

PRIME FLAVOR

Holiday deliciously with USDA Choice, Certified Humane prime roast—from grain-finished to dry-aged and grass-fed and finished.

THERE'S STILL TIME TO RESERVE
From sides to showstopping centerpieces—reserve your holiday feast by 10pm on 12/21 at newseasonsmarket.com/reserve

PRIME RIB ROAST

Starting at:
\$19⁹⁹ lb
FEATURED

MARY'S BONELESS SKINLESS CHICKEN BREASTS

Certified Humane, vegetarian-fed, and always air-chilled for the best flavor.

\$5⁹⁹ lb
SAVE \$2lb

ORGANIC BLUEBERRY PINTS

Tasty on their own or in a fresh smoothie! From Naturipe in Chile.

\$4⁹⁹ ea
SAVE \$1ea

Really **BIG DEAL**

20% off

SALSAS LOCAS TAMALES

Chicken, Pork, and Jalapeño and Cheese. From our deli. While supplies last.

HÄAGEN-DAZS ICE CREAM

Selected Varieties 14oz

BUY 1 GET 1
FREE
SAVE \$6.29 ON 2



STUMPTOWN COFFEE ROASTERS COFFEE

Selected Varieties 10.5-12oz

\$13⁹⁹ ea
SAVE UP TO \$6ea



MORTON & BASSETT SPICES AND EXTRACTS

Selected Varieties

50% off



Want to have weekly deals delivered to your inbox? Just sign up for email updates at newseasonsmarket.com/join
Visit us online at www.newseasonsmarket.com

WHAT WE'RE *loving*

New Seasons Bulk

Grains, granola, snacks, coffee, and everything in between—our bulk section is one of the most expansive around, featuring favorites from local partners like Hummingbird Wholesale, Blue Bird Grains, Bob's Red Mill, and more.

Plus, we make it easy for you to shop for just what you need, when you need it, and reduce waste while you're at it by bringing your own reusable containers.



MEAT & SEAFOOD

COHO SALMON FILLET

Wild-caught during the peak of season and frozen immediately to retain its fresh flavor.



\$20⁹⁹_{lb}
SAVE \$1lb

ULTRA NATURAL COOKED SHRIMP

Cooked and ready-to-eat shrimp sustainably farm-raised in Thailand. Great for shrimp cocktail! 31/40ct



\$16⁹⁹_{lb}
SAVE \$1lb

FLORAL

EXCLUSIVE HOLIDAY BOUQUETS

Pick from a beautiful assortment of New Seasons exclusives. Perfect for hosting or gifting.



ONLY AT NSM

\$39⁹⁹_{ea}
FEATURED

ANDERSON RANCHES RACK OF LAMB

Certified Humane, grass-fed and finished lamb for your holiday table.



PNW LOCAL

\$29⁹⁹_{lb}
SAVE \$7lb

YAKOBI FISHERIES HALIBUT FILLET

Sustainably harvested during the peak of the season in Alaska, and frozen immediately to preserve its wild flavor.



\$36⁹⁹_{lb}
SAVE \$2lb

MIXED HOLIDAY MUMS

A festive mix of locally grown mums in an array of rich holiday colors.



PNW LOCAL

\$14⁹⁹_{ea}
SAVE \$2ea

PRODUCE

ORGANICGIRL SELECT SALAD BLENDS

Choose from 50/50!, Baby Spring Mix, Super Greens!, or Spinach. Grown in Salinas, CA. 1lb pkg



\$6⁹⁹_{ea}
SAVE \$1ea

SATSUMA MANDARINS

Sweet, juicy, and perfect for snacking! From Rising C Ranch in Reedley, CA.



\$2⁴⁹_{ea}
SAVE 50¢lb

ORGANIC GREEN BEANS

Crisp, flavorful, and great pan-seared. From Covilli Farms in Mexico.



