

# A SWEET BITE OF SUMMER

Big, juicy, and California-grown—summer's first taste of stone fruit is here.

**SALE**

**ALL CHERRIES** 25% off  
Grown in CA.

## MARY'S BONELESS SKINLESS CHICKEN BREASTS

Certified Humane, vegetarian-fed, and always air-chilled for the best flavor.

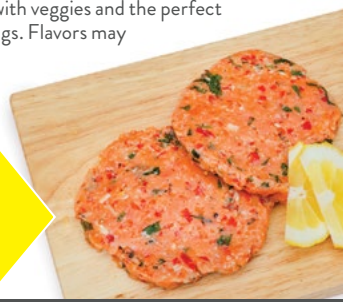
**\$5.99**  
lb  
SAVE \$2.1b



## NEW SEASONS WILD-CAUGHT SALMON BURGERS

Mixed in-house with veggies and the perfect blend of seasonings. Flavors may vary by location.

**2 for \$6**  
SAVE 99¢ea



## IT'S NEW!

SALT & STRAW ICE CREAM  
Assorted Varieties  
3.55-8oz

PNW LOCAL

**2 for \$10**  
SAVE 99¢ea



## BUILT PUFF BAR

Assorted Varieties  
1.41-1.55oz

**2 for \$5**  
SAVE 69¢ea



## SIGGI'S ICELANDIC YOGURT

Selected Varieties  
4.4-5.3oz

**4 for \$5**  
SAVE 64¢ea



## RAO'S HOMEMADE BRICK OVEN FROZEN PIZZA

Assorted Varieties  
18.3-20.8oz

**\$9.99**  
ea  
SAVE \$3ea



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WHAT WE'RE loving



# REVINO

We're proud to introduce our partnership with Revino—an industry pioneer paving the way for a more sustainable local wine scene by restoring the reusable glass bottle system. And you can take part!

Here's how it works:



## MEAT & SEAFOOD

**CREEKSTONE FARMS BONELESS CHUCK STEAK**  
USDA Choice, Certified Humane beef with no added hormones and no antibiotics ever.



**\$8<sup>99</sup>**  
lb  
SAVE \$1lb

**ROCKFISH FILLET**  
Sustainably wild-caught off the OR and WA coast. Delicious pan-seared or baked.

PNW LOCAL



**\$7<sup>99</sup>**  
lb  
SAVE \$2lb

**BEELER'S PURE PORK BONE-IN PORK CHOPS**  
Vegetarian-fed pork with no antibiotics ever.



Starting at:  
**\$4<sup>99</sup>**  
lb  
SAVE \$1lb

**COHO SALMON FILLET**  
Wild-caught during the peak of season and frozen immediately to retain its fresh flavor.



**\$20<sup>99</sup>**  
lb  
SAVE \$1lb

## FLORAL

**PEONY DUET**  
A beautiful, locally grown arrangement featuring spring peonies.

PNW LOCAL



**\$18<sup>99</sup>**  
ea  
SAVE \$1ea

## PNW LOCAL PRODUCE

**STRAWBERRY PINTS**  
Sweet, juicy, and delicious! From Bluff Berry Farm in Boring, OR, and Unger Century Farm in Cornelius, OR.

PNW LOCAL



**\$5<sup>99</sup>**  
ea  
FEATURED

**ASPARAGUS**  
Crisp, sustainably grown, and full of farm-fresh flavor. From Yakama Nation Farms in Wapato, WA.

PNW LOCAL



**\$4<sup>99</sup>**  
lb  
SAVE \$1lb

**ORGANIC LEAF LETTUCE**  
Choose from romaine, red, or green leaf varieties. From Siri & Son Farms in St. Paul, OR.

PNW LOCAL



**2 for \$5**  
SAVE 49¢ea

**ORGANIC ENVY APPLES**  
Firm, crisp, and super sweet. From Oppy Growers in Wenatchee, WA.

PNW LOCAL



**\$3<sup>49</sup>**  
lb  
SAVE 50¢lb

## BAKERY & CHEESE

**BLUE RAEVEN  
CHERRY PIE**  
A hand-made favorite packed with locally grown cherries baked into a tender, flaky crust.  
9in

