

GETTING STARTED

The following is a short list of just a few of our favorite foods that are gluten-free. For a comprehensive list of gluten-free foods available at New Seasons Market, contact your store nutritionist at glutenfree@newseasonsmarket.com.

BARS/CANDY

Betty Lou's Nut Balls: Peanut Butter, Coconut
Bumble Bars
Clif Nectar Bars
Lara Bars
Prana Bars
Think Organic Bars
Running Rabbit Licorice
St. Claire's Candy

BREAD/TORTILLAS

Angeline's: White Rice Bread
Food For Life: Rice Breads, Brown Rice Tortillas
Kinnikinnick: Breads, Bagels, English Muffins

BAKING PRODUCTS

Bob's Red Mill: Gluten-free Baking Mixes
Cravings Place: Gluten-free Baking Mixes
Gluten-Free Pantry: Gluten-free Baking Mixes

BEER

Anheuser-Busch: Redbridge
Bard's Tale Beer: Dragon's Gold
Lakefront: New Grist

CEREALS

Ancient Harvest: Quinoa Flakes
Arrowhead Mills: Organic Maple Buckwheat Flakes, Organic Rice & Shine Hot Cereal, Crispy Rice
Bob's Red Mill: Gluten-free Hot Cereal, Buckwheat Cereal, Certified Gluten-free Oats
Nature's Path: EnviroKidz Gluten-free Cereals, Fruit Juice Sweetened Corn Flakes, Organic Mesa Sunrise, Honey'd Corn Flakes
Perky's: Nutty Rice, Nutty Flax

CHIPS/SNACKS

Arico Foods: Cassava Chips
Ener-G Foods: Gluten-free Pretzels
Lundberg Farms: Rice Chips
Nature's Path: EnviroKidz Crispy Rice Bars
Newman's Own: Popcorn (Regular & Microwave)

COOKIES

Arico Foods: Cookie Bars

Jennies: Macaroons

Mi-Del: Gluten-free Cookies

Nana's: Gluten-free Cookies

Pamela's: Gluten-free Cookies

CONDIMENTS

Annie's Naturals: Mustards, Ketchup and Salad Dressings (check label)

Drew's: Salad Dressing (check label)

Follow Your Heart: Vegenaïse

French's: Classic Yellow Mustard

Heinz: Ketchup

Muir Glen: Ketchup

San-J International: Wheat-free/Organic Tamari Soy Sauce; Wheat-free Hoison; Wheat-free Teriyaki

Sweet Baby Ray's: BBQ Sauce

CONVENIENCE FOODS

Amy's: Canned Soups (check label)

Lundberg: Risottos (check label)

Thai Kitchen Products: (check label)

CRACKERS

Blue Diamond: Nut Thins

Edward & Sons: Gluten-free Rice Snaps

Mary's Gone Crackers: All Flavors

FROZEN FOODS

Amy's Kitchen: Gluten-free Pizza, Gluten-free Rice Bowls, Gluten-free Enchiladas, Gluten-free Lasagna, Gluten-free Rice Mac & Cheese

Ians: Allergen-free Chicken Nuggets, Fishsticks and Alphasots

Lifestream: Gluten-free Waffles

Luna & Larry's: Coconut Bliss

Nature's Highlight: Gluten-free Pizza Crusts

HOT DOGS/COLD CUTS

Applegate Farms: All Products

Beeler's Products: Check Label

Diestel: Lunch Meat

Shelton's: Frozen Sausage

PASTA

Ancient Harvest: Quinoa/Corn Pasta

Tinkyada: Brown Rice Pastas

PROTEIN POWDER

Biochem: Whey Protein

Living Harvest: Hemp Protein

Manitoba Harvest: Hemp Protein