\$3⁹⁹_{lb}
SAVE \$1lb

BAKERY & CHEESE

NEW SEASONS ORGANIC CHALLAH

Baked fresh daily by our talented bakers, this soft and slightly sweet bread is great for French toast!

Starting at:

\$6⁹⁹
ea
FEATURED



CYPRESS GROVE HUMBOLDT FOG

The star of cheese plates for over 30 years, this delightful goat cheese is perfect for holiday celebrations.

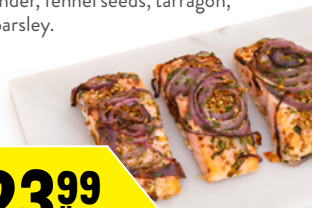
20%
off



NEW SEASONS SALMON BAKED WITH ONIONS AND HERBS

Salmon fillet baked with red onions, coriander, fennel seeds, tarragon, and parsley.

\$23⁹⁹
lb
FEATURED



NEW SEASONS POTATO LATKES

A crisp, classic side for holiday celebrations.

\$2⁷⁹
ea
FEATURED



NEW SEASONS COOKIES

Sweeten any gathering with these tasty treats. Available in a variety of crowd-pleasing flavors. 12ct

\$8⁹⁹
ea
FEATURED



POINT REYES FARMSTEAD CHEESE CO. TOMAS

Creamy, milky, and delicious. An excellent addition to a holiday charcuterie board. Assorted varieties. 6oz

\$8⁹⁹
ea
SAVE \$1ea



OLYMPIA PROVISIONS CHORIZO EL REY

Handcrafted locally with Spanish paprika and chili flakes. Sliced to order. 16oz

\$28⁹⁹
lb
SAVE \$4lb



PNW LOCAL

ORIGAMI CATERING CALIFORNIA ROLL

Featuring sustainably sourced surimi, avocado, and English cucumber rolled with toasted sesame seeds.

\$8⁹⁹
ea
SAVE \$1ea



PNW LOCAL

BEER & WINE



20%
off

Stocking Stuffer Wines

Save on select 187ml, 200ml, and 375ml wine selections—great for gifting, stocking stuffing, or a celebratory night in.

OVERJOY WALLA WALLA CABERNET SAUVIGNON

Bold and expressive with notes of blackberry, plum, cassis, and hints of dark chocolate, graphite, and spice. 750ml

\$19⁹⁹
ea
SAVE \$5ea



PNW LOCAL

ONLY AT NSM

SKIP THE HOLIDAY HUSTLE—SHOP ONLINE!

Get the same great deals you find in-store with easy pickup or delivery. Plus, take \$15 off your next online grocery order of \$75+ with code

CELEBRATE15

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Terms apply.

SIERRA NEVADA CELEBRATION ALE

A seasonal favorite with bright citrus and pine on the nose and a bold hop profile from Cascade, Centennial, and Chinook hops. 6pk/12oz

\$12⁹⁹
ea
SAVE \$3ea



STRAIGHTAWAY READY-TO-DRINK COCKTAILS

Made using high-quality, thoughtfully sourced ingredients, Straightaway cocktails pay homage to classic recipes while adding a unique twist. Choose from French 77, Seville Spritz, and Cascade Spritz. 250ml

\$4⁹⁹
ea
SAVE \$3ea



PNW LOCAL

BELLA NOTTE PROSECCO AND ROSÉ BRUT

Juicy and vibrant sparkling wines from Italy, perfect for a festive New Year's Eve toast or brunch mimosas. 750ml

\$12⁹⁹
ea
SAVE \$2ea



ONLY AT NSM

DON'T MISS THIS OFFER!

Neighbor Rewards members who are opted in to email or text get 30% off all candles in the home goods department.

Not getting our messages yet? Join or update your preferences by Thursday at newseasonsmarket.com/rewards to unlock this exclusive member offer on Friday.



WELLNESS

WYLD CBD CBD GUMMIES

Delicious gummies made with THC-free, broad-spectrum hemp extract infused with real fruit.