**PNW LOCAL**

**\$20<sup>99</sup>**  
ea  
SAVE \$1ea



**SOMERDALE  
1057 SCOTTISH  
CHEDDAR**  
Extra-mature and full of character. This Scottish cheddar hits bold and sharp up front, then rounds out with a touch of sweetness.  
7oz

**\$7<sup>99</sup>**  
ea  
SAVE \$1ea



**NEW SEASONS  
GRILLED SALMON  
SALSA VERDE**  
Grilled salmon topped with a delicious herb and caper sauce.

**\$22<sup>99</sup>**  
lb  
SAVE \$3lb



**NEW SEASONS  
SUMMER  
VEGETABLE SLAW**  
Sweet peppers, kale, cabbage, and Daikon radish with roasted corn in a creamy chipotle lime dressing.

**\$9<sup>99</sup>**  
lb  
SAVE \$3lb



**NEW SEASONS  
ORGANIC CIABATTA**  
Made fresh daily in-house, this bakery favorite is great for sandwiches.

**\$5<sup>49</sup>**  
ea  
SAVE \$1ea



**ODYSSEY  
CRUMBLLED FETA**  
Tangy, salty feta conveniently crumbled for salads, pizza, and pasta dishes.  
6oz

**\$5<sup>99</sup>**  
ea  
SAVE \$1ea



**DIESTEL FAMILY RANCH  
OVEN ROASTED  
TURKEY BREAST**  
A tasty addition to sandwiches, wraps, or snack plates.

**\$15<sup>99</sup>**  
lb  
SAVE \$2lb



**ORIGAMI CATERING  
CALIFORNIA ROLL**  
Sustainably sourced surimi, avocado, and English cucumber rolled with toasted sesame seeds.

**PNW LOCAL**

**\$7<sup>99</sup>**  
ea  
SAVE \$2ea



## BEER & WINE

**MIX  
&  
MATCH**

**10%  
off**  
6 bottles of wine

**20%  
off**  
12 or more bottles of wine

\*Offer available in-store only.

**GREAT NOTION BREWING  
SELECT CANS**  
We're loving the tart and refreshing Key Lime Pie gose brewed with Key lime juice, vanilla, coriander, sea salt, and milk sugar. Selection may vary by location.  
16oz

**PNW LOCAL**

**\$4<sup>99</sup>**  
ea  
SAVE \$1ea



**WINE BY JOE  
SAUVIGNON  
BLANC**  
Bright citrus and tropical notes lead into a fresh, vibrant, mineral-driven palate and crisp finish.  
750ml

**PNW LOCAL**

**IT'S NEW!**

**\$15<sup>99</sup>**  
ea  
SAVE \$4ea



**ECLIPTIC BREWING  
GUAVA BLONDE  
ALE**  
An easy-drinking blonde ale with a tropical twist. Pale malt keeps it light and golden, subtle hops keep it balanced, and guava brings the sunshine.  
6pk/12oz

**PNW LOCAL**

**\$13<sup>99</sup>**  
ea  
SAVE \$3ea



**SPRITZ DEL CONTE  
CLASSICO  
WINE SPRITZ**  
A blend of aromatic herbs and bubbly white wine, with light and refreshing notes of orange. Also available in a non-alcoholic option.  
250ml

**\$7<sup>99</sup>**  
ea  
SAVE \$4ea



**DON'T  
MISS THIS  
OFFER!**

Neighbor Rewards members opted in to email or text get a FREE pint of New Seasons ice cream with a purchase of \$10 or more.

Not getting our messages yet? Join or update your preferences by Thursday at [newseasonsmarket.com/rewards](http://newseasonsmarket.com/rewards) to unlock this exclusive offer on Friday.



