ea
SAVE 50¢ea

WAIAKEA HAWAIIAN HAWAIIAN VOLCANIC WATER
1.5L



2 for \$5
SAVE \$1.29ea

WATERLOO SPARKLING WATER
Assorted Varieties
8pk/12oz



\$5.99 ea
SAVE \$1.50ea

LAKEWOOD ORGANIC PURE POMEGRANATE JUICE
32oz



\$10.99 ea
SAVE \$5ea

RISHI TEA & BOTANICALS ORGANIC TEA CONCENTRATE
Selected Varieties
32oz



\$7.49 ea
SAVE \$1.50ea

NUTPODS DAIRY-FREE CREAMER
Selected Varieties
11.2oz



2 for \$6
SAVE \$1.99ea

ONCE UPON A FARM BABY FOOD AND KIDS' SNACKS
Selected Varieties



20% off

CHICAS TORTILLA CHIPS
Assorted Varieties
7.5-8oz



2 for \$7
SAVE \$1.49ea

MILTON'S CRAFT BAKERS GLUTEN-FREE BAKED CRACKERS
Selected Varieties
4.5oz



\$3.99 ea
SAVE \$1ea

KIND HEALTHY GRAINS BARS
Selected Varieties
5ct



\$3.99 ea
SAVE \$2ea

CRUNCHMASTER GLUTEN-FREE CRACKERS
Assorted Varieties
4oz



\$3.99 ea
SAVE \$1ea

NATURE'S BAKERY FIG BARS
Selected Varieties



20% off

CATALINA CRUNCH KETO SANDWICH COOKIES
Assorted Varieties
6.8oz



\$6.99 ea
SAVE \$2ea

PAN'S MUSHROOM JERKY MUSHROOM JERKY
Assorted Varieties
2.2oz

PNW LOCAL



\$5.99 ea
SAVE \$2.50ea

SIETE FAMILY FOODS GRAIN-FREE PRODUCTS
Selected Varieties



30% off

YUM EARTH CANDY
Selected Varieties
5oz



\$6.99 ea
SAVE UP TO \$2ea

RANGER CHOCOLATE COMPANY CHOCOLATE BAR
Selected Varieties

PNW LOCAL



20% off

RXBAR PROTEIN BAR
Selected Varieties
1.83-1.9oz



2 for \$4
SAVE 99¢ea

SCHÄR GLUTEN-FREE SNACKS
Selected Varieties
7.1oz



\$6.99 ea
SAVE UP TO \$2ea

GROCERY

MOTHER'S DAY MADE EASY

We've got everything you need to make this Mother's Day extra special—including flowers!

Start your online order now for same-day pickup or delivery at shop.newseasonsmarket.com

Powered by instacart

NEW SEASONS ORGANIC FREE-RANGE BROWN EGGS

From free-range hens fed an organic diet at Stiebers Farm in Yelm, WA.
1doz

\$5⁹⁹
ea

FEATURED



NEW SEASONS BUTTER

Created in partnership with Larsen's Creamery in Clackamas, OR, using rBST-free milk. Salted or Unsalted.
1lb

\$4²⁹
ea

EVERYDAY VALUE



ZOI GREEK YOGURT

Assorted Varieties
32oz

PNW LOCAL

\$3⁹⁹
ea

SAVE \$2ea



FORAGER PROJECT DAIRY-FREE PRODUCTS

Selected Varieties

20%
off



NEW SEASONS BACON

From Beeler's Pork in Le Mars, IA. Choose from Applewood Smoked, Pepper Crusted, or No Sugar Added.
12oz

\$9⁹⁹
ea

FEATURED



SIMPLY JUICE

Assorted Varieties
52oz

2 for \$8

SAVE \$1.49ea



CHOBANI GREEK YOGURT

Selected Varieties
5.3oz

10 for \$10

SAVE UP TO 50¢ea



NOUNÓS CREAMERY GREEK STRAINED YOGURT

Assorted Varieties
5.3oz

\$2⁴⁹
ea

SAVE 70¢ea



SIMPLY POTATOES FRESH HASH BROWNS

Assorted Varieties
20oz

\$3⁴⁹
ea

SAVE \$1ea



BELGIAN BOYS PANCAKES OR CREPES

Assorted Varieties
10.6-18.5oz

\$5⁹⁹
ea

SAVE \$1ea



PHILADELPHIA CREAM CHEESE

Selected Varieties
7.5-8oz

\$3⁹⁹
ea

SAVE UP TO \$2ea



ITHACA HUMMUS

Assorted Varieties
10oz

\$4⁹⁹
ea

SAVE \$1ea



NUTPODS DAIRY-FREE CREAMER

Selected Varieties
25.4oz

\$4⁹⁹
ea

SAVE \$1.50ea



\$6 OFF - TWICE!

Neighbor Rewards members get \$6 off \$40+ on two separate shopping trips just for signing up for email or text.

Join or sign up by Thursday to get this special offer on Friday at newseasonsmarket.com/rewards



CHOBANI COFFEE CREAMER

Selected Varieties
24oz

\$4⁴⁹
ea

SAVE \$1ea



GALBANI STRING CHEESE

12ct

\$5⁹⁹
ea

SAVE 50¢ea



DAIYA DAIRY-FREE CHEESE

Selected Varieties
7.1-7.8oz

\$3⁹⁹
ea

SAVE UP TO \$2ea



Weekend Tasting

We're celebrating Mother's Day all weekend with sips of Smith Teamaker Jasmine Tea and mimosas. Friday, Saturday & Sunday • 12pm - 6pm