PNW LOCAL



25% off

WILD CARROT HERBALS BODY AND FACE CARE

Nutrient-rich body and facial care handcrafted locally.

PNW LOCAL



25% off

HUMBLE BRANDS BAR SOAPS AND DEODORANTS

Save 25% on your favorite scents of deodorants and bar soaps this week.



25% off

BOIRON COLD CALM

A non-drowsy homeopathic formula to help relieve cold symptoms. Save on ThroatCalm and SinusCalm, too!

60tab



\$10.99 ea
SAVE \$3ea

SOLARAY MAGNESIUM GLYCINATE

An easily absorbed form of magnesium that helps support relaxation.

240vc



\$29.99 ea
SAVE \$10ea

NOW FOODS MELATONIN 3MG

Helps to improve sleep quality and supports a healthy sleep/wake cycle.

60cap



\$4.99 ea
SAVE \$3ea

BLOOM KAVA

An easily absorbed liquid formula to promote rest and relaxation.

1oz



\$11.99 ea
SAVE \$5ea

HOST DEFENSE MUSHROOMS MYCOSHIELD SPRAYS

A five-mushroom blend in a refreshing peppermint oil base for immune system support. Save on select flavors.

1oz

PNW LOCAL



\$15.99 ea
SAVE \$4ea

DR. BRONNER'S ORGANIC LIP BALMS

Save on all scents. Makes a great stocking stuffer!

.15oz



\$2.99 ea
SAVE \$1.30ea

PACHA SOAP CO. HOLIDAY FROTH BOMBS

Great for holiday gifts and stocking stuffers!