## WELLNESS

### JARROW FORMULAS NUTRITIONAL SUPPLEMENTS

Save on all your favorites, including probiotics, protein powders, and amino acids.



**30% off**

### MAGIC MIND MENTAL PERFORMANCE SHOT

Adaptogenic herbs and natural caffeine to help enhance mental performance.  
2oz



**\$3.99 ea**  
SAVE \$1.50ea

### BOIRON ARNICARE TABLETS

Helps to soothe sore muscles and reduce bruising. Save on select Arnicare products.  
60tab



**\$10.99 ea**  
SAVE \$3ea

### NOW FOODS SACCHAROMYCES BOULARDI

A probiotic yeast to help encourage a healthy gut flora balance.  
60vc



**\$14.99 ea**  
SAVE \$7ea

### MRM NUTRITION COQ-10

A naturally derived and fermented form of Co-Q10 to support cardiovascular health.  
120sg



**\$24.99 ea**  
SAVE \$23ea

### YERBA PRIMA PSYLLIUM HUSKS CAPS

Supports digestion and elimination with essential soluble and insoluble fibers.  
180cap



**\$13.99 ea**  
SAVE \$4ea

### ULTIMA REPLENISHER ELECTROLYTE POWDERS

Hydration made simple. Save on single packets as well.  
3.4-3.9oz



**\$16.99 ea**  
SAVE \$11ea

### INSESCENTS CBD INFUSED BATH SALTS

Relax and unwind with CBD-infused bath salts. Save on select scents.  
4oz

PNW LOCAL



**\$7.99 ea**

### MOLLY MURIEL SHAMPOO BARS

Handcrafted with natural and sustainable ingredients.  
5oz



**\$5.99 ea**  
SAVE \$1.50ea

### ALBA BOTANICA SUNSCREEN SPRAY

Water-resistant, broad-spectrum sunscreen. Save on select sunscreens this week.  
5oz



**\$13.99 ea**  
SAVE \$4.50ea

## GROCERY

### GRAB A BITE

When snacktime hits, we're reaching for Brazi Bites Cheese Bread—a ready-to-heat frozen favorite made with naturally gluten-free ingredients.

### BRAZI BITES BRAZILIAN CHEESE BREAD

Assorted Varieties  
11.5oz

PNW LOCAL



**\$5.99 ea**  
SAVE \$2ea

### FOOD FOR LIFE TORTILLAS

Selected Varieties  
6-12ct



**\$3.99 ea**  
SAVE \$1ea

### PURPLE CARROT PLANT-BASED FROZEN MEALS

Assorted Varieties  
10.75oz



**\$4.99 ea**  
SAVE UP TO \$2ea

### GOODPOP FROZEN POPS

Selected Varieties



**20% off**

### RUDI'S BAKERY BREADS & BREAKFAST SANDWICHES

Assorted Varieties



**20% off**

### SAMBAZON FROZEN ACAI SUPERFRUIT PACKS

Selected Varieties



**20% off**

### GREENFIELD NATURAL MEAT CO. EGG BITES

Bacon or Spinach & Red Pepper.  
4ct



**\$6.99 ea**  
SAVE \$1ea

# GROCERY

## PURE REFRESHMENT

Fever-Tree mixers deliver clean, vibrant flavor with no artificial sweeteners or colors—because if ¾ of your drink is the mixer, mix with the best.

**FEVER-TREE PREMIUM DRINK MIXERS**  
Selected Varieties  
8pk/5.07oz

**\$6<sup>99</sup> ea**  
SAVE \$2ea

**SMITH TEAMAKER ICED TEA**  
Selected Varieties  
10ct



**\$13<sup>99</sup> ea**  
SAVE \$3ea

**CEREBELLY ORGANIC BABY FOOD**  
Selected Varieties  
4oz



**2 for \$7**  
SAVE UP TO 79¢ea

## SPECTRUM CULINARY OILS

Selected Varieties



**20% off**

**BONO OLIVES**  
Selected Varieties  
5.6-9.88oz



**\$6<sup>99</sup> ea**  
SAVE \$2ea

**RAO'S HOMEMADE PASTA**  
Assorted Varieties  
16oz



**2 for \$7**  
SAVE 49¢ea

## JEFF'S GARDEN SPECIALTY FOODS

Selected Varieties



**20% off**

## MAYA KAIMAL DALS, CHANAS & RICE

Selected Varieties



**20% off**

**LOS ROAST NEW MEXICO CHILES**  
Assorted Varieties  
16oz



**\$7<sup>99</sup> ea**  
SAVE UP TO \$2.50ea

**JUST ABOUT FOODS ORGANIC PEANUT BUTTER**  
Creamy or Crunchy.  
16oz



**\$6<sup>99</sup> ea**  
SAVE \$2ea

**KODIAK Cakes BREAKFAST FOODS & SNACKS**  
Selected Varieties



**20% off**

## NEW SEASONS BAGELS

Handmade in the traditional NY style by Bowery Bagels in Portland, OR.  
4ct



**\$5<sup>29</sup> ea**  
FEATURED

**NEW SEASONS ORGANIC MAPLE SYRUP**  
Grade A organic syrup from Bascom Family Farms in Brattleboro, VT.  
12oz



**\$9<sup>99</sup> ea**  
SAVE \$1ea

**NEW SEASONS NATURE'S GRANOLA**  
From Ranger Chocolate Co. in Portland, OR.  
12oz



**\$11<sup>99</sup> ea**  
FEATURED

**I AND LOVE AND YOU PET FOOD**  
Selected Varieties



**20% off**

# BULK

**ORGANIC BROWN FLAX SEEDS**



**\$3<sup>99</sup> lb**  
SAVE \$1lb

**ORGANIC FRENCH GREEN LENTILS**



**\$3<sup>99</sup> lb**  
SAVE \$1lb

**SUNRIDGE FARMS SALTED SESAME STICKS**



**\$9<sup>99</sup> lb**  
SAVE \$1lb

**HUMMINGBIRD WHOLESALE ORGANIC OREGON TRAIL MIX**



**\$19<sup>99</sup> lb**  
SAVE \$4lb

# GROCERY

## Go Coconuts!

Vita Coco coconut water is thirst-quenching and delicious. Each nutrient-packed batch is made with a commitment to regenerative agriculture and water stewardship. So it's good for you and the planet.