3-5oz



\$5.99 ea
SAVE UP TO \$4ea

GROCERY

WILLAMETTE VALLEY PIE COMPANY FROZEN PIES

Selected Varieties

PNW LOCAL



15% off

CAPPELLO'S FROZEN BISCUITS

Buttermilk or Cheddar.
12-12.1oz



\$7.99 ea
SAVE \$2ea

APPLEGATE BREAKFAST SAUSAGE PATTIES

Selected Varieties
16oz



\$11.99 ea
SAVE \$4ea

HÄAGEN-DAZS ICE CREAM BARS

Selected Varieties
3ct



2 for \$10
SAVE \$1.29ea

DUFOUR PASTRY KITCHENS PUFF PASTRY DOUGH

Assorted Varieties
10-14oz



\$9.99 ea
SAVE \$3ea

WILD HARVEST ORGANIC FROZEN VEGETABLES

Assorted Varieties
12oz



\$2.99 ea
SAVE \$1ea

OGGI FOODS FROZEN PIZZA

Assorted Varieties
18-18.7oz



BUY 1 GET 1 FREE
SAVE \$14.59 ON 2

WOODSTOCK FROZEN PASTA

Assorted Varieties
20oz



\$9.99 ea
SAVE \$2ea

GROCERY

KETTLE BRAND PARTY SIZE POTATO CHIPS

Assorted Varieties
13oz

PNW
LOCAL



\$4⁹⁹
ea
SAVE \$1.30ea

NEW SEASONS TORTILLA CHIPS

From Don Pancho
Authentic Mexican
Foods in Salem, OR.
Assorted varieties.
9-14oz



\$3⁹⁹
ea
FEATURED

SNACK FACTORY PRETZEL CRISPS

Selected Varieties
7.2-9oz



\$3⁹⁹
ea
SAVE UP TO \$2ea

ANGIE'S BOOMCHICKAPOP POPCORN

Selected Varieties
4.5-7oz



\$2⁹⁹
ea
SAVE \$1.60ea

JOVIAL ORGANIC EINKORN CRACKERS

Assorted Varieties
4.5oz



\$3⁹⁹
ea
SAVE \$1.70ea

MARY'S GONE CRACKERS GLUTEN-FREE CRACKERS

Selected Varieties



20%
off

SIMPLE MILLS ALMOND FLOUR CRACKERS

Sea Salt or
Rosemary & Sea Salt.
7oz



\$6⁹⁹
ea
SAVE \$1.50ea

NEW SEASONS SALMON JERKY

Made from 100% wild-caught Alaskan
salmon. A great snack for on the go.
2.5oz



\$11⁹⁹
ea
FEATURED

WALKERS SHORTBREAD

Selected Varieties
5.3oz



\$5⁹⁹
ea
SAVE 90¢ea

UNREAL CHOCOLATE SNACKS

Selected Varieties
3.4-5oz



\$5⁹⁹
ea
SAVE \$1.60ea

CHUAO CHOCOLATIER CHOCOLATE BAR

Assorted Varieties
2.8oz



\$5⁹⁹
ea
SAVE \$1ea

RANGER CHOCOLATE CO. CHOCOLATE BAR

Selected Varieties
2.25oz



\$8⁹⁹
ea
SAVE \$2.30ea

POLAR MIXERS

Assorted Varieties
1L



5 for \$5
SAVE 49¢ea

S.PELLEGRINO SPARKLING NATURAL MINERAL WATER

25.3oz



2 for \$4
SAVE 69¢ea

SANPELLEGRINO ITALIAN SPARKLING DRINKS

Assorted
Varieties
6pk/11.15oz



\$7⁹⁹
ea
SAVE \$1.80ea

R.W. KNUDSEN FAMILY CIDER & SPICE

32oz



\$4⁴⁹
ea
SAVE \$2.40ea

PNW LOCAL BULK

HUMMINGBIRD WHOLESALE SNACKS, NUTS OR DRIED FRUIT

Selected Varieties

PNW
LOCAL



15%
off

HUMMINGBIRD WHOLESALE ORGANIC WALNUT HALVES AND PIECES

PNW
LOCAL



\$13⁹⁹
lb
SAVE \$2lb

HUMMINGBIRD WHOLESALE ORGANIC TART PITTED CHERRIES

PNW
LOCAL



\$23⁹⁹
lb
SAVE \$1lb

HUMMINGBIRD WHOLESALE ORGANIC PISTACHIO KERNELS

PNW
LOCAL



\$34⁹⁹
lb
SAVE \$3lb

GROCERY

**SMITH TEAMAKER
TEA**
Selected Varieties
15ct

PNW
LOCAL

\$9⁹⁹
ea
SAVE \$3ea

**MINA
ORGANIC
MOROCCAN
TEA**
Selected Varieties
15ct



\$7⁹⁹
ea
SAVE UP TO \$2ea

**CELESTIAL SEASONINGS
TEA**
Selected Varieties
16-20ct



\$2⁹⁹
ea
SAVE \$1.30ea

**NUTPODS
DAIRY-FREE CREAMER**
Selected Varieties
11.2oz



2 for \$7
SAVE \$1.39ea

**KING ARTHUR BAKING COMPANY
FLOUR**
Selected Varieties