VITA COCO  
**COCONUT WATER**  
Selected Varieties



**30% off**

### LORINA ARTISANAL SPARKLING BEVERAGE

Assorted Varieties  
25.4oz



**\$8.99 ea**

SAVE \$2.20ea

### R.W. KNUDSEN FAMILY RECHARGE JUICE BEVERAGE

Assorted Varieties  
32oz



**\$3.99 ea**

SAVE 80¢ea

### LIQUID DEATH SPARKLING WATER

Selected Varieties  
6pk/12oz



**\$7.99 ea**

SAVE \$1.20ea

### SEVEN TEAS ORGANIC ICED TEA

Assorted Varieties  
16oz



**2 for \$5**

SAVE UP TO \$1.09ea

### BEEKEEPER COFFEE COLD BREW LATTE

Assorted Varieties  
8oz



**2 for \$7**

SAVE \$1.49ea

### SCHÄR GLUTEN-FREE SNACKS

Selected Varieties



**20% off**

### KETTLE BRAND PARTY SIZE POTATO CHIPS

Assorted Varieties  
13oz



PNW LOCAL

**\$4.99 ea**

SAVE UP TO \$2ea

### THE GOOD CRISP COMPANY POTATO CRISPS

Selected Varieties  
5.5-5.6oz



**\$3.99 ea**

SAVE 70¢ea

### STACY'S BAKED PITA CHIPS

Assorted Varieties  
7.33oz



**\$3.99 ea**

SAVE \$1.30ea

### CRUNCHMASTER GLUTEN-FREE CRACKERS

Assorted Varieties  
4oz



**2 for \$7**

SAVE \$1.49ea

### INKA CROPS PERUVIAN SNACKS

Selected Varieties  
4oz



**2 for \$6**

SAVE UP TO \$1.79ea

### SAFFRON ROAD CRUNCHY CHICKPEAS

Assorted Varieties  
5.4oz



**\$4.99 ea**

SAVE UP TO \$2ea

### SOLELY ORGANIC FRUIT JERKY

Assorted Varieties  
.8oz



**2 for \$3**

SAVE 49¢ea

### MADE IN NATURE ORGANIC DRIED FRUIT

Selected Varieties



**20% off**

### LEGENDARY FOODS PROTEIN PASTRY

Assorted Varieties  
2.2-2.3oz



**\$2.99 ea**

SAVE UP TO 80¢ea

### TOM BUMBLE PEANUT BUTTER FLAKE CANDY

Smooth or Nutty.  
1.2oz



**2 for \$5**

SAVE 69¢ea

### YUM EARTH CANDY

Selected Varieties  
5oz



**\$7.99 ea**

SAVE \$2.20ea

### LOCKER QUADRATINI WAFER COOKIES

Selected Varieties  
7.76-8.82



**\$4.99 ea**

SAVE \$1.20ea

# GROCERY

**BREW DR.  
ORGANIC KOMBUCHA**  
Selected Varieties  
14oz



**PNW LOCAL**

**2 for \$5**  
SAVE \$1.09ea

**KEVITA  
PROBIOTIC REFRESHER SPARKLING DRINK**  
Assorted Varieties  
12oz



**2 for \$5**  
SAVE 39¢ea

**SOL-TI  
ORGANIC SUPERSHOT**  
Ginger or Turmeric.  
2.1oz



**\$2.99 ea**  
SAVE \$1ea

**PERFECT BAR  
PROTEIN BAR**  
Selected Varieties  
2.18-2.5oz



**2 for \$5**  
SAVE 89¢ea

**BROWN COW  
WHOLE MILK YOGURT**  
Assorted Varieties  
32oz



**\$4.99 ea**  
SAVE \$1ea

**LIFEWAY  
FARMER CHEESE**  
16oz



**\$4.99 ea**  
SAVE \$1ea

**TOFUTTI  
BETTER THAN CREAM CHEESE & SOUR CREAM**



**20% off**

**VISTA HERMOSA  
TRADITIONAL FLOUR TORTILLAS**  
Selected Varieties



**50% off**

**NEW SEASONS  
ORGANIC TORTILLAS**  
From Don Pancho Mexican Foods in Salem, OR. Choose from Flour, Whole Wheat, or Golden Blend.  
8-10ct



**\$7.99 ea**  
FEATURED

**NEW SEASONS  
ORGANIC CHEESE**  
Made with milk from cows raised on organic Northwest pastures by Lulubelle's Creamery in Aurora, OR.  
8oz



**\$7.99 ea**  
FEATURED

**NEW SEASONS  
ORGANIC CHERRY LEMONADE**  
Cold-pressed by Columbia Gorge Organic in Hood River, OR.  
48oz



**\$7.29 ea**  
FEATURED

**ITHACA  
HUMMUS**  
Selected Varieties  
10oz



**\$4.99 ea**  
SAVE UP TO \$1.30ea

**PLANET OAT  
OATMILK & OATMILK CREAMERS**  
Selected Varieties



**20% off**

**BLACKBIRD FOODS  
ROSEMARY GARLIC SEITAN**  
8oz



**\$6.99 ea**  
SAVE \$1.20ea

**PICKLED PLANET  
ORGANIC SAUERKRAUT**  
Assorted Varieties  
16oz



**\$7.99 ea**  
SAVE \$1.60ea

**CALIFIA FARMS  
PLANT-BASED MILK**  
Selected Varieties  
48oz



**\$4.29 ea**  
SAVE UP TO 89¢ea

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