**20%
off**

**BOB'S RED MILL
ORGANIC
FLOUR**
Selected Varieties
5lb

PNW
LOCAL

\$6⁹⁹
ea
SAVE \$3.40ea

**HU KITCHEN
BAKING CHOCOLATE**
Selected Varieties
7oz



\$7⁹⁹
ea
SAVE \$2.50ea

**POLAR
SPARKLING
SALTZER WATER**
Assorted Varieties
8pk/12oz



2 for \$7
SAVE \$1.99ea

**ST. DALFOUR
FRUIT
SPREAD**
Assorted Varieties
10oz



\$3⁹⁹
ea
SAVE UP TO \$3ea

**SANTA CRUZ ORGANIC
JUICE**
Selected Varieties



**20%
off**

**HATCH
ENCHILADA
SAUCE**
Assorted Varieties
15oz



\$3⁹⁹
ea
SAVE UP TO \$2ea

**EKONE
TINNED SEAFOOD**
Assorted Varieties



**20%
off**

**BIANCO DINAPOLI
ORGANIC TOMATOES**
Whole Peeled or Crushed.



**20%
off**

**NAPOLEON
ORGANIC
EXTRA VIRGIN
OLIVE OIL**
16.9oz

PNW
LOCAL

\$12⁹⁹
ea
SAVE \$5ea

**DE CECCO
PASTA**
Selected Varieties
8.8-16oz



2 for \$6
SAVE UP TO \$1.99ea

**NAPOLEON
ARTICHOKES**
Selected Varieties
9.9-13.75oz

PNW
LOCAL

\$3⁹⁹
ea
SAVE \$2ea

**ALEIA'S GLUTEN FREE FOODS
GLUTEN-FREE
SEASONED CROUTONS**
5.5oz



\$4⁹⁹
ea
SAVE \$1ea

**BRIANNAS
DRESSING**
Selected Varieties
12oz



2 for \$7
SAVE \$1.49ea

**BEAVER BRAND
MUSTARDS AND
HORSERADISH**
Selected Varieties

PNW
LOCAL

**20%
off**

**DIVINA
OLIVES**
Selected Varieties
4.9-10.2oz



\$5⁹⁹
ea
SAVE UP TO \$2.20ea

GROCERY

NEW SEASONS CAGE-FREE EGGS

From chickens raised on vegetarian feed with no antibiotics by Stiebers Farms in Yelm, WA.
1doz

\$3⁹⁹
ea
FEATURED



NEW SEASONS BUTTER

Made with rBST-free milk by Larsen's Creamery in Clackamas, OR. Salted or Unsalted.
1lb

2 for \$7
SAVE 69¢ ea



DAISY BRAND SOUR CREAM

Regular or Light.
16oz

2 for \$5
SAVE \$1.29 ea



PHILADELPHIA CREAM CHEESE

Selected Varieties
8oz

\$3⁶⁹
ea
SAVE 20¢ ea



NEW SEASONS ORGANIC ORANGE JUICE

From Columbia Gorge Organic in Hood River, OR.
46oz

\$8⁴⁹
ea
FEATURED



TILLAMOOK CHEESE

Selected Varieties
7-8oz

**BUY 1 GET 1
1/2 OFF**
SAVE \$2.50 ON 2



Available
in-store only

BUBBIES SAUERKRAUT, HORSERADISH OR PICKLES

Assorted Varieties

**30%
off**



TOFUTTI DAIRY-FREE PRODUCTS

Selected Varieties

**30%
off**



COFFEE-MATE COFFEE CREAMER

Selected Varieties
1qt

\$4⁴⁹
ea
SAVE 50¢ ea



SIMPLY POTATOES HASH BROWNS OR DICED POTATOES

Assorted Varieties
20oz

\$2⁹⁹
ea
SAVE \$1.50 ea



IMMACULATE BAKING ORGANIC CINNAMON ROLLS

5ct

\$7⁴⁹
ea
SAVE \$1.70 ea



PILLSBURY PIE CRUSTS

2ct

\$3⁹⁹
ea
SAVE \$1.40 ea



NEW SEASONS EGG NOG

From Alpenrose Dairy in Portland, OR.
1qt

\$6⁴⁹
ea
FEATURED



REDDI-WIP WHIPPED TOPPING

Selected Varieties
6.5oz

\$2⁹⁹
ea
SAVE \$1.20 ea



FRANZ ENGLISH MUFFINS

Assorted Varieties
6ct

\$2²⁹
ea
SAVE 50¢ ea



SEATTLE SOURDOUGH BAKING COMPANY SLICED SOURDOUGH ROUNDS

Selected Varieties
24oz

\$4⁹⁹
ea
SAVE \$2 ea



DOWNLOAD OUR APP!

Want to save time?
Money? Both?
We've got you!

Our app makes it easier than ever to quickly order your groceries for pickup or delivery.

Get FREE pickup* anytime you order \$35 or more online.

*Pickup not available at all stores.

